



# Pikes Peak Pint

June 2010

The Pikes Peak Pint is a monthly AA-oriented newsletter that serves Colorado Springs and the surrounding communities.

## Area Meeting Additions, Deletions, and Changes (all meetings are non-smoking)

To include new meetings, changes or cancellations, deliver or email them to our service office.

**All Meetings at DOWNTOWN GROUP, 7 E. Bijou, Room 25 PLEASE ENTER AND EXIT THROUGH REAR OF BUILDING!**

**NEW: Men's Meeting/6:30 PM/ Sunday / Discussion / Closed / Fellowship Hall / 2375 N. Academy Blvd St. 100**

**CHANGE: Stepping Stones/ 12:00PM-Noon/ Sunday / 12 X 12 Study / Open-Handicap Access / Clean Slate Meeting Place / 1769 S. 8<sup>th</sup> St. Bldg P**

## Notes from the Editor

Write to The Pint at [pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org)



- ✓ Milestones in Sobriety p. 5
- ✓ AA Around Town p. 6
- ✓ Open Service Positions p. 6
- ✓ AA Flyers p. 8 & 9
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- ✓ AA @ A Glance Calendar p. 13

**Love IT? Hate IT?  
Have something to SAY about IT?**

Email sobriety anniversaries, announcements, letters to editor and email subscription requests to the Pikes Peak Pint before the 20<sup>th</sup> of each month:

[pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org)  
**We'd love to hear from you!**

**Local AA Service Office:**

1353 S. 8<sup>th</sup> Street, Suite 209  
Colorado Springs, CO 80905  
Phone: 719-573-5020

Email:

[serviceoffice@coloradospringsaa.org](mailto:serviceoffice@coloradospringsaa.org)

Website: [www.coloradospringsaa.org](http://www.coloradospringsaa.org)

# INTERGROUP INFORMATION AND CONTRIBUTION ADDRESSES

## DISTRICT COMMITTEE CHAIRPERSONS

### Standing Committees

#### Corrections:

Greg N. - Chair  
Renee - Vice Chair  
corrections@coloradospringsaa.org

#### Public Information:

Jack - Chair  
**OPEN** - Vice Chair  
pi@coloradospringsaa.org

#### CPC:

Joey - Chair  
Larry S. - Vice Chair  
cpc@coloradospringsaa.org

#### Treatment:

Casey C. - Chair  
Lisa - Vice Chair  
treatment@coloradospringsaa.org

## INTERGROUP COMMITTEE CHAIRPERSONS

### Local Service Committees

(Call the Service Office for committee chair phone numbers)

#### Program:

Tomas M. - Chair  
Megan H. - Vice Chair  
programs@coloradospringsaa.org

#### Pint:

Kim R. - Chair  
**OPEN** - Vice Chair  
pint@coloradospringsaa.org

#### Volunteer:

Cissy - Chair  
**OPEN** - Vice Chair  
volunteer@coloradospringsaa.org

#### Nightwatch:

Dana - Chair  
Jessica S. - Vice Chair  
nightwatch@coloradospringsaa.org

#### Web Site:

Bert B. - Chair  
**OPEN** - Vice Chair  
webmaster@coloradospringsaa.org

#### Archives:

Frank - Chair  
**OPEN** - Vice Chair  
archives@coloradospringsaa.org

## WHERE to SEND CONTRIBUTIONS:

### Area Service Office:

Make checks payable to Area Service Office  
(Cash OK, but do not mail). Include group name on check.

Send to:  
Colorado Springs Area Service Office CSASO  
1353 S. 8<sup>th</sup> Street, Suite 209,  
Colorado Springs, CO 80905

### GSO:

Make checks payable to General Fund.  
Include Group name and number on check.

Send to:  
General Service Office  
Box 459 Grand Central Station  
New York, NY 10163

### Area 10:

Make checks payable to Area 10.  
Include group name, number, and District #7 on check.

Send to:  
Area 10 Treasurer  
12081 W. Alameda Pkwy. #418  
Lakewood, CO 80228

### Districts:

Make checks payable to **DISTRICT 7**  
Include Group name, number and District number on check.

Send to Service Office.

Colorado Springs Area Service Office CSASO  
1353 S. 8<sup>th</sup> Street, Suite 209,  
Colorado Springs, CO 80905

### Pink Can Contributions:

Make check or Money orders to  
Area 10 Corrections Committee.  
Include Group Name and Number.

Send to:

Pink Can Contributions  
P.O. Box 1307  
Englewood, CO 80150

*Your Area Service Office and  
Intergroup would like you know how  
very much we appreciate your  
personal contributions!*



In the month of April  
we received  
6 Grateful Giver contributions!!!

# GROUP CONTRIBUTIONS – THANK YOU!!

GROUP NAME (2009-2010)	Yr. to Date	April '10	GROUP NAME (2009-2010)	Yr. to Date	April '10
Above The Bar Group	\$0.00		Living Sober	\$0.00	
Apex	\$0.00		M.A.G.	\$0.00	
Back to Basics	\$56.83	\$56.83	Motherlode	\$0.00	
Beacon Light	\$0.00		Natural High	\$0.00	
Big Book Action	\$0.00		New Beginners	\$0.00	
Big Book Study UPH	\$250.00	\$250.00	New Woman's	\$128.66	\$128.66
Black Forest	\$170.68	\$170.68	Northwesters	\$0.00	
Breath of Life	\$28.00	\$28.00	Not A Glum Lot	\$0.00	
Broadmoor	\$0.00		Off The Wall	\$50.00	\$50.00
Brown Baggers	\$0.00		Outright Mental Defectives	\$0.00	
Celebrating Diversity	\$0.00		Pass It On	\$0.00	
Central	\$0.00		Pathfinders	\$0.00	
Clean Air Group	\$0.00		Penrose Discussion	\$0.00	
Cripple Creek Natural High	\$0.00		Plug in the Jug	\$0.00	
Don't Worry Be Happy	\$0.00		Pre-Dawn Meeting	\$0.00	
Down By The Creek	\$0.00		Progress Not Perfection	\$114.66	\$114.66
Downtown Group	\$232.18	\$232.18	Recovery in Action	\$0.00	
Drylander's Group	\$0.00		Rule #62	\$0.00	
Easy Breathing Group	\$0.00		Saturday Early Morning Mtg.	\$0.00	
Easy Does It	\$50.00	\$50.00	Security Eye Opener	\$0.00	
Ellicott Group	\$0.00		Serenity Riders	\$0.00	
End of the Road	\$0.00		Serenity Sisters	\$0.00	
Eye Opener	\$0.00		Silver Key Seniors	\$0.00	
4th Dimension	\$0.00		Solutions at 5:30	\$0.00	
Far North Group	\$0.00		Solutions at Noon	\$0.00	
Fountain of Sobriety	\$0.00		Steel Magnolias	\$85.50	\$85.50
Foxhall Group	\$0.00		Sunday Morning Speaker	\$0.00	
Freedom From Bondage	\$0.00		Sunday Night Big Book Study (Clean Slate)	\$0.00	
Friday Night 12 x 12	\$0.00		Survivors Group	\$0.00	
Friday Night Live	\$0.00		Taking Steps	\$0.00	
Friday Women's Group	\$0.00		Then and Now	\$0.00	
Gals of Woodland Park	\$0.00		Thursday Mens	\$150.00	\$150.00
Gift of the Heart	\$0.00		Thursday Noon--Woodland Park	\$95.00	\$95.00
Good Ole Boys	\$0.00		Ute Pass Breakfast	\$0.00	
H.O.W.	\$0.00		Veterans for AA	\$0.00	
Half Pint Group	\$0.00		Walk the Talk	\$240.00	\$240.00
Happy Destiny	\$171.63	\$171.63	Walking on Water	\$100.00	\$100.00
Happy Hour	\$240.00	\$240.00	We Are Not Saints	\$87.80	\$87.80
Hilltop AA Meeting	\$0.00		Wed. Afternoon Ladies	\$0.00	
High Noon	\$0.00		Wed. Westside Womens	\$0.00	
Hugo Group	\$0.00		Westside Eye Opener	\$0.00	
Into Action	\$0.00		Womens Step Study-WP	\$0.00	
Keep it Simple	\$0.00		Woodland Park Beginners	\$0.00	
Lake George Group	\$0.00		Woodland Park Book Study	\$200.50	\$200.50
Last Chance	\$0.00		Young People	\$0.00	
Little Log Group	\$0.00		Totals:	\$2,451.44	\$2,451.44
Living Free	\$0.00		Total	\$2,451.44	

Thank you for your contributions. Support your group and support our service office!

## 7th Tradition

An extra dollar in the 7th Tradition basket just for your home group will help us meet our 2009-10 budget goals for Intergroup and the Area Service Office.

### Intergroup Financial Reports

Financial reports are given to the Intergroup representatives at each monthly Intergroup meeting. They are available upon request at the Area Service Office.

# AA~ANIVERSARIES



## June

### 2010



#### Apex

Sasha L.	30	yrs
Patrick M.	27	yrs
Bill F.	16	yrs
Leslie P.	16	yrs
Sue H.	14	yrs
Chris H.	4	yrs
Brooke K.	4	yrs

#### Monday Night Big Book Action

Robin C.	12	yrs
Joel R.	11	yrs
Jason W.	3	yrs
Amie C.	3	yrs
Susie P	2	yrs
Kent R.	1	yr
Tanya K.	1	yr

#### Solutions @ Noon

Patrick M.	27	yrs
Leslie S.	26	yrs
Scott J.	1	yr

#### Steel Magnolias

Robyn S.	28	yrs
Connie A.	27	yrs

#### Happy Hour

Amy J.	21	yrs
Kelly C.	7	yrs
Steve R.	8	yrs

#### Taking Steps

Moe K.	20	yrs
Amie C.	3	yrs
Susie P.	1	yr

#### Tuesday New Women's Group

Trish S.	30	yrs
Connie A.	27	yrs
Shirley R.	27	yrs
Harriet O.	3	yrs

#### Missed May Birthdays:

#### Monday Night Big Book Action

Randy H.	21	yrs
Dennis F.	20	yrs
John L.	11	yrs
Tom R.	3	yrs
Sean M.	1	yr

#### Taking Steps

Carl K.P.	1	yr
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MARK YOUR CALENDERS:

Long-timers Dinner  
August 14, 2010

Contact Robin @ Service Office  
719-573-5020

Or [serviceoffice@coloradospringsaa.org](mailto:serviceoffice@coloradospringsaa.org)

To be put on List for Invitations

(Tickets will be available in July at the Service Office)

MORE INFO TO COME NEXT MONTH!!!!

# AA~AROUND TOWN

If you would like to submit a story/article or have suggestions for an upcoming event you'd like to hear about, please let us know!!!!

[pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org)

or

Kim 433-1780

To be taken off of the Nightwatch List please contact Dana or Jessica @ [nightwatch@coloradospringsaa.org](mailto:nightwatch@coloradospringsaa.org)



## CPC/PI COMMITTEES WANT YOU!

Both Committees are very busy and have a lot going on and coming up! Please go to either of their monthly meetings to help out and get into Service!!!

## STEP UP INTO SERVICE

Alternate DCM

The Following Service Positions are currently **OPEN** & **NEED** to be filled

Archives Committee –Vice Chairperson

PINT Committee-Chairperson & Vice Chairperson

Volunteer Committee–Vice Chairperson

Corrections Committee –Vice Chairperson

P.I. Committee- Vice Chairperson

Website Committee-Vice Chairperson

**Nightwatch has 24 OPEN POSITIONS!!!!**

They Need more help.

If interested contact Dana @ [Nightwatch@coloradospringsaa.org](mailto:Nightwatch@coloradospringsaa.org)

**OPEN:** Tuesday 11am-1pm Volunteer Position @ Service Office

They are always looking for more help.

If interested contact Cissy @ [volunteers@coloradospringsaa.org](mailto:volunteers@coloradospringsaa.org)

The Treatment Committee **NEEDS** volunteers

Contact Casey @ [treatment@coloradospringsaa.org](mailto:treatment@coloradospringsaa.org)

Service Office is OPEN  
Saturdays 9:00 am- 12:00 pm Noon!!!!  
Starting June 5<sup>th</sup>, 2010



**“I AM RESPONSIBLE  
WHEN ANYONE, ANYWHERE, REACHES OUT FOR  
HELP, I WANT THE HAND OF A.A. ALWAYS TO BE  
THERE,  
AND FOR THAT I AM RESPONSIBLE.”**

We have a lot of OPEN Positions Available!!!!

Please contact us to be a volunteer to carry the message of Alcoholics Anonymous  
and help the alcoholic that still suffers

If you have any questions regarding Night Watch, please contact us .



Jessica S. 719-641-2385

Dana 719-491-0587

Thanks again, your service is appreciated!

[nightwatch@coloradospringsaa.org](mailto:nightwatch@coloradospringsaa.org)

# 75<sup>th</sup> Founders Day Picnic



*When: June 19<sup>th</sup> 2010*

*Time: 12:00pm - 4:00 pm*

*Where: Antler's Park (Behind the Antler's Hilton)*

## *Picnic Suggestions:*

*Sunday & Saturday Groups: Please Bring Drinks or ice*

*Monday Groups: Please bring Salad i.e Fruit Salad, Pasta Salad etc.*

*Tuesday Groups: Please Bring Buns*

*Wednesday Groups: Please Bring Chips*

*Thursday Groups: Please Bring Dessert*

*Friday Groups: Please Bring Utensils, Cups, Plates and Napkins (30- 50 count of everything)*

## **BRING CHAIRS!!!**

*Please let contacts know if you will be attending and what your group will be bringing... Thank you*

*Contacts:*

*Service Office- 719.573.5020*

*Tomas M- 719.243.5350*

*Megan H- 719.306.1486*



# AA~OUTSIDE THE SPRINGS

## 2010 INTERNATIONAL CONVENTION OF ALCOHOLICS ANONYMOUS



The 2010 International Convention of Alcoholics Anonymous will be held July 1-4 in San Antonio, Texas with the theme "A Vision for You." A.A. Members and guests from around the world will celebrate A.A.'s 75<sup>th</sup> year at this event with big meetings held Friday night, Saturday night, and Sunday morning in the Alamodome. Other meetings, scheduled or informal, will take place throughout the weekend in the San Antonio Convention Center and local hotels.

Registration opens in the Henry B. Gonzalez Convention Center on Wednesday June 30, 2010 at 8:00 a.m. Registration will continue Wednesday, Thursday, and Friday, from 8:00 a.m. to 8:00 p.m., and Saturday from 8:00 a.m. to 6:00 p.m. The opening Party in the Park starts at approximately 8:00 p.m. Thursday evening, July 1 and ends at midnight.

Marathon Meetings will begin at midnight on Thursday, and run around the clock until Sunday morning. Meetings start at the Convention Center on Friday at 9:00 a.m. and continue until 5:00 p.m., with the same schedule on Saturday.

Friday night and Saturday night meetings are from 8:00 to 10:00 p.m. in the Alamodome Stadium. The Flag Ceremony will take place before the meeting on Friday night, and Saturday we will have an oldtimers meeting, where A.A.'s with more than 40 years of sobriety will share.

The closing meeting will be in the Alamodome on Sunday from 9:00 -11:00 a.m.

**We look forward to seeing you in San Antonio! [www.aa.org](http://www.aa.org) for flyers, registration, and more information!!!!!!**

**Also they are in Need of Volunteers!!!! Visit [www.aa75.org](http://www.aa75.org) for more information and to get into service!!!!**

## S.W.R.A.A.S.A. - South West Regional Alcoholics Anonymous Service Assembly

This assembly occurs every two years at different locations in the region, which means it's in Denver every 22 years. The purpose of this assembly is for those in the Southwest Region of Alcoholics Anonymous to learn and share about the General Service structure at the Group, District, Area, and Conference levels and to share information on the trusted service positions within that framework. This year it will be held at the Doubletree Hotel Denver, 3203 Quebec Street, Denver, CO, 80207. It will be held October 8 through October 10. The Contact Registration Chair is Samantha G. at 858-531-8036. The Chairperson is Gelong Tashi at 303-219-0692 or [altdelegte@colorado.org](mailto:altdelegte@colorado.org). The Alternate Chairperson is Jennifer F. at 970-948-7160 or [jpinco@sopris.net](mailto:jpinco@sopris.net).

# Step 6

## Were entirely ready to have God remove all these defects of character

### **Editorial:** On the 6th Step

This step is most important because here we are ready for God (as we understand Him) to walk along with us and guide us as we seek to improve our character and eliminate the defects which contributed to our alcoholic problem.

With God's help we'll now apologize quickly when we are curt to others. We'll overcome our resentments. We'll become humble and remember it's our own character we want to improve, not the character of others. We'll remember that as we aren't perfect we haven't any particular right to be critical toward others.

We'll ask quickly for help each time we are aware of wrong thinking and whenever we begin to feel sorry for ourselves. When we wish to judge others, we'll remember that not so long ago we were in no position to judge anyone.

Resentments, our biggest stumbling block, can be dropped right here. Resentments against those who loved us and tried to help us; resentments against the boss, against our fellow-worker, and all the million other little and big resentments must be turned over to a higher power.

At a later date, as our character becomes sound, we'll find that these resentments disappear.

We must ask God to help us understand others.

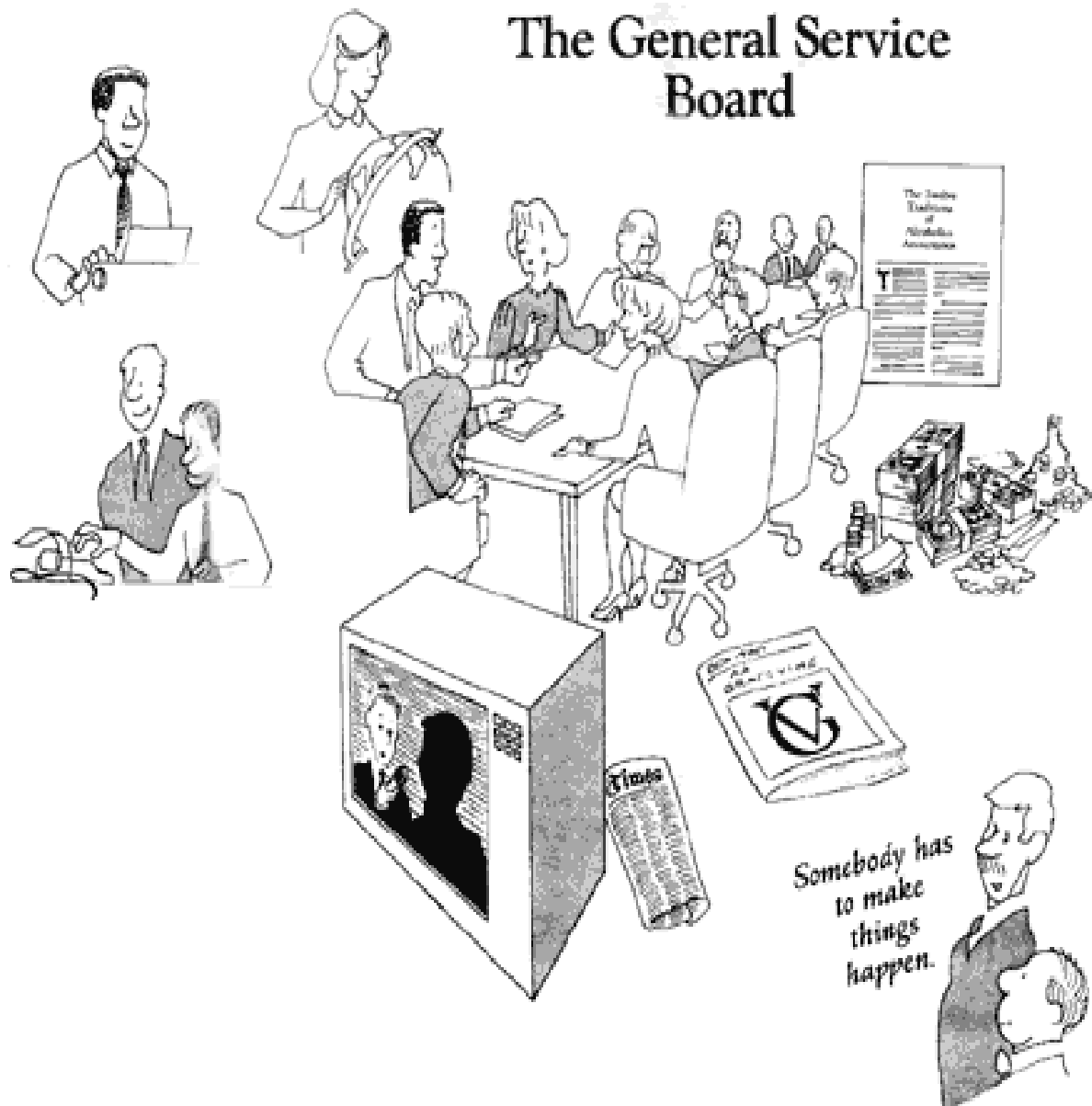
It takes a continued program of doing and thinking our best each day to lead us ahead, out into the open, where we can join the company of our fellow men.

The same help we seek in dealing with our alcoholic problem must be used to overcome our other defects. Knowing our problem is in God's hands will give us serenity and peace of mind.

In other words, we will turn our will over to God, asking that His will be done, and we'll work on our defects one by one as they make themselves known to us.

# Concept 6

On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.



# Tradition 6

An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
2. Is it good for a group to lease a small building?
3. Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?
4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?



# AA At A Glance



June 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
	Step UP! Be of Service	Board Meeting 6:30 PM Service Office				Cooperation W/Professional Community Committee 7 E. Bijou 9:00 AM
6	7	8	9	10	11	12
		Intergroup Mtg. 7:00 PM Bethany Lutheran Church 1401 8 <sup>th</sup> Street, CS (downstairs) Next door to S.O.				Treatment Committee 4:00 PM Pikes Perk 14 S. Tejon St.
13	14	15	16	17	18	19
			Public Information Committee Meeting 6:00 PM			Corrections Committee 9:00 AM Sacred Heart Room 6 ----- Founders Day Picnic 12:00PM Antler's Park
20	21	22	23	24	25	26
Submit Milestones to the Pint		Combined District Meeting Red Cloud 7:30PM				
27	28	29	30			

# AA Thought for the Day

## YESTERDAY. . .TODAY AND TOMORROW

THERE are two days in every week about which we should not worry, two days which should be kept free from fear and apprehension.

One of these days is YESTERDAY with its mistakes and cares, its faults and blunders, its aches and pains. YESTERDAY has passed forever beyond our control.

All the money in the world cannot bring back YESTERDAY. We cannot undo a single act we performed; we cannot erase a single word we said. YESTERDAY is gone.

The other day we should not worry about is TOMORROW with its possible adversaries, its burdens, its large promise and poor performance. TOMORROW is also beyond our immediate control.

TOMORROW'S sun will rise, either in splendor or behind a mask of clouds--but it will rise. Until it does, we have no stake in TOMORROW for it is as yet unborn.

This leaves only one day--TODAY--. Any man can fight the battles of just one day. It is only when you and I add the burdens of those two awful eternities--YESTERDAY and TOMORROW that we break down.

It is not the Experience of TODAY that drives men mad--it is remorse or bitterness for something which happened YESTERDAY and the dread of what TOMORROW may bring.

LET US, THEREFORE, LIVE BUT ONE DAY AT A TIME.

Unknown

### Monthly Meetings

<b>The Board</b>	6:30 pm 1st Monday, Svc. Office
<b>Corrections</b>	9:00 am 3 <sup>rd</sup> Saturday, Sacred Heart, Rm 6, 2021 W. Pikes Peak Ave.
<b>CPC</b>	9:00 am, 1 <sup>st</sup> Saturday - 7 E. Bijou Street
<b>Treatment</b>	4:00 pm 2 <sup>nd</sup> Saturday, Pikes Perk, Tejon St, Downtown
<b>Public Info.</b>	6:00pm 3 <sup>rd</sup> Wednesday, St. Francis Hospital, 5 <sup>th</sup> Floor
<b>Intergroup</b>	7:00 pm 2nd Tuesday, Bethany Lutheran Church 1401 S. 8 <sup>th</sup> St. CS CO (downstairs) Located next door to the Service Office

### District Monthly Meetings

**Red Cloud Serenity Club**  
8020 W. Highway 24, Cascade  
**District 7**  
7:30pm, 3<sup>rd</sup> Tuesday

# The Last Word

## Separate From The Tree

Prior to coming into AA, I loudly proclaimed, "I don't need anyone," while at the same time I was in a lot of pain because of my detachment from people. I detested the thought that I might need people, and yet I'd traded my honesty for the approval of others. I became a firefighter and thought that since I was taking a physical risk this justified the fact that I'd never taken an emotional risk in my life.

I've heard a mother say, "I won't let my baby go in the water until he learns to swim." But ironically if children don't first enter the water, they can't learn. I was faced with the same dilemma upon entering the program--either jump in and trust, or continue with my drunkenness. I learned to trust, and today I have people in my life who know me right down to my socks.

I first had to reveal myself before I could learn about myself. The Greek proverb suggests, "Know yourself," but with a slight paraphrase we can say, "Let yourself be known; you will then know yourself." There is much freedom in allowing myself to be known by others. I learned that I had been my own judge, jury, and executioner.

I still enjoy getting the approval of others and will accept it when it comes, but I refuse to pay the price I used to pay in order to get it. I'm responsible for speaking what I perceive to be the truth, not for saying what I think others may want to hear.

I need people today and am grateful for the awareness. Thinking I didn't need people was like a leaf thinking itself separate from the tree.

Ed H.  
New York