



~THE PIKES PEAK PINT~

Service Positions Now Open

It is interesting each year as the Intergroup Board and Committee chairs rotate. Folks are wrapping up their commitment and new members are elected. The Intergroup Board's term is from April 1st until March 31st the following year. Committee's rotate May 1st and wrap up April 30th.

Several of our committees don't have vice-chairs to rotate into the chair position when their term is complete. The local Intergroup Committees are in need of some continuity. Committee Chairs are appointed by the incoming Board Chair so if you are interested please let our newly elected Board Chair know!

Unfortunately, there isn't always continuity when this occurs and in certain positions, continuity is extremely helpful and desired! The Vice-Chair position and the Vice-Treasurer are two of those. These two positions are desired to be a 2 year commitment so that they can rotate into the Chair and Treasurer position with some experience under their belt. Leadership and money seem to be pretty important in our fellowship. Experience is significant!

As the elections draw near again, I just want to encourage folks to get involved! It's not rocket science and a year goes by before you know it J I have heard people say, "I don't want to get involved in the politics". I assure you being involved and watching the **power** of our Three Legacies evolve is something you do not want to miss! Bill W. was brilliant! He has laid this program out for us in a simple and effective way and when we follow traditions, God gets His way.

I suppose my point is that being involved in the Intergroup Board and the local committees is a great way to enhance your sobriety. It's simple and doesn't require a huge amount of time.

I have seen several Boards during my time with Intergroup and have enjoyed watching the personal growth. I have appreciated the leadership and loved getting to know and work with each person. I want to thank our outgoing officers for their time, service and energy! Without these folks our local fellowship will fall by the wayside. Colorado Springs AA Rocks, let's keep it that way!

IN LOVE & SERVICE, ROBIN

DOWNTOWN GROUP:	
Amy F.	03/01/2010
Jennifer K.	03/03/2013
Randy M.	03/03/2013
Chris (Bear)	03/03/1984
Taylor	03/03/2009
Dave J.	03/04/2015
Jessica H.	03/05/2015
Thomas J.	03/05/2016
John S.	03/07/2001
Merrily W.	03/07/2013
Crystal E.	03/07/2016
Betty M.	03/08/2016
Alisa	03/10/2014
Michael M.	03/12/2012
Sarah M.	03/13/2014
Sarah S.	03/13/2015
Michelle O.	03/14/2012
Patrick	03/17/2013
Steven C.	03/18/2015
Sam C.	03/20/2016
Joel B.	03/21/2006
Fabius A.	03/22/2014
Jennie C.	03/23/1986
Mike B.	03/24/2016
Priscella	03/27/2013
Shannon M.	03/27/2013
Lisa F.	03/28/1987
Davis G.	03/28/2014
David S.	03/29/1978
Carolina S.	03/29/2008
Connie S.	03/29/2008
Deborah W.	03/31/2008
Cristy H.	03/31/2016



FOXHALL:	
RJ L.	03/16/2015

WE ARE NOT SAINTS:	
B.J.	28 Years
Betty A.	30 Years
Bryan P.	12 Years
Karyn R.	2 Years
Lynne	10 Years
Marc P.	4 Years
Ron Q.	27 Years
Terrie C.	8 Years

HAPPY DESTINY:	
Rachel W.	02/01/2005
Mathew P.	02/19/2005

NEW WOMAN:	
Barbara S.	30 Years
Noell M.	25 Years
Michelle C.	12 Years
Jennie C.	31 Years
Theresa B.	3 Years
Priscilla T.	4 Years

SERENITY RIDERS:	
Justin H.	03/01/2015
Karla P.	03/17/2011
Kevin M.	03/03/2008
Marylou	03/21/2004
MJ C.	03/14/2011
Natalie B.	03/01/1988
Patrick H.	03/13/2015

EASY DOES IT:	
Kirk C	3 Years
Frank M.	4 Years
Juan C.	8 Years
Mike M.	7 Years
Michael R.	13 Years
Paul S.	5 Years
Leo E.	35 Years
Chris T.	6 Years
Gina F.	7 Years
Heather H.	9 Years
Laura R.	10 Years
Tonya S.	1 Year
LaManda	3 Years

STEP 3:

Made a decision to turn our will and our lives over to the care of God as we understood Him.

3

CONCEPT 3:

As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional "Right of Decision."

TRADITION 3 CHECKLIST:

1. In my mind, do I prejudge some new AA members as losers?
2. Is there some kind of alcoholic whom I privately do not want in my AA group?
3. Do I set myself up as a judge of whether a newcomer is sincere or phony?
4. Do I let language, religion (or lack of it), race, education, age, or other such things interfere with my carrying the message?
5. Am I over-impressed by a celebrity? By a doctor, a clergyman, an ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?
6. When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his domestic arrangements are? Whether he had been to AA before? What his other problems are?

TRADITION 3:

The only requirement for A.A. membership is a desire to stop drinking.

Isolation vs. Connection in Recovery

I read some recent psychiatric research that identified the most prominent trait that addicts and alcoholics have in common, which is also least like non-addicts and non-alcoholics, is a tendency to feel alienated and disconnected from other people. We have a natural inclination not to fit in, or just to feel like we don't. There used to be a sign on the bulletin board at the club where I got sober, which read, "Only an alcoholic would think that the cure for loneliness is to isolate—and drink!"

These two thoughts underscore what I was told in early rehab, and have since recited so many times—that an alcoholic alone is in bad company. We are not natural participants in normal life, and we do not do well when left unsupervised inside our own heads. Yet we hesitate to join in—*really* join in—or to make interpersonal connections in any really meaningful way. Even with people we "love" we are more likely to just use them as another source of convenience and comfort to quell our maladjusted inner disturbances—which is *not* joining in or making a meaningful interpersonal connection.

Failure to want to join is why most of us who need A.A. the most are at the same time so reluctant to really immerse as completely as we need, if we even show up much at all! One of the miraculous gifts that our founders stumbled upon was the simple notion of one alcoholic reaching out and talking to another. What better therapy could more directly counteract the tendency to isolate than to make a deeply personal connection based on our common peril—the desire to drink away our sense of disconnection?

So the foremost thing we do to begin our journey to wellness is to show up and engage. It's no use to attend A.A. casually, or sit on the sidelines, or come in late, or be in a hurry to leave.

Once we are truly attending, we next must let our guard down and genuinely connect. My sponsor explained in his richly understated way, "Just learn to tell your story." This instruction spans so many levels. I have a disease of secrecy, and I am only as sick as my secrets. Whatever doesn't come up and out stays down and in, and continues to keep me sick. But learning to tell my story includes putting a respectful filter on what I say and how I say it, to avoid too much inappropriate disclosure or offensive delivery. Learning to tell my story includes public forensics inside the sanctuary of the rooms—an open disclosure of what and who I am—preferably with an accompanying assimilation of revelations into what helps me to get well and stay that way—to tell the story of my recovery progress, not just of my illness. We carry the message and don't dwell on only the mess.

Openly stating affirmations of wellness also helps to reinforce the spirit of recovery in ourselves—an improvement that lingers with us as we each go our own ways outside of the meetings. Every day we reinforce these benefits by participating in yet one more meeting, and accordingly every day we can get a little bit better at getting a little bit better!

DON S.

GROUP CONTRIBUTIONS

GROUP NAME (2016-2017)	YTD	DEC.	GROUP NAME (2016-2017)	YTD	DEC.
A Common Solution	\$142.73	\$80.00	Northwesters	\$621.89	\$0.00
Above the Bar Group	\$0.00	\$0.00	Off The Wall	\$102.67	\$0.00
Apex	\$340.04	\$0.00	Old North End Study Group	\$331.23	\$114.55
Back to Basics	\$1,038.64	\$131.93	164 Group	\$130.00	\$45.00
Beacon Light Group	\$100.00	\$0.00	Pre-Dawn Meeting	\$158.00	\$0.00
Big Book Action	\$839.82	\$0.00	Primary Purpose	\$100.00	\$100.00
Big Book Study UPH	\$289.00	\$0.00	Progress Not Perfection	\$132.65	\$8.89
Black Forest	\$773.49	\$202.50	Recovery in Action	\$681.53	\$161.00
Broadmoor	\$73.10	\$0.00	Recovery, Unity, Service Group	\$140.00	\$0.00
Brown Baggers	\$0.00	\$0.00	Saturday Early Morning Mtg.	\$685.20	\$148.80
Central	\$50.10	\$0.00	Security Eye Opener	\$453.50	\$262.50
Clean Air Group	\$127.60	\$47.60	Serenity Hour	\$600.00	\$50.00
Don't Worry Be Happy	\$533.83	\$0.00	Serenity Riders	\$203.80	\$0.00
Down By The Creek	\$38.00	\$38.00	Serenity Sisters	\$200.26	\$0.00
Downtown Group	\$2,958.73	\$0.00	Sober Sisters	\$118.08	\$15.95
Drylander's Group	\$23.25	\$0.00	Solutions at Noon	\$0.00	\$0.00
Easy Does It	\$304.58	\$0.00	Sought Through Prayer & Meditation	\$266.40	\$28.00
Ellicott Group	\$340.00	\$0.00	Steel Magnolias	\$342.22	\$82.43
4th Dimension Rocketeers	\$50.00	\$0.00	Stepping Stones	\$0.00	\$0.00
Foxhall Group	\$499.87	\$0.00	Sunday Morning Speaker	\$1,322.00	\$120.00
Friday Night Live	\$107.50	\$0.00	Sunlight of the Spirit (Monument)	\$700.00	\$0.00
Friday Women's Group	\$376.00	\$0.00	Taking Steps	\$496.62	\$0.00
Good Ole Boys	\$200.00	\$0.00	The Doctor's Opinion	\$100.00	\$0.00
Happy Destiny	\$131.06	\$0.00	The Garage Meeting	\$280.80	\$10.00
Happy Heathens	\$250.00	\$0.00	Then and Now	\$110.00	\$50.00
Happy Hour	\$0.00	\$0.00	Thursday Men's Group	\$545.71	\$0.00
Happy, Joyous & Free	\$0.00	\$0.00	Thursday Noon--Woodland Park	\$159.00	\$45.00
High Noon	\$140.00	\$0.00	Traditions Only	\$92.00	\$0.00
H.O.W.	\$300.00	\$0.00	Treating The Illness	\$211.46	\$0.00
Into Action	\$600.00	\$0.00	Turning Point	\$163.29	\$0.00
Keystone to Recovery	\$100.00	\$0.00	Ute Pass Breakfast Group	\$0.00	\$0.00
Lake George Group	\$0.00	\$0.00	Veterans for AA	\$0.00	\$0.00
Limon AA	\$25.00	\$25.00	Walk the Talk	\$3,025.00	\$850.00
Little Log Church Group	\$440.00	\$203.00	Walking on Water	\$120.00	\$0.00
Living Free	\$57.00	\$0.00	We Are Not Saints	\$2,635.78	\$0.00
Living Sober South	\$351.72	\$31.39	Westside Eye Opener	\$0.00	\$0.00
M.A.G.	\$812.51	\$154.50	Women of Grace	\$320.75	\$0.00
Meditation Group	\$234.00	\$0.00	Woodland Park Beginners	\$80.00	\$80.00
Natural High	\$32.00	\$32.00	Woodland Park Book Study	\$265.33	\$0.00
New Beginners	\$712.11	\$242.26	Woodland Park Women's Step Study	\$84.00	\$0.00
New Woman	\$750.72	\$103.00	Young People	\$800.21	\$0.00
			Totals:	\$30,921.78	\$3,463.30

10th Step INVENTORY

Complete this inventory at the end of any day, especially if you don't feel right.
If you run out of space in any box, continue on other side.

Was I...	
RESENTFUL? Of who?	SELFISH? How?
DISHONEST? How?	FEARFUL? Of what?
Am I obsessing about anything?	Am I keeping any secrets?
Did I cause any harm? Do I owe any apologies?	Was I kind and loving toward all? What could I have done better?
SOBER ACTIONS CHECKLIST	TO-DO LIST
<input type="checkbox"/> Did I go to a meeting? <input type="checkbox"/> Did I pray? <input type="checkbox"/> Did I call my sponsor? <input type="checkbox"/> Did I call another alcoholic? <input type="checkbox"/> Did I help anyone? <input type="checkbox"/> Did I do service? <input type="checkbox"/> Did I meditate? <input type="checkbox"/> Did I fellowship? <input type="checkbox"/> Did I read any literature?	<i>I will discuss my secrets with:</i>
	<i>I will apologize to:</i>
	<i>I will pray for relief from my obsessions and for guidance in my future actions.</i>



MEETING CHANGES:

The Tuesday 5:30 Meditation Group

(Open) 5:30pm, Tuesday
First Lutheran Church, Church House
NW Corner of Caramillo & N. Cascade
1515 N. Cascade, 80907

Name change only:
Was "Meditation Meeting."

Solutions at Noon

(Open) Discussion based on AA solutions
and principles of recovery
@ NOON, Monday, Wednesday and Thursday
502 N. Walnut, 80905
Enter through back door (South side).

Was M-F

Tuesday & Friday meetings are cancelled.

Fourth Dimension Rocketeers

(Open) Young Peoples' Step & Traditions Study
7:30pm Tuesday
3958 N. Academy Blvd., 80917

Was @ W. Carefree Circle
The move is temporary.

ALL Primary Purpose Meetings

Have Temporarily Moved to:

3958 N. Academy Blvd., 80917

Meetings were @ W. Carefree Circle

NEW MEETING:

Primary Purpose

(Open, Handicap Access)
12X12 Study/Discussion
4:30pm, Sunday
3958 N. Academy Blvd., 80917

In the month of **JANUARY**
the Service Office received
4 Grateful Giver contributions,
2 Personal contributions,
and
3 Birthday contributions!

Thank You!

DO YOU HAVE A SUBMISSION FOR THE PINT?

Articles
Cartoons
Event Fliers
Jokes
Poems
Birthdays
Even feedback

PLEASE SEND SUBMISSIONS TO:

pint@coloradospringsaa.org

.pdf and .doc formats preferred.

UPCOMING ELECTIONS in MARCH

ELECTIONS for INTERGROUP OFFICERS will be held at the INTERGROUP MEETING, March 14, 2017. All of the positions listed below will be voted on. **CANDIDATES MUST BE PRESENT.** It is recommended that those who stand have a minimum of two years continuous sobriety. Term of office is one year, April 1 through March 31. Position descriptions are listed in the Intergroup Charter which is on our website.

NOMINATION FOR INTERGROUP BOARD MEMBERS

(**please submit by March 14, 2017 or before!)

I hereby nominate _____ for the trusted servant position of:

(Circle one)

Chairperson One year term

Vice-Chairperson One year term *(two year commitment)*
First year as Vice-Chair, then preferably rotates into position of Chairperson.

Secretary One year term

Treasurer One year term

Vice-Treasurer One year term *(two year commitment)*
First year as Vice-Treasurer then preferably rotates into position of Treasurer.

Registrar One-year term

Member at Large One-year term

*****Please fill out this form and bring it to the Area Service Office before March 14, 2017.
Or you can scan your completed form and email to the ASO at serviceoffice@coloradospringsaa.org
Or you can send your nomination to the ASO via email message.
Please be sure to include all the required information.
Remember all nominees must be present at the Intergroup Board meeting in March.***

AREA 10 SPRING ASSEMBLY

HOSTED BY DISTRICT 7
SATURDAY MARCH 18, 2017

SATURDAY LUNCH SPECIAL

Garden Atrium Taco Bar from 11:00 AM – 1:30 PM

Full Salad Bar- Assorted Toppings.

Refried Beans and Meat.

Fresh Flour and Corn Tortillas.

Salsa, Sour Cream, Tortilla Chips, Shredded Lettuce, Shredded Cheese, Diced red onions and Jalapenos!

Includes Soft Drink, Coffee or Tea

Cost: \$12.00

AL-ANON SPEAKER MEETING

7:00 PM SPEAKER:TBD

AA SPEAKER MEETING

8:00 PM SPEAKER: JUDY L.

ICE CREAM SOCIAL

IMMEDIATELY FOLLOWING THE SPEAKER MEETING

Cost: \$11.00



Tired of riding *on* the fellowship and want to get inside?
Sponsor pestering you to do some service work?

Want to get involved but just don't know what to do?
Then jump right in and start answering the phone!

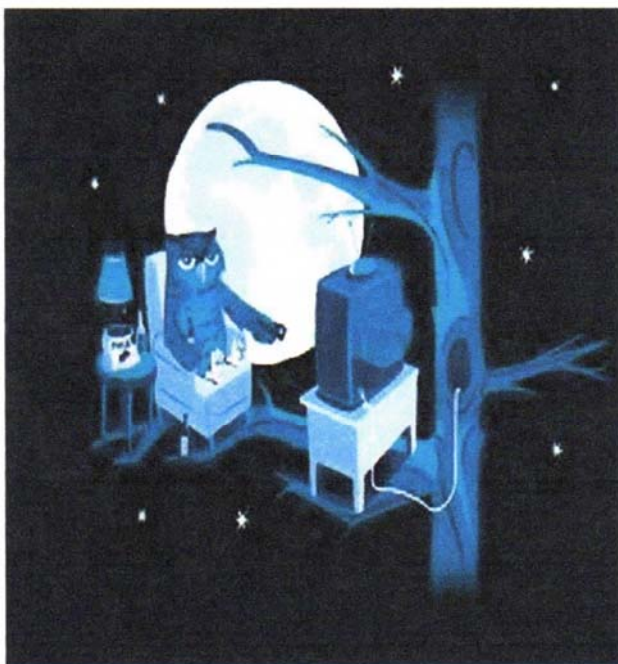
**That's right ladies and gentlemen,
NIGHTWATCH needs YOU!**



Nightwatch is one of the most rewarding service positions available.

Thanks to the spirit of rotation we all get a chance to do a little service that has a HUGE impact.

You might make a new friend or run into an old one. You could even save a life simply by answering the phone!



For more information
please contact the
Nightwatch chair at:
719-538-6017
nightwatch@coloradospringsaa.org

Or contact the
Area Service Office
at 719-573-5020

29TH ANNUAL AREA 10 CORRECTIONS CONFERENCE

SATURDAY, 04 / 08 / 2017

Central Christian Church
3690 Cherry Creek S Drive, Denver, CO

AGENDA

8:00-9:00 Meet & Greet -
Coffee & Donuts
9:00-12:00 Morning Sessions
12:00 Lunch (included
in registration)
1:30-5:00 Afternoon Sessions
5:00-7:00 Dinner Break
(on your own)
7:00-9:00 Evening Speakers

All informative sessions include
panels of corrections volunteers
and speakers from the
correctional field.

Bring AA meetings into local jails and prisons | D.O.C. training available | Basic Volunteer and Update Training | Get information on how to correspond with an offender | Join us in this rewarding work | Contact Meg: 312-286-4744

NAME:

ADDRESS:

TELEPHONE:

EMAIL:

ARE YOU CURRENTLY INVOLVED WITH CORRECTIONS?

IF YES, IN WHAT CAPACITY?

REGISTRATION= \$10/PERSON

DONATION:\$

TOTAL ENCLOSED: \$

Make checks payable to: Area 10 Corrections Committee

Mail to: Corrections Conference • AA District 13 **PO Box 40368** • Denver CO, 80204

LOCAL SERVICE OFFICE

Hours: Monday-Friday 9 a.m. to 5 p.m.
SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209
Colorado Springs, CO 80905

Contact the Service Office
719-573-5020

E-mail: serviceoffice@coloradospringsaa.org

COMMITTEE MEETINGS

ARCHIVES:

NO MEETINGS SCHEDULED
VOLUNTEERS NEEDED

PUBLIC INFORMATION:

2:00pm, 1st Saturday of the month
1st floor Penrose Main Hospital
2222 N. Nevada

in Volunteer Coordinator Conference Room

C.P.C.:

(Cooperation with the Professional Community)

1:00pm, 4th Saturday of the month
Sand Creek Library

1821 S. Academy Blvd. (large study room).

District 7:

7:00pm, 3rd Tuesday of the month
First United Methodist Church
420 N. Nevada, Room 135 (Boulder St. Access)

TREATMENT:

12pm, 2nd Saturday of the month
Penrose Hospital Volunteer Conference Room
2222 N. Nevada.

SPECIAL NEEDS:

NO MEETINGS SCHEDULED
VOLUNTEERS NEEDED

NIGHTWATCH:

7:00pm, 1st Tuesday of the month
Sacred Heart Parish
21st and Pikes Peak
Room 10 - Following the New Beginners meeting

For more committee information,
please go to coloradospringsaa.org

CONTRIBUTION ADDRESSES

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs Area Service Office
1353 South 8th St., Suite 209
Colorado Springs, CO 80905
(Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

Payable to: GSO
P.O. Box 459 - Grand Central Station
New York, NY 10163
(Include group name and number on check)

~ AREA 10 ~

Payable to: Area 10 Treasurer
12081 West Alameda Parkway #418
Lakewood, CO 80228
(Include group name, number
and District 7 on check)

~ DISTRICT 7 ~

Payable to: District 7
P.O. Box 26252
Colorado Springs, CO 80936
(Include group name, number
and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee
P.O. Box 40368
Denver, CO 80204
(Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •

[Sign up to receive](#)

The Pikes Peak Pint by email!

• Read, enjoy, and send a copy to all your friends •

Send subscription requests to

pint@coloradospringsaa.org

DO IT TODAY!

or you can get a copy for only \$1.00
at the Area Service Office