



~THE PIKES PEAK PINT~

A new life I never could have dreamed ...

Our disease is 100 percent fatal, but our death has been delayed because our work here is not done yet. I call this my journey - not my story - since my journey never ends.

I am an alcoholic. These words were the first words I ever uttered that were honest and the first ounce of humility that I ever felt in my life. I am the type of alcoholic who lost almost everything. My journey with alcohol truly began at the age of 18. I had tried alcohol many times before this, but this would be what I call my blackout era. For many years, I allowed for alcohol to be the master, the king, the emperor in my life. It made me feel free and I could conquer the world as long as I had a bottle. The years progressed, and my best friend was not so kind.

At the age of 24, I always say my mother gave me the gift of life twice. After many attempts at trying to “slow down” or “swear off the hard stuff for good,” I was 12th stepped by my mother. I am what they call a “go out and see if you are truly alcoholic” type of gal. I had many failed attempts at trying to stay sober. Sobering only for important events or when fear of jails, homelessness, or losing my relationships with others kicked in. For 7 years, I battled this disease, thinking that I knew better and never truly allowing for anyone to see how dark my life had become.

The year 2015 rolled around, I was married. A man, I thought, would solve all of my problems. We had a beautiful daughter in addition to the son I

raked through my alcoholic destruction. My father passed away. The biggest gift my father gave to me was the realization that I could not live a life based solely on alcohol.

Unfortunately, after he died, the worst of my disease had yet to come. In less than a year, I lost custody of my children to DHS, lost the respect of my family members, and almost lost my nursing career. It was time that I finally accept reality and die. This was my last thought on my last day drunk.

I clearly remember uttering, “Please help me. I need treatment, I need help.”

I was fortunate. I went to treatment. Once finished with treatment, I came to Colorado Springs. I found a sponsor whom I call “my OG” because she keeps me in line. Each step gave me more freedom than the last as she called me out on my “thinking.”

As I worked this program with intensity, things I could not control started happening. I experienced a lot of death ... and a lot of rejoicing. I have a life today that I could never have dreamed.

I have maintained the job of my choice, I have regained custody of my children, I no longer have judicial issues, and the last thing I am slowly regaining is my self-worth. I see now that my disease was never just about my drinking, but about my thinking.

As each day passes, I glimpse back to the shell I used to be, and I thank my Higher Power for changing who I am.

— Veronica

HAPPY BIRTHDAY

PreDawn:

Xanthe A.	8/14/2016	1 year!
Jessie V.	8/10/2016	1 year!

New Woman's Group:

Kathleen G.	9 years
Deb S.	7 years
Karen S.	30 years

Easy Does It:

Blaine H.	8/16/2010
Brian O.	8/20/2014
Carly B.	8/18/2014
Dana	8/27/2014
Gary M.	8/15/2013
Gelette F.	8/12/2012
Gregory K.	8/20/1999
Jerry H.	8/25/2004
Justin B.	8/1/2016
Kevin F.	8/3/2004
Mike S.	8/26/2012
Rose R.	8/7/1982
Sandy D.	8/26/2007

Steel Magnolias:

Jane B.	39 years
Kelly C.	24 years
Pamela S.	32 years
Susan H.	32 years

Happy Heathens:

John S.	26 years
Mike K.	33 years
Sherry J.	32 years

We Are Not Saints:

Pamela A.	1 year!
-----------	---------

The Butterfly

The man whispered, "God, speak to me," and a meadowlark sang. But the man did not hear.

So the man yelled, "God, speak to me," and the thunder rolled across the sky. But the man did not listen.

The man looked around and said, "God, let me see you," and a star shined brightly.

But the man did not notice.

And the man shouted, "God, show me a miracle," and a life was born. But the man did not know.

So the man cried out in despair, "Touch me, God, and let me know you are here," whereupon God reached down and touched the man. But the man brushed the butterfly away and walked on.

Do not miss out on a blessing because it is not packed the way that you expect.

People will forget what you said.

People will forget what you did.

But people will never forget how you made them feel.

— Submitted by Rod Q.

STEP 8:

Made a list of all persons we had harmed and became willing to make amends to them all.



CONCEPT 8:

The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

TRADITION 8:

Alcoholics Anonymous shall remain forever nonprofessional, but our service centers may employ special workers.

TRADITION 8 CHECKLIST:

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get some reward—even if not money—for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
7. Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition — How it developed?

GROUP CONTRIBUTIONS

GROUP (2017-2018)	YTD	June	GROUP (2017-2018)	YTD	June
A Common Solution	\$70.00	\$0.00	Off The Wall	\$71.92	\$71.92
12 Steps From The Morgue	\$181.50	\$181.50	Old North End Study Group		
Apex	\$193.43	\$193.43	One Six Four Group	\$55.00	\$0.00
Back to Basics	\$345.19	\$109.36	Pre-Dawn Meeting	\$190.00	\$30.00
Beacon Light Group			Primary Purpose	\$50.00	\$0.00
Big Book Action	\$150.00	\$0.00	Progress Not Perfection		
Big Book Study UPH			Recovery in Action	\$227.00	\$227.00
Black Forest	\$193.00	\$0.00	Recovery, Unity, Service Group		
Broadmoor			Saturday Early Morning Mtg.	\$403.40	\$95.00
Brown Baggers			Saturday Morning Anonymous		
Central	\$10.00	\$10.00	Security Eye Opener	\$245.00	\$0.00
Clean Air Group			Serenity Hour	\$150.00	\$75.00
Don't Worry Be Happy	\$462.83	\$118.09	Serenity Riders	\$237.47	\$237.47
Down By The Creek			Serenity Sisters		
Downtown Group	\$524.09	\$524.09	Sober Sisters	\$29.93	\$0.00
Drylander's Group			Solutions at Noon		
Easy Does It	\$854.74	\$854.74	Sought Through Prayer & Meditation	\$53.48	\$22.00
Ellicott Group			Steel Magnolias	\$117.15	\$0.00
4th Dimension Rocketeers			Stepping Stones		
Foxhall Group	\$250.00	\$0.00	Sunday Morning Speaker		
Friday Night Live	\$331.00	\$0.00	Sunlight of the Spirit	\$200.00	\$200.00
Friday Women's Group	\$200.00	\$0.00	Taking Steps		
Good Ole Boys	\$100.00	\$0.00	The Doctor's Opinion		
Happy Destiny			The Garage Meeting	\$27.00	\$0.00
Happy Heathens			Then and Now		
Happy Hour			Thursday Men's Group		
Happy, Joyous & Free			Thursday Noon--WP		
High Noon	\$40.00	\$0.00	Traditions Only		
H.O.W.			Treating The Illness		
Into Action	\$136.65	\$136.65	Turning Point		
Keystone to Recovery			Ute Pass Breakfast Group		
Lake George Group			Veterans for AA	\$25.00	\$25.00
Limon AA			Walk the Talk	\$1,275.00	\$425.00
Little Log Church Group	\$34.00	\$34.00	Walking on Water		
Living Free			We Are Not Saints	\$487.70	\$0.00
Living Sober South	\$124.32	\$85.00	Westside Eye Opener		
M.A.G.	\$192.00	\$0.00	Women of Grace		
Meditation Group			Woodland Park Beginners		
Natural High			Woodland Park Book Study	\$250.00	\$0.00
New Beginners	\$178.24	\$0.00	Woodland Park Women's Step Study		
New Woman	\$116.50	\$0.00	Young People		
Northwesters			Totals:	\$9,022.54	\$3,463.75



Meeting changes and other news

As Bill Sees It

The As Bill Sees It meeting at Walk the Talk Thursdays at 5:30 p.m. has changed its name and focus. The topic is now Emotional Sobriety.

Treatment

The Treatment Facilities Meeting Saturday at 10 a.m. has changed to noon.

This meeting is on the second Saturday of the month at Penrose Hospital volunteer conference room, 222 N. Nevada Ave.

Primary Purpose Women

This group, which meets at 4:30 at 3958 N. Academy Blvd., Suite 103 is no longer a CLOSED meeting. It is now OPEN.

Easy Does It

There is a new Back to Basics meeting on Mondays at 7 p.m. at 3760 Astrozon Blvd.

Then and Now

The Then and Now meeting, Saturday nights at 7:30 p.m., is no longer meeting.

Affordable meeting place

Any group looking for a meeting location to rent? Clint C. knows of one offered at \$20 per meeting. Available Sunday, Monday, and Friday, 5:30-6:30 p.m. and 6-7 p.m. Please call Clint C. at [719-243-2675](tel:719-243-2675).

Thank You!

During June, the Service Office received
**2 Grateful Giver contributions and
1 Birthday contribution!**

Thanks to your generous donations, the Service Office is able to keep spreading the hope of Alcoholics Anonymous to residents and visitors of the Pikes Peak Region.

Thank you.

Turning Point speaker meetings

The Turning Point Group meets Saturdays at 6 p.m. for a potluck, followed by a speaker at 7. Have fun and good eats at the Serenity Club, 10400 Ute Pass Ave. in Red Cloud.

Here's who's speaking in August:

Aug. 5: Puddi

Aug. 12: Dave Upchurch

Aug. 19: Alanon/AA

Aug. 26: Kjell (Shell)

HAPPY DESTINY

ANNIVERSARY



Join us
for a celebration!

Monday, Aug. 7
Potluck 6 p.m.

Speaker Puddi K., 7:30 p.m.

Beth-El Mennonite Church, 4625 Ranch Drive

Annual Easy Does It BBQ!

Monument

Valley Park

Aug. 13, 11 a.m.-3 p.m.

**Bring a side, your appetite,
and your sobriety!**



OcSOBERFEST

OCT. 27-29, 2017
SANGRE DE CRISTO ARTS
& CONFERENCE CENTER
PUEBLO, CO



- ❖ CONTINUOUS MEETINGS
- ❖ LONGTIMERS SPEAKERS TRIO
- ❖ WORKSHOPS: Don C. & others
- ❖ HOSPITALITY ROOM
- ❖ TICKETED DRAWINGS
- ❖ SATURDAY HALLOWEEN CELEBRATION & LIVE MUSIC

AA SPEAKERS

- 7 p.m. Friday: Eddie P., Denver
- 10 a.m. Saturday: Pueblo Longtimers: Robin C., Loretta A., Rudy A.
- 7 p.m. Saturday: Erica C., Denver
- 10 a.m. Sunday: Bob M., Albuquerque, NM
- AL-ANON SPEAKER
- 1 p.m. Saturday: Vickii B., Colorado Springs

Yes, register me for OcSoberfest 2017

Name _____
Address _____ City _____ State _____ Zip _____
Email _____ Phone () _____

List other names at same address if this is a combined registration

No. registered _____ \$25 each = \$ _____
Registration deadline Oct.12. Registration after that date is \$30

My payment includes a scholarship donation = \$ _____
Total enclosed (checks only): \$ _____

____ If you are requesting a scholarship, check here. You must complete this form & mail to P.O. Box below by Oct. 12. You will be notified if you receive a scholarship and you will be required to do 2 hours of service at the conference.

I would like to volunteer to help:
____ Anywhere ____ Registration ____ Hospitality ____ Greeter
____ AA ____ Al-Anon

Make checks payable to "OcSoberfest 2017"
Mail to: OcSoberfest
P.O. Box 83
Pueblo, CO 81002

Additional information:
Mark S. (719) 251-5044
Register online at
www.PuebloOcSoberfest.com

A limited number of T-shirts & bottomless coffee cups will be for sale at the conference.

DON'T MISS THIS at this year's OcSoberfest:

Don C., a sober member of AA from Colorado Springs, will again offer his popular Step Workshop Saturday at 2 p.m., at the Sangre de Cristo Arts & Conference Center.

LOCAL SERVICE OFFICE

Hours: Monday-Friday 9 a.m. to 5 p.m.

SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209

Colorado Springs, CO 80905

Contact the Service Office

719-573-5020

E-mail: serviceoffice@coloradospringsaa.org

COMMITTEE MEETINGS

CORRECTIONS:

9 a.m., 3rd Saturday of the month

Sacred Heart Catholic Church, 21st & Colorado Ave.

PUBLIC INFORMATION:

2 p.m., 1st Saturday of the month

Penrose Hospital, 2222 N. Nevada Ave.

Volunteer Coordinator Conference Room

C.P.C. (PROFESSIONAL COMMUNITY):

1 p.m., 4th Saturday of the month

Sand Creek Library, 1821 S. Academy Blvd.

large study room

DISTRICT 7:

7 p.m., 3rd Tuesday of the month

First United Methodist Church

420 N. Nevada, Room 135 (Boulder Street access)

TREATMENT:

Noon, 2nd Saturday of the month

Penrose Hospital, 2222 N. Nevada Ave.

Volunteer Coordinator Conference Room

NIGHTWATCH:

7 p.m., 1st Tuesday of the month

Sacred Heart Parish

21st and Pikes Peak Ave.

Room 10 - Following the New Beginners' meeting

SPECIAL NEEDS and ARCHIVES:

NOT SCHEDULED

VOLUNTEERS NEEDED

For more info., please visit coloradospringsaa.org

CONTRIBUTION ADDRESSES

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs

Area Service Office

1353 South 8th St., Suite 209

Colorado Springs, CO 80905

(Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

Payable to: GSO

P.O. Box 459 - Grand Central Station

New York, NY 10163

(Include group name and number on check)

~ AREA 10 ~

Payable to: Area 10 Treasurer

12081 West Alameda Parkway #418

Lakewood, CO 80228

(Include group name, number and District 7 on check)

~ DISTRICT 7 ~

Payable to: District 7

P.O. Box 26252

Colorado Springs, CO 80936

(Include group name, number and District 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee

P.O. Box 40368

Denver, CO 80204

(Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •

Sign up to receive

The Pikes Peak Pint by email

FREE!

• Read, enjoy, and send a copy to all your friends •

Send subscription requests to

pint@coloradospringsaa.org

DO IT TODAY!