



# THE PIKES PEAK PINT

September, 2017

A newsletter for the Pikes Peak Region of Alcoholics Anonymous



**Understand that it's a choice to let things affect you.**

## Trainwreck to serenity in 12 Steps

**I**'m Stormie, and I am certainly an alcoholic ... and a grateful one at that!

I've said many times in my sobriety that I'm jazzed to be an alcoholic, and I still mean that today!

I do believe at this point of my sobriety, for me to be anything less than would say that my Creator cre-

ated something accidental or imperfect. And who am I to tell the thing that's bigger than me what's right and what's not?

So today again I say I am a grateful, jazzed alcoholic! I also say that today with such enthusiasm because I understand at the core of my being, I have alcoholism, and there is

no place on this planet for me but Alcoholics Anonymous.

AA has been nothing short of a miracle in my life for bringing me the life-saving information that it carries and its veins.

When I got to Alcoholics Anonymous my biggest problem was that

(see page 2)

# HAPPY BIRTHDAY

## Downtown:

Patrick M.	9/1/15
Kaley B.	9/4/10
Connie L.	9/4/11
Tony R.	9/5/08
Keith W.	9/6/15
Sheila M.	9/8/12
Andrea W.	9/9/15
John D.	9/11/82
Juan S.	9/11/12
Lisa B.	9/11/13
Annie M.	9/12/04
Karla G.	9/12/12
Kevin M.	9/13/01
Ashley H.	9/14/15
Judi O.	9/14/10
Jessica A.	9/17/13
Ray B.	9/17/91
Barb O.	9/20/79
Lynn M.	9/21/13
Ashley S.	9/22/12
Stephen W.	9/23/92
Marc W.	9/23/83
Spencer S.	9/25/12
Lana J.	9/27/95
Kyle M.	9/29/15
Ashley A.	9/29/15

## Easy Does It:

Bev C.	9/23/07
Bill S.	9/9/12
Dale M.	9/11/10
Dave M.	9/6/13
Fred L.	9/6/04
Fred S.	9/1/12
Freeman H.	9/20/09
Jake B.	9/3/13
Joanne B.	9/17/12
Leslie M.	9/7/14
Lewis S.	9/20/08
Mark D.	9/9/15
Mike W.	9/1/13
Ray S.	9/17/91
Renee B.	9/11/14
Rhonda M.	9/22/06
Rick J.	9/25/14
Robert H.W.	9/9/14

## New Woman:

Leigh T.	12 years
Cathy B.	6 years
Laurel B.	27 years
Valerie J.	21 years

## Friday Women's:

Mary O.	9 years
Elsa L.	29 years
Sanay M.	3 years
Eileen	33 years
Cathy B.	3 years
Ellen S.	2 years

## We Are Not Saints:

Greg C.	23 years
Jeff S.	9 years
Joe S.	24 years
Larry Y.	19 years
Linda-Marie C.	27 years
Mike P.	35 years
Mireille D.	34 years
Sarah S.	4 years
Sharon B.	1 year!!

## Serenity Riders:

Aaron D.	9/12/07
Amy S-M.	9/15/07
Dan the Man	9/1/87
Deborah C.	9/26/01
Greg S.	9/22/88
Katie S.	9/23/09
Patrick S.	9/4/04
Tiny	9/10/10

## Happy Heathens:

Meredith K.	14 years
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## How to calm that trainwreck

(from page 1)

I could not stop drinking even when I wanted to. My insides were eating me alive. I was uncomfortable in my own skin. I had two beautiful children that I drove through my drinking with me, and I had no idea how to show up for them as anything other than what I was presenting at the time. I was fun, funny, and educated, and none of that mattered when alcohol was

involved, because I had to drink.

I came to these rooms shaking, broken, and a trainwreck.

I was told the only thing that would save me from living a drunk life and having to drink even when I didn't want to, was a spiritual defense found in working the 12 Steps. All I had to do was examine the tools in the toolkit you presented and decide if I wanted to pick up a toolkit of my own. You assured me that not only would this keep

me from drinking, but it would be a design for living I could have for the rest of my life!

You taught me serenity was not some elusive idea, but that it was real. You taught me laughter is supposed to be a part of my life and that I was supposed to be a part of the world.

It is and I am, thanks to Alcoholics Anonymous!

**Stormie G.**

## **STEP 9:**

Made direct amends to such people wherever possible, except when to do so would injure them or others.



## **CONCEPT 9:**

Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

## **TRADITION 9:**

A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

## **TRADITION 9 CHECKLIST:**

1. Do I still try to boss things in AA?
2. Do I resist formal aspects of AA because I fear them as authoritative?
3. Am I mature enough to understand and use all elements of the AA program — even if no one makes me do so — with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn't every AA group need a constitution and bylaws?
7. Have I learned to step out of an AA job gracefully — and profit thereby — when the time comes?
8. What has rotation to do with anonymity? With humility?

# THANK YOU FOR YOUR GROUP CONTRIBUTIONS:

GROUP (2017-2018)	YTD	July
A Common Solution	\$70.00	\$0.00
12 Steps From The Morgue	\$181.50	\$0.00
Apex	\$193.43	\$0.00
Back to Basics	\$399.59	\$54.40
Beacon Light Group		
Big Book Action	\$150.00	\$0.00
Big Book Study UPH		
Black Forest	\$357.13	\$164.13
Broadmoor		
Brown Baggers		
Central	\$10.00	\$0.00
Clean Air Group		
Don't Worry Be Happy	\$462.83	\$0.00
Down By The Creek		
Downtown Group	\$524.09	\$0.00
Drylander's Group		
Easy Does It	\$854.74	\$0.00
Ellicott Group		
4th Dimension Rocketeers		
Foxhall Group	\$250.00	\$0.00
Friday Night Live	\$401.00	\$70.00
Friday Women's Group	\$450.00	\$250.00
Good Ole Boys	\$100.00	\$0.00
Happy Destiny		
Happy Heathens		
Happy Hour		
Happy, Joyous & Free		
High Noon	\$40.00	\$0.00
H.O.W.		
Into Action	\$136.65	\$0.00
Keystone to Recovery	\$100.00	100.00
Lake George Group		
Limon AA		
Little Log Church Group	\$34.00	\$0.00
Living Free		
Living Sober South	\$124.32	\$0.00
M.A.G.	\$422.00	\$230.00
Meditation Group		
Natural High		
New Beginners	\$178.24	\$0.00
New Woman	\$376.50	\$260.00
Northwesters		

GROUP (2017-2018)	YTD	July
Off The Wall	\$71.92	\$0.00
Old North End Study Group	\$94.03	\$94.03
One Six Four Group	\$158.63	\$103.63
Pre-Dawn Meeting	\$190.00	\$0.00
Primary Purpose	\$150.00	\$100.00
Progress Not Perfection		
Recovery in Action	\$227.00	\$0.00
Recovery, Unity, Service Group		
Saturday Early Morning Mtg.	\$403.40	\$0.00
Saturday Morning Anonymous		
Security Eye Opener	\$245.00	\$0.00
Serenity Hour	\$200.00	\$50.00
Serenity Riders	\$237.47	\$0.00
Serenity Sisters		
Sober Sisters	\$52.62	\$22.69
Solutions at Noon		
Sought Through Prayer & Meditation	\$53.48	\$0.00
Steel Magnolias	\$164.78	\$47.63
Stepping Stones		
Sunday Morning Speaker		
Sunlight of the Spirit	\$200.00	\$0.00
Taking Steps		
The Doctor's Opinion		
The Garage Meeting	\$37.00	\$10.00
Then and Now	\$189.61	\$189.61
Thursday Men's Group	\$150.00	
Thursday Noon--WP	\$61.53	\$31.53
Traditions Only		
Treating The Illness		
Turning Point		
Ute Pass Breakfast Group		
Veterans for AA	\$75.00	\$50.00
Walk the Talk	\$1,700.00	\$425.00
Walking on Water		
We Are Not Saints	\$879.79	\$392.09
Westside Eye Opener		
Women of Grace	\$145.00	\$0.00
Woodland Park Beginners		
Woodland Park Book Study	\$250.00	\$0.00
Woodland Park Women's Step Study		
Young People		
<b>Totals:</b>	<b>\$11,812.28</b>	<b>\$2,789.74</b>



## *Meeting changes ... ... and other news*

### **Treatment Committee**

The Treatment Committee Meeting that had met Saturdays from 10 to 11 a.m. is now meeting the third Thursday of the month at 5:30 p.m. They're still meeting at Penrose Hospital, but has changed to the board room from the volunteer conference room.

### **Upon Awakening now asleep**

The Upon Awakening group that met on Thursdays at 6 a.m. is no longer meeting.

### **Landmark revealed**

A NEW meeting called The Landmark Group gathers Wednesdays at 5:30 p.m. at the Landmark Community School, 828 E. Pikes Peak Ave. Park on the west side in the gravel lot and then enter on the north side of the building. This building is small; you can't get lost looking for the meeting, said its organizer. It is an open, discussion meeting and is wheelchair accessible.

### **Living Springs dries up**

The Living Springs meeting Wednesdays at 8 p.m. is no longer meeting.

### **Need a meeting place?**

Do you need a meeting location to rent? Clint C. knows of one offered at \$20 per meeting. Call Clint at [719-243-2675](tel:719-243-2675) for details.

# Thank You!

During July, the Service Office received **1** Grateful Giver contribution, **3** personal contributions and **2** Birthday contributions!

Thanks to your generous donations, the Service Office is able to keep spreading the hope of Alcoholics Anonymous to residents and visitors of the Pikes Peak Region.

**There is no  
chemical  
solution  
to a spiritual  
problem.**

WHAT:

# Open House



WHERE:

1353 S. 8th Street, the

## AREA SERVICE OFFICE

**Saturday, September 23**

**From 10 a.m. to 4 p.m.**

(WEATHER PERMITTING, THIS EVENT WILL BE OUTSIDE.  
IF IT'S INSIDE, THERE WILL STILL BE FOOD!)

SAVE THE DATE AND PLAN TO COME TO YOUR SERVICE  
OFFICE TO ENJOY ONE-DAY-ONLY SAVINGS  
ON LITERATURE, COINS & MORE!

***Save 10% off EVERYTHING!***

GRILLED BURGERS WITH ALL THE TRIMMINGS  
(WEATHER PERMITTING) FROM NOON TO 2 P.M.

IF WE HAVE POOR WEATHER,  
THE FOOD WILL BE INSIDE!

**MEET THE INTERGROUP BOARD,  
DCMS & OFFICE STAFF**

# OcSOBERFEST

OCT. 27-29, 2017  
SANGRE DE CRISTO ARTS  
& CONFERENCE CENTER  
PUEBLO, CO



- ❖ CONTINUOUS MEETINGS
- ❖ LONGTIMERS SPEAKERS TRIO
- ❖ WORKSHOPS: Don C. & others
- ❖ HOSPITALITY ROOM
- ❖ TICKETED DRAWINGS
- ❖ SATURDAY HALLOWEEN  
CELEBRATION & LIVE MUSIC

## AA SPEAKERS

- 7 p.m. Friday: Eddie P., Denver
- 10 a.m. Saturday: Pueblo Longtimers: Robin C.,  
Loretta A., Rudy A.
- 7 p.m. Saturday: Erica C., Denver
- 10 a.m. Sunday: Bob M., Albuquerque, NM
- AL-ANON SPEAKER
- 1 p.m. Saturday: Vickii B., Colorado Springs

Yes, register me for OcSoberfest 2017

Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_ Phone ( ) \_\_\_\_\_

List other names at same address if this is a combined registration

\_\_\_\_\_

No. registered \_\_\_\_\_ \$25 each ..... = \$ \_\_\_\_\_

Registration deadline Oct.12. Registration after that date is \$30

My payment includes a scholarship donation ..... = \$ \_\_\_\_\_

Total enclosed (checks only): \$ \_\_\_\_\_

\_\_\_\_ If you are requesting a scholarship, check here. You must complete this form & mail to P.O. Box below by Oct. 12. You will be notified if you receive a scholarship and you will be required to do 2 hours of service at the conference.

I would like to volunteer to help:

\_\_\_\_ Anywhere \_\_\_\_ Registration \_\_\_\_ Hospitality \_\_\_\_ Greeter

\_\_\_\_ AA \_\_\_\_ Al-Anon

Make checks payable to "OcSoberfest 2017"

Mail to: OcSoberfest  
P.O. Box 83  
Pueblo, CO 81002

Additional information:  
Mark S. (719) 251-5044

Register online at  
[www.PuebloOcSoberfest.com](http://www.PuebloOcSoberfest.com)

A limited number of T-shirts & bottomless coffee cups will be for sale at the conference.

## Don's miss it: DON C.'s Step Study at this year's OcSoberfest

Don C., a sober member of AA from Colorado Springs, will again offer his popular Step Workshop Saturday at 2 p.m., at the Sangre de Cristo Arts & Conference Center.

## LOCAL SERVICE OFFICE

Hours: Monday-Friday 9 a.m. to 5 p.m.

SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209

Colorado Springs, CO 80905

Contact the Service Office

719-573-5020

E-mail: [serviceoffice@coloradospringsaa.org](mailto:serviceoffice@coloradospringsaa.org)

## COMMITTEE MEETINGS

### **CORRECTIONS:**

9 a.m., 3<sup>rd</sup> Saturday of the month

Sacred Heart Catholic Church, 21<sup>st</sup> & Colorado Ave.

### **PUBLIC INFORMATION:**

2 p.m., 1<sup>st</sup> Saturday of the month

Penrose Hospital, 2222 N. Nevada Ave.

Volunteer Coordinator Conference Room

### **C.P.C. (PROFESSIONAL COMMUNITY):**

1 p.m., 4th Saturday of the month

Sand Creek Library, 1821 S. Academy Blvd.

large study room

### **DISTRICT 7:**

7 p.m., 3<sup>rd</sup> Tuesday of the month

First United Methodist Church

420 N. Nevada, Room 135 (Boulder Street access)

### **TREATMENT:**

**NEW:** 5:30 p.m., 3<sup>rd</sup> Thursday of the month

Penrose Hospital, 2222 N. Nevada Ave.

**NEW:** Board Room

### **NIGHTWATCH:**

7 p.m., 1<sup>st</sup> Tuesday of the month

Sacred Heart Parish

21<sup>st</sup> and Pikes Peak Ave.

Room 10 - Following the New Beginners' meeting

## **SPECIAL NEEDS and ARCHIVES:**

**STILL NOT SCHEDULED**

**VOLUNTEERS NEEDED**

For more info., please visit [coloradospringsaa.org](http://coloradospringsaa.org)

## WHERE TO SEND CONTRIBUTIONS

### **~ AREA SERVICE OFFICE ~**

Payable to: Colorado Springs

Area Service Office

1353 South 8<sup>th</sup> St., Suite 209

Colorado Springs, CO 80905

(Include group name and number on check)

### **~ GENERAL SERVICE OFFICE ~**

Payable to: GSO

P.O. Box 459 - Grand Central Station

New York, NY 10163

(Include group name and number on check)

### **~ AREA 10 ~**

Payable to: Area 10 Treasurer

12081 West Alameda Parkway #418

Lakewood, CO 80228

(Include group name, number and District 7 on check)

### **~ DISTRICT 7 ~**

Payable to: District 7

P.O. Box 26252

Colorado Springs, CO 80936

(Include group name, number and District 7 on check)

### **~ PINK CAN CONTRIBUTIONS ~**

Payable to: Area 10 Corrections Committee

P.O. Box 40368

Denver, CO 80204

(Include group name and number on check)

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# **CORRECTIONS: A Special Breed of Service**

**Saturday, Sept. 30, 11 a.m.—2 p.m.**

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**Central United Methodist Church**  
4373 Galley Road (Galley & Murray)  
Colorado Springs, CO 80915

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Your District 7 Corrections Committee will provide a main dish –  
Please bring sides and desserts for a potluck lunch!

## **We will be joined by:**

- **Kirk Machin** (Colorado Dept. of Corrections)
- **Kate H.** (Your Area 10 Corrections Chair)
- **Betsy L.** — Speaker



**Presentations, Q&A, fun, food, and fellowship  
as we explore service in Corrections —  
a special breed of service!**