



# THE PIKES PEAK PINT

June 2018

A newsletter for the Pikes Peak Region of Alcoholics Anonymous

## He had to lose it all ... almost

My name is Ryan and I am absolutely an alcoholic. I went to my first meeting of alcoholics anonymous when I was 13 years old and it took me until I was 36 to finally give up fighting.

I grew up in a normal, highly volatile, and abusive alcoholic family. While this might have helped in my alcoholic progression, I do not believe it's why I am an alcoholic. I believe I'm an alcoholic because my body and mind react differently than the normal person when I ingest alcohol. It consumes my every thought until I have

the sufficient substitute that it talks about in the Big Book. To be completely honest, if alcohol still worked, I would not be sober today. Furthermore, if anything on the outside resembled that anything in my life was OK, I would still be drunk. I am a skid-row drunk who had to lose almost everything in order for me to go back to AA.

My 15-year research project landed me in jails, in institutions, homeless, and nearly the morgue. When I first came back, I was willing to go to meetings, hang-out with you weirdos, and even make

**'I was willing to ... go to meetings ... and even make your stupid coffee ...'**



See Lose it all, page 4



## Walk The Talk

Craig W.	Flag Day '97
Ernie S.	6-23-16
Jen F.	6-5-14
Kyra	6-26-91
Sue R.	6-10-14
Kristina B.	6-10-16
Patty M.	6-6-94
Kristi H.	6-20-12
Mandi W.	6-25-16

## Friday Women's

Connie W. 17 years  
 Sonia M. 8 years  
 Mary M. 36 years  
 Adrienne 6 years

## One Happy Heathen celebrating her AA birthday

Cathie S. 30 years

## Easy Does It

Carolyn H.	6-12-10
Charlie F.	6-11-12
Chris B.	6-17-01
Danny G.	6-14-11
John B.	6-10-71
Mitch T.	6-20-13
Stacy M.	6-24-12
Steffy	6-12-90
Joe H.	6-2-99
Ed R.	6-11-13
Joe S.	6-4-02

## New Woman

Connie A.	35 years
Harriet O.	11 years
Ellen C.	6 years
Sue H.	22 years
Terrie L.	2 years
Brandy S.	2 years
Lisa S.	3 years

## Serenity Riders

Danette F.	6-24-94
Donna B.	6-21-11
Kevin F.	6-2-16
Mike L.	6-26-06

## When's YOUR A.A. birthday?

If you want your birthday listed here and you want us to celebrate God's and your accomplishments along with you, please send your name, date, year, and home group to [pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org).

# STEP 6:

Were entirely ready to have God remove  
all these defects of character.



## CONCEPT 6:

*Concept VI: The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.*

### *Concept 6 Checklist:*

- ◆ Are we familiar with how our General Service Board (G.S.B.) Class A and Class B trustees serve A.A.? Are we familiar with how our other trusted servants serve A.A.?
- ◆ Are we clear about the terms, “chief initiative” and “active responsibility”? Can we see a direct link to our home group?

## TRADITION 6:

An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

## TRADITION 6 CHECKLIST:

1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
2. Is it good for a group to lease a small building?
3. Are all the officers and members of our local club for AAs familiar with “Guidelines on Clubs” (which is available free from GSO)?
4. Should the secretary of our group serve on the mayor’s advisory committee on alcoholism?
5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?

# *This is an experience for winners*

*Lose it all, from page 1*

your stupid coffee, but as my friend says the steps seemed a little drastic. This unwillingness led me to believe that my abstinence from alcohol has about a 90-day shelf life without the 12 steps of AA. The other thing that happened during this time was that my wife said she was through, my daughter moved in with my in-laws, and my two boys rarely came out of their room.

Looking back, I can see that coming back to AA was the best thing that could have happened to me, though I did not feel this way when it was happening.

With my family wanting nothing to do with me, it gave me the necessary time to devote to AA and the 12 steps.

My sponsor and I got to work.

We went through *The Big Book* word by word and when it suggested an action we took that action. None of the steps were as tough or drastic as I thought they would be. I completed my 4<sup>th</sup> and 5<sup>th</sup> steps and that was a relief, not magical like some people talk about, but enough relief for me to continue on with my work.

The 6<sup>th</sup> and 7<sup>th</sup> steps were a little more difficult for me - they showed me how much work I needed to do

to change who I was. If I didn't get a full understanding of what I was to change, how was I ever going to be okay in my own skin? Once I looked at my defects and asked God to remove the ones that he saw

money but wanted me to buy my wife flowers every month. This one kind of pissed me off, but I started to do it and it has helped with my relationship with my wife. It has taken several years of doing the

right thing whether I wanted to or not, but most of my relationships today are pretty solid. On steps 10 and 11, the book gives pretty clear-cut directions - pray and meditate in the morning looking at the day ahead and at night look honestly at the day. If I have



fit to remove, the real work began.

As it says in *The Big Book*, “Now we need more action, without which we find that [faith without works is dead.]”

I made my list and went to work making amends. Now for me, the relief did not come right away. Simply saying the words did not do anything for me; I had to start repairing the past with my actions. That meant being there for my wife and kids, no matter what.

When my kids wanted to go to the park on Sunday while the football game was on (which always seemed to be the case), we went to the park. I carved out time for my wife, and we went on regular date nights. I had to show up to work to show my boss I was a better employee. One of my former employers told me he could not accept

done harm I speak to my sponsor and if I owe amends I go ahead and clean up the wreckage of my present. These two steps help me be a better man on a daily basis. Last but not least is step 12, the greatest of all of the steps. I try to carry the message of AA to the still suffering alcoholic and practice these principles in all of my affairs.

I cannot put it into better words than Bill Wilson did: “This is an experience you must not miss.” To see fellow alcoholics rebuild their lives is an amazing thing to watch. Today I have an amazing life and it is only through the grace of God and the program of Alcoholics Anonymous that I have not found it necessary to drink since 4/21/2014 and for that I will hopefully be forever grateful.

— Ryan M.



# ANNOUNCEMENTS

## *Meeting changes ...*

### **Beginners' Saints meeting ends**

The Monday 10:30 a.m. We Are Not Saints Beginners' meeting at Front Range Alliance Church, 5210 Centennial Boulevard north of Garden of the Gods Road, will no longer be meeting.

### **WTT Speakers' Meeting**

Walk the Talk Saturday night speakers are these sober people:

June 2, Jerry F.; June 9, Gary P.; June 16, Bill M.;  
June 23, Pam G.; June 30, Susie F.

### **All About Recovery needs help**

The All About Recovery group, a new open, handicapped accessible, discussion meeting would love it if you could lend it support Mondays, Fridays, and

## *... and new groups*

Saturdays at 3 p.m. and Tuesdays, Wednesdays, and Thursdays at 7 p.m. It's at Cedarwood Health Care Center 924 W. Kiowa St., downstairs in the conference room.

### **Ellicott/Eastern Plains Meeting**

This is an open, handicap accessible meeting that is now meeting at 7 pm.

Address: 23356 CO Hwy 94 (in the bingo hall next to the grocery store, mile marker 17).

### **Early Birds cancelled**

The 6:30 a.m. (YAWN) group that meets Tuesdays, Wednesdays, Thursdays, and Fridays at 210 N. Corona behind McDonalds on Wasatch is no longer meeting.



The editor gave  
you a green snake  
this month.

**Why?**

Because  
you didn't  
write a story  
for a newcomer  
to read.

Newcomers need  
**YOUR** story  
to give them

*hope.*

Send your stories to: [Paint@ColoradoSpringsAA.org](mailto:Paint@ColoradoSpringsAA.org)

**Sunday, June 10th 12pm-4pm**

**Bear Creek Regional Park**

2002 Creek Crossing St.

C/S, CO. 80905

## Founders Day BBQ



### Food, Fun, Fellowship

Lunch from 12-3pm

contact: Dan D. (719)358-0419

Speaker at 3pm

or Todd G. (719)684-4507

Literature Raffle at 4pm

\*Bring your own Chair

\*contributions suggested at event

# Thank you for these group contributions

GROUP NAME (2018-2019)	Fiscal YTD	April
A Common Solution	\$0.00	\$0.00
12 Steps From The Morgue	\$0.00	\$0.00
Apex	\$0.00	\$0.00
Back to Basics	\$167.31	\$167.31
Beacon Light Group	\$0.00	\$0.00
Big Book Action	\$0.00	\$0.00
Big Book Study UPH	\$0.00	\$0.00
Black Forest	\$0.00	\$0.00
Broadmoor	\$0.00	\$0.00
Brown Baggers	\$0.00	\$0.00
Central	\$0.00	\$0.00
Clean Air Group	\$0.00	\$0.00
Don't Worry Be Happy	\$329.87	\$329.87
Down By The Creek	\$0.00	\$0.00
Downtown Group	\$0.00	\$0.00
Drylander's Group	\$15.00	\$15.00
Easy Does It	\$0.00	\$0.00
Ellicott Group	\$0.00	\$0.00
4th Dimension Rocketeers	\$0.00	\$0.00
Foxhall Group	\$0.00	\$0.00
Friday Night Live	\$0.00	\$0.00
Friday Women's Group	\$0.00	\$0.00
Good Ole Boys	\$100.00	\$100.00
Happy Destiny	\$0.00	\$0.00
Happy Heathens	\$0.00	\$178.00
Happy Hour	\$359.00	\$359.00
Happy, Joyous & Free	\$0.00	\$0.00
High Noon	\$0.00	\$0.00
H.O.W.	\$30.00	\$30.00
Into Action	\$0.00	\$0.00
Keystone to Recovery	\$0.00	\$0.00
Lake George Group	\$0.00	\$0.00
Limon AA	\$0.00	\$0.00
Little Log Church Group	\$0.00	\$0.00
Living Free	\$0.00	\$0.00
Living Sober South	\$68.62	\$68.62
M.A.G.	\$494.00	\$494.00
Meditation Group - Tues. 5:30	\$0.00	\$0.00
Natural High	\$0.00	\$0.00
New Beginners	\$0.00	\$0.00
New Woman	\$148.00	\$148.00
Northwesters	\$0.00	\$0.00
Off The Wall	\$0.00	\$0.00
Old North End Study Group	\$0.00	\$0.00

GROUP NAME (2018-2019)	Fiscal YTD	April
One Six Four Group	\$0.00	\$0.00
Pre-Dawn Group	\$0.00	\$0.00
Primary Purpose	\$0.00	\$0.00
Progress Not Perfection	\$0.00	\$0.00
Recovery in Action	\$0.00	\$0.00
Recovery, Unity, Service Group	\$0.00	\$0.00
Rule 62, Victor	\$0.00	\$0.00
Saturday Early Morning Mtg.	\$145.00	\$145.00
Saturday Morning Anonymous	\$0.00	\$0.00
Security Eye Opener	\$0.00	\$0.00
Serenity Hour	\$50.00	\$50.00
Serenity Riders	\$0.00	\$0.00
Serenity Sisters	\$187.45	\$187.45
Sober Sisters	\$69.63	\$69.63
Solutions at Noon	\$0.00	\$0.00
Sought Through Prayer & Meditation	\$27.50	\$27.50
Steel Magnolias	\$81.93	\$81.93
Stepping Stones	\$0.00	\$0.00
Sunday Morning Speaker	\$0.00	\$0.00
Sunlight of the Spirit	\$0.00	\$0.00
Taking Steps	\$0.00	\$0.00
The Doctor's Opinion	\$0.00	\$0.00
The Garage Meeting	\$15.00	\$15.00
Then and Now	\$0.00	\$0.00
Thursday Men's Group	\$0.00	\$0.00
Thursday Noon--Woodland Park	\$75.52	\$75.52
Traditions Only	\$0.00	\$0.00
Treating The Illness	\$0.00	\$0.00
Turning Point	\$0.00	\$0.00
Ute Pass Breakfast Group	\$0.00	\$0.00
Veterans for AA	\$0.00	\$0.00
Walk the Talk	\$425.00	\$425.00
Walking on Water	\$0.00	\$0.00
We Are Not Saints	\$330.59	\$330.59
Westside Eye Opener	\$0.00	\$0.00
Women of Grace	\$0.00	\$0.00
Woodland Park Beginners	\$0.00	\$0.00
Woodland Park Book Study	\$0.00	\$0.00
Woodland Park Women's Step Study	\$0.00	\$0.00
Young People	\$0.00	\$0.00
<b>Totals:</b>	<b>\$3,119.42</b>	<b>\$3,119.42</b>



Beginning  
April 1<sup>st</sup>, 2018

**Closed** Saturday, Sunday and **Monday!!**

Your Area  
Service  
Office has  
**new**  
office  
hours!

**Important** factors that would help to reopen  
the office on Mondays:

More Group,  
Personal, Birthday  
and Grateful Giver  
Contributions!!!

Tuesday – Friday  
9:00am – 5:00pm

Buy your literature  
and Medallions at  
the Service Office!!!

## How to positivize ‘never’

“Never say never!”

We've all heard this phrase. I was always a believer in it.

I am just more than two years sober. I have learned so much from this program and my sponsor.

It's amazing how I now look at situations with a clear, sober mind. I only saw negative and bad, hoping I would look better for it when I was drinking! Never was a word that meant something wouldn't happen: I'll never get sober; I'll never be normal. So many nevers.

Now, with the tools and working the A.A. program, as suggested, my nevers have turned into a positive thing: I

never have to drink again! Never lose faith in your Higher Power! Never give up! These are just a few.

I don't think I would be alive today if I continued to drink. I am so grateful for my life and sobriety. It's not easy to stay sober always. Just this past week I was in a place that set off a trigger. I haven't thought about a drink in a long time. Just shows our alcoholism never goes away.

Fortunately for me, I now make choices with a sober mind and heart! Never let your guard down! Stay sober, my friends.

— Patsy P.

# Thank you

During April, the  
Service Office received  
3 Grateful Giver  
contributions,  
2 Personal contributions, and  
1 Birthday contribution!  
Thanks to your  
generous donations,  
the Service Office is able  
to keep spreading the hope  
of Alcoholics Anonymous  
to residents and visitors  
of the Pikes Peak Region.



## LOCAL SERVICE OFFICE

Hours: Tuesday/Friday 9 a.m. to 5 p.m.

SAT./SUN./MON.: CLOSED

Location: 1353 South 8th Street, Suite 209

Colorado Springs, CO 80905

Contact the Service Office

719.573.5020

E/mail: serviceoffice@coloradospringsaa.org

## COMMITTEE MEETINGS

### **CORRECTIONS:**

9 a.m., 3<sup>rd</sup> Saturday of the month  
Sacred Heart Parish Room 10,  
southeast corner of 21<sup>st</sup> & Colorado Ave.

### **P.I. (PUBLIC INFORMATION):**

1 p.m., 4<sup>th</sup> Saturday of the month  
Sand Creek Library, 1821 S. Academy Blvd.  
large study room.  
This group now meets with the CPC Committee

### **C.P.C. (COOPERATING WITH THE PROFESSIONAL COMMUNITY):**

1 p.m., 4<sup>th</sup> Saturday of the month  
Sand Creek Library, 1821 S. Academy Blvd.,  
large study room.  
This group now meets with the PI Committee.

### **PROGRAMS:**

6 p.m., 1<sup>st</sup> Thursday of the month, Colorado Springs  
Area Service Office, 1353 S. 8th St., Suite 209.

### **TREATMENT:**

5:30 p.m., 3<sup>rd</sup> Thursday of the month  
Penrose Hospital, 2222 N. Nevada Ave., board room.

### **NIGHTWATCH:**

7 p.m., 1<sup>st</sup> Tuesday of the month  
Sacred Heart Parish, 21<sup>st</sup> and Pikes Peak Ave.  
Room 10, following the New Beginners' meeting.

## WHERE TO SEND CONTRIBUTIONS

### ~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs  
Area Service Office  
1353 South 8<sup>th</sup> St., Suite 209  
Colorado Springs, CO 80905  
(Include group name and number on check)

### ~ GENERAL SERVICE OFFICE ~

Payable to: GSO  
P.O. Box 459 / Grand Central Station  
New York, NY 10163  
(Include group name and number on check)

### ~ AREA 10 ~

Payable to: Area 10 Treasurer  
12081 West Alameda Parkway #418  
Lakewood, CO 80228  
(Include group name, number  
and District 7 on check)

### ~ DISTRICT 7 ~

Payable to: District 7  
P.O. Box 26252  
Colorado Springs, CO 80936  
(Include group name, number  
and District 7 on check)

### ~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee  
P.O. Box 40368  
Denver, CO 80204  
(Include group name and number on check)

### • CASH ACCEPTED IN PERSON ONLY •

How much did  
*YOU* pay  
for a drink?

*Please help others*

Please donate \$1 for each year of sobriety  
to the General Service Office, the Area  
Service Office, or both.

It costs money to spread the hope  
of a new life worth living  
through Alcoholics Anonymous.



# WORKSHOP

Delegate Erica C. Report from New York  
AA 101 Scott M. Has a wonderful presentation on  
services work

**We will have breakfast snacks!!!**

**Pot Luck**

*Put on by District 7*



Location

**Hotel  
Elegante**

June 2, 2018

9AM - 1PM

2886 S. Circle Dr Colorado Springs

DCM's Dana, Andrew, Josh, Sheila

All DCM's Mike, Jacob