



THE PIKES PEAK PINT

September 2019

A newsletter for the Pikes Peak Region of Alcoholics

Still Climbing

Eighteen years without a drink or a drug is nothing short of a miracle and the grace of God. Thank You, God, for giving me the willingness and perseverance to walk the path You offered me as a way up and out. I'm still climbing and trying my darnedest to grow up and take responsibility for everything You have given me. I am learning acceptance and relief for everything You have taken, as I learn to better appreciate the miles covered and those left to go.

I have been a lousy example of a miracle, but a miracle I surely am. With each passing day, I grow more and more humbled by my undeserved escape from the cascade of poor choices and lack of

confidence in my ability to do more than destroy myself. I cannot believe I was spared. Nothing in me would warrant it, lest Your love for me and some strange scintilla of willingness to sacrifice every easier path for the hardest one of all. This is the path that might ensure enduring hope, that I can keep trying even when I am tired, even when my own character repulses me, even when the cards I've been dealt seem impossible to play.

How is it that I have this tiny ember of hope that whispers to keep trying? It tells me I can get better and be stronger. I

See 'Still Climbing', page 3



HAPPY BIRTHDAY!

Walk the Talk

David R.	9/11/03
Dan R.	9/21/91
Margot B.	9/28/08
Dawn D.	9/21/03
Teresa M.	9/24/18
Jody H.	9/22/89
Lynn C.	9/15/18
Clark W.	9/1/85
Hal	9/8/12
Linda-Marie	9/3/90

Serenity Riders

Dan the Man	9/01/1987
Debora C.	9/26/2001
Greg S.	9/22/1988
Katie S.	9/23/2009
Patrick S.	9/04/2004
Tiny	9/10/2010
Jessica B.	9/17/2018
Kendall H.	9/28/2018
Shannon C.	9/10/2018
Bill C.	9/21/2004
Fred L.	9/06/2004
John B.	9/18/2004
Justin T.	9/16/2017
Rob "Ziptie" B	9/29/2017

Steel Magnolias

Connie R.	7 years
Jamie H.	1 year
Jane C.	26 years

New Woman Group

Laurel B.	29 years
Leigh T.	14 years

Happy Heathens

Kris M.	1 year
Meredith K.	16 years

can become able to endure, and maybe even offer the best parts of me to those people You have placed in my care. Thank You, God, for the ever-growing ability to let go of unsuitable cargo, both in myself and other parts of my life.

Thank You, God, for never asking first, before my eyes are opened and duty laid at my feet.

I pray I become more brave, more honest, more disciplined, more of who I could be, instead of who I am content being. Let the nature of discontent continue to drive me to a clearer vision of myself and other people. Provide the vigilance to seek ever higher ground. Let me be someone my children can be proud of and respect. Let me be someone my husband can adore and admire. Let me be someone who is

worthy of saving, and may I never tire of embracing all that this entails.

-Polly

“Your ladder of success has no limits, so just keep climbing.”

-Tamara Williams



*This month's
“Pint Piece”
for your
personal reflection...*

“Even so has God restored us all to our right minds. To this man, the revelation was sudden. Some of us grow into it more slowly. But He has come to all who have honestly sought Him.”

*-Alcoholics Anonymous,
page 57*

Cultivation

“Cultivate an attitude of gratitude.”

I first read this statement on a little card that was on the literature table at the back of my first meetings. I liked the sentiment then and, although I have not seen the cards for a long time, I like the sentiment now.

When I came into the rooms, I had an “old idea” that people either had gratitude or they didn’t. They either had faith or they didn’t. They had a relationship with a Power greater than themselves or they didn’t. Those old idea availed me nothing. The short statement on a folded little card about the size of an ace of spades changed my thinking.

It comes down to the word “cultivate.” As I was nearing the end of my drinking and drugging days, I was also completing my degree as an English major. I have a fascination with words. I think it’s important to study their precise meanings.

“Cultivate” comes from the Latin word *cultivat-* which means, basically, “prepare for crops.” It’s a farming term. The original meaning broadened and now includes to “try to acquire a skill, quality, or sentiment.”

So “to cultivate” is an action to be taken. My sponsor has suggested that I write a gratitude list when my perception is off in the weeds, telling me that things are so great. Developing the skill of being thankful for my life, of appreciating the things in my current situation, has had to become a conscious action. I don’t go to the place of gratitude naturally on my own. I need to work at it.

A few years into my sobriety, I got depressed a short time after some very beautiful things happened in my life. I shared how I was feeling at a meeting. After the Lord’s Prayer, a man came up to me and handed me a piece of paper. He had written down: “EGO – Edging God Out.” He suggested that I write a gratitude list when things are going well, too, in my sober life.

Writing a gratitude list when things are going well moves me out of the center and reminds me that the blessings of a rich and full sober life are the results of working the Steps, of having a Spiritual Awakening, and of having a relationship with God, *as I understand God*. It shines a light on the promises of the Program.

Making a gratitude list is like taking a shovel or hoe to a garden. Not only am I cultivating a sentiment – my attitude of gratitude – I am also developing my skill of making the gratitude list. It takes deliberate and repeated practice.

Maybe it is like “preparing for crops” after all. When we cultivate gratitude we are preparing to plant the seeds of sobriety with each list and in each day.

-Vince P.

STEP 9:

Made direct amends to such people wherever possible, except when to do so would injure them or others.



TRADITION 9:

“A.A. as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.”

CONCEPT 9:

Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.

TRADITION 9 CHECKLIST:

- ◆ Do I still try to boss things in AA?
- ◆ Do I resist formal aspects of AA because I fear them as authoritative?
- ◆ Am I mature enough to understand and use all elements of the AA program— even if no one makes me do so— with a sense of personal responsibility?
- ◆ Do I exercise patience and humility in any AA job I take?
- ◆ Am I aware of all those to whom I am responsible in any AA job?
- ◆ Why doesn't every AA group need a constitution and bylaws?
- ◆ Have I learned to step out of an AA job gracefully— and profit thereby— when time comes?
- ◆ What has rotation to do with anonymity? With humility?

GROUP CONTRIBUTIONS

April 1 thru August 31, 2019

GROUP NAME 2019-2020	Fiscal Yr. to date	April	May	June	July	August
A Common Solution	\$79.88		\$79.88			
12 Steps From The Morgue	\$100.00		\$100.00			
164 Group	\$205.00		\$205.00			
Apex	\$140.70			\$140.70		
Back to Basics	\$705.49	\$167.21	\$138.26	\$159.89	\$134.66	\$105.47
Big Book Action	\$350.00				\$350.00	
Big Book Study UPH	\$150.00				\$150.00	
Central	\$50.00			\$50.00		
Don't Worry Be Happy	\$519.41				\$519.41	
Downtown Group	\$1,134.00		\$693.00		\$441.00	
Easy Does It	\$477.48		\$145.56		\$331.92	
Ellicott Group	\$390.00		\$390.00			
Foxhall Group	\$150.00					\$150.00
Friday Night Live	\$100.00		\$50.00			\$50.00
Friday Women's Group	\$283.00		\$148.00			\$135.00
Good Ole Boys	\$50.00	\$50.00				
Happy Destiny	\$247.69		\$134.51			\$113.18
Happy Heathens	\$278.50	\$116.50		\$56.25	\$57.00	\$48.75
High Nooners	\$75.00				\$75.00	
H.O.W.	\$44.00		\$44.00			
Into Action Group	\$399.00				\$399.00	
Keystone to Recovery	\$150.00		\$150.00			
Little Log Church Group	\$70.00	\$70.00				
Living Sober South	\$152.61			\$93.86	\$58.75	
M.A.G.	\$404.00	\$154.00			\$250.00	
New Beginners	\$250.76		\$250.76			
New Woman	\$320.41	\$180.08			\$140.33	
No Rules Just Suggestions	\$133.64				\$78.89	\$54.75
Northwesters	\$300.00			\$300.00		
Off The Wall	\$81.30			\$40.65		\$40.65
One Day at a Time	\$25.20	\$25.20				
Pre-Dawn Group	\$300.00		\$300.00			
Recovery in Action	\$690.00	\$422.00				\$268.00
Saturday Early Morning Mtg.	\$152.40				\$152.40	
Serenity Hour	\$225.00	\$75.00	\$50.00	\$25.00	\$50.00	\$25.00
Serenity Riders	\$316.08					\$316.08
Sober Sisters	\$86.66			\$42.92	\$43.74	
Sought Through Prayer & Meditation	\$103.43			\$72.87		\$30.56
Steel Magnolias	\$196.88	\$118.90				\$77.98
Sunlight of the Spirit	\$135.00			\$135.00		
There is a Solution	\$30.00			\$15.00		\$15.00
Thursday Noon Group	\$51.75				\$51.75	
Thursday Men's Group	\$1,260.00	\$260.00			\$1,000.00	
Turning Point	\$40.00				\$40.00	
Ute Pass Breakfast Group	\$75.00	\$37.00			\$38.00	
Veterans for AA	\$75.00		\$25.00	\$25.00	\$25.00	
Walk the Talk	\$2,125.00	\$425.00	\$425.00	\$425.00	\$425.00	\$425.00
We Are Not Saints	\$744.56	\$191.35			\$553.21	
Woodland Park Thursday Noon	\$45.00	\$45.00				
Woodland Park Book Study	\$326.57	\$141.00			\$185.57	
WOW Group	\$150.00					\$150.00
Young People	\$393.32		\$199.19			\$194.13
Monthly Totals:		\$2,478.24	\$3,528.16	\$1,582.14	\$5,550.63	\$2,199.55
YTD Total of All Groups	\$15,338.72					

A Message from Your Colorado Springs Area Service Office Manager:

“The Intergroup (Central Office) associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous. Let us warmly support Intergroup.” Bill W., 1949

The Colorado Springs Area Service Office became incorporated on April 26, 1982 under the name of *Corporate Body of the Colorado Springs Area Service Office* and was determined to be exempt from Federal Income Tax under section 501(c)3 of the Internal Revenue Code on November 3, 1983.

Fast forward 37 years and the Colorado Springs Area Service Office (CSASO) is still performing the same vital work for the groups as they did back then. The CSASO involves partnership among groups in the community – just as A.A. groups themselves are a partnership of individuals.

The CSASO is here to serve you and the A.A. groups as described in Tradition Nine “Directly responsible to those they serve.” Groups are encouraged to send a representative to our monthly Intergroup meetings, held the second Tuesday of each month at the First United Methodist Church, 420 N. Nevada Avenue (entrance is off of Boulder Street and in the Community Room), where the two way flow of information takes place.

Although the CSASO report is informative, the best way to really understand the CSASO is to come visit us at 1353 S. 8th Street, Suite 209. Come have a cup of coffee and hang out. You can hear the volunteers, who are the “heart line” of the office, answer the phones and talk to the new drunk who needs help. You can pick up flyers about A.A. events happening in our fellowship. Feel free to also check out the wide array of AAWS and Grapevine literature that we provide as a service to the fellowship.

Most of all, we hope you stop by the CSASO office and see the unity and sense of service and responsibility to help the still suffering alcoholic as well as the alcoholic that is in Recovery. The magic happens when one alcoholic talks to another alcoholic and your Area Service Office acts as a first point of contact.

Connie L.

Email: serviceoffice@coloradospringsaa.org

Phone: 719-573-5020

Website: www.coloradospringsaa.org

Announcements



New Meetings & Changes



Meeting Guide

Looking for a meeting fast?

The meeting guide goes with you! The app that helps people get and stay sober is available FREE to anyone! Just go to the app store and search for “meeting guide.” Download this app and find a meeting near you at various times of day!

Take Note on the following changes and NEW meetings!

“The North 40”
Sunrise Church

2655 Briargate Blvd. Rooms 206-206
TUESDAYS at 6:00 pm

2 New Big Book Study Meetings:

1. Central Group (Open)
309 Hancock Avenue

*west side of Memorial Park
TUESDAYS at 8:15 pm

2. “No Rules, Just Suggestions”
Area Service Office

1353 S. 8th Street Suite 209

*enter on road next to Gearonimo Sports
MONDAYS thru FRIDAYS at 6:00 am

“The Step House Meeting”
1910 N. Chestnut St.

*garage behind the house
Wednesdays at 6:00 pm

CANCELLATION:
Big Book Back to Basics
Wednesdays at 7:00 am

Hey Pint Readers...

This is your newsletter! Tell us what you would like to see included each month. What encourages you? Or, share your journey to encourage others.

Email: pint@coloradospringsaa.org

Have a question for the Intergroup Board?

Email: board@coloradospringsaa.org

Walk the Talk Speakers:

September 7: Chris

September 14: John B.

September 21: Delores N.

September 28: Katie S.

Reminder

If you have a meeting change, a new post to advertise, sobriety celebrations from your home group, or ANY other announcements you would like to see printed in the Pint, please send an email with all of the information to pint@coloradospringsaa.org
PRIOR TO THE 17th OF EACH MONTH!

LOCAL SERVICE OFFICE

Open: Tuesday - Friday 9 a.m. to 5 p.m.

Closed: Saturday - Monday
1353 South 8th Street, Suite 209
Colorado Springs, CO 80905
719.573.5020

Email: serviceoffice@coloradospringsaa.org
Web: www.coloradospringsaa.org

JOIN A COMMITTEE MEETING!

BRIDGING THE GAP:

7:00 pm, 4th Tuesday of the month, Area Service Office
1353 South 8th Street, Suite 209, Colorado Springs

PIKES PEAK PINT:

5:30 pm, 3rd Thursday of the month, Area Service Office,
1353 South 8th Street, Suite 209, Colorado Springs,

CORRECTIONS:

9 a.m., 3rd Saturday of the month Sacred Heart Parish Room
10, southeast corner of 21st & Colorado Ave.

PI (PUBLIC INFORMATION):

1 p.m., 4th Saturday of the month
Sand Creek Library, 1821 S. Academy Blvd.
large study room. This group meets with CPC.

CPC (PROFESSIONAL COMMUNITY):

1 p.m., 4th Saturday of the month
Sand Creek Library, 1821 S. Academy Blvd.
large study room. This group meets with PI.

PROGRAMS:

6 p.m., 4th Thursday of the month, Colorado Springs Area
Service Office, 1353 S. 8th St., Suite 209.

NIGHTWATCH:

7 p.m., 1st Tuesday of the month
Sacred Heart Parish, 21st and Pikes Peak Ave.
Room 10, following the New Beginners' meeting

DISTRICT 7:

7 p.m., 3rd Tuesday of the month
First United Methodist Church,
420 N. Nevada, Room 135 (Boulder Street access)

WHERE TO SEND CONTRIBUTIONS

Please include your group name and group number on the check

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs
Area Service Office
1353 South 8th St., Suite 209
Colorado Springs, CO 80905

~ GENERAL SERVICE OFFICE ~

Payable to: GSO
P.O. Box 459/Grand Central Station
New York, NY 10163

~ AREA 10 ~

Payable to: Area 10 Treasurer
12081 W. Alameda Parkway, #418
Lakewood, CO 80228

~ DISTRICT 7 ~

Payable to: District 7,
P.O. Box 26252,
Colorado Springs, CO 80936

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee
P.O. Box 40368,
Denver, CO 80204

• **CASH ACCEPTED IN PERSON ONLY** •

How much did *YOU* spend on a drink?

Please help others

Consider throwing \$2 into the basket when it comes around. Also, once a year, donate \$1 for each year of sobriety to the General Service Office, the Area Service Office, or both. It costs money to spread the hope of a new life worth living through AA.

Please see coloradospringsaa.org

Corrections Workshop



October 5, 2019

Sacred Heart Catholic Church Gymnasium

2021 West Pikes Peak Avenue

Area 10 Committee Meeting 9—10 a.m.

Brunch: 10—10:30 a.m.

Volunteer Workshop 10:30—1:00 p.m.

Presentations, Panels, Q&A, Fun, Food (please bring a side dish) and Fellowship as we explore service in Corrections.



Gratitude Dinner



Save the Date



November 9, 2019
6-8 p.m.

Sacred Heart Catholic Church
2021 W. Pikes Peak Avenue 80904
More Details to Follow!