



THE PIKES PEAK PINT

May 2022

A newsletter for the Pikes Peak Region of Alcoholics Anonymous

Intergroup Vice-Treasurer Availability

During the June 14, 2022 Intergroup Monthly Meeting, a special election will be held for a Vice-Treasurer to serve until March 31, 2023.

Suggested Requirements include at least 4 years sobriety; familiarity with bookkeeping, accounting and budgets; fluency in QuickBooks and Microsoft Excel; must have a computer and be familiar with Microsoft Word.

Feel free to contact the Area Service Office for further information at (719) 573-5020 or email: serviceoffice@coloradospringsaa.org

Don't Forget Our Pamphlets

I've been answering phones and helping out at the Denver Central Office now for just about a decade, and not only has it been a most consistent AA Service Opportunity, it has been the most educational. For most of the time my mentor was our Retired Office Manager, Jo N. One of the (many) things that Jo shared with me was that her knowledge base really grew when she was a volunteer because she got in the habit of reading a pamphlet each time she worked a shift.

During this coronavirus period, while I'm answering phones at home, I find myself talking to family members of alcoholics. When I do, I often find myself grabbing my newcomer packet and explaining to them under what AA Does Not Do, that we don't "furnish initial motivation for alcoholics

to recover."

Last week I took the opportunity, before I returned my packet to the shelf, to reach the pamphlet "This is AA" again. Wow! What a terrific explanation it is of what we do here in AA.

This week I got four calls in a row from family members and friends of alcoholics. It seems that during this period of isolation, we alxies are especially difficult to live with.

The best help I could give them was to go to our website, where they can point and click a downloadable version of this wonderful resource, which does a far better job of explaining and answering questions than I can.

In service,
John Z.



Can AA go on Changing for the Better?

AA's first quarter century is now history. Our next twenty-five years lie in prospect before us. How, then, can we make most of this new grant of time?

Perhaps our first realization should be that we can't stand still. Now that our basic principles seem established, now that our functioning is fairly effective and widespread, it would be temptingly easy to settle down as merely one more useful agency on the world scene. We could conclude that "AA is fine just the way it is."

Yet, how many of us, for example, would presume to declare, "Well, I'm sober and I'm happy. What more can I want, or do? I'm fine the way I am." We know that the price of such self-satisfaction is an inevitable backslide, punctuated at some point by a very rude awakening. We have to grow or else deteriorate. For us, the "status quo" can only be for today, never for tomorrow. Change we must, we cannot stand still.

Just how, then, can AA go on changing for the better? Does this mean that we are to tinker with our basic principles? Should we try to amend our Twelve Steps and Twelve Traditions?

Here the answer would seem to be "no." Those twenty-four principles have first liberated us, have then held us in unity, and have enabled us to func-

tion and to grow as AA members and as a whole. Of course, perfect truth is surely something better understood by God than by any of us. Nevertheless, we have come to believe that AA's recovery Steps and Traditions do represent the approximate truths which we need for our particular purpose. The more we practice them, the more we like them. So there is little doubt that AA principles continue to be advocated in the form they stand now.

So then, if our basics are so firmly fixed as all this, what is there left to change or to improve? The answer will immediately occur to us. While we need not alter our truths, we can surely improve their application to ourselves, to AA as a whole, and to our relation with the world around us. We can constantly step up "the practice of these principles in all our affairs."

As we now enter upon the next great phase of AA's life, let us therefore rededicate ourselves to an ever greater responsibility for our general welfare. Let us continue to take our inventory as a Fellowship, searching out our flaws and confessing them freely. Let us devote ourselves to the repair of all faulty relations that may exist, whether within or without.

And above all, let us remember that great legion who still suffer from alcoholism and who are still without hope. Let us, at any cost or sacrifice, so improve our communication with all these that they may find what we have found—a new life of freedom under God.

-Bill Wilson, ©The A.A. Grapevine, Inc., February 1961



<https://www.aagrapevine.org/>

Experience, Strength and Hope

A Local Story Of 17 Years Sober

What it is was like, what happened and what it's like now. I just celebrated my 17th year without having to take a drink. That's a far cry from where I was when I started drinking at fourteen and I remember that day like it was yesterday. I started with a quart of screwdriver. I had a great buzz, happy, in charge, aggressive and laughing uncontrollably.

I drank all through high school, and it only got worse from there. I signed up for trigonometry my junior year and by the first quarter my teacher suggested I drop his class. I would drink a 1/2 pint on the way to school and ended up sleeping thru his lecture and that is when I realized I would rather drink than go to school.

For the next 28 years I chased that high, sometimes I found it but more times I didn't. I was a black out drinker from the beginning and so much of my drinking history I don't remember.

My first real job was in the only local industry in my one stop light town and I lived the "work hard and play hard" mentality.

Hangovers were just the cost of doing business and that became my mantra.

By the time I made a geographical change to Pennsylvania I had been arrested a few times, a handful of DIU's a couple drunk in public and fleeing and illuding. You might be an alcoholic if the county judge knows you by your first name.

From the day I left that Indiana town I never got arrested again. Successful geographic move? No consequences contributed to my low bottom before I decided to get off that drinking elevator. I did continue to be a lack luster employee and lied about who I was for the next 10 years. I faked migraines, I faked deaths in the family, lied about doctors' appointments and car breaking down, anything it took to get more time to drink.

In 2004 I was drinking a 1/2 gallon of vodka a day. The local liquor store got \$ 20 per day from me, 1/2 gallon and a pack of smokes. By the time I took my last drink I had spent all my unemployment, savings and 401K and only had one person who hadn't given up on me. The last day I drank was just like any other day, I was

living with a friend and when I asked her to take me to the liquor store, she asked me to "just not drink today" I did, and I know today that was my higher power jumping in. I didn't know that was going to be the last day I would drink, and I sure didn't have a clue to what I was going to do the next day, but I started a life of surrender to win.

I found an AA meeting close to home and they allowed smoking, but I didn't know I was about to find a path to living without alcohol. It was an all-men's meeting, didn't even know what that meant at the time, but I knew if I didn't try something I would be kicked to the curb holding a sign begging for help. I was not going to let that happen, those are the people I felt sorry for and whom I gauged my drinking, "I am not an alcoholic I still have a roof over my head" but soon I would learn differently.

My first meeting I got a sponsor appointed to me, I got a living sober book with all the names and numbers of the men who were in that meeting. During my first conversation with my sponsor he asked a couple questions. Are you willing to do anything it takes to stay sober? Do you have a job, and do you want to go to the detox because you are shaking so bad you may die tonight if you don't! I said yes to whatever it takes and always grateful I did.

I did say no to the job and detox, he said great there is a beginner meeting every day at 4:30 and you will be here. Since you don't have a job, you can go to more than one meeting because we have four other meetings in this house. I went to a lot of meetings that first year, only missed 2 days because I was sick. FYI that wasn't a good enough excuse to miss meetings so I was voluntold to do some extra service work, "service work will keep you sober" was something I heard almost every meeting I attended. Don't remember much that first month but I can tell you I went to a meeting every day. I prayed every day, I called my sponsor every day, I read AA literature every day and I did NOT drink every day. I started working the steps and was assured that step 1 was the only one I needed to work perfectly. "Even if your ass falls off, you pick it up and bring it to a meeting".

I believed in God but did not want anything to do with him, no foxhole prayers for me, I got this! Oh, how that relationship changed for me

Experience, Strength and Hope

A Local Story Of 17 Years Sober, Continued

and today I still lean on my higher power and try to do his will not mine.

When it came to the fourth step, I was o.k. working this step, only because my sponsor told me it was only a list, but the kicker was I had to be honest and thorough. I had been a liar since I was fourteen, but I gave it my best. The fifth step was a very rewarding step because it lightened that load I had been carrying for so long. I started having faith in AA and that it could work for me. I listed All my character defects and carried that list with me every day and when one popped up, I took out the list, circled the defect, and asked God to help me take it away.

I had worked the 10th step since the beginning and believe me by the time I laid my head down to sleep I had plenty of amends to make, and so I did!

I remember when I finally felt part of something and not just selfishly using AA for my benefit. It was my first spiritual retreat, and I was not sure I needed any help from God but again I was told to "fake it until you make it" so I did.

I bonded with three other newcomers to the retreat, and we became inseparable. The "Four Amigos!" were our nick names, four guys from different backgrounds and different drinking stories. We hung together in those early times of sobriety and we still get together once a year or so.

I had plenty of amends to make, not all went well but I did them anyway. The 11th step is the one that I work the hardest still today. I came into AA a broken man without any friends very few family members that wanted to be around me. Other than the men in AA, I only had my higher power left to trust. I continue working on this relationship daily, seeking his will for me and putting mine aside.

I have found that step 1, not drinking is the easy part of this program, it is the living, building relationships and being of service that has been the hard part.

The 12th step gives me the opportunity to share with another alcoholic how I got where I am today. I tell my sponsees that the worst thing you can do is give advice, or not be willing to do what you ask of other men to do in the program.

So, if you do not believe in miracles just trust that we do, if you don't believe in God just trust that we do. My life is way better than I could ever imagine and I am grateful for all I have.

My wife and I moved to Colorado in 2012 to be closer to her family. The one family member who didn't give up on me followed me out here a few years ago too. I have a wife and she is an "earth person" who can drink 1 1/2 beers and stop. She is caring and giving of herself, Qualities I strive to have as well.

I am glad I don't have the cure for being a drunk so that ensures I need to keep coming back to AA. All the gifts I have today, I owe to this program, my sponsor and God. I have more good days than bad, and I try to give more than I take. Life struggles have taught me to be grateful and share what I have learned with others. When all else fails and I am that tornado in the lives around me, I turn to service work. It has always been a big part of my program and I don't see me changing anytime soon.

Congrats on today it is a gift and when your head hits the pillow without taking a drink you have had a wonderful day.

Marc R.



May Celebrations

We Are Not Saints

Fernando R 5/21/1988

Sunset Sobriety

Gary B 5/01/2021

Tuesday Women's

Marykatherine 5/17/1982

Lori S. 5/15/2002

Michelle G. 5/7/2013

Valerie C. 5/29/2013

Danielle D. 5/5/2020

Laura M. 5/18/2020

Yolanda G. 5/02/2021

Jordan Ramsay
5/26/2021

Please email your group's celebrations to pint@coloradospringsaa.org

News For You

Saturday May 7th is our Longtimers luncheon.

Lunch is from 11:30-2:30

Speakers:

Curt N. 58 years.

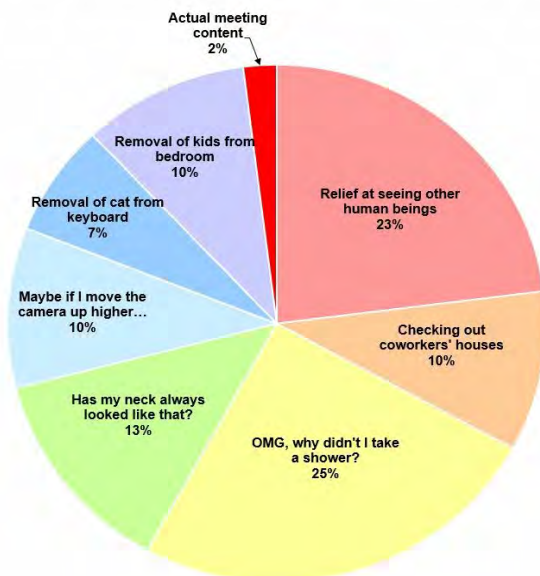
Heidi S. 38 years

Sacred Heart Gym

2021 Pikes Peak Ave.

- 1) Intergroup, The Service Office, and the Pint wish to thank Glen G. for 18 months as The Pint's Editor.
- 2) The Founder's Day Picnic for June 11th is returning to Bear Creek Park. Stay Tuned for more updates
- 3) The Area Service Office will have an open house and BBQ on Saturday, August 13, 2022 from 11:00—1:30. [10% discount on all products.](#)
- 4) Help us Welcome Michael H. as our new editor. Please contribute personal stories so Michael has something to do!!

Diagram of Zoom Meeting Attention Span

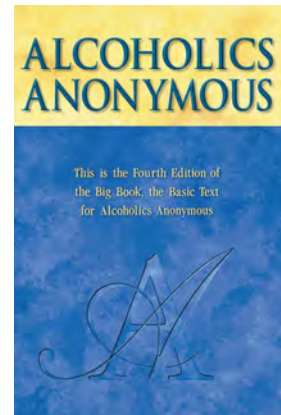


This month's

"Pint Piece"

for your

personal reflection...



“This is the How and why of it. First of all, we had to quit playing God. It didn't work. Next, we decided that hereafter in this drama of life, God was going to be our Director. He is the Father, and we are his children..”

The Big Book of Alcoholics Anonymous,
Page 62, Chapter 5, "How it Works"

STEP 5

“Admitted to God, to ourselves, and to another human being the exact nature of our wrongs .”



TRADITION 5

“Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.”

TRADITION 5 CHECKLIST

1. Am I willing to firmly explain to newcomers the limitations of AA help, even though they may get mad at me for not giving them a loan? Dating Advice? Or help with a job?
2. Have I ever imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
3. Am I willing to Twelfth-Step the next newcomer without regard to who or what is in it for me?
4. Do I help my group in every way to fulfill our primary purpose?
5. Do I remember that AA long-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?
6. Does our group ever use money from the basket for dinners or events or for memorials for members who have passed on?

CONCEPT 5

“Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.”

LOCAL SERVICE OFFICE

Open: Tuesday - Friday 9 a.m. to 5 p.m.

Closed: Saturday - Monday

1353 South 8th Street, Suite 209

Colorado Springs, CO 80905

719.573.5020

Email: serviceoffice@coloradospringsaa.org

Web: www.coloradospringsaa.org

JOIN A COMMITTEE MEETING!

This is a great way get involved in your AA community!

PIKES PEAK PINT

Contact Michael H at pint@coloradospringsaa.org with stories and upcoming birthdays in your homegroup ('specially if it's YOURS!)

CORRECTIONS

4th Saturday Monthly at 10:00 a.m.

Area Service Office

1353 S. 8th Street #209

PI (PUBLIC INFORMATION)

2nd Saturday Monthly at 2:30 p.m.

Pikes Peak Library 21C

1175 Chapel Hills Drive

CPC (Cooperation with the Professional Community)

3rd Sunday Monthly at 3:30 p.m.

Area Service Office

1353 S. 8th Street #209

TREATMENT

2nd Saturday at 9:00 a.m.

Area Service Office

1353 S. 8th Street #209

DISTRICT 7

3rd Tuesday of the Month

Legacy Wesleyan Church

502 N. Walnut Street

Online via Zoom:

Zoom ID: 861 6155 4788

Passcode: 859202

INTERGROUP MONTHLY MEETING

2nd Tuesday at 7:00 p.m.

210 N. Corona Street

And via Zoom

Zoom ID: 895 839 8739 Passcode: 040352

WHERE TO SEND CONTRIBUTIONS

Please include your group name and group number on the check

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs

Area Service Office

1353 South 8th St., Suite 209

Colorado Springs, CO 80905

~ GENERAL SERVICE OFFICE ~

Payable to: GSO

P.O. Box 459/Grand Central Station

New York, NY 10163

~ AREA 10 ~

Payable to: Area 10 Treasurer

12081 W. Alameda Parkway, #418

Lakewood, CO 80228

~ DISTRICT 7 ~

Payable to: District 7,

P.O. Box 26252,

Colorado Springs, CO 80936

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee

P.O. Box 40368,

Denver, CO 80204

**How much did *YOU* spend on a drink?
*Please Help.....***

Consider putting \$5 in the basket each time you're at your home group meeting. Didn't we spend more than that during happy hour at our favorite bar or liquor store?

**Contribute at
coloradospringsaa.org
THANK YOU!**

2022-2023 Group Contributions

	A	B	C	D	E	F	G	H	I	J	K	L	M	N
1	2022-23 Groups	FYE	April	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar
2	A Common Solution													
3	APEX													
4	Back to Basics	\$563	\$563											
5	Beacon Light													
6	Big Book Action	\$250	\$250											
7	Black Forest Group													
8	Central													
9	Clean Air													
10	Don't Worry Be Happy	\$213	\$213											
11	Downtown													
12	Easy Does It													
13	Ellicot Group													
14	Florissant Brown Baggers													
15	Florissant Step Study													
16	Fountain 2.0													
17	Foxhall													
18	Friday Night Live													
19	Friday Night Living Free													
20	Friday Women's	\$395	\$395											
21	Girl's Night Out													
22	Good Ole Boys													
23	Grace PPG	\$449	\$449											
24	Happy Destiny													
25	Happy Heathens													
26	High Noon	\$300	\$300											
27	H.O.W.													
28	Keystone to Recovery	\$100	\$100											
29	Into Action	\$211	\$211											
30	Little Log Cabin	\$266	\$266											
31	Living Sober South													
32	One Six Four													
33	MAG	\$250	\$250											
34	Men's Anonymous	\$270	\$270											
35	Morning Trudge													
36	Natural High													
37	New Beginners	\$216	\$216											
38	New Woman	\$156	\$156											
39	Northwester's													
40	Old North End													
41	Palmer Lake Group													
42	Pinnacle													
43	Pre-Dawn													
44	Primary Purose Alano													
45	Recovery in Action													
46	Red Cloud Meeting													
47	Saturday Early Morning													
48	Saturday Morning WP	\$10	\$10											
49	Security Eye Opener	\$200	\$200											
50	Serenity Hour													
51	Serenity Riders	\$450	\$450											
52	Sober Sisters	\$29	\$29											
53	Sought Thru Prayer	\$217	\$217											
54	Steel Magnolias	\$72	\$72											
55	Sunday Morning Speaker													
56	Sunlight of the Spirit	\$250	\$250											
57	Sunset Sobriety													
58	Taking Steps													
59	Thursday Recovery in Action													
60	Thursday Mens Group													
61	Tues 5:30 Meditation													
62	Twelve Steps from the Morgue	\$155	\$155											
63	Walking on Water													
64	Walk the Talk	\$137	\$137											
65	We are Here	\$57	\$57											
66	We are not Saints	\$762	\$762											
67	Women of Grace													
68	Woodland Park Study													
69	Woodland Park Tues													
70	W.O.W.													
71	Young People's													
72	Monthly Totals		\$5,978	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
73	FYTD Total	\$5,978												

APRIL GROUP CONTRIBUTIONS



Color My World

With Recovery 2022

Calling
All Artists
and

Coloring Enthusiasts!



Let us use your
recovery related art as
our decor for the
Longtimers Luncheon
Gratitude Dinner
And
Alcothon



Coloring, Painting,
Sculpture, Glass,
Photography, Writing,
Jewelry, Pottery, etc.



All pieces considered.

Deliver Art to:

Area Service Office
1353 S. 8th Street
Suite 209
(719) 573-5020

Loan or Donate

For viewing at
the
2022 Program's
Social Events

Art Show/Auction

During the
2022
Alcothon
12.31.2022



Volunteers needed to facilitate this event.

Please Text with questions, art drop off or pick up requests:

Kimberly H. 719.492.1238 or Heidi S. 719.491.4875

Color My World

With Recovery



Longtimers Luncheon



Saturday, May 7th



11:30 a.m. - 2:30 p.m.
Lunch served at Noon



Sacred Heart Gym
2021 W. Pikes Peak Ave



18+ Years of Sobriety
Lunch is Complimentary



Suggested
\$11 Contribution

Speaker

Curt N. with
58 years of sobriety
and
Heidi S, with 36
Years sobriety

Lunch Menu

Lasagna
Salad
Garlic Bread
Please bring a
dessert to share

RSVP

Longtimers
ONLY
Area Service
Office
719-573-5020

Longtimer Need a Ride?

Call the Area
Service Office by
April 20 to make a
reservation

Volunteers needed to facilitate this event.
Please Text with hours available to assist:
Kimberly H. To volunteer (719) 492-1238



CPA / Bookkeeper

Deadline to submit a resume is Friday, May 27, 2022



**TWO
PART-TIME
POSITIONS
AVAILABLE**

Our CPA
has retired!



CPA

To Prepare our
501(c)3 annual
tax return

Bookkeeper

To prepare and file
quarterly sales tax
reports and 990

Questions
and
to apply contact the
Area Service Office
(719)-573-5020

serviceoffice@coloradospringsaa.org



Memorial Day Barbeque

Date: May 30, 2022

Day: Monday

Time: 1:15 – 5:30 PM

Location: Red Cloud Serenity Club



Bring a dish to share!

We'll provide the burgers and hot dogs!

Music & Games!





Create the Fellowship We Crave

**Area 10 – Colorado
State Convention
August 26–28, 2022
Now in Pueblo!**

We Hope You'll Join Us!

The convention runs from
3 PM Fri. to 12 PM Sun.

Questions:

Eric H. 720-940-3060
a10convention@hotmail.com

Register online:

with a credit card at
convention.coloradoaa.org or
by check with the mail in
registration form below.

Location: Pueblo Convention Center, 320 Central Main St
Pueblo CO 81003 • 719-542-1100

Lodging: Please see convention.coloradoaa.org

Parking: Free garage parking across Convention Center

Speakers & Events:

Fri. Night.....Ashlee M, Denver, CO

Fri. Night.....Ice Cream Social

Sat. Luncheon.....Al-Anon: Alice G. Arvada, CO

Sat. Night.....Banquet Dinner

Sat. Night.....Al-Anon: Fr. Tom W. San Francisco, CA.

Sat. Night.....AA: Bob D. Las Vegas, NV

Sun. Morning.....Jennifer H-K. Plano, TX

Mail in registration form - One per person

Must be postmarked by 8/19/2022

Checks payable to: Area 10 Convention – Do not send cash

Detach & mail to: 2022 State Convention

P.O. Box 346

Longmont, CO 80502

Full Name: _____

Name on badge: _____

Home Group: _____

Street: _____

Phone: _____

City: _____

Email: _____

State: _____

Zip: _____

Scholarship \$ _____

I'd like to volunteer!

Registration \$35

Bottomless Coffee Mug \$20

Ice Cream Social \$10

Saturday Luncheon \$30

Saturday Banquet \$40

Dance \$5

Package \$120 (includes registration)

Total \$ _____

Presented by
Area 10
Alcoholics
Anonymous

In cooperation with
Area 5 Alanon
Family Groups

For special needs consideration, please email: a10convention@hotmail.com