



Pikes Peak Pint

March

2011



The Pikes Peak Pint is a monthly AA-oriented newsletter proudly serving Colorado Springs and its surrounding communities.

AREA MEETING CHANGES, DELETIONS, ADDITIONS

- The 12X12 STEP STUDY Downtown Group that meets Sundays at 7 p.m. is **CANCELLED**.
- THE OASIS GROUP (closed, handicap access) Big Book Study, Unity Church of the Rockies, 1945 Mesa Rd., Mesa & 19th Street (NEWCOMERS WELCOME)
- THE BREATH OF LIFE Big Book Study that meets Thursdays at 7:30 p.m. at Faith Covenant Church, 4965 Barnes Road is **CANCELLED**.
- STEPS BY THE BOOK & TRADITIONS GROUP is a **NEW** meeting from 6 p.m. to 7:15 p.m. at the Red Cloud Serenity Club, 10400 Ute Pass Ave. Green Mountain Falls, CO.
- THE 4TH DIMENSION GROUP that meets Sundays at 9 a.m. is **CANCELLED**.
- The DETOX meeting that meets daily at 8 p.m. is **CANCELLED**
- THE FELLOWSHIP HALL meeting that meets Mondays at 8 p.m. is **CANCELLED**.
- THE LIVING FREE-GAY FRIENDLY GROUP (Open) that meets Fridays at 7 p.m. is **MOVING** March 5, 2011 to Unity Church of the Rockies, 1945 Mesa Rd., Mesa & 19th Street.



I'm not alcoholic. I just drink beer.

Joke of The Day

Once Over Lightly
March 1970

JUDGE: "You're charged with habitual drunkenness. What is your excuse?"
DRUNK: "Habitual thirst, your honor."

SAVE THE DATE!

The 2011 Longtimers' Dinner will be held on
April 9 from 6 to 9 p.m.

First United Methodist Church
420 N. Nevada Avenue
Fellowship Hall in the basement.

See you there!

LOCAL SERVICE OFFICE

Hours: T-F 9 a.m. to 5 p.m., SAT 9am-12pm

Location: 1353 South 8th Street, Suite 209
Colorado Springs, CO 80905

719-573-5020

E-mail: serviceoffice@coloradospringsaa.org
Web site: www.coloradospringsaa.org

Contact the Service Office for Intergroup Information
or Chair phone numbers.

DISTRICT COMMITTEES

CORRECTIONS
Renee J. - Chair
Stephen P. - Vice Chair
corrections@coloradospringsaa.org

PUBLIC INFORMATION
Beth G. - Chair
OPEN - Vice Chair
pi@coloradospringsaa.org

CPC
(COOPERATION WITH THE PROFESSIONAL COMMUNITY)
Larry S. - Chair
OPEN - Vice Chair
cpc@coloradospringsaa.org

TREATMENT
Mike H. - Chair
OPEN - Vice Chair
treatment@coloradospringsaa.org

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Tomas M. - Chair
Megan H. - Vice Chair
programs@coloradospringsaa.org

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Adrienne A. - Chair
Amiee F - Vice Chair
pint@coloradospringsaa.org

VOLUNTEER
Cissy - Chair
Adrienne - Vice Chair
programs@coloradospringsaa.org

NIGHTWATCH
Dana - Chair
Jessica S. - Vice Chair
nightwatch@coloradospringsaa.org

WEB SITE
Bert B. - Chair
Dana E. - Vice Chair
webmaster@coloradospringsaa.org

ARCHIVES
Frank - Chair
Tony G.- Vice Chair
archives@coloradospringsaa.org

CONTRIBUTION ADDRESSES*

AREA SERVICE OFFICE
Make check or money order payable to:
Area Service Office
Include Group Name and Number on check.

Send to:
Colorado Springs Area Service Office (CSASO)
1353 South 8th Street, Suite 209
Colorado Springs, CO 80905

GENERAL SERVICE OFFICE
Make check or money order payable to: General Fund
Include Group Name and Number on check.

Send to:
General Service Office (GSO)
PO Box 459, Grand Central Station
New York, NY 10163

AREA 10
Make check or money order payable to: Area 10
Include Group Name, Number, and District #7 on check.

Send to:
Area 10 Treasurer
12081 West Alameda Parkway #418
Lakewood, CO 80228

DISTRICT
Make check or money order payable to: District #7
Include Group Name, Number, and District # on check.

Send to:
District 7
P.O. Box 26252
Colorado Springs, CO 80936-6252

PINK CAN CONTRIBUTIONS
Make check or money order payable to:
Area 10 Corrections Committee
Include Group Name and Number on check.

Send to:
Pink Can Contribution
P.O. Box 1949
Carbondale, CO 81623

**Cash accepted in person only, please do not mail.*

Please e-mail sobriety anniversaries,
announcements, letters to the editor, and e-mail
subscription requests to the Pikes Peak Pint before the
20th of each month!
pint@coloradospringsaa.org

Your Area Service Office and Intergroup would like you know how very much we appreciate your personal contributions!



Thank you!

In the month of January
we received

- 8** Grateful Giver contributions,
- 3** Personal contributions and
- 2** Birthday Contributions!

GROUP CONTRIBUTIONS - THANK YOU FOR ALL OF YOUR SUPPORT!!!

GROUP NAME (2010-2011)	Yr. to date	January	Little Log Group	\$0.00	
Above The Bar Group	\$230.00		Living Free	\$26.30	
After Hours	\$82.40		Living Sober	\$74.00	
Apex	\$337.50		M.A.G.	\$861.39	\$186.53
At The Inn		\$36.26	Motherlode	\$0.00	
Back to Basics	\$794.09	\$89.50	Natural High	\$100.00	\$100.00
Beacon Light	\$150.00		New Beginners	\$640.66	\$115.78
Big Book Action	\$645.52		New Woman	\$654.45	\$122.18
Big Book Study UPH	\$250.00		Northwesters	\$278.44	
Black Forest	\$555.71	\$150.67	Not A Glum Lot	\$0.00	
Breath of Life	\$78.00		Oasis Group	\$99.75	
Broadmoor	\$109.00		Off The Wall	\$309.00	
Brown Baggers	\$100.00		Outright Mental Defectives	\$0.00	
Celebrating Diversity	\$0.00		Pass It On	\$0.00	
Central	\$5.00		Pathfinders	\$0.00	
Clean Air Group	\$445.00		Penrose Discussion	\$0.00	
Clean Slate Noon Meetings (Gratitude)	\$209.68		Plug in the Jug	\$320.00	\$150.00
Don't Worry Be Happy	\$273.40	\$145.00	Pre-Dawn Meeting	\$0.00	
Down By The Creek	\$0.00		Progress Not Perfection	\$289.84	\$117.51
Downtown Group	\$960.36		Recovery in Action	\$300.00	
Drylander's Group	\$102.80	\$55.70	Rule #62	\$0.00	
Old North End Study Group	\$259.00		Saturday Early Morning Mtg.	\$0.00	
Easy Does It	\$350.00		Security Eye Opener	\$105.45	
Ellicott Group	\$200.00		Serenity Riders	\$412.73	
Eye Opener	\$0.00		Serenity Sisters	\$741.38	
1st 164 Pages	\$72.95		Silver Key Seniors	\$100.00	\$25.00
4th Dimension	\$0.00		Solutions at 5:30	\$161.72	
Far North Group	\$0.00		Solutions at Noon	\$790.00	\$90.66
Fountain of Sobriety	\$0.00		Steel Magnolias	\$366.00	\$58.50
Foxhall Group	\$271.84		Stepping Stones	\$77.80	\$50.00
Freedom From Bondage	\$0.00		Sunday Morning Speaker	\$480.00	
Happy, Joyous & Free	\$183.37		Sunday Night Big Book Study (Clean Slate)	\$125.00	
Friday Night Live	\$100.00		Sunlight of the Spirit - (Monument)	\$100.00	\$100.00
Friday Women's Group	\$897.51		Taking Steps	\$526.24	
Gals of Woodland Park	\$0.00		Then and Now	\$400.00	\$250.00
Gift of the Heart	\$0.00		Thursday Mens	\$679.32	\$300.00
Good Ole Boys	\$350.00		Thursday Noon--Woodland Park	\$195.00	\$50.00
H.O.W.	\$50.00		Ute Pass Breakfast	\$120.00	\$60.00
Half Pint Group	\$171.00		Veterans for AA	\$100.00	
Happy Destiny	\$455.23	\$10.00	Walk the Talk	\$2,121.98	
Happy Hour	\$596.13		Walking on Water	\$400.00	
Hilltop AA Meeting	\$0.00		We Are Not Saints	\$861.55	
High Noon	\$176.75	\$24.00	Wed. Westside Womens	\$310.00	
Hugo Group	\$155.00		Westside Eye Opener	\$1,007.05	
Into Action	\$60.71	\$18.00	Womens Step Study-WP	\$90.00	
Keep it Simple	\$0.00		Woodland Park Beginners	\$60.00	
Keystone to Recovery	\$188.80		Woodland Park Book Study	\$400.50	
Lake George Group	\$55.00		Young People	\$791.70	
Last Chance	\$33.84		Totals:	\$25,469.10	\$2,305.29

Step 3: Made a decision to turn our will and our lives over to the care of God as we understood him.

On the 3rd Step

If You do Your Part I'll do Mine

A difficult hike reveals a member's Higher Power

My world flew to pieces earlier that year. Friends were willing to lend me equipment, and support emerged for my goal, a week in the wilderness on the Appalachian Trail. I set out to escape to the mountains and there in the beauty and majesty started to sense God's presence. At first I wanted to make this journey because I needed to accomplish something positive this year. Days before I left I came to the realization that this challenge had other meaning. If I could do this, it would embolden me to face the other challenges and tasks that were ahead.

The third day was planned to be the longest and hardest--14 miles. I had made maps for each day that included the elevation and grade for each part of the trip. On this leg, I had left out three-and-a-half miles of the map. I had done 14 miles in training several times. What I failed to realize was that in training I wasn't carrying a 45-pound pack, and 14 miles meant seven miles up and then seven miles down. In this case, it was 14 miles mostly uphill, with a very heavy pack. It was whipping me.

Toward the end of the day, I was climbing a mountain that was steep and hard. You learn tricks to fool yourself at those times: don't look up; don't see how far you have to go; keep your head down; count your steps; Put one foot in front of the other and pull yourself forward with your poles. Just move; the challenge is the next step, not the end of the trail.

I broke though to the top of Mount Beckley. It was a magnificent day, one of those handful of days in the Smokey's that are crystal clear with unlimited visibility in all directions. I took pictures, but a camera lens can only see so much. Stand on top of the mountain and you can see forever in all directions. It was magnificent.

I thought to myself, You've worked hard for this moment. And then a soft quiet voice whispered in my mind, "You have worked hard for this. If you do your part, I'll do mine." It was stunning. I soaked it in or a few more moments and then continued on the trail, but the message keep running though my mind: "If you do your part, I'll do mine."

Several more miles along the trail, the full message hit me. This didn't have to do with just the mountain, but with the whole

thing--every challenge, all that was ahead. "If you do your part, I'll do mine." It hit me like a sledgehammer. I sat on a rock and sobbed. God would be with me if I did my part, and my part was later I pulled myself back together and took the map out of my pocket to see where I was. I was on top of Love Mountain.

Days later the weather turned bad, with a driving rain, 60-mile-per-hour winds and temperatures in the 40s. The trail was dangerous, narrow and wet. At one point, the winds truly threatened to blow me off the four-foot-wide mountain top with 40 degree drops on either side. It was the most desolate part of the trip. No one was there, and if I fell or failed, I might not be found for days. I could not stop; I would die. But I had learned that when the mountain was hard and steep, there were things that I could do to take up those challenges: Take it in little pieces; focus on the next step, not on the whole task. I did not feel God's presence at that time, only the danger, fear and isolation, but he must have been there. I came out of the wilderness having met a new God of my understanding. In 132,000 paces over 75 miles, I had taken my Third Step.

Doug A.
Knoxville, Tennessee
Grapevine,
April 2009, Vol. 0 No. 0

Tradition 3: The only requirement for AA membership is a desire to stop drinking.

Concept 1: To insure effective leadership, we should endow each element of A.A. - the Conference, the General Service Board and its service corporations, staffs, committees, and executives - with a traditional "Right of Decision."

CPC/PI COMMITTEES WANT YOU!



Both committees are very busy and always have opportunities for service! Please go to either of their monthly meetings to get involved!

Cooperation with the Professional Community meets the first Saturday of every month at 1:30 p.m. at 7 E. Bijou. Public Information meets the 1st Saturday - 2 p.m. - Penrose Main, 2222 N. Nevada Ave., Volunteer Coordinator Conference Room

STEP UP INTO SERVICE!

The following Service Positions are currently OPEN and NEED to be filled! Please contact the Service Office or come to the next Intergroup Meeting Tuesday November 9th to learn how you can become involved!

INTERGROUP needs a new VICE-TREASURER. Candidate would train for next few months for a year-long commitment. Sobriety requirement two years.

Co - DCM (District Committee Member)
Public Information Committee - Vice Chairperson

NIGHTWATCH has OPEN POSITIONS!!!
Contact Dana at nightwatch@coloradospringsaa.org

The TREATMENT COMMITTEE NEEDS volunteers!
Contact Michael at treatment@coloradospringsaa.org

To submit your group's sober birthdays to The Pint, please e-mail a list of names and the amount of years each person has to: PINT@COLORADOSPRINGSAA.ORG. Please have birthdays and any other announcements or editorials your group would like to contribute submitted by the 20th of each month to ensure enough time for publishing. Thank you for all of your participation and CONGRATULATIONS to everyone celebrating a MILESTONE OF RECOVERY!

Ellicott Group	
George S.	7 years
Brad B.	27 years
Tuesday New Woman Group	
Barbara S.	24 years
Bea P.	23 years
Noell M	19 years
Michelle C.	6 years
Lucy L.	4 years
Steel Magnolias	
Lisa F.	24 years

Friday Women's	
Diane G.	31 years
Mari Mc G	4 years
Mona C.	20 years
Jill R.	2 years
Solutions @ Noon	
Kevin Mc.	3 years
Central Group	
Laura R	4 years
Julie A	9 years
Tom C	8 years

HAPPY BIRTHDAY!

AA AT A GLANCE ~ MARCH 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Intergroup Elections March 8		1	2	3	4	5 CPC(Downtown) 1:30 p.m. PI (Penrose) 2 p.m.
6	7	8 Intergroup Meeting 7pm First United Methodist	9	10	11	12 Treatment Committee 4pm Pikes Perk
13	14	15	16	17	18	19 Corrections 9 a.m. Sacred Heart
20 Submit Milestones & Letters to the Editor to The Pint	21	22	23	24	25	26
27	28	29	30	31		
		Central Group's Speaker Meeting, Tuesdays at 8 p.m.				
		March 1	Bernie J. 19 years	March 22	Mary L. 18 years	
		March 8	Barb H. 25 years	March 29	Laura R. 4 years	
		March 15	Julie A. 9 years			

Monthly Committee Meetings

The Board

1353 S. 8th St. - Suite 209
1st Monday - 6:30 p.m. - Service Office

Corrections

2021 W. Pikes Peak Ave. - Room 6
3rd Saturday - 9 a.m. - Sacred Heart

CPC

7 East Bijou St. - Room 205
1st Saturday - 1:30 p.m. - Downtown Group

District 7

420 N. Nevada - Room 135 (access Boulder St.)

Intergroup

3rd Tuesday - 7:30 p.m. - First United Methodist Church

Public Information

1st Saturday - 2 p.m. - Penrose Main, 2222 N. Nevada Ave., Volunteer Coordinator Conference Room

Treatment

2nd Saturday - 4 p.m. - Pikes Perk
14 S. Tejon St

A sense of serenity

Although I am fairly new to sobriety, I had known the Serenity Prayer my whole life. It was a nice prayer. I certainly had no objection to it, but it never had been particularly meaningful to me. That is until a new understanding was revealed to me at a meeting.

“God grant me the serenity to accept the things I cannot change.” People in the program had taught me I could not control people, places or things. This truth was what I needed to accept. I had tried the opposite approach to life (controlling everything) and my best thinking had made me miserable. Imagine accepting life on its terms! Suddenly, I saw the first line of the prayer in a whole new light.

“Courage to change the things I can.” If I can’t change people, places or things, what could I change? The answer was me. The Big Book promised that I would be amazed before I was halfway through. It requires courageous action to trust God, clean house and help others. Suddenly the second line had a new significance as well.

“Wisdom to know the difference.” I believe God gave me the wisdom that day to connect “the program” to “the prayer” in a whole new way.

JOE C.
S.C.

YESTERDAY. . . TODAY AND TOMORROW

(Editor’s Note: Several readers of The Grapevine have expressed particular appreciation for a short article which appeared in an early issue, and have written to ask about its authorship. The Grapevine editors do not know, and so we reprint the piece which has proved inspiring to many already. Do you know who wrote it?)

YESTERDAY. . . TODAY AND TOMORROW

THERE are two days in every week about which we should not worry, two days which should be kept free from fear and apprehension.

One of these days is YESTERDAY with its mistakes and cares, its faults and blunders, its aches and pains. YESTERDAY has passed forever beyond our control.

All the money in the world cannot bring back YESTERDAY. We cannot undo a single act we performed; we cannot erase a single word we said. YESTERDAY is gone.

The other day we should not worry about is TOMORROW with its possible adversaries, its burdens, its large promise and poor performance. TOMORROW is also beyond our immediate control.

TOMORROW’S sun will rise, either in splendor or behind a mask of clouds--but it will rise. Until it does, we have no stake in TOMORROW for it is as yet unborn.

This leaves only one day--TODAY--. Any man can fight

the battles of just one day. It is only when you and I add the burdens of those two awful eternities --YESTERDAY and TOMORROW that we break down.

It is not the Experience of TODAY that drives men mad -- it is remorse or bitterness for something which happened YESTERDAY and the dread of what TOMORROW may bring.

LET US, THEREFORE, LIVE BUT ONE DAY AT A TIME.

“If you have one foot in today, one foot in tomorrow, then you’re pissing all over today.”

HARPER’S MAGAZINE ARTICLE

A controversial article by an AA member was published in Harper’s Magazine January, 2011. In it, the author challenges the 11th and 12th traditions among other principles of the program. Did you read the article?

*Send your comments to
pint@coloradospringsaa.org*