



Pikes Peak Pint February 2012



The Pikes Peak Pint is a monthly AA-oriented newsletter proudly serving Colorado Springs and its surrounding communities.

AREA MEETING CHANGES, DELETIONS, ADDITIONS

- **THE DOCTOR'S OPINION** (open, handicap access) is a **NEW MEETING** Tuesdays at 6 p.m. Big Book topic discussion, St. Francis Medical Center, conference room 5. 6001 E. Woodman Rd. (Woodman & Powers)
- **BROADMOOR GROUPS**, an open discussion meeting and a Closed Step Study simultaneously is **CHANGING ITS MEETING TIME TO 4:30 P.M.** inside Chapel of Our Saviour, 8 4th St. (4th & Polo).
- **INTO ACTION GROUP** (closed, handicap access) Step Study, that meets Wednesdays at 7:30 p.m. at Holy Apostles Church, Oro Blanco & N. Carefree is now **MEETING IN THE CHURCH LIBRARY** until 8:45 pm.
- **SIMPLE NOT EASY BIG BOOK STUDY** (open, handicap access, child care), that meets Saturdays at 7 p.m., is meeting at a **NEW LOCATION:** 3425 Van Teyligen Dr. Unit I. West of Academy, between Rebecca Lane and Carefree Cir North.
- **NEW THURSDAY NIGHT MEETING** at 6 p.m. (Open, Big Book study)) at First United Methodist Church, 420 N. Nevada Ave. Room #135, (enter through doors off Boulder St., head upstairs, on left).
- **NEW RED CLOUD WOMEN'S MEETING** (open) meets Sundays at 4 p.m. at 10400 Ute Pass Ave. Green Mountain Falls CO.(across from pond), Red Cloud Serenity Club.
- **EVENING OPEN DISCUSSION MEETING** (open) that meets Fridays at 6 p.m. at 10400 Ute Pass Ave. Green Mountain Falls CO.(across from pond), Red Cloud Serenity Club is **CANCELLING** First Friday Music and food following the meeting.
- Three meetings at the Red Cloud Serenity Club have become the **TURNING POINT GROUP:** Wednesdays at 6 p.m., Saturday nights at 7 p.m. and Sundays at 8:30 a.m.
- **THE FAR NORTH GROUP** that meets Mondays at 8 p.m. at St. Lukes Lutheran Church is **CANCELLED.**
- **PENROSE STEP STUDY**(open,handicap access) is a **NEW MEETING** that gathers Mondays at 6 p.m. at Penrose Hospital, ground floor, main lobby conference room A. 2222 N. Nevada Ave.
- **STAGES GROUP** (closed) is a **NEW MEETING** that gathers Saturdays at 5 p.m. at Hearth Stone Inn B&B, Parking in rear.514 N. Cascade @ St. Vrain



The Grapevine online, www.aagrapevine.org, started a new feature asking readers to suggest the caption for cartoons. What Caption would you suggest?

Help Wanted

A letter from an inmate at Arrowhead Prison in Canon City sent to the service office:

Greetings,

I am an inmate at Arrowhead Correctional Facility here in Canon City, Colorado. I have been a member of AA for several years and I believe that the program has changed my life forever. I currently chair ALL the meetings at this facility. The problem that I am having is that we have not had a meeting here since November 2011. At one point last year we were having close to 10% of the 500 inmates here attending our weekly meeting. We have lost our volunteers that came in the facility and allowed us to have meetings.

Can you please put the word out to whomever possible, and let them know that we need volunteers? AA is very important to a lot of us inmates, and is all that we have to look forward to, to help us help ourselves become sober, responsible adults, in and out of prison.

Please help!

LOCAL SERVICE OFFICE

Hours: T-F 9 a.m. to 5 p.m.,
SAT 9 a.m. to 12 p.m.

Location: 1353 South 8th Street, Suite 209
Colorado Springs, CO 80905
719-573-5020

E-mail: serviceoffice@coloradospringsaa.org
Web site: www.coloradospringsaa.org

SAVE THE DATE!!!

Longtimers Dinner
Saturday, April 21
5:00 pm
Chapel Hills Church
2025 Parliament Drive

DISTRICT COMMITTEES

CORRECTIONS
Renee J. - Chair
Stephen P. - Vice Chair
corrections@coloradospringsaa.org

PUBLIC INFORMATION
Beth G. - Chair
OPEN - Vice Chair
pi@coloradospringsaa.org

CPC
(COOPERATION WITH THE PROFESSIONAL COMMUNITY)
Larry S. - Chair
OPEN - Vice Chair
cpc@coloradospringsaa.org

TREATMENT
Mike H. - Chair
OPEN - Vice Chair
treatment@coloradospringsaa.org

LOCAL SERVICE COMMITTEES

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OPEN - Vice Chair
programs@coloradospringsaa.org

PINT
Adrienne A. - Chair
Rod Q. - Vice Chair
pint@coloradospringsaa.org

VOLUNTEER
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David U. - Vice Chair
programs@coloradospringsaa.org

NIGHTWATCH
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OPEN - Vice Chair
nightwatch@coloradospringsaa.org

WEB SITE
Dana E. - Chair
OPEN - Vice Chair
webmaster@coloradospringsaa.org

ARCHIVES
OPEN. - Chair
OPEN - Vice Chair
archives@coloradospringsaa.org

CONTRIBUTION ADDRESSES*

AREA SERVICE OFFICE
Make check or money order payable to:
Area Service Office
Include Group Name and Number on check.

Send to:
Colorado Springs Area Service Office (CSASO)
1353 South 8th Street, Suite 209
Colorado Springs, CO 80905

GENERAL SERVICE OFFICE
Make check or money order payable to: General Fund
Include Group Name and Number on check.

Send to:
General Service Office (GSO)
PO Box 459, Grand Central Station
New York, NY 10163

AREA 10
Make check or money order payable to: Area 10
Include Group Name, Number, and District #7 on check.

Send to:
Area 10 Treasurer
12081 West Alameda Parkway #418
Lakewood, CO 80228

DISTRICT
Make check or money order payable to: District #7
Include Group Name, Number, and District # on check.

Send to:
District 7
P.O. Box 26252
Colorado Springs, CO 80936-6252

PINK CAN CONTRIBUTIONS
Make check or money order payable to:
Area 10 Corrections Committee
Include Group Name and Number on check.

Send to:
Pink Can Contribution
P.O. Box 1949
Carbondale, CO 81623

**Cash accepted in person only, please do not mail.*

Please e-mail sobriety anniversaries,
announcements, letters to the editor, and e-mail
subscription requests to the Pikes Peak Pint before the
20th of each month!
pint@coloradospringsaa.org

Your Area Service Office and Intergroup would like you to know how very much we appreciate your personal contributions!

Thank You!



In the month of December
we received
**7 Grateful Giver contributions &
1 Personal contributions!**

You All Rock!!!!



As of January 19th,
Gratitude Month

has had **31** Groups contributing
for a total of

\$4055.58!!

GROUP CONTRIBUTIONS - THANK YOU FOR ALL OF YOUR SUPPORT!!!

GROUP NAME (2011-2012)	Yr. to date	December
Above The Bar Group	\$0.00	
Apex	\$339.05	\$104.05
At The Inn	\$0.00	
Back to Basics	\$384.14	\$130.87
Beacon Light	\$0.00	
Big Book Action	\$315.08	\$108.70
Big Book Study UPH	\$443.51	\$52.00
Black Forest	\$254.91	
Breath of Life	\$0.00	
Broadmoor	\$50.00	
Brown Baggers	\$150.00	
Celebrating Diversity	\$0.00	
Central	\$10.00	
Clean Air Group	\$97.00	\$97.00
Don't Worry Be Happy	\$291.00	
Down By The Creek	\$45.00	
Downtown Group	\$439.49	\$241.88
Drylander's Group	\$111.11	
Easy Does It	\$225.00	
Ellicott Group	\$235.00	\$135.00
Eye Opener	\$0.00	
1515 Meditation Group	\$89.42	
1st 164 Pages	\$0.00	
4th Dimension	\$0.00	
Far North Group	\$0.00	
Fountain of Sobriety	\$0.00	
Foxhall Group	\$210.88	
Freedom From Bondage	\$0.00	
Friday Night Live	\$300.00	
Friday Women's Group	\$673.11	
Gals of Woodland Park	\$0.00	
Garage Meeting	\$260.00	
Gift of the Heart	\$0.00	
Good Ole Boys	\$150.00	
Half Pint Group	\$117.00	
Happy Destiny	\$416.98	\$34.65
Happy Heathens	\$0.00	
Happy, Joyous & Free	\$100.00	\$40.00
Happy Hour	\$207.75	\$121.25
Hilltop AA Meeting	\$0.00	
High Noon	\$198.00	\$22.00
H.O.W.	\$94.69	
Hugo Group	\$0.00	
Into Action	\$390.00	
Keep it Simple	\$0.00	
Keystone to Recovery	\$200.00	
Lake George Group	\$90.00	
Last Chance	\$0.00	
Little Log Group	\$0.00	
Living Free	\$231.05	\$22.99
Living Sober	\$125.00	

Living Sober South	\$194.62	\$19.50
M.A.G.	\$442.70	
Motherlode	\$0.00	
Natural High	\$0.00	
New Beginners	\$396.63	\$60.00
New Woman	\$781.04	\$205.65
Noon Meetings @ Clean Slate	\$137.01	
Northwesters	\$510.00	
Not A Glum Lot	\$150.00	
Oasis Group	\$276.11	\$58.50
Off The Wall	\$161.83	\$33.00
Old North End Study Group	\$131.50	
Outright Mental Defectives	\$0.00	
Pass It On	\$0.00	
Passed The Bar	\$0.00	
Pathfinders	\$0.00	
Penrose Discussion	\$0.00	
Plug in the Jug	\$200.00	
Pre-Dawn Meeting	\$300.00	\$100.00
Progress Not Perfection	\$438.33	\$47.95
Recovery in Action	\$197.27	
Rule #62	\$0.00	
Saturday Early Morning Mtg.	\$556.64	
Security Eye Opener	\$73.49	\$73.49
Serenity Hour	\$250.00	\$25.00
Serenity Riders	\$462.13	
Serenity Sisters	\$359.56	\$159.56
Silver Key Seniors	\$95.00	
Solutions at Noon	\$392.62	\$137.39
Steel Magnolias	\$242.32	
Stepping Stones	\$0.00	
Sunday Morning Speaker	\$900.00	
Sunday Night Big Book Study (Clean Slate)	\$190.00	\$150.00
Sunlight of the Spirit - Women's 12x12	\$106.35	
Taking Steps	\$679.50	\$29.50
The Doctor's Opinion	\$0.00	
Then and Now	\$238.00	\$98.00
Thursday Mens	\$1,050.00	\$100.00
Thursday Noon--Woodland Park	\$100.00	
12@12 Group	\$32.67	
Ute Pass Breakfast	\$0.00	
Veterans for AA	\$200.00	
Walk the Talk	\$2,467.00	\$967.00
Walking on Water	\$200.00	
We Are Not Saints	\$871.03	\$266.77
Wed. Westside Womens	\$196.91	\$46.91
Westside Eye Opener	\$401.37	\$69.08
Womens Step Study-WP	\$0.00	
Woodland Park Beginners	\$120.00	
Woodland Park Book Study	\$190.00	\$40.00
Young People	\$1,158.82	\$182.82
Totals:	\$23,094.62	\$3,980.51

Step 2: Came to believe that a Power greater than ourselves could restore us to sanity.

2

Tradition 2: For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

Concept 2: The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.

Last month's winning caption from global fellowship



“Hello Jane, you told me I’d intuitively know how to handle situations which used to baffle me but I’m baffled by a situation which I used to handle intuitively.”

—Brendan F., N.J.

Changing the Scenery

A newcomer learns that sobriety is an internal journey

I grew up in a good home. My father was an alcoholic and I swore I would never be like him. I was closer to my mom. My father was never affectionate or loving towards me or my siblings.

I got pregnant at 15 and married. I divorced 6 months later. I got into a relationship 3 years later and had 2 more children. Drinking was not yet a big part of my life. I left that relationship and meanwhile I was still working at a bank. I met my second husband of 10 years who was an alcoholic. I was so intrigued by him.

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He took me to places I've never been or seen. He wined and dined me. He was 10 years older than me. At first I was really happy and excited with my life.

His drinking was continuing to get out of control. I would go out with him once in awhile but it was never an issue in my life. I could have 2 or 3 beers and be done with it. He was very controlling over me and I was not allowed to have friends or go out anywhere besides shopping or work without him. It seemed as though I was just living my life to make him happy instead of myself. After 10 years of this, I left him and moved down to Central Florida where my parents have a condominium. I was in heaven! No husband, no kids and all kinds of entertainment right outside my door.

I started to go out every night. My drinking progressed—I

was no longer drinking beer. I started drinking cocktails with vodka. I began to get the shakes in the morning and a friend told me about the hair of the dog. It seemed like the right thing to do because it worked. I found myself drinking morning-to-night. It was not as fun anymore. I ended up going to detox 8 times within a 2-year frame. I would get

If I continue this path I know I will live a life with peace and serenity I've been searching for inside myself.

out of detox and go clean for a couple of days, then that monster would come back out thinking I could go back to beer but the result would end up with my best friend, vodka.

I met my current boyfriend who is actually a wonderful person. I thought I needed to change my scenery to a different place because everyone knew me here. I needed to leave. I talked to my boyfriend about it and he was willing to move with me back to the

country in upstate New York where I'm from. We got our apartment 6 miles from my parents house and he got an excellent job. My drinking continued.

I went to detox 4 more times and rehab 3 times. My whole theory for relocating was thrown out the window. I was drinking more than ever.

I moved out and stayed at people's houses where I knew there would be vodka. I was getting physically sicker, and losing all my loved ones. Something happened and I believe it to be my spiritual awakening. I made a phone call to a special friend telling him how my life was worthless and that I was drinking uncontrollably. That was the true beginning of my sober journey.

I was guided here through the grace of God. I am regaining

my self worth, my spirituality and my confidence stronger and stronger as every day passes. My family is behind me and my boyfriend still loves and supports my decision. My life has completely changed and I gain strength, growth and knowledge everyday. My trust in women in the program is unconditional. I feel something strong inside of myself I've never felt before. I know there is a God who gave me the courage and strength to get that has got me right here where I need to be.

I plan to continue my support in the rooms of AA. I am planning on going back to New York and getting a sponsor and taking all of the knowledge I've learned and observed here for the 90 days I've been here with me. If I continue this path I know I will live a life with peace and serenity I've been searching for inside myself.

—Michelle B., Fla.
The Grapevine

STEP UP INTO SERVICE!

CPC/PI COMMITTEES WANT YOU!



Both committees are very busy and always have opportunities for service! Please go to either of their monthly meetings to get involved!

Cooperation with the Professional Community meets the first Saturday of every month at 1:30 p.m. at 7 E. Bijou. Public Information meets the 1st Saturday - 2 p.m. - Penrose Main, 2222 N. Nevada Ave., Volunteer Coordinator Conference Room

The following Service Positions are currently OPEN and NEED to be filled! Please contact the Service Office or come to the next Intergroup Meeting Tuesday November 9th to learn how you can become involved!

Co - DCM (District Committee Member)
Public Information Committee - Vice Chairperson

NIGHTWATCH has OPEN POSITIONS!!!
Contact John B. at nightwatch@coloradospringsaa.org

The TREATMENT COMMITTEE NEEDS volunteers!
Contact Michael at treatment@coloradospringsaa.org

To submit your group's sober birthdays to The Pint, please e-mail a list of names and the amount of years each person has to: PINT@COLORADO-SPRINGSAA.ORG.

Walk the Talk	
Sean P.	1 year
Ron S	8 years
Jerry H.	28 years
Elliot	1 year
Melissa	13 years
Dean C.	11 years
Bev	3 years
Greg M.	1 year
Ross S.	8 years
Daron B.	21 years
Terry F.	23 years
Lynn E	2 years
Lindsey	3 yrs.
Greg M.	1 yr.
Daren R.	9 yrs.
Serenity Riders	
Jesse F.	25 Years

Friday Women's	
Lynn E.	2 years
Barb B.	2 years
Karen S.	1 year
Steel Magnolias	
Dana R.	15 years
Karen McG.	22 years
Tuesday New Woman	
Caren L.	6 years
Toni M.	3 years
Happy Hour Group	
Susan L	24 years
Mark L.	24 years
Rick D.	8 years
Central Group	
Bob McC.	33 Years

AA AT A GLANCE ~ DECEMBER 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 PI (Penrose) 2 p.m.
5	6	7	8	9	10	11 Treatment 1 pm Penrose CPC(Downtown) 2 p.m.
12	13	14 Intergroup Meeting 7pm First United Methodist	15	16	17 Submit Milestones & Letters to the Editor to The Pint	18 Corrections 9 a.m. Sacred Heart
19	20	21	22	23	24	25
26	28	29	7:00 pm Saturday Night Speaker Meeting @ Red Cloud has become Turning Point group! February Speakers: Brock A. Feb. 4 Charles B. Feb. 11 TBD Feb. 18 (AA/Al-Anon Combined)			

Monthly Committee Meetings

The Board

1353 S. 8th St. - Suite 209
1st Monday - 6:30 p.m. - Service Office

Corrections

2021 W. Pikes Peak Ave. - Room 6
3rd Saturday - 9 a.m. - Sacred Heart

CPC

7 East Bijou St. - Room 205
2nd Saturday - 2 p.m. - Downtown Group

District 7

3rd Tuesday - 7:30 p.m. - First United Methodist Church,
420 N. Nevada - Room 135 (access Boulder St.)

Intergroup

2nd Tuesday - 7 p.m. - First United Methodist Church,
420 N. Nevada - Room 135 (access Boulder St.)

Public Information

1st Saturday - 2 p.m. - Penrose Main, 2222 N. Nevada
Ave., Volunteer Coordinator Conference Room

Treatment

2nd Saturday - 12 to 1 p.m. - Penrose Main, 2222 N.
Nevada