

# ~The Pikes Peak Pint~

SEPTEMBER  
TWENTY  
THIRTEEN



*A Newsletter for the Pikes Peak Region of Alcoholics Anonymous*

## • EDITORS NOTE •

The group Alcoholics Anonymous has many riches to help get us and keep us sober. First and foremost to me are the people of AA. My sponsor and my sponsors over the years, because of my various jobs, gave me stability. They gave me good orderly direction. Closed mouth friends help me by listening to my concerns and sometimes just plain craziness and guide me by offering their insight. The people of AA, gathered in a group, have been lifesavers. They offered me a safe place to listen. I could either share or sit silently. The group was safe, if only for one hour, and I did not have to drink. Cool.

Either from sponsors or group members, I was turned on to the literature of AA as another way to get and stay sober. First, on most of our reading lists, is the book *Alcoholics Anonymous*. Most days it is filled with gold for me. It helps me work through the steps of our program, how to treat others with respect and care, gives hints on living life on life's terms, it even helps me jump ahead of some 'normies' in their way of life that is not directed or purposefully guided. The *Twelve by Twelve* is another book we are encouraged to read. It gives much more detailed ways to work the steps of Alcoholics Anonymous, very detailed guidelines that not only talk about the traditions for the group but also guides me in another way to react to people who are not in the program. I love the book, *Living Sober*. It

*Continued on Page 2*

SUBMISSIONS for The Pikes Peak Pint including all articles, stories, announcements and flyers along with questions, comments and constructive criticism are always welcomed at [pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org).

You will receive a prompt reply and appropriate consideration for publication. Please note that submissions for publication must be made by the 20<sup>th</sup> of the month prior to the month desired for publication in order to be considered.

## YOUR SERVICE OFFICES

### IMPORTANT NUMBERS TO HAVE

BOULDER: 303-447-8201  
DENVER: 303-322-4449  
(N COLORADO) FORT COLLINS: 970-224-3552  
(S COLORADO) PUEBLO: 719-546-1173

## Local Service Office

Hours: Tuesday-Friday 9 a.m. to 6 p.m.  
SAT. - SUN. - MON: CLOSED

Location: 1353 South 8th Street, Suite 209  
Colorado Springs, CO 80905  
719-573-5020

E-mail: [service.office@coloradospringsaa.org](mailto:service.office@coloradospringsaa.org)

Web site: [www.coloradospringsaa.org](http://www.coloradospringsaa.org)  
*Contact the Service Office for Intergroup  
Information.*

## In This Issue:

Editors Note - page 1-2  
"Step of the Month" - page 3  
Meeting Changes and Milestones - page 4  
Committee Stuff - page 6  
Group Contributions - page 7  
Nightwatch Night Owl News - page 8  
Word Search - page 9  
August Puzzle Answers - page 10

Editor's Note *Continued from page 1*

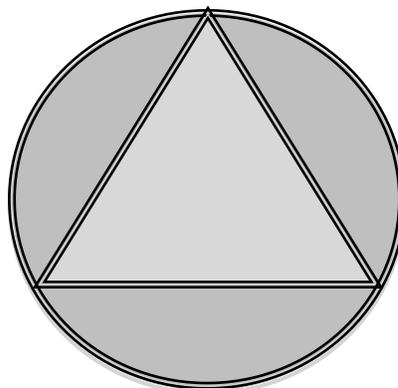
helped me in the beginning with simple suggestions on how “not to drink. ‘Keep an open mind’, ‘Try sweets’,’ Go to a variety of meetings’, and ‘Finding my own way’.

Another book I love is *The Language of the Heart*, a compilation of Bills’ writings from the Grapevine from 1944 to 1959. They are selected writings made to speak to various topics of new AA, and new sobriety. I found courage as I read about new AA. It gave me hope on how to live a sober life and know how the separate groups should operate and cooperate. *As Bill Sees It* is another book that is near and dear to me. I’ve used it as a daily reading and a meeting topic book.

So, I’ve listed people and books special to me and, I know, to so many of you. Over the next several months the topic of each Pint will be one of the listed above. Find your favorite and sharpen your pencil. Now is the time to contribute to the Pint and you have time to organize your thoughts!

<b>Topic</b>	<b>Month</b>	<b>Deadline</b>
Sponsors	October	Sept. 20
Groups	November	Oct. 20
Big Book	December	Nov. 20
12 x 12	January	Dec. 20
Living Sober	February	Jan. 20
Language of Heart	March	Feb. 20
As Bill Sees It	April	Mar. 20

Please write me at [Pint@coloradospringsaa.org](mailto:Pint@coloradospringsaa.org) with any questions!



Concept 9: Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.



### Step 9:

Made direct amends to such people wherever possible, except when to do so would injure them or others.

### Tradition 9:

A. A. as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

### TRADITIONS CHECKLIST

#### Tradition Nine

- 1) Do I still try to boss things in AA?
- 2) Do I resist formal aspects of AA because I fear them as authoritative?
- 3) Am I mature enough to understand and use all elements of the AA program – even if no one makes me do so – with a sense of personal responsibility?
- 4) Do I exercise patience and humility in any AA job I take?
- 5) Am I aware of all those to whom I am responsible in any AA job?
- 6) Why doesn't every AA group need a constitution and bylaws?
- 7) Have I learned to step out of an AA job gracefully – and profit thereby – when the time comes?
- 8) What has rotation to do with anonymity? With humility?

***If we are painstaking about this phase of our development, we will be amazed before we are half way through...***

MEETING ADDITIONS – DELETIONS – CHANGES

***Send to the Pint! Let your fellows know of any meeting changes...***

**WALK THE TALK GROUP  
SATURDAY SPEAKER LINE-UP**

Sep 7<sup>th</sup>- Beth  
Sep 14<sup>th</sup> – Beth G.  
Sep 21<sup>st</sup> – Lindamarie  
Sep 28<sup>th</sup> - Margot

**~ SEPTEMBER BIRTHDAY MILESTONES ~**

<b>SOLUTIONS</b>		<b>NEW WOMAN GROUP</b>		<b>WALK THE TALK</b>	
Aaron R.	2 yrs.	Valerie J.	17 yrs.	Phil	14 yrs.
April B	1 yr.	Leigh T.	8 yrs.	Gerry W.	12 yrs.
Ben F.	1 yr.	Kathy S.	13 yrs.	Lindamarie	23 yrs.
Dale C.	1 yr.	Cathy B.	2 yr.	Beth G.	26 yrs.
Darrell G.	2 yrs.	Cindy S.	2 yrs.	Annie M.	9 yrs.
Eric C.	5 yrs.	Laurel B.	23 yrs.	Dawn D.	10 yrs.
Linda M.	10 yrs.	Chelsey C.	3 yrs.	Rob O.	2 yrs.
Linda O.	4 yrs.	Linda-Marie C.	23 yrs.	Anita	10 yrs.
Scott J.	1 yr.	Beth M.	1 yr.	Wayne	31 yrs.
		Jeri R.	1 yr.	Stacey S.	6 yrs.
		<b>FRIDAY WOMEN'S</b>		Jody H.	24 yrs.
		Amy L	5 yrs.	Barbara W.	28 yrs.
		Mary O.	5 yrs.	Margot	5 yrs.
<b>*SEPTEMBER</b>		Kelsey C.	5 yrs.	Tom H.	10 yrs.
Totals	466 yrs.	Calleen	5 yrs.	Brent M.	1 yr.
		Theresa	5 yrs.	<b>WE ARE NOT SAINTS</b>	
		<b>STEEL MAGNOLIAS</b>		Gary B.	29 yrs.
		Rhonda J.	4 yrs.	Mike P.	31 yrs.
		<b>ELLCOTT GROUP</b>		Russ C.	4 yrs.
		Mark K. (BBQ)	20 yrs.	Beth B.	13 yrs.
		Jeromy W.	13 yrs.	Linda-Marie C.	6 yrs.

\*Equals total years reported from our local groups.  
To have your group years added please submit your milestones by the 20th to [pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org)



Write For  
The PINT!

Area Service Office  
Books Books BOOKS  
AA BOOKS

We are pleased to announce that if you buy five or more (hard cover or soft cover) Big Books, 12x12s or the Daily Reflections from the Area Service Office you will receive a discount of 10%..!

...and since your stopping in you can visit a spell and peruse the rest of the quality reading material we have in stock.

If you can't find us, CALL...

Feel like a fish out of water??



*Easy Does It AA Group with AA meetings  
at 9am, 12noon, 4pm, 7pm and 10pm Daily*

*3760 Astrozon Blvd, behind Firestone, next to Thai Massage in the  
Astrozon Plaza (Parking on Islands or in Back Only)*

**Need something to do? Want to get involved with your group? Looking for a Service Opportunity?  
Then gather your group's milestone birthdays and speaker line-ups and send them in to the Pint!**

**~ Shout Out ~**

~•~

**Walk the Talk**

*Features a Wide Variety of  
Meetings*

5635 N Academy Blvd

**Monday - Sunday**

**Six meetings a day - check the  
Speaker's Meeting schedule on  
Page 4!**

Help support this and all the groups or meetings in our fellowship. Be adventuresome and attend a meeting other than your home group and take a friend or two. It's a great way to serve, meet new people and add some depth to your sobriety.

Once more: The alcoholic at certain times has no effective mental defense against the first drink. Except in a few rare cases, neither he nor any other human being can provide such a defense. His defense must come from a Higher Power.

In the month of July  
the Service Office received  
7 Grateful Giver contributions &

**THANK YOU!!  
WE VERY MUCH  
APPRECIATE  
YOUR SUPPORT!**

• COMMITTEE INFORMATION •

Public Information:

Committee Meeting: 1<sup>st</sup> Saturday, 2:00 p.m., 1<sup>st</sup> floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

Cooperation with the Professional Community:

Committee Meeting: 5:30 p.m., 2<sup>nd</sup> Sunday of the month at the Downtown Group, 210 N. Corona St.

Corrections:

Committee Meeting: 9:00 am-10:00 am, 3<sup>rd</sup> Saturday of the month, Sacred Heart Catholic Church 2021 West Pikes Peak Ave, Room #6, Colorado Springs, CO 80904

District 7:

Committee Meeting: 7:30 pm, 3<sup>rd</sup> Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

Treatment:

Committee Meeting: 12-1 pm, 2<sup>nd</sup> Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

Nightwatch:

Night Owls Committee Meetings: 7:00 p.m., 1<sup>st</sup> Tuesday of the month at Sacred Heart Parish, 21<sup>st</sup> and Pikes Peak Room 10 - Following the New Beginners meeting.

**For more committee information including intergroup committees please go to [coloradospringsaa.org](http://coloradospringsaa.org)**

• CONTRIBUTION ADDRESSES •

~ AREA SERVICE OFFICE ~

Colorado Springs Area Service Office  
1353 South 8<sup>th</sup> St., Suite 209  
Colorado Springs, CO 80905  
(Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

P.O. Box 459 - Grand Central Station  
New York, NY 10163  
(Include group name and number on check)

~ AREA 10 ~

Area 10 Treasurer  
12081 West Alameda Parkway #418  
Lakewood, CO 80228  
(Include group name, number and District 7 on check)

~ DISTRICT 7 ~

District 7  
P.O. Box 26252  
Colorado Springs, CO 80936  
(Include group name, number and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Pink Can Contributions  
P.O. Box 40368  
Denver, CO 80204  
(Make checks payable to Area 10 Corrections Committee)  
(Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •

Sign up to receive  
The Pikes Peak Pint by email!

- Read, enjoy and send a copy to all your friends •

Send subscription requests to  
[pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org)

**DO IT TODAY!**

or you can get a copy for only \$1.00  
at the Area Service Office

# GROUP CONTRIBUTIONS

GROUP NAME (2012-2013)	Fiscal Yr. to date	July	GROUP NAME (2012-2013)	Fiscal Yr. to date	July
Above the Bar Group	\$111.50		Northwesters	\$200.00	\$200.00
Apex	\$120.13		Oasis Group	\$50.00	
Back to Basics	\$0		Off The Wall	\$108.15	\$47.92
Big Book Action	\$200.00		Old North End Study Group	\$0	
Big Book Study UPH	\$0		Penrose Discussion	\$0	
Black Forest	\$340.03	\$340.03	Plug in the Jug	\$0	
Broadmoor	\$0		Pre-Dawn Meeting	\$0	
Brown Baggers	\$150.00	\$150.00	Primary Purpose Men's Group	\$100.00	
Meditation Group	\$50.00	\$25.00	Progress Not Perfection	\$88.32	\$30.50
Clean Air Group	\$160.00		Recovery in Action	\$189.00	\$189.00
Don't Worry Be Happy	\$280.00	\$100.00	Saturday Early Morning Mtg.	\$224.40	
Down By The Creek	\$0		Security Eye Opener	\$0	
Downtown Group	\$1,351.01	\$547.02	Serenity Hour	\$100.00	\$25.00
Drylander's Group	\$54.00	\$54.00	Serenity Riders	\$0	
Easy Does It	\$0		Serenity Sisters	\$0	
Ellicott Group	\$0		Solutions at Noon	\$155.64	
Eye Opener	\$0		Sought Through Prayer & Meditation	\$24.00	\$24.00
Meditation Group	\$25.00		Steel Magnolias	\$150.00	\$50.00
Foxhall Group	\$113.25		Stepping Stones	\$0	
Friday Night Live	\$350.00	\$350.00	Sunday Morning Speaker	\$200.94	
Friday Women's Group	\$0		Sunday Night Big Book Study (Clean Slate)	\$0.00	
Garage Meeting	\$0		Sunlight of the Spirit - Women's 12x12 (Monument)	\$0	
Good Ole Boys	\$0		Taking Steps	\$0	
Half Pint Group	\$0		The Doctor's Opinion	\$100.00	
Happy Destiny	\$149.95	\$149.95	The Sober Jokers	\$0	
Happy, Joyous & Free	\$0		Then and Now	\$75.00	
Happy Heathens	\$185.00		Thursday Mens	\$0	
Happy Hour	\$120.00		Thursday Noon--Woodland Park	\$50.00	
High Noon	\$144.00	\$68.00	Turning Point	\$120.00	
H.O.W.	\$80.96	\$6.50	Ute Pass Breakfast Group	\$60.00	\$60.00
Into Action	\$240.00		Woodland Park Women's Step Study	\$108.00	\$48.00
Keystone to Recovery	\$0		Walk the Talk	\$1,360.00	\$680.00
Lake George Group	\$0		Walking on Water	\$100.00	
Living Free	\$45.50		We Are Not Saints	\$354.03	\$354.03
Living Sober	\$0		Wed. Westside Womens	\$0	
Living Sober South	\$91.75	\$21.50	Westside Eye Opener	\$0	
M.A.G.	\$183.63		Woodland Park Beginners	\$56.59	\$56.59
Natural High	\$0		Woodland Park Book Study	\$260.00	\$260.00
New Beginners	\$185.00	\$185.00	Young People	\$253.64	
New Woman	\$171.37		Women of Grace	\$193.00	\$93.00
			Totals:	\$9,557.79	\$4,115.04



# NIGHTWATCH - NIGHT OWL NEWS



September 2013

I feel there have been some misunderstandings about Nightwatch and what our responsibility is. We are responsible as Night Owl volunteers to commit our time and effort to Nightwatch. Part of that commitment includes coming to a one hour a month committee meeting. We engage with each other sharing ideas about how to better serve the folks that call Nightwatch for help. It saddens my heart to hear people say they are not willing to go to any length to help the next suffering Alcoholic. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety the best we can. We "suit up and show up" where are you?

Nightwatch Chair  
Crystal S.

## NightWatch Meetings

As NightWatch committee members, we are each responsible for incoming calls on our shift. Our responsibility does not end when our shift ends however. As volunteers we've accepted the responsibility of communicating our concerns, success and issues experienced as a NightWatch member.

Our monthly meetings are the venue to share our experience and learn from the experience of other members. Our meetings usually last one hour and include a typical AA agenda specific to NightWatch information, needs and training.

We strongly urge all members to attend at least one meeting per quarter, four meetings per year to express your experience and concerns. These meetings help serve our callers and AA through our service. Your experience may help others save a suffering caller.

"We are responsible..." As a NightWatch member you are "the Hand of AA", you're important, your meeting input is helpful and needed.

Join our next meeting Sept 3<sup>rd</sup>, 2013, 7:15 pm Sacred Heart Church, Colorado & 21<sup>st</sup> St, Colorado Springs Rm 10

Interested in NightWatch? Meetings are open, check us out.

Thank you.

Tom S  
Vice-chair

**"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."**

## NIGHTWATCH EXPERIENCE

At a meeting, an AA friend told me that some years ago he called the after hour's hotline. Twice. The first call there was no answer. The second attempt was received by an answering service, collected his information and stated someone would contact him. No one called.

Faced with the same situation, what would you have done? Called again? Continue a destructive path? Do it on your own? The questions are boundless. Nonetheless I was in no condition to have the tenacity to call again.

When I called, I had another alcoholic on the line. Broken, desperate, babbling drunk, tears streaming down my face, I got the only thing that could help me at the time - another alcoholic. My first miracle in this road to recovery!

Though my comments are short, we cannot overlook the significance of how Nightwatch impact the lives of many suffering alcoholics. Whether it be talking with a first time caller and directing them to a meeting or greeting a fellow visiting alcoholic armed with the information of where the next meeting is or arranging a ride or coordinating a 12-step call, the service work of the Night Owls is here for us.

Please take this as a thank you to Nightwatch and a reminder to how we can give back with an effective service committee helping another alcoholic. Reread the first paragraph and ask yourself what would your action have been?

Sincerely,  
Chuck - Night Owl Volunteer

What an energized, awesome August NightWatch Committee Meeting. I want to thank everyone that was able to show up. I attended my first NightWatch Committee Meeting in September 2012 at just a little over 4 months sober; I was able to be a NightOwl in training. I had 6 months in November and was given a shift. I have enjoyed attending the monthly Committee Meetings and have learned so much from the NightOwls that were able to attend, but.....yup there is a but.....The August meeting tops my list as best NightWatch Committee Meetings ever. Watching the group conscience working in front of my eyes will stick with me for a long time. Having a background of corporate officer positions my working life has been one meeting after another and I honestly dreaded most of them. There is just something so special that AA has when alcoholics come together, that the world out there around us can never match, never understand, and never accomplish the way we can. I felt so humbled watching a group of eleven alcoholics discuss matters with such conviction and passion about making the right decisions for NightWatch. Not once did an argument breakout, not once was a voice raised, not once did anyone use a negative word. Everyone that wanted a chance to share his or her opinion was given the opportunity. I am looking forward to September's Committee Meeting and working with everyone again, I also hope those that were unable to make the August meeting can make September's. With love, Sabrina Night Owl Volunteer



**Get involved!  
Volunteer  
to be a...**

**NIGHT OWL!**

# Labor Day

r	u	n	e	c	o	u	g	h	t	n	e	v	e	r	e	l
e	n	l	t	n	g	w	d	t	l	e	t	p	l	a	s	w
u	s	a	i	r	f	o	r	c	e	l	t	x	c	w	d	c
m	i	b	o	e	f	r	e	o	f	l	n	c	a	k	n	o
a	t	o	t	s	o	l	a	b	o	r	d	a	y	n	e	n
<b>m</b>	<b>e</b>	<b>r</b>	<b>e</b>	<b>p</b>	<b>a</b>	<b>d</b>	<b>l</b>	<b>n</b>	<b>n</b>	<b>r</b>	<b>o</b>	<b>n</b>	<b>v</b>	<b>p</b>	<b>m</b>	<b>s</b>
e	d	m	h	e	l	t	p	k	o	o	b	g	i	b	a	t
e	d	o	n	t	d	r	i	n	k	e	s	m	b	e	t	i
t	s	v	g	s	l	a	g	s	g	s	n	y	u	o	c	t
i	t	e	l	k	n	d	e	f	d	p	o	f	o	r	e	u
n	n	m	f	r	o	e	l	o	l	e	i	s	h	g	r	t
g	a	e	g	o	i	c	b	i	e	c	n	e	g	a	i	i
s	t	n	o	w	t	e	i	f	h	t	u	c	f	n	d	o
c	i	t	i	z	e	n	s	h	i	p	d	a	y	i	n	n
b	e	e	f	g	a	t	s	o	r	y	d	a	b	z	r	d
o	s	h	t	i	m	e	o	r	u	o	k	s	c	e	x	a
s	p	o	n	s	o	r	p	a	t	r	i	o	t	d	a	y

labor day  
unions  
labor movement  
us air force  
patriot day  
world trade center  
constitution day  
citizenship day  
don't drink  
big book  
meetings  
sponsor  
work steps  
direct amends  
possible  
ought never  
be organized

## Answers to August's Puzzle

a	y	l	n	o	s	i	p	l	e	h		s		k	e						
		e					h					e	i	r	e	a					
		t	g	s			o		g			v	m	e	e	l	s				
s		g	n	n		c	n		i	n		i	p	t		p	i	y			
i	o	i	o		h	e		o	i	y		l	l	t		i	a	v	d		
c		o	k	i		a	c		g	k	a	t	e	e	s		f	n	e	e	o
k	s	f	n	t	a	n	a		d	n	w	e	s	l	s		i	o	i	t	e
a	l	o	i	c	w	g	l	t	o	i	a	l	t	e	a	k	t	p	n	a	s
s	i	l	r	e	a	e	l	h	g	r	l	d	u	n	p	c	w	e	t	l	i
o	a	d	d	r	y	i	a	e	f	d	l	n	p	o	l	a	o	n	h	r	t
u	f	i	r	i	f	s	w	r	o	r	a	a	i	s	l	b	r	m	e	e	b
r	e	d	u	d	r	a	a	e	e	u	c	e	d	i	a	g	k	i	h	v	u
s	s	e	o	w	o	p	y	b	c	o	e	v		r	h	n	s	n	e	e	t
e	l	a	y	o	m	r		u	a	y	n	i		e	s	i	d	d	r	n	d
c	e	s	s	l	d	o		t	r	s	o	l		g	o	m	o		e	s	o
r	l		l	l	a	c		f	g	l	h		y	n	o	o	n		a	i	i
e	l		i	o	n	e		o		i	p			a	t	c	t		n	d	t
t	a		o	f	g	s		r		o				s	p	f		d	o		
s	n		p		e	s		t		p				i	e	i		n	g		
		e	s		r			h		s				h	e	x		o			
h		a	t	n	e	v	e	n	a	t	o	n		t	k	i		w			
w	e	a	r	e	o	n	l	y	a	s	t	u	r	n	i	t	o	v	e	r	

easy does it but do it  
 1 ) anger is one letter  
 (2)away from danger  
 (1) we are only as  
 (2)sick as our secrets  
 KISS...keep it  
 simple stupid  
 pass it on

keep coming back  
 (1) help is only a  
 (2) phone call away  
 let go of old ideas  
 (1) change is a process  
 (2) not an event  
 God is never late

aa spoils your drinking  
 keep an open mind  
 (1) there but for the  
 (2)grace of god go l  
 (1) when all else fails  
 (2) follow directions

it's in the book  
 live in the here and now  
 turn it over  
 if it works don't fix it