

~The Pikes Peak Pint~

MAY
TWENTY
FOURTEEN



A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

~EDITOR'S NOTE~

Hello, my name is Vicki and I am an alcoholic. I am also your new Chair of the Pint! I've had the privilege of working with the former Chair, Marykatherine, this past year, and will do my best to continue her excellent work – and the work of all who have gone before me. Stormie, the Vice Chair, and I are really “jazzed” about sharing the Pint with you!

The focus this year will be on our primary purpose: ***“Each group has but one primary purpose -- to carry its message to the alcoholic who still suffers.”*** To this end, we will touch on those vital elements in the life of a recovering alcoholic: meetings, sponsorship, and service. Also, we are trying something new this year: The Big Book Dictionary (or what in the world does that word mean?). However, as always, it is your share of your experience, strength and hope that make this newsletter the hand of AA that reaches out to the still suffering alcoholic. And isn't that why we are here and why we stay?

I had a lot more to say about the power of the AA program; but, I think that our featured Long timer (Fernando R. pg. 4-5) with 25 years of sobriety has more of a message than I. “This is a simple program for complicated people who have lived their

lives drowning in stupid things. AA is simple... AA is about what we can give out of ourselves, how we can help others... Faith without work is nothing. We must go to meetings. We must help others. We must always remember that we stay sober – I get drunk...” And he really hits the nail on the head when he says, “You see, the disease is not just about stopping drinking; sobriety is living life fully without drinking, living life truly in balance.”

There are some powerful shares this month. Please read them and, please, pass them along...

Vicki C.

YELLOW ALERT FRIENDS: The Intergroup Board has two opportunities for service! The Programs Committee is in need of a Chair and a Vice-Chair after the **Founder's Day Picnic (June 7th)**. Do not let this opportunity pass you by as this is your chance to hone your leadership skills! If you would like to step up to the plate or have any suggestions for someone who would be perfect for this leadership role, please contact the Intergroup Board Chair at chair@coloradospringsaa.org.

SUBMISSIONS for The Pikes Peak Pint including all articles, stories, announcements and flyers along with questions, comments and constructive criticism are always welcomed at pint@coloradospringsaa.org.

You will receive a prompt reply and appropriate consideration for publication. Please note that submissions for publication must be made by the 20th of the month prior to the month desired for publication in order to be considered.

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Insanity before the first drink

The insanity of the first drink happened so quickly and subtly. I was 9 months sober, things were good, and I felt myself growing a part of AA. Work was good, I mean I had a job, was getting hours, and was working my way up. I wasn't living at the sober house anymore since I moved in with my dad. I had a car, was able to pay for my own gas and insurance, and was dating a girl from work who I really, really liked and got along great with. Plus she didn't party.

She asked me if I wanted to help her move to Seattle and of course I said yes. During the weeks and days leading up to us leaving I started having second thoughts, mostly because I was worried about my financial situation and wasn't sure if I should take a week off from work. Looking back, there was something else I was worried about. I see now that the idea of having the opportunity to drink on this trip started in the back of my mind. It wasn't something I purposely thought about or pondered on, it was just subtly there waiting in the shadows.....just waiting.

So during the road trip we stopped in Jackson Hole, WY. We went into town to get a bite to eat at a local restaurant and it happened. So small, so subtle. Our waitress greets us and tells us of the drink specials, we decline, and order our food. My girlfriend makes the comment, "I wish I was old enough to order a drink." I said, "Well since I'm old enough, I could always get us a bottle of wine to take back to the room." There it was. The thought that had been hiding jumped out of my mouth before I really thought about what I was saying. She did the right thing and protested, knowing I was involved with AA and working on my sobriety, but now that the idea was out in the open, my mental blank spot kicked in. Why this was a bad idea and why I shouldn't do this was gone, and I reverted to why this WAS a good idea: How I can handle one night of drinking and that I'm comfortable where I'm at in my sobriety and that it will be a onetime thing. I know I was saying everything to try to justify reasons with her but I was also manipulating myself because deep down I had that bad feeling in my gut. I knew I shouldn't! As soon as we left the restaurant and went next door to the liquor store, my disease took over. We were going to get a bottle of wine but I knew that wouldn't do enough for me. If I'm going to break sobriety to drink, I'm going to DRINK! So I suggested vodka and mixers, she agreed and pointed to a half pint. That will never do. I grab a half gallon of SKOL and a liter of coke, just in case I want to sneak shots through the night and so there will be some left over in case I wake up sick. We went back to the room and started to drink. That was the beginning of the end. The end of many things.

Looking back on it I see how and why I started to distance myself from AA. To be honest, deep down I knew I was going to drink again. When I was only weeks sober and staying at the sober house, I came up with the plan to wait until I had my own place to try

some controlled drinking. But the more I went to meetings and met with my sponsor, the more I learned and started to understand this whole alcoholism thing, so that idea was pushed aside. Unfortunately it was only pushed aside and not pushed out. It was pushed to the side and to the back, to the shadows, where it would sit...sit there waiting.

In the meantime, as I was getting more sobriety, the more I felt I had to make things happen. Now that I was sober and physically able, I had to pull myself up by my boot straps and get my life back on track. This debt hanging over my head wasn't going to take care of itself, so I have to DO something. Staying with my dad wasn't what I wanted so I have to DO something. I don't want or need all of these meetings because I have to DO something with my life. What am I going to do to help fix all this? I don't know...I just...don't know, BUT I have to DO something. What I ended up DOING was putting a huge barrier between God and myself. I stopped praying, stopped relying on Him, and took the steering wheel from Him. He wasn't working fast enough for me, so I blocked Him out. Not on purpose, not intentionally, I just started making my own path.

When I came back from the trip, I got back into AA because that was my only option. My heart wasn't in it but since I was staying at my dad's place I had to show I was doing something. The whole time I was still drinking. I wanted to stop, I knew I should stop, but I COULDN'T. *As Bill's story says, "There had been no fight. Where had been my high resolve?" (pg. 5) In no time I was beating on the bar asking myself how it happened (pg.6).* So I stopped going to AA and gave into the drink. Soon I was right back where I used to be: Waking up sicker than a dog, shaking like a leaf, feeling death throughout my entire body. I had to drink just to be able to function.

"No words can tell of the loneliness and despair I found in that bitter morass of self-pity. Quick sand stretched around me in all direction. I had met my match. I had been overwhelmed. Alcohol was my master." (pg. 8)

-Quinn B.

Editor's Note: Quinn is back in the rooms of AA and his shares are AWSOME.

but now that the idea was out in the open, my mental blank spot kicked in. Why this was a bad idea and why I shouldn't do this was gone, and I reverted to why this WAS a good idea: How I can handle one night of drinking and that I'm comfortable where I'm at in my sobriety and that it will be a onetime thing...

What's the point?

When I was in the depths of my use and abuse of mind and mood altering substances I would often think I should stop. Then I'd think what's the point I'll just give in and drink again. I'd find whatever reason under the sun to buy a bottle and once it was open anything goes. Once I got started I couldn't stop. Why should I stop, I'm not harming any one, what's the point?

I had a job, a house, a car, I managed to keep my wife and as long as I was buying I had friends. Eventually everything I did, everyone I hung out with and all of that which made up my character was wrapped by alcohol. I'd think briefly about quitting but what's the point?

This went on for years. I would circle around the emotional extremes never having any trouble with any of them because I had the answer. The answer was a bottle. The power in the bottle was a power greater than me. I was caught in the grips of a vicious, ever tightening grasp that squeezed the life out of my feelings and me. Scrambling my emotions to the point of total confusion with no visual escape so blinded I'd think, what's the point?

As this insanity slowly became my norm all of this began to seem like it was supposed to be. I would find myself drinking alone more and more. I'd often sit on a rock overlooking the mouth of North Cheyenne Canyon with my dog and a bottle wondering at the beauty of all that I was seeing and, how it might have all come about. I would wonder about how I fit into this big picture and why. I would finish the bottle and sadly think, what's the point?

I was driving to New Mexico one morning when it occurred to me that I had gone some thirty-six hours without a drink. A new record to be sure but, how! All the days of future past went by with my desire along with many exclamations that one of these days I'd; one of these days I'd quit. Much to my surprise one of these days had finally arrived.

As I motored down the interstate I made a personal decision that would change my life. I said a prayer based on this decision then called a man whom I knew was in the program. Vic and I talked until I ran out of signal, about a half hour. On that day, at that moment, my obsession was lifted and I strayed on to a path of

unknown discomfort wondering, what's the point?

I decided to quit drinking and that's fine, but now what? My feelings and emotions started flooding in raw, untethered and relentless. I was confused and disoriented with tears on one side of my face and a smile on the other. In all this turmoil I screamed, what's the point?

I still sit on that rock overlooking the canyon. My dog has since passed and the bottle stays down. I still look over the canyon in wonder but today I have a better understanding. I understand that God has everything to do with where I am today. He has guided me to do what I do. He has helped me sort through the emotional extremes and to understand that my feelings are real. God has guided me through the spiritual gyrations to the point that I am better able to accept the things I cannot change yet I sometimes still ask, what's the point?

A few days ago I had lunch with a friend. We talked about our lives and the events that affect us individually each day. He pointed out something that I knew all along. Something I've read at least nineteen hundred times. Something I believe with all my heart but couldn't see because it was so obvious, I looked right through it.

What my friend pointed out is "we are not saints. The point is, that we were willing to grow along spiritual lines. The principals we have set down are guides to progress. We claim spiritual progress rather than spiritual perfection".

When I practice all this with an honest willing open acceptance, it all folds together nicely to form a design for living that really works for me.

That's the point!

_rod q

Submit an article!

The Pint is always looking for articles, so please email anything you have to pint@coloradospringsaa.org. "There are no requirements" for writing articles. They can be anything from a couple of lines to several paragraphs and can be on any topic relating to AA.

A Longtimer Shares... an Interview by Leslie W.

After a family intervention and 21 days of treatment, his counselors never thought he would make it. But God intervened on a cocktail napkin, and this AA has now been truly sober for 25 years.

To begin, I want you to know that when I speak, I speak straight from my heart. I did not start drinking till I was 18 years old. I come from a middle class family in Peru. I did not want to grow up to be like my father. I don't know if he was an alcoholic, but he certainly drank every day and I became worse than Him.

I played a lot of sports, and one day, practicing soccer, one of my friends said he needed to talk to someone, so we went to this place to talk, a place soccer players frequented, and we drank from 10 a.m. till 4 p.m. That first time drinking, I got very drunk. I didn't go home that night, out of respect for my mother – I slept in the park. That was it, from that point on; I started drinking every single day. I was studying electronic engineering, but then the university closed. So, I started going to a club where my parents were members, and I played pool for money and made enough money to drink every day.

One day at 4 a.m., I got home, drunk, went to sleep and woke up deciding I didn't see a future for myself in Peru. I had a sister in Washington D.C., and she and my mother helped me get to the United States and into a career in computers. I didn't even speak English, but I was driven, and I studied 16 hours a day. I didn't drink very much then; mostly on weekends, I would have one or two beers. I graduated second in that computer class of 32 students. After that, my drinking started to get worse. I remember one afternoon in Maryland, I walked by the Red Fox Bar, went in for a hamburger, ended up playing pool. I left that bar at two or three in the morning, very drunk and with \$20-\$30 more in my pocket.

A friend I knew from high school in Peru asked me to play soccer for a Peruvian team, and when I told him that I was going back to Peru, he got me a job doing room service at the Holiday Inn. I worked, played soccer, drank, and got married. One day, a director from one of the international organizations in Washington, who went every Sunday to watch the soccer game, offered me the opportunity to work in his department as a systems analyst. At that time, I already had a daughter and had moved forward on my residency documents, and my drinking was even worse. I got six DWIs. I started going to AA in 1980, because my lawyer had said

that if I didn't go to AA, I would go to jail. So I got two years sobriety in the program then, but the problem was that I was doing what I call the "two steps" – helping everyone else, taking everyone else's inventory, forgetting about me.

Two years into the program, I went to Peru for my brother's wedding, and that trip was filled with resentments because not everyone in the family was invited to the wedding. I didn't drink at the wedding. When I went home and asked my mom where my dad was – he hadn't attended the wedding -- she said he wasn't home. But I knew where to find him, at a bar downtown. At the bar, he asked if I wanted a Coke; I told him I wanted a beer. Just like that, after two years sober. I then drank for the next six years. I was miserable during that time – **AA really screws with your drinking!**

During that time, I changed jobs from the international organization to a military base. There I made friends with my boss who also drank heavily, and when he moved to another job he asked if I wanted to move with him to work at a telecommunications corporation. I did, and I have been there 35 years. But my drinking continued until my family did an intervention. There were nine people in that meeting – my family, my wife and my kids and two sisters, and two friends, including my personal physician. They talked about the disease and all that, but honestly, I'd always said that God gave you two ears for a reason: one for things to go in and one for things to go out. Well, I wasn't listening to them, until my children began to speak. They said they were afraid to bring anyone to the house, because they had no idea *if* I would arrive, or in *what* state I would arrive, or what I would do. So, I decided to go to treatment for them. But in treatment I found out **I had to do treatment and AA for myself. It became obvious that if I was not happy and honest with myself, well, I couldn't make anyone else happy, and I could not be honest with anyone.** I was in treatment for 21 days, and I did my first five steps. I found a lot of denial. There were so many things I had been doing wrong, but I was always justifying that they were right. Step 2 was very powerful. I began looking at my defects daily, seeing what I could not see when I was drinking. I narrowed to 15 the list of people I needed to make amends to, 15 people close to me in my life, and every single day, I make living amends to those people.

My counselor at treatment did not think I would make it, but I am going on **26 years of sobriety**, May 21st this year. In fact, I had an argument with my counselors before I left treatment: They didn't want to let me go so soon, but when I

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put my mind to something, I do it. I was very successful in my career, and I had won three Excellence in Service awards, and I was scheduled to go to Phoenix after 21 days in treatment to receive an award. I got on the plane, and right off, the guy next to me asked for a Scotch. I looked at the Scotch, then the stewardess gave me a napkin, and I stared at it. It said, "AA." It was an American Airlines flight. I didn't drink on the plane. I got to the hotel, and there was wine and cheese in the room, and dinners and drinking, and I didn't drink. It is that simple: I believe God exists.

After treatment, I did my program more seriously. Father Martin simplified the Twelve Steps for me: Trust God, Clean House, and Help Others. The first three steps are about trusting God. I am a Catholic, but in the program, I found a new, friendly God to whom I can turn over all of my affairs. This is my firm foundation. In the Fourth Step, I have to really look at my part – the fourth column of the Fourth Step is very important, I see all of the things I did. Then I have to see what I am doing with these defects. This is also very important. Yes, the program says progress, not perfection. But I know well that the same person drinks again, so I must keep on changing! So I do Step 10, 11, and 12 every day. I meditate, listening to God.

I have always gone to a lot of meetings, and I always talk there about how the program works for me; I talk about the solution. I still go to 10-12 meetings a week. I don't have to be at meetings, I want to be there. At meetings, I have to remember where I came from and never forget it. Meetings are the way to pass the message, to help people. Meetings are also meditation. I really don't like people to tell me what to do, but I listen to what my AA friends say. I know how to drink and drug, but I do not know how to live. When you start asking a question, and you try to answer that question all alone, if you don't have a good relationship with God and are not listening to God and to other people, or to God through other people, your disease is coming. We need other people in AA. If three or four people I trust in AA tell me the same thing about what I think, I have to listen to them, I have to listen to God, and I have to change. I always need to ask, "Do I want someone to do this to me?" If my answer is no, I don't do it.

Fellowship is very important to me. I appreciate people for what is inside, not their outsides. I have a lot of friends – from the son of a president of a country to a street cleaner. Balance is important, balance between work, friendships,

family and my program. I need that balance. We alcoholics are not balanced, we always want more, more sometimes of *what*, I don't know, but I know I *always* want more. Balance makes you change your life, and fellowship is important to that balance. I trust an alcoholic doing a program more than I do a normie, because an alcoholic really working a program has to have honesty, open-mindedness and willingness.

My life has changed. My relationships with my wife and children have also changed for the better. I hardly argue with my wife, and I have great communication with both my son and daughter; I love them as they are. We cannot change people, places or things. When my family asks me to do something, I know am in their life -- I show up for them and do it. I have passed the program on to people close to me: My brother has 20 years sobriety in the program, and some cousins and nephews are in the program. On weekends, I play poker with AA friends. It is fraternity – I find we can really have a life after drinking, playing poker, golfing, going to weekend retreats in Deer Valley, celebrating one another's birthdays, traveling. You see, the disease is not just about stopping drinking; sobriety is living life fully without drinking, living life truly in balance.

This is a simple program for complicated people who have lived their lives drowning in stupid things. AA is simple. I believe every problem has a solution, if it doesn't have a solution, it is not a problem. AA is about what we can give out of ourselves, how we can help others without even knowing it. Faith without work is nothing. We must go to meetings. We must help others. We must be in the rooms where we all speak the same language. We must *always* remember that *we* stay sober -- *I* get drunk, and that one is too many, and 20 are not enough.

Fernando R.

In the month of March the Service Office received 7 Grateful Giver contributions & 1 Birthday contribution!!



Concept 5: Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.



Step 5:

Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

Tradition 5:

Each group has but one primary purpose —to carry its message to the alcoholic who still suffers.

TRADITIONS CHECKLIST

Tradition Five

- 1) Do I ever cop out by saying, “I’m not a group, so this or that Tradition doesn’t apply to me”?
- 2) Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
- 3) Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
- 4) Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
- 5) Do I help my group in every way I can to fulfill our primary purpose?
- 6) Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

HEARD AT A MEETING:

“It’s okay to look back at your past, just don’t stare at it.”

MEETINGS ADDITIONS – DELETIONS – CHANGES

3rd Tradition CHANGE (open) Readings from the first 164 pages of the Big Book on Friday at 8:30 p.m., at the Peer, 308-I S. 8th St. to (open) Readings from the first 164 pages of the Big Book on Friday at 8:30 p.m., 1769 S. 8th St, Clean Slate.
At the Peer CANCEL (open, handicap access) Discussion on Monday, Wednesday & Friday at 9:30 a.m. at the Peer, 308-I S. 8th St.
Living Sober at the Peer CANCEL (open, handicap access) Big Book Study on Saturday at 11:00 a.m. at the Peer, 308-I S. 8th St.
Red Cloud Women’s Meeting CANCEL (open) on Sunday at 4:00 p.m. at 10400 Ute Pass Ave., Green Mountain Falls, CO (across from pond).
Serenity Riders Group CHANGE (open) Discussion on Sunday at 9:30 a.m., 308-I S. 8th St at the Peer to (open) Discussion on Sunday at 9:30 a.m., 2422 Busch Ave, The International Polka Club.
Late Night Meeting CHANGE (open) Discussion on Wednesday at 8:00 p.m., 1310 Evergreen Heights Drive, Woodland Park, Faith Lutheran Church to **Living Streams Meeting** (open) Discussion on Wednesday at 8:00 p.m., 108 N. Park Street, Woodland Park.
Noon Meeting CHANGE (open) Discussion on Saturday at 12:00 Noon, 1769 8th Street Bldg P, Clean Slate to **Beginners at Noon** at 12:00 Noon, 1769 8th Street Bldg P, Clean Slate.

Birthdays of the Month

~ MAY BIRTHDAY MILESTONES ~

FRIDAY WOMENS		STEEL MAGNOLIAS	
Marykatherine M.	32 yrs.	Leah R.	38 yrs.
Annikki H.	25 yrs.	Brooke H.	3 yrs.
Mary	7 yrs.	TUESDAY NEW WOMEN	
Nichole R.	6 yrs.	Polly W.	31 yrs.
Diane B.	22 yrs.	Kathy B.	7 yrs.
Emily r.	5 yrs.	Michelle G.	1 yr.
Karen L.	8 yrs.	<p>We have a total of 81 groups in our local area. Let’s ALL join in and celebrate our milestones together! MAY = 239 YRS</p>	
SOLUTIONS AT NOON			
Dennis D.	4 yrs.		
Lesa D.	1 yr.		
Maureen M.	5 yrs.		
Rob G.	24 yrs.		
Bree	2 yrs.		
Kathy W.	9 yrs.		
Tully D.	9 yrs.		

Permission to Post: <http://recoverycartoons.com>

~ SHOUT OUT ~

FOUNTAIN OF SOBRIETY

6:30 p.m. Saturday
 331 Main St, Room 3
 Fountain, CO

BIG BOOK STUDY

6:00 P.M. Tuesday
 301 E. Iowa
 Fountain, CO



“Heard at a Meeting” wants to hear from you! Do you have a favorite saying you heard in a meeting that helped you or someone else? Did you go to an AA retreat that changed you for the better? Submit your share to the Pint website: www.coloradospringsaa.org or email to the Pint at pint@coloradospringsaa.org.



NIGHTWATCH COMMITTEE MEETING



The Purpose of Nightwatch

TRADITION FIVE

Each Group Has But One Primary Purpose- To Carry Its Message To The Alcoholic Who Still Suffers

NIGHTWATCH COMMITTEE MEETING

The 1ST Tuesday Of Every Month At 7PM,
We Meet At Sacred Heart Parish
2021 West Pikes Peak Ave
Room 10 *upstairs*
(corner of 21st street and Pikes Peak)



Contact Info:

Service Office 24hr Hotline (719) 573-5020

www.coloradospringsaa.org

1353 S. 8th Street, Suite 209

Colorado Springs, CO 80905

GINA S. (719) 502-1154

www.nightwatch@coloradospringsaa.org

THE ONLY REQUIREMENTS ARE 6 MONTHS CONTINUOUS
SOBRIETY AND A 1 YEAR COMMITMENT OF SERVICE

• CONTRIBUTION ADDRESSES •

~ AREA SERVICE OFFICE ~

Colorado Springs Area Service Office

1353 South 8th St., Suite 209

Colorado Springs, CO 80905

(Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

P.O. Box 459 - Grand Central Station

New York, NY 10163

(Include group name and number on check)

~ AREA 10 ~

Area 10 Treasurer

12081 West Alameda Parkway #418

Lakewood, CO 80228

(Include group name, number and District 7 on check)

~ DISTRICT 7 ~

District 7

P.O. Box 26252

Colorado Springs, CO 80936

(Include group name, number and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Pink Can Contributions

P.O. Box 40368

Denver, CO 80204

(Make checks payable to Area 10 Corrections Committee)

(Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •

• COMMITTEE INFORMATION •

Public Information:

Committee Meeting: 1st Saturday, 2:00 p.m., 1st floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

Cooperation with the Professional Community:

Committee Meeting: 5:30 p.m., 2nd Sunday of the month at the Downtown Group, 210 N. Corona St.

District 7:

Committee Meeting: 7:30 pm, 3rd Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

Treatment:

Committee Meeting: 12-1 pm, 2nd Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

Nightwatch:

Night Owls Committee Meetings: 7:00 p.m., 1st Tuesday of the month at Sacred Heart Parish, 21st and Pikes Peak Room 10 - Following the New Beginners meeting.

Archives:

Archive Committee Meetings: 6:00 p.m., 1st Monday of the month at Sacred Heart Parish, 21st and Pikes Peak Room 10.

Special Needs:

Committee Meetings: 1:00 p.m., last Saturday of the month at 309 S. Hancock Ave.

**For more committee information including
intergroup committees please go to
coloradospringsaa.org**

Local Service Office

Hours: Tuesday-Friday 9 a.m. to 6 p.m.

SAT.-SUN.-MON: CLOSED

Location: 1353 South 8th Street, Suite 209

Contact the Service Office for intergroup information

Colorado Springs, CO 80905

719-573-5020

E-Mail: service_office@coloradospringsaa.org

Web site: www.coloradospringsaa.org

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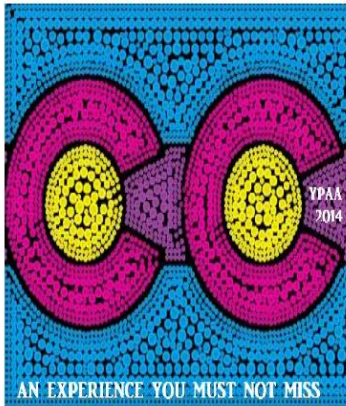
or you can get a copy for only \$1.00
at the Area Service Office

GROUP NAME (2013-2014)	Fiscal Yr. to date	March	GROUP NAME (2013-2014)	Fiscal Yr. to date	March
Above the Bar Group	\$222.35		Northwesters	\$600.00	\$50.00
Apex	\$321.00		Oasis Group	\$150.00	
Back to Basics	\$465.56	\$181.00	Off The Wall	\$237.15	\$51.56
Beacon Light Group	\$150.00		Old North End Study Group	\$105.50	
Big Book Action	\$392.28		Pre-Dawn Meeting	\$0.00	
Big Book Study UPH	\$301.00		Primary Purpose	\$226.01	
Black Forest	\$390.03		Primary Purpose - Men's	\$50.00	
Broadmoor	\$0.00		Progress Not Perfection	\$400.03	
Brown Baggers	\$150.00		Recovery in Action	\$676.38	\$132.22
Central	\$69.46		Saturday Early Morning Mtg.	\$596.05	\$371.65
Clean Air Group	\$253.45		Security Eye Opener	\$234.72	\$150.00
Don't Worry Be Happy	\$637.42		Serenity Hour	\$447.00	\$50.00
Down By The Creek	\$40.00	\$40.00	Serenity Riders	\$436.89	
Downtown Group	\$3,693.04	\$341.74	Serenity Sisters	\$263.85	
Drylander's Group	\$99.00		Solutions at Noon	\$410.93	\$16.50
Easy Does It	\$268.50		Sought Through Prayer & Meditation	\$85.50	
Ellicott Group	\$201.00		Steel Magnolias	\$277.96	
Eye Opener	\$0.00		Stepping Stones	\$310.65	
First Forty	\$35.00		Sunday Morning Speaker	\$1,623.28	\$562.00
Foxhall Group	\$113.25		Sunday Night Big Book Study (Clean Slate)	\$0.00	
Friday Night Live	\$350.00		Sunlight of the Spirit - Women's 12x12 (Monument)	\$518.50	
Friday Women's Group	\$690.16		Taking Steps	\$41.25	
Good Ole Boys	\$200.00		The Doctor's Opinion	\$300.00	
H.O.W.	\$221.44		The Garage Meeting	\$42.76	
Happy Destiny	\$353.01		The Sober Jokers	\$200.00	
Happy Heathens	\$454.50		Then and Now	\$246.06	
Happy Hour	\$120.00		Thursday Mens	\$800.00	
Happy, Joyous & Free	\$298.00		Thursday Noon-- Woodland Park	\$100.00	
High Noon	\$311.00	\$22.00	Turning Point	\$120.00	
Into Action	\$629.00	\$149.00	Ute Pass Breakfast Group	\$165.00	
Keystone to Recovery	\$75.00		Veterans for AA	\$50.00	
Lake George Group	\$300.25		Walk the Talk	\$5,633.71	\$340.00
Little Log Church Group	\$100.00		Walking on Water	\$100.00	
Living Free	\$138.85		We Are Not Saints	\$1,324.07	
Living Sober	\$0.00		Westside Eye Opener	\$0.00	
Living Sober South	\$231.18		Women of Grace	\$314.68	
M.A.G.	\$489.36		Woodland Park Beginners	\$56.59	
Meditation Group	\$50.00		Woodland Park Book Study	\$529.60	
Natural High	\$57.00		Woodland Park Women's Step Study	\$138.00	
New Beginners	\$687.50		Young People	\$1,230.56	
New Woman	\$679.25		Totals:	\$33,280.52	\$2,457.67

UPCOMING EVENTS

Check the website for any last minute changes for these events: www.coloradospringsaa.org

COLORADO CONFERENCE OF YOUNG PEOPLE IN ALCOHOLICS ANONYMOUS



CCYPAA

MAY 30-JUNE 1, 2014

COMPLETE THIS FORM BELOW AND MAIL IT TO
CCYPAA PO BOX 61013 COLORADO SPRINGS, CO 80960

NAME: _____ NAME ON BADGE: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____ EMAIL: _____

SOBRIETY DATE: / / GENDER _____

MEMBER OF: AA ALANON ALATEEN

SPECIAL NEEDS: _____

PRE-REGISTRATION- MAIL \$25 CHECK PAYABLE TO CCYPAA
OR PAYPAL: CCYPAA2014@GMAIL.COM

FEAR FACTOR

POOL PARTY

WATER
BALLOON
FIGHT

SPEAKER
MEETINGS

PANELS

HOTEL ELEGANTE

2886 S CIRCLE DR
COLORADO SPRINGS
719-576-5900

\$99 per night

FOR MORE INFO
ccypaa2014@gmail.com
www.CCYPAA.com

Colorado Springs Intergroup Presents...

our annual

Longtimers' Dinner

Saturday, May 17

featuring:

Springtime Ham Dinner

Wonderful Speakers

& the Company of Longtimers!

Fellowship Hall, 4:30-7:30pm

First United Methodist Church

420 N. Nevada Ave.

Are you a Longtimer?

Please RSVP to the Service Office
at 573-5020

Not a Longtimer?

Please bring \$10 at the door, or
call the Service Office to volunteer!

What's a Longtimer?

Anyone with 18+ years of
continuous sobriety!

Questions?

Call the Service Office at
573-5020

A Decade of Solutions Solutions @ Noon Group 10th Birthday Party

Wednesday 11:30am, May 14th, 2014

Solutions is having a party to celebrate 10 years. Eating will begin at 11:30 am. At noon we will have Beth G. speaking. She has been sober since 9/15/1987, and you will not want to miss her story. This is going to be a potluck. Our last one was wonderful, so please feel free to bless us with your food contributions. But, we are also going to provide some large items, such as a ham, turkey, chicken or?? Depending on what people sign-up to bring we will fill in any holes in the food. Come one, Come all! We need people to help with: Organizing, Set up, Clean up, and to bring dishes (main, side, salads, desserts, pastries, drinks & your own specialty, of course!) Contacts: Maureen M. and LaDanna.

502 N Walnut St. 80905, Westside 1st Wesleyan Church

In basement, enter in the back from parking lot

2014 Colorado State Convention

Presented by Area 10 Alcoholics Anonymous in cooperation with Area 5 Al-Anon Family Groups
Two Rivers Convention Center, Grand Junction, Colorado – August 29, 30 and 31, 2014

WELCOME TO
COLORADO AA

Activities & Events are based on "Our Common Welfare
– Singleness of Purpose"

Friday Evening Speaker
Saturday Al-Anon Speaker and Luncheon
Saturday Evening Speakers, Banquet & Dance
Sunday Morning Speaker
Workshops, Continuous Meetings and Videos

AA Speakers

Jim E., former Chairman GSO Board, El Dorado Hills, CA
Kent C., Sandusky, OH
David H., Past Delegate Panel 47, Parker, CO
Holly P., Lake Charles, LA

Al-Anon Speakers

Susie B., Brindisi, Italy
Debbe P., Abilene, TX



For Preliminary Program and Updated Information
Go online: www.coloradoaa.org
Questions?

AA

Lew E, Convention Chair 970-778-8878, convention@coloradoaa.org
John M, PI Chair, 970-243-8589, johnmgj@gmail.com
Marilyn F, Reg Chair, 970-243-7645, A10ConvReg@gmail.com

Al-Anon

Kelly W, Convention Chair, 2014StateChair@al-anon-co.org
Michelle M, Co-Chair, Panel35@al-anon-co.org

GROUP RATE CODE FOR ALL 3 HOTELS: AREA 10 STATE CONVENTION. Reserve by 8/15/2014.

Hampton Inn	Fairfield Inn & Suites	Springhill Suites
205 Main St, GJ, CO 81501	225 Main St, GJ, CO 81501	236 Main St, GJ, CO 81501
Ph: 970-243-3222 or 800-426-7866	Ph: 970-242-2525 or 800-228-2800	Ph: 970-424-5777 or 888-287-9400
www.grandjunction.hamptoninn.com	www.marriott.com/GJTFI	www.marriott.com/GJTSH
Group Rate: \$109.95	Group Rate: \$109.95	Group Rate: \$119.95

Register online at www.coloradoaa.org or complete the form below and mail to (make checks payable to "Area 10 State Convention"):
2014 Area 10 State Convention, PO Box 324, Grand Junction, CO 80502. One form per person.

Pre-Registration \$25	On-Site Registration \$30
<input type="checkbox"/> AA	<input type="checkbox"/> Al-Anon
<input type="checkbox"/> Friday Night Dessert Social \$10	<input type="checkbox"/> Other
<input type="checkbox"/> Saturday Al-Anon Luncheon \$30	
<input type="checkbox"/> Saturday Night Banquet \$45	
<input type="checkbox"/> Saturday Night Dance \$5 (Included if Registration is postmarked by 8/15/2014)	
<input type="checkbox"/> Bottomless Coffee Mug \$15	
<input type="checkbox"/> Discounted Package Price \$100 (Total Savings of \$25.00 for Registration postmarked by 8/15/2014)	
<input type="checkbox"/> Optional Donation \$ _____	
Total Enclosed \$ _____	

Member Registration Information:	
Name on Badge:	_____
Name:	_____
Address:	_____
City:	_____ State: _____
Zip Code:	_____ Phone: () _____
Email:	_____
<input type="checkbox"/> I want to volunteer	
Special Needs:	<input type="checkbox"/> Sign language interpreter
	<input type="checkbox"/> Other (specify): _____

Credit Card Information: VISA/MC #: _____	Expiration Date: _____
Cardholder Name: _____	Billing Zip Code: _____ Security Code: _____
Cardholder Signature: _____	Date: _____
On-site registration will be open from 3:00 PM-9:00 PM Friday, August 29, 2014 and at 8:00 AM Saturday, August 30, 2014.	