



TOPICS

Honesty

Open Mindedness (Sep)
Willingness (Oct)
Service (Nov)



~THE PIKES PEAK PINT~

SUBMISSIONS

The PINT wants to hear from you. Submit your BIRTHDAYS, SPEAKERS, MEETINGS, SHARES to the Pint through the website:

www.coloradospringsaa.org or email to the Pint at pint@coloradospringsaa.org.

DEADLINE 17TH OF THE MONTH

EDITOR'S NOTES

Inside this issue:

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This month in the PINT we are addressing Honesty as one of the essentials to achieving sobriety and freedom. This key factor makes space for each of us to come into a new relationship and attitude with our Creator, changing who we become to the entire world!

So is honesty a TALL order?...Absolutely, however it seems in my experience and the experience of our writers this month that Honesty is where freedom from the bondage of alcoholism begins and I 100% meant "begins!" I have had the grace of several 24 hours and I have gotten to (with my sponsor and Creator) look face to face with so much more about me than just my drinking. Honesty today is that if I refuse to see and humble myself to these facts of myself, these twists in my character, I will eventually turn

to a drink for relief from the shame that not being honest about those things will bring.

But what brings us to honesty? Has even one of us just woken up and said, "Ya know my life is in about a zillion pieces, I feel hollow on the inside, not totally sure if I have brushed my teeth in a while, so I think I will just tell another person that and get on with being healthy!" Well perhaps you have, but I know it has more than once taken quiet a bit of pain to get me in the key-rrect desperate position to be honest. Without it I was DOOMED (the book tells me this) to go on with my alcoholic living until I reach my alcoholic death and Doomed is a pretty bleak word friends!

I think this month our writers do an amazing job of explaining what bring us to honesty and what it looks like on the

other side as well. Guess what, not one of them died from being honest, but they did get to come into a different relationship with themselves, their Creator, and others. Best of all they didn't have to drink to tell the truth then and can openly share about it with you now.

I would offer to all of our fellowship that when we share honestly with each other, even if we think we have nothing to give, we change and we grow. Your feeling of nothing is someone else's oasis, and that in return refills your cup. Thank you to all of our writers this month for helping to remind us all that honesty is still a key essential to freedom from the bondage of alcoholism.

May God Bless you and Keep You!
 Stormie.

“Honesty to Self- The Beginning”

For many years most of what I told others and myself were lies. I lied about everything. Big or small, important or unimportant, big lie or embellishment it did not matter. For the longest time I knew this was no way to live and it had been affecting my relationships with others. I found myself having to cover up for the lies, big or small, and those who saw through them started to distance themselves from me. In the last days of my drinking this became increasingly difficult. See, I had lied to so many for so long I no longer knew who I had told what to or what was true from false. Progressively, I started to care less and less about who knew what or believed what. It could have been a lack of energy or that I simply just did not care anymore. What was important was my next drink. If that required me to lie then so be it. In October of 2013 that all came crashing down. It's hard to explain how it all happened but I found myself one Friday morning leaving a jail in a city/county/state that I did not live, still drunk from the night before and surrounded by impending doom. What is so hard to explain is why then I chose to finally listen to this faint instinct that enough was enough. God had opened a door for me and he may have been opening doors for years that went unnoticed but this time I surrendered completely and decided to finally walk through it. There I stood with fresh bruises on my wrists from the handcuffs with no one to call and somehow I was able to be honest with myself. I had a serious problem and I had no clue how to even start to address it. While waiting on a flight back home to Colorado later that day I called the only person I thought would speak to me. Having sobered up in AA in 1982 my father's familiar voice had only one thing to say before promptly hanging up. He said "son, get to a meeting of Alcoholics Anonymous if you're finally done."

Upon arriving home, I found my first AA meeting. A woman there used the same honesty my father had. She was blunt but welcoming. I could not tell you any one thing said in that first meeting. Blurry as it all was those first few months I somehow found a sponsor on my 4th day of continuous sobriety and began to work the steps. He too had that same candid honesty. At first getting honest did not seem like a realistic feat. After all, I still was not sure what was true from false. Slowly and with the help of other alcoholics, I became honest with myself and eventually others. Today I am happy with who I am and rarely try to be something I am not. When I say I'm going to do something, I do it. When I say I am going to be somewhere, I am there. I learned from others like me how to be kind but honest with others. I would love to say I never lie and am always honest. Sadly that defect is still there but while continuing to do the work outlined in our literature and seeking to grow the relationship with my higher power, I let others know when I have not been honest with them. A lie is not the first thing that comes to mind. The psychic change has taken root. Instead of thinking about me or how to make me look better to myself or others I at least try to think of others before myself. To think this all began with me first being honest with myself that I could not go on living or dying depending on how you look at it, then God placing these people in my life who showed what honest candor could do for someone suffering the way I was and now to how things have improved, is a miracle. By God's grace, today was better than yesterday and, if I continue to take the actions some honest alcoholics demonstrated, maybe tomorrow will be better than today. How awesome is that? Tom M.

“Honesty”

“Rarely have we seen a person fail who has thoroughly followed our path. Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a manner of living which demands rigorous honesty. Their chances are less than average. There are those, too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest.” (Alcoholics Anonymous, p58)

My name is David D. and I am an alcoholic.

The first paragraph of “How It Works” from the big book *Alcoholics Anonymous* says it all right there. It is read at almost every meeting. Honesty is essential in recovery from alcoholism and a hopeless state of mind and body.

But what is honesty? The simple answer is not lying. But several consecutive years of being an active, sober member of this program and peeling back a few “layers of the onion” has taught me that honesty is much more than just telling the truth. The truth may be that I do not like this person, but if I ask myself, “why do I honestly not like this person,” the answer may be a scary one. This person may share in a meeting and bring to light some of the things that after several year of sobriety I am still unwilling to face. It is because of my own insecurities, fears, and unwillingness to face myself that promotes my dislike towards this person. There is always a layer underneath the simple truth that outlines the reason for the truth—that is rigorous honesty. Once I know the reason, I can do something to change it. This is where steps four through seven come into play.

Most importantly, being honest with myself is the only thing that matters at the end of the day. I have had those dark days that lead into dark weeks, and at the time, I found myself with about four and a half years sober alone in my room with a bottle in my hand. That alcoholic insanity came back just as strong as ever. My roommates were not home, it was late at night, I was not going to call anyone, and was not expecting anyone to call me. No one would know if I just had the one. I could lie to the people in the rooms; I didn't really care if you people believed me anyway. Then by the grace of my Higher Power I was honest with myself. I would know, and if I knew, my Higher Power would know. That is all that really mattered. My alcoholism lied to me all those years I drank, and I did not want to; I could not believe those lies anymore. Thankfully there was one more meeting that I could go to before the meetings stopped until 6am the next morning. On the drive there, I called my sponsor and got honest with him, and at the meeting I got honest.

“Those who do not recover are people [...] who are constitutionally incapable of being honest with themselves”. Once I get honest with myself, I can truly be honest with my fellows. Once I get honest, I can step out of my alcoholic delusion and see it for what it really is—insanity. Once I see my insanity, I can take the steps necessary to recover.

My name is David D. and I am an alcoholic.
Sobriety Date: 4/21/2008

“An Indispensable Principle”

Our book says that we can get better if we can be honest. Honest about what?

In my first days of sobriety, my sponsor told me that lying was directly related to drinking; if I didn't want to drink, I had to tell the truth...compulsively. He said that even "white lies" were dangerous for alcoholics because participating in small lies puts us at risk for believing the big lie--believing that we could survive taking a drink.

When I tried to follow his suggestion, I quickly realized that I have a tendency to lie a lot. I caught myself lying about things that didn't matter. If I was late getting somewhere, I found myself making up stories about why and trying them on for size. If I made a mistake, I made up excuses or blamed other people. If I told you about my weekend, I would exaggerate to make the story more interesting.

I was committed to follow my sponsor's suggestions. However, I had a lifetime of practice lying so the lies sometimes came out before I could stop them. My sponsor encouraged me to go back and tell the truth if I caught myself lying. That was terrifying, humiliating, and painful but I wanted to survive alcoholism. So, I would go back and tell the truth.

When I told the truth, it became apparent that my fears of rejection were mostly unfounded. More often than not, people would smile. My relationships began to improve. How could it be that the things I was so afraid of could be so far from reality? My eyes began to open to the fact that my illness extended far beyond just alcohol. My belief system was flawed.

Inside my head, I was not good enough. I was an outsider who didn't measure up to the rest of the Earthlings. My aim in relationships was to keep people from finding out who I really was; that I made mistakes; that I was an average person; that I was often afraid and that I felt inadequate. But the reality I discovered outside of myself was far different. People didn't really care if I never made mistakes; that my story was better than theirs; that it wasn't my fault or that I was often afraid. They respected me for telling the truth. They related to me when I admitted that I was flawed.

My new discoveries gave me the courage to be honest with myself and write a thorough fourth step. It took still more courage to share my fifth step with God and another person. The momentum created by telling the truth on a daily basis empowered me to share my whole story, for the first time, with someone else. My surprise was profound when my sponsor, instead of rejecting me, shared his own similar experiences to match my darkest secrets.

Still more valuable than my sponsor's acceptance, were the discoveries that I made when making amends during my ninth step. Most of the people I approached were impressed by the courage I showed by taking this step. Many supported me in my quest for sobriety. Several people who were skeptical became convinced by my actions, over time, that I was genuine. I became a resource that they could rely on.

In spite of my early lessons, the impulse to lie has

not disappeared completely. Thanks to step ten, I can continue to practice the principle that my sponsor suggested on day one. Sobriety is a matter of staying teachable and improving on my spiritual foundation every day. Today, I believe that the humility I gain from being honest (with God, myself and others) is the practical heart of our program.

In order to stop being "in full flight from reality", I have to become honest about who I really am, what I really do, what I really think and what I really feel. If I can be honest, I receive the gifts of freedom from fear, genuine respect and acceptance from my peers, love for myself and compassion for others. Most importantly, I get to avoid "mental blank spots" when I practice this "indispensable" principle.

-JR

“With Awareness”

Throughout most of our childhood lives, we are reinforced with the narrative by our adult counterparts that honesty is the best policy. Yet when we run into the fear of being punished or out of concern for our safety, we tell lies here and there to protect ourselves. In our minds this is relatively innocuous behavior because we do not know any better—the first instance of how fear manifests in our minds.

When we get older, we start to understand the muddy nature of our own moral development and that our behaviors have consequences. Fear may still be a real mentality and we jettison taking accountability for ephemeral feelings of comfort by telling lies.

Imagine the above concept in the behaviors of an alcoholic. My experience has been that I was continuously trying to cover up my own self-destructive behavior through lies, whether they were lies of omission or overt contraries of truth. With respect to the latter, I do not know the difference between what's true and what's false due to my own alcoholic insanity. It makes sense within the context of active addiction, but what about after I put a little time together with the aide of the program and my higher power? I have to be honest because I am fully aware of the function of my lies. With awareness I can make those behavioral adjustments and do the next right thing, and I owe this awareness and spiritual awakening to the program of Alcoholics Anonymous.

Josh P.—Sobriety Date: 2/16/2014

“Heard at a Meeting”

Wants to hear from you! Do you have a favorite saying you heard in a meeting that helped you or another? Did you go to an AA “retreat or function that changed something in you for the better?

website: www.coloradospringsaa.org or email to the Pint at pint@coloradospringsaa.org.

What made an impact on you? Submit your stuff to the Pint through the website: www.coloradospringsaa.org or email to the Pint at pint@coloradospringsaa.org.

“The Truth as I Understand It “

God is the truth.
The 12 steps are the truth.
The truth is that our illness is not our fault.
The truth is that without an entire psychic change, there is little hope for recovery.
The truth is that God does not make too hard terms with those who seek Him.
We must start with our own conception of God, however limited that might be and that is the truth.
The truth is that we shut ourselves off from the sunlight of the Spirit when we harbor resentment.
The truth is that we must share our entire story with God and another person.
The truth is that we will perish without unity.
Our sponsors need us as much as we need them and that is the truth.
The truth is that we must ruthlessly face our sins and become willing to have God take them away, root and branch.
The truth is that we must not shrink at anything.
The truth is that our past can be our greatest asset.
We will continue to make mistakes and that is the truth.
Living one day at a time is the truth.
Prayer is the truth.
Spiritual progress is the truth.
The truth is fitting ourselves to be of maximum service to God and the people about us.
We are headed for trouble if we let up on the spiritual program of action and that is the truth.

Anonymous



Heard at a Meeting...
“Alcoholics do not have a monopoly on self-defeat. We are like everyone else, just more so..”

Tired of riding *on* the fellowship and want to get inside?
Sponsor pestering you to do some service work?
Want to get involved but just don't know what to do?
Then jump right in and start answering the phone!

That's right ladies and gentlemen, NIGHTWATCH needs YOU! 

Nightwatch is one of the most rewarding service positions available and there just happens to be five service slots opening.
THAT'S RIGHT, FIVE!

Thanks to the spirit of rotation we all get a chance to do a little service that has a HUGE impact.

You might make a new friend or run into an old one. You could even save a life simply by answering the phone!



For more information please contact the Nightwatch chair at:
nightwatch@coloradospringsaa.org

Or contact the Area Service Office at 719-573-5020

In the month of June the Service Office received **5 Grateful Giver contributions & 1 personal contribution!!**

CONCEPT 8: The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

8

Step 8:
Humbly asked Him to remove
our shortcomings.



Step Eight

Permission: recoverycartoons.com BenBen

TRADITION 8:

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

TRADITIONS CHECKLIST

Tradition 8:

- 1) Is my own behavior accurately described by the Traditions? If not, what needs changing?
- 2) When I chafe about any particular Tradition, do I realize how it affects others?
- 3) Do I sometimes try to get some reward – even if not money – for my personal AA efforts?
- 4) Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
- 5) Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
- 6) In my own AA life, have I any experiences which illustrate the wisdom of this Tradition.
- 7) Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition – How It Developed?

MEETING CHANGES, SPEAKERS, BIRTHDAYS ...

MEETING @ RESCUE MISSION

Open Discussion
 Thursday at 1:30 P.M.
 25 W. Las Vegas, Winter Shelter
 Colorado Springs, CO 80903
ADD

DELETED MEETING

Open Saturday 9am Primary Purpose
 3425 Van Teylingen Dr



WE ARE NOT SAINTS

Greg N.	21 yrs.
Jan I.-S.	24 yrs.

Walk the Talk

Franklin	2 yrs.
Amanda	8 yrs.
Timbo	6 yrs.
Peggy S.	19 yrs.
Deb H.	4 yrs.
Deana	20 yrs.
Sandy	18 yrs.
Ron Q.	17 yrs.
Hillary C.	4 yrs.
Ericka	2 yrs.
Gypsy D.	4 yrs.
Jenny	1 yr.

TURNING POINT @ Red Cloud Serenity Club
 10400 Ute Pass Ave, Green Mountain Falls

POTLUCK @ 6:00 P.M. & SATURDAY SPEAKERS @7:00 p.m.

Aug 1: Angela W. (Woodland Park Book Study Group)
 Aug 8: Aaron B. (Busy Friday Night Gratitude Group, FL)
 Aug 22: Ethan C. (Friday Night Live)
 Aug 31: Anonymous

****OOPS, STEEL MAGNOLIAS' JULY BIRTHDAYS****

**STEEL MAGNOLIAS

Jessie G.	4 yrs.
Sharon S.	21 yrs.
Tracy D.	2 yrs.
Kathy T.	19 yrs.

~~~~~THE PINT~~~~~

STEEL MAGNOLIAS

Denise D-K	31 yrs.
Jane B.	37 yrs.
Kelly C.	22 yrs.
Linda C.	30 yrs.
Susan H.	30 yrs.

HAPPY HOUR

Mike H	1 yr.
Kim H.	21 yrs.
Kevin M.	27 yrs.

FRIDAY WOMENS

Bonnie	27 yrs.
Kathleen	7 yrs.
Natalie M.	39 yrs.
Kristen P	7 yrs.
Alma Z.	41 yrs.
Genevieve	2 yrs.
Robin S.	21 yrs.

EASY DOES IT


Rose R.	33 yrs.
Gelette F.	3 yrs.
Charles N.	3 yrs.
Speed G.	2 yrs.
Leslie C.	1 yr.
Gary M.	2 yrs.
Blaine H.	5 yrs.
Michaelle V.	3 yrs.
Carly B.	1 yr.
Gregory K.	16 yrs.
Kevin F.	11 yrs.
Jerry H.	1 yr.
Sandy D.	8 yrs.
Mike S.	3 yrs.
Dana	1 yr.
Brian O.	1 yr.

TUESDAY NEW WOMEN


Bernie B.J.	24 yrs.
Kathleen G.	7 Yrs.
Alma Z.	41 Yrs.
Deb S.	5 Yrs.
Mary Beth S.	32 yrs.
Elise B.	31 yrs.
J.K. Mc	2 yrs.

GROUP CONTRIBUTIONS

GROUP NAME (2015-2016)	Fiscal Yr. to date	June	GROUP NAME (2015-2016)	Fiscal Yr. to date	June
Above the Bar Group	\$0.00		Off The Wall	\$0.00	
Apex	\$83.35	\$83.35	Old North End Study Group	\$0.00	
Back to Basics	\$139.00	\$58.00	Pre-Dawn Meeting	\$0.00	
Beacon Light Group			Primary Purpose		
Big Book Action	\$125.00		Primary Purpose Men's Group	\$0.00	
Big Book Study UPH	\$0.00		Progress Not Perfection	\$72.05	\$25.55
Black Forest	\$132.26		Recovery in Action	\$67.40	
Broadmoor	\$0.00		Saturday Early Morning Mtg.	\$114.45	
Brown Baggers	\$150.00		Security Eye Opener	\$0.00	
Central	\$0.00		Serenity Hour	\$200.00	\$75.00
Clean Air Group	\$82.00		Serenity Riders	\$0.00	
Don't Worry Be Happy	\$380.80	\$380.80	Serenity Sisters	\$275.00	\$275.00
Down By The Creek	\$0.00		Solutions at Noon	\$243.42	\$154.43
Downtown Group	\$1,399.47	\$817.47	Sought Through Prayer & Meditation	\$79.00	\$25.50
Drylander's Group	\$40.46	\$40.46	Steel Magnolias	\$33.50	
Easy Does It	\$0.00		Stepping Stones	\$0.00	
Ellicott Group	\$100.00		Sunday Morning Speaker	\$297.00	\$297.00
Foxhall Group	\$0.00		Sunday Night Big Book Study (Clean Slate)	\$0.00	
Freedom From Bondage	\$0.00		Sunlight of the Spirit - Women's 12x12 (Monument)	\$180.00	\$180.00
Friday Night Live	\$93.50		Taking Steps	\$0.00	
Friday Women's Group	\$70.00	\$70.00	The Doctor's Opinion	\$0.00	
Good Ole Boys	\$0.00		The Garage Meeting		
Happy Destiny	\$0.00		Then and Now	\$0.00	
Happy Heathens	\$0.00		Thursday Men's Group	\$500.00	\$500.00
Happy Hour	\$0.00		Thursday Noon--Woodland Park	\$50.00	\$50.00
Happy, Joyous & Free	\$0.00		Treating The Illness	\$0.00	
High Noon	\$77.00	\$26.00	Turning Point	\$0.00	
H.O.W.	\$0.00		Ute Pass Breakfast Group	\$50.00	
Into Action	\$0.00		Veterans for AA	\$0.00	
Keystone to Recovery	\$0.00		Walk the Talk	\$1,275.00	\$425.00
Lake George Group	\$0.00		Walking on Water	\$0.00	
Little Log Church Group		\$308.00	We Are Not Saints	\$186.70	\$186.70
Living Free	\$77.00		Westside Eye Opener	\$0.00	
Living Sober South	\$64.50	\$19.50	Women of Grace		
M.A.G.	\$120.00		Woodland Park Beginners	\$0.00	
Natural High	\$0.00		Woodland Park Book Study	\$0.00	
New Beginners	\$234.32		Woodland Park Women's Step Study		
New Woman	\$173.88		Young People	\$159.46	
Northwesters	\$200.00		Totals:	\$7,933.52	\$3,997.76




NIGHTWATCH COMMITTEE MEETING



The Purpose of Nightwatch
TRADITION FIVE
Each Group Has But One Primary Purpose- To Carry Its Message To The Alcoholic Who Still Suffers

NIGHTWATCH COMMITTEE MEETING
The 1st Tuesday Of Every Month At 7PM,
We Meet At Sacred Heart Parish
2021 West Pikes Peak Ave
Room 10 *upstairs*
(corner of 21st street and Pikes Peak)



Contact Info:
Service Office 24hr Hotline (719) 573-5020
www.coloradospringsaa.org
1353 S. 8th Street, Suite 209
Colorado Springs, CO 80905
GINA S. (719) 502-1154
NightWatch Committee Chair
CRYSTAL S. (720) 425-1952
NightWatch Committee Vice Chair
www.nightwatch@coloradospringsaa.org

**THE ONLY REQUIREMENTS ARE 1 YEAR OF
CONTINUOUS SOBRIETY AND A 1 YEAR
COMMITMENT OF SERVICE**

• CONTRIBUTION ADDRESSES •

~ **AREA SERVICE OFFICE** ~
Colorado Springs Area Service Office
1353 South 8th St., Suite 209
Colorado Springs, CO 80905
(Include group name and number on check)

~ **GENERAL SERVICE OFFICE** ~
P.O. Box 459 - Grand Central Station
New York, NY 10163
(Include group name and number on check)

~ **AREA 10** ~
Area 10 Treasurer
12081 West Alameda Parkway #418
Lakewood, CO 80228
(Include group name, number and District 7 on check)

~ **DISTRICT 7** ~
District 7
P.O. Box 26252
Colorado Springs, CO 80936
(Include group name, number and district 7 on check)

~ **PINK CAN CONTRIBUTIONS** ~
Pink Can Contributions
P.O. Box 40368
Denver, CO 80204
(Make checks payable to Area 10 Corrections Committee)
(Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •

• COMMITTEE INFORMATION •

Public Information:
Committee Meeting: 1st Saturday, 2:00 p.m., 1st floor
Penrose Main Hospital, 2222 N. Nevada in Volunteer Co-ordinator Conference Room.

Cooperation with the Professional Community:
Committee Meeting: 6:00 p.m., 2nd Wednesday of the month at Vertec, 1123 Elkton Dr.

District 7:
Committee Meeting: 7:30 pm, 3rd Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

Treatment:
Committee Meeting: 12-1 pm, 2nd Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

Nightwatch:
Night Owls Committee Meetings: 7:00 p.m., 1st Tuesday of the month at Sacred Heart Parish, 21st and Pikes Peak Room 10 - Following the New Beginners meeting.

Archives:
Archive Committee Meetings: 7:00 p.m., 1st Tuesday of the month at Service Office, 1353 S. 8th Street, Suite 209

Special Needs:
Committee Meetings: 1:00 p.m., last Saturday of every even month at 309 S. Hancock Ave.

For more committee information including intergroup committees please go to coloradospringsaa.org

Local Service Office

Hours: Monday-Friday 9 a.m. to 5 p.m.
SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209, Colorado Springs, CO 80905

Contact the Service Office for Intergroup information
719-573-5020

E-mail: serviceoffice@coloradospringsaa.org
Web site: www.coloradospringsaa.org

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UPCOMING EVENTS

A. A. TRADITIONS ONLY



A new A. A. Traditions Discussion Meeting

One meeting a month beginning

Sunday July 19, 2015 @ 10:00a / 12:00p

At Village Inn on Circle and I-25

Subsequent meetings on the 3rd Sunday of each month!

~*~

Arrive at 9:00a and enjoy some breakfast and fellowship before the meeting begins!

~*~

When arriving at Village Inn simply tell the Hostess you are here for **TRADITIONS**. She will politely direct you to the meeting room.

Downtown BBQ and Potluck

Saturday, August 22, 2015 - 10:00 am to 3:00 pm

The Downtown Group is having a BBQ potluck with hamburgers and hot dogs, please bring a side! Join us for fellowship and good summer memories!

Meeting at Noon

Service work and items needed!

grills

cooks

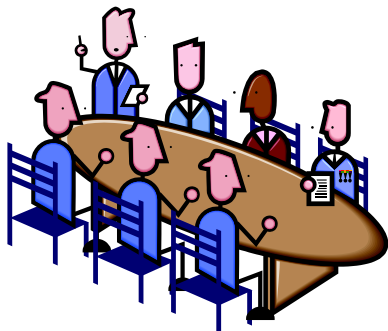
ice chests

any help is great

lots of love

contact christina h. 719-358-0282

Join us at **210 N. Corona**, behind the McDonald's on Wahsatch and Bijou, Colorado Springs, CO., 80903





UPCOMING EVENTS

2015 Area 10 Colorado State Convention “Sponsorship in Action”

September 4- 6, 2015

Please join us in Colorado Springs for a great time with speakers, meetings, workshops, a banquet, a dance, social times and other adventures in AA fellowship. It's time to book your hotel room, register for the event and get the car ready to go!

Flyer: http://coloradospringsaa.org/images/pdf/events/2015_AA_Convention_Flyer.pdf

Visit <http://coloradospringsaa.org/news-events/events/50-2015-a10conv> for more information

*All information can be found at the local AA website: www.coloradospringsaa.org



MORE LOCAL SOBER FUN



Happy Destiny AA
7 Year Anniversary Celebration!

★ Monday August 3, 2015

Come join us for a night of
great food, celebration, and fun!

Pot Luck @ 6 PM

- Please bring a dish to share :-)
- Happy Destiny will be supplying the meat

Speaker Meeting @ 7:30 PM

Nicole S. is speaking!

Location: Beth-El Mennonite Church
4625 Ranch Dr, Colorado Springs CO 80918

FUN AND GAMES AT CENTRAL!



Every Friday Night at 10:30 pm

Join us every Friday night at 10:30 pm for
food, fellowship, fun, and games! Stay for
the meeting after at midnight!

It all happens at Central Group, 309 S.
Hancock Blvd., Colorado Springs CO
80903