



**TOPICS**

*Willingness*

**COMING SOON...**  
*Service (Nov)*



# ~THE PIKES PEAK PINT~

**“Heard at a Meeting”**

Wants to hear from you! Do you have a favorite saying you heard in a meeting that helped you or another? Did you go to an AA “retreat or function that changed something in you for the better?

website: [www.coloradospringsaa.org](http://www.coloradospringsaa.org) or email to the Pint at [pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org).

## EDITOR’S NOTES

Happy October! Having a willingness to learn and a desire to do so simply cannot be underestimated. In fact if I am to be sober, it is a must. Building sobriety is an experience unlike any other. It's a journey full of uncertainty, which can often result in a lack of sleep, especially in the beginning; BUT it is also a hugely rewarding journey, full of adventures and excitement that can lead you to places that you hadn't thought possible. Truly we must be in the key-rect position of willingness to take actions and begin to have and develop beliefs that we never had before if we are going to have new lives and allow the obsession to drink to be lifted from us. As a person looking to achieve and maintain sobriety and conscious contact with a pow-

er greater than myself, the journey requires us to become something we've haven't been before and deal with situations that we have never experienced. In my short experience, I have come to realize that one of the most important ingredients we need to have is a desire and willingness to learn, un-learn, and re-learn the reality of life with alcoholism. Now what brings me to a new willingness and what brought me to my first willingness was pain and desperation. They seem to travel this life together as the best "Sobriety motivational coaches" ever, because I tell you what when I have my heels dug in and I an refusing to change, they show up in their yoga pants and crossfit shoes to remoti-

vate me into spiritual action and willingness. We have a disease and that is the reality. Willingness allows us to step into actions that treat the disease and allow the suffer to become happily and usefully whole....and thank goodness for that. This month the PINT has the pleasure of sharing stories with you from OUR fellows, that discuss the journey to and with and from willingness into a boundless relationship with a power greater than themselves. As I do every single month, I pray that you hear hope, inspiration, honesty, and love in these experiences! Sending love to all! Stormie

### Inside this issue:

Local Shares on "Willingness"	1
Step of the Month	4
Meetings & Milestones	5
Group Contributions	6
Committee Information	7
Happenings	9

**“Where There is Willingness, There is a Way”**

I'm a fighter; strong willed. This is not a defect, as long as I use it properly.

When I was seventeen, alcohol had me down for the count, and I knew it. Over the year that followed, I tried several methods to control my drinking: other drugs, different friends, different jobs, different living arrangements, eating before drinking, drinking different brands, drinking beer only, and/or drinking only on weekends. All of my attempts failed and I continued to get worse. By the time I was eighteen, I knew that I had to stop drinking completely or I wasn't going to survive. Suicide seemed like the most likely outcome.

My father helped me get into a thirty-day treatment center in Green Mountain Falls. They introduced me to AA and I learned that I had an illness that was not my fault. They also told me that I was powerless over drinking and that I needed help from a power greater than myself if I wanted to live a sober life. I thought that I just needed to get separated from the poison and then my thinking would clear up. I thought that I had learned my lesson. I knew the pitiful and incomprehensible demoralization that my drinking had caused me and I couldn't imagine touching the stuff ever again. I understood that the idea that "somehow, someday he will control and enjoy his drinking is the great obsession of every abnormal drinker." What I didn't realize was that the obsession that somehow, someday, I could beat the game is the most deadly obsession of every abnormal drinker. I thought that I could stay sober without help.

After ninety days of sobriety, I drank again. Within six months of continuous drinking, I was experiencing terrific consequences; loss of self-respect, my friends and family had given up on me, I was jobless and almost

homeless; I was thirty pounds under weight and I was having panic attacks. I like to think that I have always been a pretty decent human being but by this time, I was violating my moral code faster than I could revise it.

When I turned nineteen, I was unable to imagine life either with alcohol or without it. I came back to AA a second time and I got a sponsor (I was desperate). He told me that my only hope of surviving alcoholism was sustained and personal exertion to conform to God's will. He told me that the way we conform to God's will is by

**“One of the things I learned is that the principle within step three is willingness.”**

taking the twelve steps. I decided to go through with the process.

One of the things I learned is that the principle within step three is willingness. My sponsor taught me that my will power is truly amazing but using it to fight the hopeless battle against alcohol will destroy me. Instead, I needed to channel my power into attempting to understand and do God's will. He read from our Book, "Every day is a day when we must carry the vision of God's will into all of our activities. How can I best serve Thee? Thy will (not mine) be done. We can exercise our will power along this line all we wish. It is the proper use of the will".

Today, I think the principle of willingness touches every aspect of the program. Our book says "we have ceased fighting anything or anyone—even \_\_\_\_\_". Fill in the blank: even my finances; even my career; even my reputation in AA, at church, at work; even my spiritual beliefs; even my kids and even my AA program itself. Therefore, I must be willing to learn and do God's will in all areas of my life, regardless of the pain that my ego experiences in the process.

JR



**Step Ten**

Permission: recoverycartoons.com BenBen

In the month of August  
the Service Office received  
**5 Grateful Giver contributions!**



## *“Willingness is Indispensable”*

Are you willing to go to any length to get sober? Well, first booze and dope had to beat me into a state of willingness. Only then could I become willing to start to listen to suggestions like get a sponsor, work the steps, read our beloved big book, and give up my way of living. I have to be willing to face the fact that God is everything or he is nothing.

Willingness is the key in the 3<sup>rd</sup> step and we have to be willing to make a searching and fearless moral inventory in 4. Once more I must be willing to bear my soul to God and another human being in 5.

We are asked to pray for willingness in 6 to become ready to have God remove all these defects of character. Then again in the in the 8<sup>th</sup> we became willing to make amends. If not, we prayed for it until it came. We have to have the willingness to set aside our pride and fear to go out and make those amends.

We need the willingness to persevere in step 10 and continue to practice steps 1-9. In step 11 we have the willingness to continue to seek God’s will in our lives. This willingness culminates in your hand stretching back to the newcomer to give everything away in order to live another day sober, happy, and free.

I don’t do this perfectly and I have not yet arrived. Often I pray for the willingness to be willing. Complacency is not a friend of my recovery. What alcoholic, self-centered in the extreme, is willing to practice these principles in all his affairs? Only the one that believes that his life depends on it. Work this thing like your life depends on it, because it does.

Gratefully

Scotty K.



Controversy

Permission: recoverycartoons.com

## **D** ICTIONARY CORNER

### *Willingness.....*

#### *According to the Big Book*

1) Ready, eager, or prepared to do something:

“We found that as soon as we were able to lay aside prejudice and express even a **willingness** to believe in a Power greater than ourselves, we commenced to get results, even though it was impossible for any of us to fully define or comprehend that Power, which is God.” Pg. 46

2) Having a desire or inclination:

“We grow by our **willingness** to face and rectify errors and convert them into assets.” Pg. 124

3) Having or showing the ability to respond without delay or hesitation:

“Upon a foundation of complete **willingness** I might build what I saw in my friend.” Pg. 12

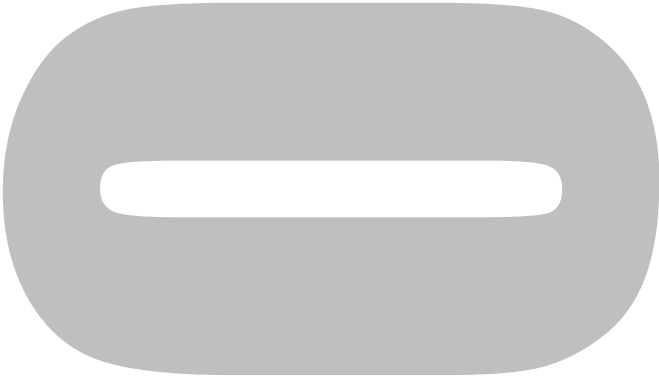
4) Done, made, or given with one's own free will:

“Belief in the power of God, plus enough **willingness**, honesty and humility to establish and maintain the new order of things, were the essential requirements.” Pg. 13

#### *Heard at a Meeting...*

*“Willingness is there when “I” doesn’t want to...”*

**CONCEPT 10:** Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.



**Step 10:**

Continued to take personal inventory and when we were wrong promptly admitted it.



**TRADITION 10:**

Alcoholics Anonymous has no opinion on outside issues; hence the A. A. name ought never be drawn into public controversy.

**TRADITIONS CHECKLIST**

**Tradition 10:**

1. Do I ever give the impression that there really is an “AA opinion” on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
2. Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the “AA opinion”?
3. What in AA history gave rise to our Tenth Tradition?
4. Have I had a similar experience in my own AA life?
5. What would AA be without this Tradition? Where would I be?
6. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
7. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?



**MEETING CHANGES, SPEAKERS, & HAPPY BIRTHDAYS!**



**LOCATION AND TIME CHANGE**

**Keep it Simple**

Open Discussion  
 Friday at 6:30 p.m. (was 7:30)  
 309 S. Hancock (was 2508 E. Platte)  
 @Central Group meeting place

**LOCATION CLARIFICATION**

**Under the Bridge Group**

Open Discussion  
 7:00 p.m. Thursday  
 216 W. Colorado Ave., warehouse looking  
 building, north side of bridge, across from  
 America Beautiful Park

**Women of Grace**

Open Discussion  
 6:00 p.m. Wednesday  
 Grace & St. Stephens Episcopal Church,  
 601 N. Tejon, 2nd Floor, Weir Room  
 Enter through west facing south door.  
 Snow policy: If D11 is closed for afternoon/  
 Evening activities, meeting is cancelled.

**Turning Point Speaker's Meeting (open)**  
**Saturday 7:00 PM**  
 10400 Ute Pass Ave, Green Mountain Falls

- Oct 3: Beth G. (Recovery, Unity & Service Group)**
- Oct 10: Tom H. (Happy Destiny)**
- Oct 17: Al-Anon**
- Oct 24: Dave T (Lake George Group)**
- Oct 31: Kristen K. (Happy Destiny)**

WALK THE TALK	
Michael W.	26 yrs.
Dan L.	12 yrs.
Veronica	4 yrs.
Melissa S.	5 yrs.
Mike G.	8 yrs.
Tom	3 yrs.
Sandra D.	33 yrs.
Amanda	1 yr.
Craig V.	20 yrs.
Marc	11 yrs.

EASY DOES IT	
Craig V.	20 yrs.
Kevin C.	14 yrs.
Peggy S.	2 yrs.
Tom M.	2 yrs.
Mike A.	14 yrs.
Leslee C.	4 yrs.
Scott H.	6 yrs.
Darrell L.	2 yrs.
Dan L.	12 yrs.

FRIDAY WOMENS	
Rhonda	4 yrs.
Jenna B.	6 yrs.
Sherry M.	17 yrs.
Bryana C.	9 yrs.
Bonnie	1 yr.
Amy C.	28 yrs.



DOWNTOWN GROUP	
Anthony D.	3 yrs.
Dave L.	5 yrs.
Arnie S.	11 yrs.
Don T.	4 yrs.
Everett L.	33 yrs.
Mike H.	4 yrs.
Damian H.	6 yrs.
Angelica	4 yr.
Donavan L.	4 yrs.
Joey B.	12 yrs.
Christine H.	3 yrs.
Vince	2 yrs.
Yvonne W.	2 yrs.
Jessica T.	6 yrs.
Tomas M.	10 yrs.
Dustin P.	12 yrs.
Daniel M.	26 yrs.
Miguel	1 yr.

WE ARE NOT SAINTS	
Jeff H.	3 yrs.
Lee W.	26 yrs.
Amy C.	28 yrs.
Rebecca	22 yrs.
Sandra D.	33 yrs.
Wendy M.	6 yrs.


HAPPY HOUR	
Matt	16 yrs.

STEEL MAGNOLIAS	
Becky J.	22 yrs.
Terri	2 yrs.


TUESDAY NEW WOMEN	
Kathy F.	38 yrs.
Mariellyn M.	43 yrs.
Angie N.	27 yrs.

## GROUP CONTRIBUTIONS

GROUP NAME (2015-2016)	Fiscal Yr. to date	August	GROUP NAME (2015-2016)	Fiscal Yr. to date	August
Above the Bar Group			Off The Wall	\$110.72	
Apex	\$83.35		Old North End Study Group	\$100.01	
Back to Basics	\$276.50		Pre-Dawn Meeting		
Beacon Light Group			Primary Purpose		
Big Book Action	\$405.00		Primary Purpose Men's Group		
Big Book Study UPH			Progress Not Perfection	\$110.80	\$16.75
Black Forest	\$308.76		Recovery in Action	\$284.74	
Broadmoor			Saturday Early Morning Mtg.	\$114.45	
Brown Baggers	\$150.00		Security Eye Opener	\$150.00	
Central			Serenity Hour	\$325.00	\$50.00
Clean Air Group	\$82.00		Serenity Riders	\$240.00	
Don't Worry Be Happy	\$380.80		Serenity Sisters	\$275.00	
Down By The Creek			Solutions at Noon	\$295.11	\$51.69
Downtown Group	\$1,399.47		Sought Through Prayer & Meditation	\$132.76	\$19.26
Drylander's Group	\$40.46		Steel Magnolias	\$33.50	
Easy Does It	\$90.00		Stepping Stones		
Ellicott Group	\$100.00		Sunday Morning Speaker	\$297.00	
Foxhall Group			Sunday Night Big Book Study (Clean Slate)		
Freedom From Bondage	\$100.00		Sunlight of the Spirit - Women's 12x12 (Monument)	\$180.00	
Friday Night Live	\$163.50		Taking Steps		
Friday Women's Group	\$70.00		The Doctor's Opinion	\$202.25	
Good Ole Boys			The Garage Meeting		
Happy Destiny			Then and Now	\$75.00	\$75.00
Happy Heathens			Thursday Men's Group	\$1,050.00	\$550.00
Happy Hour			Thursday Noon--Woodland Park	\$50.00	
Happy, Joyous & Free			Treating The Illness		
High Noon	\$77.00		Turning Point		
H.O.W.	\$50.00		Ute Pass Breakfast Group	\$50.00	
Into Action			Veterans for AA		
Keystone to Recovery			Walk the Talk	\$2,125.00	\$425.00
Lake George Group	\$85.00	\$85.00	Walking on Water		
Little Log Church Group			We Are Not Saints	\$186.70	
Living Free	\$134.50		Westside Eye Opener		
Living Sober South	\$136.00	\$42.50	Women of Grace		
M.A.G.	\$120.00		Woodland Park Beginners		
Natural High			Woodland Park Book Study		
New Beginners	\$418.64		Woodland Park Women's Step Study		
New Woman	\$317.88		Young People	\$428.44	\$268.98
Northwesters	\$350.00		Totals:	\$12,726.84	\$1,584.18



## NIGHTWATCH COMMITTEE MEETING




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The Purpose of Nightwatch  
**TRADITION FIVE**  
Each Group Has But One Primary Purpose- To Carry Its Message To The Alcoholic Who Still Suffers

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**NIGHTWATCH COMMITTEE MEETING**  
The 1<sup>ST</sup> Tuesday Of Every Month At 7PM,  
We Meet At Sacred Heart Parish  
2021 West Pikes Peak Ave  
Room 10 \*upstairs\*  
(corner of 21<sup>st</sup> street and Pikes Peak)



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**Contact Info:**  
Service Office 24hr Hotline (719) 573-5020  
[www.coloradospringsaa.org](http://www.coloradospringsaa.org)  
1353 S. 8<sup>th</sup> Street, Suite 209  
Colorado Springs, CO 80905  
GINA S. (719) 502-1154  
NightWatch Committee Chair  
CRYSTAL S. (720) 425-1952  
NightWatch Committee Vice Chair  
[www.nightwatch@coloradospringsaa.org](mailto:www.nightwatch@coloradospringsaa.org)

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**THE ONLY REQUIREMENTS ARE 1 YEAR OF  
CONTINUOUS SOBRIETY AND A 1 YEAR  
COMMITMENT OF SERVICE**

• CONTRIBUTION ADDRESSES •

~ AREA SERVICE OFFICE ~  
Colorado Springs Area Service Office  
1353 South 8<sup>th</sup> St., Suite 209  
Colorado Springs, CO 80905  
(Include group name and number on check)

~ GENERAL SERVICE OFFICE ~  
P.O. Box 459 - Grand Central Station  
New York, NY 10163  
(Include group name and number on check)

~ AREA 10 ~  
Area 10 Treasurer  
12081 West Alameda Parkway #418  
Lakewood, CO 80228  
(Include group name, number and District 7 on check)

~ DISTRICT 7 ~  
District 7  
P.O. Box 26252  
Colorado Springs, CO 80936  
(Include group name, number and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~  
Pink Can Contributions  
P.O. Box 40368  
Denver, CO 80204  
(Make checks payable to Area 10 Corrections Committee)  
(Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •

• COMMITTEE INFORMATION •

**Public Information:**  
Committee Meeting: 1<sup>st</sup> Saturday, 2:00 p.m., 1<sup>st</sup> floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

**Cooperation with the Professional Community:**  
Committee Meeting: 6:00 p.m., 2<sup>nd</sup> Wednesday of the month at Vertec, 1123 Elkton Dr.

**District 7:**  
Committee Meeting: 7:30 pm, 3<sup>rd</sup> Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

**Treatment:**  
Committee Meeting: 12-1 pm, 2<sup>nd</sup> Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

**Nightwatch:**  
Night Owls Committee Meetings: 7:00 p.m., 1<sup>st</sup> Tuesday of the month at Sacred Heart Parish, 21<sup>st</sup> and Pikes Peak Room 10 - Following the New Beginners meeting.

**Archives:**  
Archive Committee Meetings: 7:00 p.m., 1<sup>st</sup> Tuesday of the month at Service Office, 1353 S. 8<sup>th</sup> Street, Suite 209

**Special Needs:**  
Committee Meetings: 1:00 p.m., last Saturday of every even month at 309 S. Hancock Ave.

**Web Committee:**  
Committee Meetings: 1:00 p.m., second Saturday of the month. Email [webmaster@coloradospringsaa.org](mailto:webmaster@coloradospringsaa.org) for google hangout  
**For more committee information including intergroup committees please go to [coloradospringsaa.org](http://coloradospringsaa.org)**

**Local Service Office**

Hours: Monday-Friday 9 a.m. to 5 p.m.  
SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209, Colorado Springs, CO 80905

Contact the Service Office for Intergroup information  
719-573-5020

E-mail: [serviceoffice@coloradospringsaa.org](mailto:serviceoffice@coloradospringsaa.org)  
Web site: [www.coloradospringsaa.org](http://www.coloradospringsaa.org)

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## Website Committee

**Come join the team! We meet every second Saturday of the month at 1pm. If interested, please email Alicia at [webmaster@coloradospringsaa.org](mailto:webmaster@coloradospringsaa.org) for google hangout.**



## NIGHTWATCH COMMITTEE MEETING



**The Purpose of Nightwatch  
TRADITION FIVE**

**Each Group Has But One Primary Purpose- To Carry Its Message To The  
Alcoholic Who Still Suffers**

**NIGHTWATCH COMMITTEE MEETING  
The 1<sup>ST</sup> Tuesday Of Every Month At 7PM,  
We Meet At Sacred Heart Parish  
2021 West Pikes Peak Ave  
Room 10 \*upstairs\*  
(corner of 21<sup>st</sup> street and Pikes Peak)**

**Contact Info:**

**Service Office 24hr Hotline (719)573-5020  
[www.coloradospringsaa.org](http://www.coloradospringsaa.org)  
1353 S. 8<sup>th</sup> Street, Suite 209  
Colorado Springs, CO 80905**

**[www.nightwatch@coloradospringsaa.org](mailto:www.nightwatch@coloradospringsaa.org)**



**THE ONLY REQUIREMENTS ARE 6 MONTHS OF CONTINUOUS  
SOBRIETY AND MAKING A 1 YEAR COMMITMENT OF SERVICE**





# TRADITIONS BREAKFAST MEETING

## ● Tradition Four ●

A. A. Traditions Discussion Meeting  
Sunday October 18, 2015 @ 10:00a / 12:00p

At Village Inn on Circle and I-25

*Subsequent meetings on the 3<sup>rd</sup> Sunday of each month!*

~ • ~

**Arrive at 9:00a and enjoy some  
breakfast and fellowship  
before the meeting begins!**

~ • ~

When arriving at Village Inn simply tell the Hostess you are here for  
TRADITIONS. She will politely direct you to the "BUBBLE".



## UPCOMING EVENTS

# GRATITUDE DINNER

Howdy partners! We're gonna be rustlin' up some gratitude and havin' us a western themed chow down, so round up your friends and come on out for food, fun and fellowship. Wear your best cowboy costume for a best dressed contest.



**Date: Saturday, November 14, 2015**

**Time: 4-7:30PM**

**Location: First United Methodist Church @ 420 N. Nevada Ave**

Pre-paid catered dinner provided by Dickey's BBQ. Drinks and dessert included. \$15 meal tickets available for purchase prior to dinner only. Children under 9 eat free; guaranteed seating for purchased tickets only. For tickets, please, see your group's Intergroup rep or contact the Area Service Office.

**Contact person: Colorado Springs Area Service Office @ 719-573-5020**