

A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

June, 2017

# ~THE PIKES PEAK PINT~

# I Have a Resentment About Having Resentments

Since working with my sponsor, she has me write out an inventory whenever I am upset, or angry at someone, or fearful of something.

One day, I came home from work really upset at a coworker. Instead of calling my sponsor right away, I just did yard work. My mind kept going over and over what had happened at work. I kept telling myself, "I got this; I don't need to call my sponsor." But I was wrong because in the first paragraph on page 86 of the Big Book, it tells me that I should discuss resentments with another person in the program right away—usually my sponsor.

I kept thinking, "Work it through in your head." All of a sudden, I got angry at myself for even having resentments in the first place. "Damn, I did it again! I know better!" So now I had two resentments: the first one and now, a second one. I know it sounds funny now but it wasn't funny to me at the time.

I don't know what it is but every time I am putting off that phone call to my sponsor, I end up butt-dialing her by accident. (I believe that it happens because God works in strange ways to get me to make that call.)

So, I butt-dialed my sponsor and she told me that I wasn't alone. She told me that after many years of working the program and doing many inventories with her sponsor, she also got a resentment over having resentments. Then, she told me to write out an inventory.

Well, I did write out my inventory. I saw where I had been wrong at work; how I had caused more harm than good, why it is important to pause when agitated or doubtful, and why I need to ask God for the right thought or action. I must constantly remind myself that I am no longer running the show...my Higher Power is.

I am growing every day and I know in my heart that I am more spiritually fit now than ever. Today, I get to show up and grow up through the program. I love walking in the light of the spirit, so long as I keep my feet on the ground.

**ANONYMOUS** 



EASY DOES IT:				
Andy E.	06/03/1995			
Joe H.	06/02/1999			
Joe S.	06/04/2002			
Don H.	06/05/2009			
John B.	06/10/1971			
Ed R.	06/11/2013			
Charlie F.	06/11/2012			
Dale M.	06/10/2014			
Danny G.	06/14/2011			
Chris B.	06/17/2001			
Charles N.	06/23/2012			
Donnie O.	06/18/2001			
LaJuana	06/19/2005			
Mitch T.	06/20/2013			
Stacy	06/24/2012			

NEW WOMAN:			
Connie A.	34 Years		
Harriet O.	10 Years		
Terrie L.	1 Year		
Ellen C.	5 Years		
Sue H.	21 Years		
Brandy S.	1 Year		

YOUNG PEOPLES:			
Molly E.	06/07/2014		
Nick R.	06/24/2016		

WE ARE NOT SAINTS:				
Ben B.	B. 1 Year			
Jacquie	15 Years			
Myles	34 Years			
Patty H.	23 Years			
Sharon H.	7 Years			
Steve L.	41 Years			

#### **STEP 6:**

Were entirely ready to have God remove all these defects of character.



## **CONCEPT 6:**

On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.

#### **TRADITION 6:**

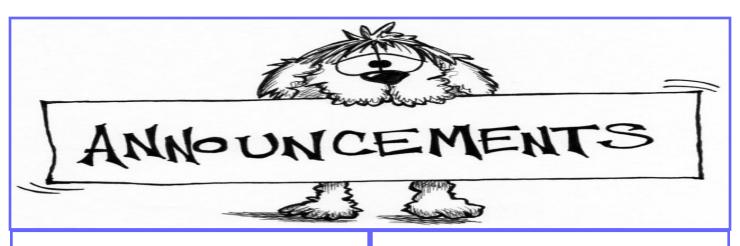
An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

### TRADITIONS CHECKLIST:

- 1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
- 2. Is it good for a group to lease a small building?
- 3. Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?
- 4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
- 5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?

# **GROUP CONTRIBUTIONS**

GROUP NAME (2016-2017)	YTD	APRIL	GROUP NAME (2016-2017)	YTD	APRIL
A Common Solution	\$70.00	\$70.00	Northwesters		
Above the Bar Group			Off The Wall		
Apex			Old North End Study Group		
Back to Basics	\$82.57	\$82.57	One Six Four Group	\$55.00	\$55.00
Beacon Light Group			Pre-Dawn Meeting		
Big Book Action			Primary Purpose	\$50.00	\$50.00
Big Book Study UPH			Progress Not Perfection		
Black Forest	\$193.00	\$193.00	Recovery in Action		
Broadmoor			Recovery, Unity, Service Group		
Brown Baggers			Saturday Early Morning Mtg.		
Central			Saturday Morning Anonymous		
Clean Air Group			Security Eye Opener		
Don't Worry Be Happy	\$87.17	\$87.17	Serenity Hour	\$50.00	\$50.00
Down By The Creek			Serenity Riders		
Downtown Group			Serenity Sisters		
Drylander's Group			Sober Sisters	\$29.93	\$29.93
Easy Does It			Solutions at Noon		
Ellicott Group			Sought Through Prayer & Meditation		
4th Dimension Rocketeers			Steel Magnolias	\$117.15	\$117.15
Foxhall Group			Stepping Stones		
Friday Night Live			Sunday Morning Speaker		
Friday Women's Group	\$200.00	\$200.00	Sunlight of the Spirit		
Good Ole Boys	\$100.00	\$100.00	Taking Steps		
Happy Destiny			The Doctor's Opinion		
Happy Heathens			The Garage Meeting	\$12.00	\$12.00
Happy Hour			Then and Now		
Happy, Joyous & Free			Thursday Men's Group		
High Noon			Thursday NoonWoodland Park		\$30.00
H.O.W.			Traditions Only		
Into Action			Treating The Illness		
Keystone to Recovery			Turning Point		
Lake George Group			Ute Pass Breakfast Group		
Limon AA			Veterans for AA		
Little Log Church Group			Walk the Talk	\$425.00	\$425.00
Living Free			Walking on Water		\$60.00
Living Sober South			We Are Not Saints	\$487.70	\$487.70
M.A.G.			Westside Eye Opener		
Meditation Group			Women of Grace		
Natural High			Woodland Park Beginners		
New Beginners			Woodland Park Book Study		
New Woman	\$116.50	\$116.50	Woodland Park Women's Step Study		



## MEETING CHANGES:

#### **Public Information Committee**

NOON, 1st Saturday of the month.
Cheyenne Mountain Library
1785 S. 8th Street, Suite 100, 80905
Was 2pm at Penrose Hospital.

#### Sunlight of the Spirit

(Closed, handicap access)
6:00pm, Monday
Family of Christ Lutheran Church
675 Baptist Road, 80921
(Enter mountain-side, southwest corner door).
Was "Women's 12-step Study."
Entry for handicap access.

#### **Black Forest Group**

(Open, handicap access) Book study. 7:30pm, Thursday 6845 Shoup Road, 80908 Added "Book Study."

#### **Broadmoor Group**

Concurrent Al-Anon (Closed, step study)
4:30pm, Sunday
Broadmoor Community Church
315 Lake Avenue, 80906
Lower level, conference room.
East, double glass doors.

### Now closed step study only.

Sober in the Canyon
(Closed, discussion)
7:30pm, Tuesday
Sacred Grounds Coffee Shop
1801 Cheyenne Boulevard, 80906
Was on Wednesday.

#### **NEW MEETING:**

#### **PPG**

(Open, Big Book) 6:30pm, Wednesday Grace Church of the Nazarene 1615 E Cheyenne Road, 80905

In the month of **APRIL**the Service Office received **2** Grateful Giver contributions, **3** Personal contributions,
and **2** Birthday contributions!



# DO YOU HAVE A SUBMISSION FOR THE PINT?

Articles
Cartoons
Event Fliers
Jokes
Poems
Birthdays
Even feedback

#### PLEASE SEND SUBMISSIONS TO:

pint@coloradospringsaa.org

#### **MEETING CHANGES:**

#### **Primary Purpose**

As Bill Sees It

(Closed, handicap access)
6:00pm, Monday
Inside "Be More Event Center."
3958 N. Academy Blvd., Suite 103, 80917
(Behind the Jade Dragon Restaurant.)
Was "Not-a-Glum-Lot."
Was open.

#### **Primary Purpose**

AA Literature
(Open, handicap access)
NOON, Tuesday
Inside "Be More Event Center."
3958 N. Academy Blvd., Suite 103, 80917
(Behind the Jade Dragon Restaurant.)
Was "Noon Meeting."

#### **Primary Purpose**

Personal Big Book Stories
(Open, handicap access)
NOON, Wednesday
Inside "Be More Event Center."
3958 N. Academy Blvd., Suite 103, 80917
(Behind the Jade Dragon Restaurant.)
Was "Noon Meeting."

#### **Primary Purpose**

Men's Big Book
(Closed, handicap access)
6:00pm, Wednesday
(Meets until 7:30pm.)
Inside "Be More Event Center."
3958 N. Academy Blvd., Suite 103, 80917
(Behind the Jade Dragon Restaurant.)
Was "Men's Stag."

#### **MEETING CHANGES:**

#### **Primary Purpose**

Newcomers
(Open, handicap access)
6:00pm, Thursday
Inside "Be More Event Center."
3958 N. Academy Blvd., Suite 103, 80917
(Behind the Jade Dragon Restaurant.)
Was "Beginner's Discussion."

#### **Primary Purpose**

12 X 12 X 12
(Open, handicap access)
NOON, Friday
Inside "Be More Event Center."
3958 N. Academy Blvd., Suite 103, 80917
(Behind the Jade Dragon Restaurant.)
Was "Noon Meeting."

#### **Primary Purpose**

Discussion
(Open, handicap access)
8:00pm, Friday
Inside "Be More Event Center."
3958 N. Academy Blvd., Suite 103, 80917
(Behind the Jade Dragon Restaurant.)
Was "Big Book Study."

#### **Primary Purpose**

Big Book Study
(Open, handicap access)
NOON, Saturday
Inside "Be More Event Center."
3958 N. Academy Blvd., Suite 103, 80917
(Behind the Jade Dragon Restaurant.)
Was "Noon Meeting."



# HAPPY HOUR NEEDS YOU!



Happy Hour is one of the older Groups in the Colorado Springs area. We have a tradition of carrying the message through Sponsorship, service and fellowship. Through changes in our attendance (membership down) we now need your support in carrying this message!

Happy Hour Group
(Open, Handicap Access)
Tuesday, 5:30-6:45pm
Central United Methodist Church
4373 Galley Road
(Just east of intersection of Galley and Murray)
Entrance on the south side of the building.
Ring doorbell to the right of the front door if you are late.



# SPEAKER MEETING

WHAT IS WAS LIKE, WHAT HAPPENED AND WHAT IT'S LIKE NOW.

# EVERY THURSDAY NIGHT 7:00 PM

EASY DOES IT CLUB

3760 ASTROZON BLVD, COLORADO SPRINGS, CO

(ONE BLOCK WEST OF ACADEMY, NEXT TO THE MASSAGE PARLOR)

6/8 – Ken G. (Home Group: Easy Does It)
6/15 – Kristy, (Home Group: Happy Destiny)
6/22 – Andrew, 5 years (Home Group: Steps in Action)
6/29 – Brad, 21 years (Home Group: Red Cloud Men's Meeting)
7/6 - Sally May M., 1 year (Home Group: Easy Does It Women's Meeting)
7/13 – Chris S., 38 years (Home Group: Central AM/PM)
7/20 – Butcher Bill, 26 years (Home Group: The Garage Downtown)

#### LOCAL SERVICE OFFICE

Hours: Monday-Friday 9 a.m. to 5 p.m.

SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209

Colorado Springs, CO 80905 Contact the Service Office 719-573-5020

E-mail: serviceoffice@coloradospringsaa.org

#### **COMMITTEE MEETINGS:**

#### **ARCHIVES:**

NO MEETINGS SCHEDULED **VOLUNTEERS NEEDED** 

#### **PUBLIC INFORMATION:**

NOON, 1<sup>st</sup> Saturday of the month Cheyenne Mountain Library 1785 S. 8th Street, suite 100

#### C.P.C.:

(Cooperation with the Professional Community) 1:00pm, 4th Saturday of the month Sand Creek Library 1821 S. Academy Blvd. (large study room).

#### **DISTRICT 7:**

7:00pm, 3<sup>rd</sup> Tuesday of the month First United Methodist Church 420 N. Nevada, Room 135 (Boulder St. Access)

#### **TREATMENT:**

10am, 2<sup>nd</sup> Saturday of the month Penrose Hospital Volunteer Conference Room 2222 N. Nevada

#### **SPECIAL NEEDS:**

NO MEETINGS SCHEDULED **VOLUNTEERS NEEDED** 

#### **NIGHTWATCH:**

7:00pm, 1<sup>st</sup> Tuesday of the month Sacred Heart Parish 21<sup>st</sup> and Pikes Peak Room 10 - Following the New Beginners meeting

> For more committee information, please go to coloradospringsaa.org

#### CONTRIBUTION ADDRESSES

#### ~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs Area Service Office 1353 South 8<sup>th</sup> St., Suite 209 Colorado Springs, CO 80905 (Include group name and number on check)

#### ~ GENERAL SERVICE OFFICE ~

Payable to: GSO P.O. Box 459 - Grand Central Station New York, NY 10163 (Include group name and number on check)

#### $^{\sim}$ AREA 10 $^{\sim}$

Payable to: Area 10 Treasurer 12081 West Alameda Parkway #418 Lakewood, CO 80228 (Include group name, number and District 7 on check)

#### ~ DISTRICT 7 ~

Payable to: District 7 P.O. Box 26252 Colorado Springs, CO 80936 (Include group name, number and district 7 on check)

#### ~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee P.O. Box 40368 Denver, CO 80204 (Include group name and number on check)

CASH ACCEPTED IN PERSON ONLY

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