



THE PIKES PEAK PINT

July 2019

A newsletter for the Pikes Peak Region of Alcoholics Anonymous

Finally Free...

I'm Laurie. I'm an alcoholic. I had my last drink on October 15, 1986. It has been quite a journey.

The first fourteen years were in the Chicago area. I went through graduate school, a divorce, a move, and a marriage - all sober. I had sponsors and friends. I worked through an inventory and made amends. Yet life was still crazy. I was also doing the religious thing, spending a lot of time studying about God.

In 2000, my husband and I moved to Colorado. I had never worked full-time in sobriety until now. Right after the move while my husband was still back in Illinois selling the house, my dearest friend who had twelve-stepped me, died suddenly. I felt so alone and abandoned. My first action was to get involved in a church. This was a good thing, but I never got plugged into AA meetings.

After six years, I was floundering. I hadn't had a drink but I also wasn't working a spiritual program. I got caught up in some unhealthy friendships and the emotional roller coaster I was on lasted another eight years. I was still doing the religious thing and hanging on by a thread.

During the next four years, I tried another type of recovery program. I got some healing from the relationships but my spiritual condition had stalled. Recovery is like walking on the train tracks. Even if I'm headed in the right direction, if I just sit there I will get run over.

And I almost did. I had recently reconnected with a friend in Illinois and told her if I was to go drinking, I'd pick her up first. Last

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HAPPY BIRTHDAY!

Friday Women's Group

Debbie B.	7/8/2017
Liz R.	7/11/2009
Eve B.	7/11/2004
Yvette W.	7/14/1991
Maxine C.	7/18/1992
Teresa	7/26/2018

Serenity Riders

Diane E.	7/2/1980
Kirk G.	7/4/1987
Christine T.	7/4/2014
Laura W.	7/5/2006
Kat B.	7/18/2010
Craig S.	7/22/2011
Joseph P.	7/22/1979

Happy Heathens

Chris V.	10 years
Stephen M.	19 years

New Woman

Debbie	2 years
Karen T.	24 years

Steel Magnolias

Gayle	1 year
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December, I asked her what the weather was like because I knew she was driving out. She knew I wasn't joking and called back to check on me. Her frequent comment was "I'm just telling you what you told me all those years ago."

This conversation prompted a search for some AA meetings. I returned to the fellowship over winter break. Since then, I have gotten another sponsor who has walked me through the steps again, starting with one. I have had reading assignments and questions to ponder. All this work came right from the Big Book.

Something miraculous had happened. My sponsor guided me through steps four and five. God has used her to break through some tough attitudes, showing me that most of my anger comes from fear. I have been living in fear all these years.

I'm still finishing up some amends. I'm also applying the daily inventory at night and prayer in the morning. On days I forget, it doesn't take long to realize something isn't right.

The last couple weeks I have been in

bad traffic a couple times and not gotten mad. This is a miracle. Absolutely amazing. I've even had a couple co-workers tell me they were concerned about me last fall but now I seem so happy.

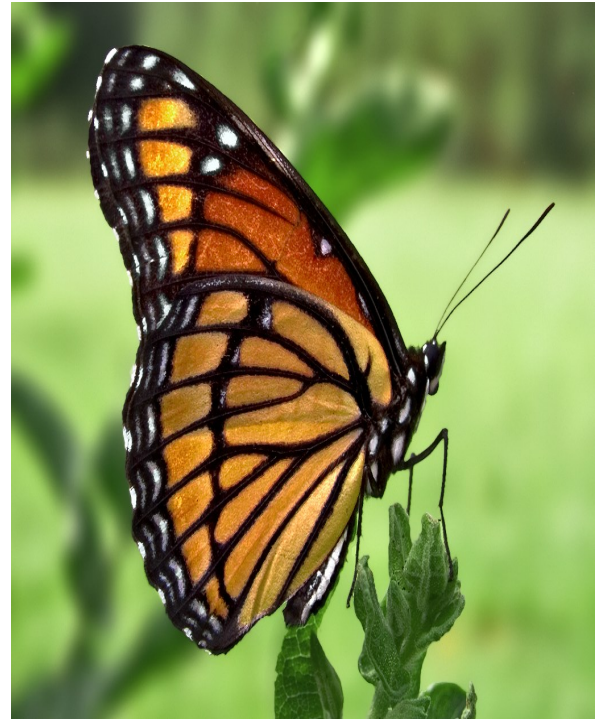
It is only through this program and the grace of my higher power that any of this is possible. Thirty two years without a drink, but I'm finally free.

-Laurie

"I know that my errors of yesterday still have their effect; that my shortcomings of today may likewise affect our future. So it is, with each and all of us."

-Bill W., July 1965,
"Responsibility is Our Theme," The Language of the Heart.

*The
moment
we let go.....*



*is the
moment
we find
freedom."*

-Rebekah Stephenson

Now I am Never Alone

My name is Bev C. and I am your Intergroup member-at-large for the term of April 1, 2019 through March 31, 2020. I am also the Intergroup representative for the Easy Does It Group in Colorado Springs. I wanted to introduce myself and let you know that I am extremely happy to serve you as a grateful and recovering alcoholic.

When I came into AA on September 23, 2007, I was pretty much not a happy camper. I was at the end of my rope and getting burned. I knew a change was needed and I knew about AA from my brother. The people were nice and welcoming to me, but I was cranky and moody from not drinking. I felt like I just wanted to be left alone but I also knew I needed to attend the recommended 90 meetings in 90 days. As time went on, I started feeling better physically but I saw the need to get a sponsor and work a set of steps. I asked someone and they said yes. I was so surprised. I left after that meeting feeling happy that someone wanted to work with me. I worked my first set of steps with that sponsor and I felt a sense of accomplishment that maybe I could do this....and stay sober. I began to realize that alcohol was but a symptom of the real problem. I felt that I still needed emotional and spiritual healing from my past.

I didn't learn about spirituality and never developed a daily closeness to God through the religious education that I had growing up in Catholic schools. I was confused as an adult because I felt alone. I carried around resentments like baggage from my parents and needed emotional healing from my childhood. I brought that baggage into my adulthood relationships. Through working the twelve steps with a sponsor, I have found a new spirituality and I am staying in touch with my Higher Power daily. Now I am never alone. I am learning that in order to feel peace, I need to forgive my parents and continue to forgive myself and others daily as I go along through life.

What has AA done for me? Today my life is different because I found a spiritual way to live every single day. I make the decision to reach out to my Higher Power in conscious contact and ask for guidance to do His will. I pray for others in the same way. This is profound for me because I have always relied only on myself. Through my weakness, however, I have found what was missing. I needed a relationship with a Higher Power of my own understanding, which has brought me healing, guidance, and strength. My favorite Prayer is the Serenity Prayer. I love when we say it in meetings. I find that going to meetings brings a comfort as I feel I'm at home. It is a spiritual experience for me every time. I also enjoy service work because it keeps me out of myself and thinking about others, since selfishness can be a root of many of my problems.

Since I moved to Colorado Springs in July of 2012, I have found a wonderful, compassionate, and trustworthy sponsor with whom I can share all things. I share about things that disturb me as well as the positive things that happen in my life. I keep working the steps because it helps me live a fulfilling life in the present. The only requirement is a desire to stop drinking. I am a grateful member of Alcoholics Anonymous.

Bev C.



STEP 7:

Humbly asked Him to remove our shortcomings.



CONCEPT 7:

The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document; that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness.

TRADITION 7:

Every A.A. group ought to be fully self-supporting, declining outside contributions.

TRADITION 7 CHECKLIST:

- ◆ Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when I was tanked in a bar room?
- ◆ Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
- ◆ If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?
- ◆ Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
- ◆ Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?
- ◆ How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?

Announcements



dreamstime.com

Meeting changes



Meeting Guide

Meeting guide goes with you

The app that helps people attempting to get and stay sober is available FREE to anyone! Just go to the app store and search for “meeting guide” and click to download it. It is helpful! When the app is opened, it defaults to the nearest next AA meeting to wherever the phone is anywhere in the world. Tap on the name of the meeting and it will say what type of meeting it is, along with the directions of how to get there and more.

Take Note on the following changes....

Effective July 1, PPG meeting has changed its location to First Baptist Church, 317 Kiowa St.

Falcon has a NEW open meeting on Thursdays at 6:00 pm. It is a Big Book Study called “We Are Here.” Meet us at Cornerstone Community Church:
6475 E. Blaney Road in Falcon, CO

Falcon’s Monday 9:30 am meeting has changed its name is “We Are Here.”

Check out the new open discussion meeting, “Faithful Few” at Central Group on Mondays at 6:00 pm.

Young Lot meeting on Thursdays at 7:00 pm at Rocky Mountain Recovery Foundation is now CANCELLED.

The 11th Hour Armistice Day on Mondays at 6:00 pm at Fort Carson is now CANCELLED.

Meet the new Intergroup Board Members!

Chairperson	Jeremiah
Vice Chairperson	Melissa
Registrar	Ashley
Treasurer	Joe
Vice Treasurer	Scott
Member at Large	Bev
Secretary	Sarah

Email: board@coloradospringsaa.org

Bridging the Gap Workshop

JOIN US AS WE LEARN ABOUT HOW TO CARRY THE MESSAGE TO THE ALCOHOLIC WHO IS STILL SUFFERING THROUGH TEMPORARY CONTACTS WHO ARE THE HAND OF AA TO THOSE TRANSITIONING OUT OF TREATMENT AND CORRECTIONAL FACILITIES!

Saturday, July 27th from 9am-12 pm

Location TBD

Potluck! Please bring a dish to share.

Reminder

If you have a meeting change and would like to see it reflected in The Pint, please email ALL of the meeting information to: pint@coloradospringsaa.org no later than the 17th of each month.

Group Contributions

2019-2020 Fiscal Year
As of April 1, 2019 through May 31, 2019

GROUP NAME 2019-2020	Fiscal Yr. to date	April	May
A Common Solution	\$79.88		\$79.88
12 Steps From The Morgue	\$100.00		\$100.00
164 Group	\$205.00		\$205.00
Apex	\$140.70		
Back to Basics	\$465.36	\$167.21	\$138.26
Beacon Light Group			
Big Book Action			
Big Book Study UPH			
Black Forest			
Broadmoor			
Brown Baggers			
Central	\$50.00		
Clean Air Group			
Don't Worry Be Happy			
Down By The Creek			
Downtown Group	\$693.00		\$693.00
Drylander's Group			
Early Saturday AM			
Easy Does It	\$145.56		\$145.56
Ellicott Group	\$390.00		\$390.00
Foxhall Group			
Friday Night Live	\$50.00		\$50.00
Friday Women's Group	\$148.00		\$148.00
Good Ole Boys	\$50.00	\$50.00	
Grace PPG Book Study Group			
Happy Destiny	\$134.51		\$134.51
Happy Heathens	\$116.50	\$116.50	
Happy Hour			
Happy, Joyous & Free			
High Noon			
H.O.W.	\$44.00		\$44.00
Into Action			
Keystone to Recovery	\$150.00		\$150.00
Lake George Group			
Limon AA			
Little Log Church Group	\$70.00	\$70.00	
Living Free			
Living Sober South	\$93.86		
M.A.G.	\$154.00	\$154.00	
Meditation Group - Tues. 5:30			
Natural High			
New Beginners	\$250.76		\$250.76
New Woman	\$180.08	\$180.08	
Northwesters	\$300.00		
Off The Wall			
One Day at a Time	\$25.20	\$25.20	
Old North End Study Group			
Pre-Dawn Group	\$300.00		\$300.00
Primary Purpose			
Progress Not Perfection			
Recovery in Action	\$422.00	\$422.00	
Recovery, Unity, Service Group			

GROUP NAME	Year to Date	April	May
Rule 62, Victor			
Saturday Early Morning Mtg.			
Saturday Morning Anonymous			
Security Eye Opener			
Serenity Hour	\$150.00	\$75.00	\$50.00
Serenity Riders			
Sober Sisters	\$42.92		
Solutions at Noon			
Sought Through Prayer & Meditation	\$72.87		
Steel Magnolias	\$118.90	\$118.90	
Stepping Stones			
Sunday Morning Speaker			
Sunlight of the Spirit	\$135.00		
Taking Steps			
The Doctor's Opinion			
The Living Room Group			
The Garage Meeting			
Then and Now			
There is a Solution	\$15.00		
Thursday Men's Group	\$260.00	\$260.00	
Thursday Noon--Woodland Park			.
Tuesday Night Book Study			
Traditions Only			
Treating The Illness			
Turning Point			
Ute Pass Breakfast Group	\$37.00	\$37.00	
Veterans for AA	\$25.00		\$25.00
Walk the Talk	\$1,275.00	\$425.00	\$425.00
Walking on Water			
We Are Not Saints	\$191.35	\$191.35	
Westside Eye Opener			
Women of Grace			
Woodland Park Beginners			
Woodland Park Thursday Noon Group	\$45.00	\$45.00	
Woodland Park Book Study	\$141.00	\$141.00	
WOW Group			
Women's Step Study Woodland Park			
Young People	\$199.19		\$199.19
Monthly Totals:		\$2,478.24	\$3,528.16

LOCAL SERVICE OFFICE

Open: Tuesday - Friday 9 a.m. to 5 p.m.

Closed: Saturday - Monday

1353 South 8th Street, Suite 209

Colorado Springs, CO 80905

719.573.5020

Email: serviceoffice@coloradospringsaa.org

Web: www.coloradospringsaa.org

JOIN A COMMITTEE MEETING!

PIKES PEAK PINT:

5:30 pm, 3rd Thursday of the month, Area Service Office,
1353 South 8th Street, Suite 209, Colorado Springs, CO
80905

CORRECTIONS:

9 a.m., 3rd Saturday of the month Sacred Heart Parish Room
10, southeast corner of 21st & Colorado Ave.

PI (PUBLIC INFORMATION):

1 p.m., 4th Saturday of the month
Sand Creek Library, 1821 S. Academy Blvd.
large study room. This group meets with CPC.

CPC (PROFESSIONAL COMMUNITY):

1 p.m., 4th Saturday of the month
Sand Creek Library, 1821 S. Academy Blvd.
large study room. This group meets with PI.

PROGRAMS:

6 p.m., 4th Thursday of the month, Colorado Springs Area
Service Office, 1353 S. 8th St., Suite 209.

TREATMENT:

5:30 p.m., 3rd Thursday of the month, Penrose Main Hospi-
tal, 2222 N. Nevada Ave., board room

NIGHTWATCH:

7 p.m., 1st Tuesday of the month
Sacred Heart Parish, 21st and Pikes Peak Ave.
Room 10, following the New Beginners' meeting

DISTRICT 7:

7 p.m., 3rd Tuesday of the month
First United Methodist Church,
420 N. Nevada, Room 135 (Boulder Street access)

WHERE TO SEND CONTRIBUTIONS

Please include your group name and group number
on the check

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs
Area Service Office
1353 South 8th St., Suite 209
Colorado Springs, CO 80905

~ GENERAL SERVICE OFFICE ~

Payable to: GSO
P.O. Box 459/Grand Central Station
New York, NY 10163

~ AREA 10 ~

Payable to: Area 10 Treasurer
12081 W. Alameda Parkway, #418
Lakewood, CO 80228

~ DISTRICT 7 ~

Payable to: District 7,
P.O. Box 26252,
Colorado Springs, CO 80936

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee
P.O. Box 40368,
Denver, CO 80204

• **CASH ACCEPTED IN PERSON ONLY** •

How much did *YOU* spend on a drink?

Please help others

Consider throwing \$2 into the basket when
it comes around. Also, once a year, donate
\$1 for each year of sobriety to the General
Service Office, the Area Service Office, or
both. It costs money to spread the hope
of a new life worth living through AA.

Please see coloradospringsaa.org



Volunteer Opportunities

Service Office Two-Hour

Volunteer Opportunities:



TUESDAY: 1st and 3rd Tuesdays from 3—5 PM

TUESDAYS: 1—3 PM effective July 23

WEDNESDAYS from 11 a.m.—1 p.m.


THURSDAYS from 3-5 PM effective August 1

Call the ASO at 719-573-5020 or

Email: serviceoffice@coloradospringsaa.org



BRIDGING THE GAP WORKSHOP



SATURDAY

JULY 27TH

9AM-12PM

LOCATION TBD

POTLUCK!

PLEASE BRING A DISH TO SHARE.



COME JOIN US AS WE LEARN HOW
TO CARRY THE MESSAGE TO THE
ALCOHOLIC WHO IS STILL SUFFERING
THROUGH TEMPORARY CONTACTS
WHO ARE THE HAND OF AA TO
THOSE TRANSITIONING OUT OF
TREATMENT AND CORRECTIONAL
FACILITIES!



AUGUST 3RD
11AM - 2PM

SERVICE OFFICE BBQ!

Support Your Local Service Office:

An event to help support our local service office and enrich our spiritual awareness with one another. As a collective fellowship, we want this resource to stick around and the fellowship to grow. Feel free to bring family and newcomers to this event. The intergroup board members will provide the dogs and patties but we greatly encourage those who attend to bring a side dish to enjoy.

**3rd Annual AA
Service Office BBQ**

**All literature 10% off
ONLY the day of the
BBQ!**

**You know you need a
new Big Book!**

**Remember to be a
grateful giver-if even
just for today-
Remember to give to
your Service Office.**

**The Service Office
will provide wieners
and burgers. Please
bring a side dish if
you can.**

THE SERVICE OFFICE

1353 S. 8th St. Colorado Springs,
CO 80905

<http://www.coloradospringsaa.org/>