

Pikes Peak Pint



The Pikes Peak Pint is a monthly AA-oriented newsletter that serves Colorado Springs and the surrounding communities.

February 2010

Area Meeting Additions, Deletions, and Changes (all meetings are non-smoking)

To include new meetings, changes or cancellations, deliver or email them to our service office.

All Meetings at DOWNTOWN GROUP, 7 E. Bijou, Room 25 PLEASE ENTER AND EXIT THROUGH REAR OF BUILDING!

NEW: 1st 164 Pages / Monday / 7:00 PM / Big Book Study Group / Open – Handicap Access / 2508 E. Platte, Community Room, Circle Drive & Platte area

CHANGE: Woodland Park Book Study Group /Saturday / 8:30 AM / Open- Handicap Access/ St. David of the Hill, 38 Edlowe Rd. (Off Highway 24, 2 miles west of Woodland Park)

DELETE: Keep it Simple / Friday / 7:30 PM / 2508 E. Platte Avenue, Across the Street from Goodwill at Plaza on the Platte

DELETE: Outright Mental Defectives/ Wednesday / 7:30 PM / 2508 E. Platte Avenue, Community Room

DELETE: Survivors Group / Tuesday / 6:30 PM / Open / Discussion / 616 North Pine Street

Notes from the Editor

I would like to THANK Kim R., Pikes Peak Pint Vice-Chairperson, for filling in for me last month, so that I could enjoy my vacation in Scottsdale AZ. I am so grateful for A.A. Spirit of Rotation and the willingness of the people in this fellowship.

I am also very grateful to Cameron M., for his submission *A Story About Lyn*, which is featured in the *Last Word*, p. 14. It is the first local ESH submission that I have received during my tenure as the Editor, so THANK YOU Cameron!

We welcome your submissions! Write to The Pint at pint@coloradospringsaa.org



- ✓ Milestones in Sobriety p. 6
- ✓ AA Around Town p. 7
- ✓ Open Service Positions p. 6
- ✓ AA @ A Glance Calendar p. 12
- ✓ A Story About Lyn, Last Word, p. 14

Email sobriety anniversaries, announcements, letters to editor and email subscription requests to the Pikes Peak Pint before the 20th of each month:

pint@coloradospringsaa.org

Local AA Service Office:

1353 S. 8th Street, Suite 209
Colorado Springs, CO 80905
Phone: 719-573-5020

Email: serviceoffice@coloradospringsaa.org

Website: www.coloradospringsaa.org

INTERGROUP INFORMATION AND CONTRIBUTION ADDRESSES

DISTRICT COMMITTEE CHAIRPERSONS

Standing Committees

Corrections:

OPEN - Chair
Renee - *Vice Chair*
corrections@coloradospringsaa.org

Public Information:

Jack - Chair
OPEN - *Vice Chair*
pi@coloradospringsaa.org

CPC:

Joey – Chair
Larry S. - *Vice Chair*
cpc@coloradospringsaa.org

Treatment:

Casey C. - Chair
Lisa S. – *Vice Chair*
treatment@coloradospringsaa.org

INTERGROUP COMMITTEE CHAIRPERSONS

Local Service Committees

(Call the Service Office for committee chair phone numbers)

Program:

Amanda F. – Chair
Megan H. – *Vice Chair*
programs@coloradospringsaa.org

Pint:

Rachel N. - Chair
Kim R. - *Vice Chair*
pint@coloradospringsaa.org

Volunteer:

Cissy – Chair
OPEN - *Vice Chair*
volunteers@coloradospringsaa.org

Nightwatch:

Mary Katherine. – Chair
Dana - *Vice Chair*
nightwatch@coloradospringsaa.org

Web Site:

Courtney B. – Chair
Josh - *Vice Chair*
webmaster@coloradospringsaa.org

Archives:

Curt N. – Chair
OPEN - *Vice Chair*
archives@coloradospringsaa.org

WHERE to SEND CONTRIBUTIONS:

Area Service Office:

Make checks payable to Area Service Office
(Cash OK, but do not mail). Include group name on check.

Send to:
Colorado Springs Area Service Office CSASO
1353 S. 8th Street, Suite 209,
Colorado Springs, CO 80905

GSO:

Make checks payable to General Fund.
Include Group name and number on check.

Send to:
General Service Office
Box 459 Grand Central Station
New York, NY 10163

Area 10:

Make checks payable to Area 10.
Include group name, number, and District #7 on check.

Send to:
Area 10 Treasurer
12081 W. Alameda Pkwy. #418
Lakewood, CO 80228

Districts:

Make checks payable to **DISTRICT 7**
Include Group name, number and District number on check.

Send to Service Office.

Colorado Springs Area Service Office CSASO
1353 S. 8th Street, Suite 209,
Colorado Springs, CO 80905

Pink Can Contributions:

Make check or Money orders to
Area 10 Corrections Committee.
Include Group Name and Number.

Send to:

Pink Can Contributions
P.O. Box 1307
Englewood, CO 80150

Your Area Service Office and Intergroup would like you know how very much we appreciate your personal contributions!



In the month of December
we received
5 Grateful Giver contributions,
1 Birthday contribution,
And 3 Personal contributions!!!

GROUP CONTRIBUTIONS – THANK YOU!!

GROUP NAME (2009-2010)	Yr. to date	Dec. '09
Above The Bar Group	\$276.50	\$176.50
Apex	\$870.95	\$196.38
Back to Basics	\$552.97	\$64.00
Beacon Light	\$250.00	
Big Book Action	\$788.00	\$132.07
Big Book Study UPH	\$0.00	
Black Forest	\$504.72	
Breath of Life	\$123.00	
Broadmoor	\$0.00	
Brown Baggers	\$17.33	\$17.33
Celebrating Diversity	\$50.00	\$50.00
Central	\$0.00	
Clean Air Group	\$128.60	\$67.70
Cripple Creek Natural High	\$0.00	
Don't Worry Be Happy	\$320.00	
Down By The Creek	\$86.00	\$86.00
Downtown Group	\$1,674.63	\$196.51
Drylander's Group	\$0.00	
Easy Breathing Group	\$144.25	\$144.25
Easy Does It	\$150.00	\$25.00
Ellicott Group	\$0.00	
End of the Road	\$0.00	
Eye Opener	\$0.00	
Far North Group	\$35.00	\$15.00
Fountain of Sobriety	\$20.00	
Foxhall Group	\$384.76	\$384.76
Freedom From Bondage	\$0.00	
Friday Night 12 x 12	\$128.40	\$86.40
Friday Night Live	\$150.00	\$100.00
Friday Women's Group	\$814.55	\$305.55
Gals of Woodland Park	\$75.50	
Gift of the Heart	\$0.00	
Good Ole Boys	\$250.00	
H.O.W.	\$140.00	
Half Pint Group	\$138.00	
Happy Destiny	\$166.05	
Happy Hour	\$615.06	\$235.26
Hilltop AA Meeting	\$0.00	
High Noon	\$136.50	
Hugo Group	\$242.00	
Into Action	\$45.00	
Keep it Simple	\$90.00	
Lake George Group	\$299.18	\$18.00
Last Chance	\$24.05	\$24.05
Little Log Group	\$0.00	

GROUP NAME (2009-2010)	Yr. to date	Dec. '09
Living Sober	\$225.00	
M.A.G.	\$651.43	\$51.43
Motherlode	\$0.00	
New Beginners	\$344.61	\$101.92
New Woman's	\$541.84	\$105.73
Northwesters	\$70.00	
Not A Glum Lot	\$68.50	
Off The Wall	\$100.00	
Outright Mental Defectives	\$0.00	
Pass It On	\$40.00	
Pathfinders	\$0.00	
Penrose Discussion	\$0.00	
Plug in the Jug	\$264.00	\$8.00
Pre-Dawn Meeting	\$403.95	
Progress Not Perfection	\$301.60	\$80.00
Recovery in Action	\$400.00	\$100.00
Rule #62	\$0.00	
Saturday Early Morning Mtg.	\$248.40	
Security Eye Opener	\$46.80	\$46.80
Serenity Riders	\$537.65	
Serenity Sisters	\$278.78	
Silver Key Seniors	\$100.00	
Solutions at 5:30	\$100.00	
Solutions at Noon	\$803.32	\$196.23
Steel Magnolias	\$427.07	\$117.57
Sunday Morning Speaker	\$360.00	
Sunday Night Big Book Study (Clean Slate)	\$163.35	
Survivors Group	\$18.89	
Taking Steps	\$239.00	\$39.00
Then and Now	\$288.00	\$68.00
Thursday Mens	\$300.00	
Thursday Noon--Woodland Park	\$100.00	
Ute Pass Breakfast	\$102.00	
Veterans for AA	\$100.00	
Walk the Talk	\$3,170.04	\$1,010.04
Walking on Water	\$675.00	
We Are Not Saints	\$1,032.89	\$144.55
Wed. Afternoon Ladies	\$0.00	
Wed. Westside Womens	\$300.00	
Westside Eye Opener	\$1,082.83	\$231.73
Womens Step Study-WP	\$25.00	
Woodland Park Beginners	\$120.00	\$60.00
Woodland Park Book Study	\$89.40	\$89.40
Young People	\$316.00	
Totals:	\$24,126.35	\$4,775.16

Thank you for your contributions. Support your group and support our service office!

7th Tradition

An extra dollar in the 7th Tradition basket just for your home group will help us meet our 2009-10 budget goals for Intergroup and the Area Service Office.

Intergroup Financial Reports

Financial reports are given to the Intergroup representatives at each monthly Intergroup meeting.

They are available upon request at the Area Service Office.

YOU ARE AWESOME!!!!



Gratitude Month

had **28** Groups contributing

for a total of

\$2,818.65!!

AA~ANNIVERSARIES



February 2010



Big Book Action

Rodney U.	16 yrs.
Larry S.	6 yrs.
Elizabeth D.	4 yrs.
Ned	4 yrs.
Traci M.	2 yr.
John S.	2 yr.

Friday Women's Group

June S.	29 yrs.
Marti B.	25 yrs.
Delores N.	21 yrs.
Sharon W.	10 yrs.
Pat H.	8 yrs.
Stacy W.	7 yrs.
Lori B.	4 yrs.
Molly W.	4 yrs.
Mary Ann G.	1 yr.
Debi C.	1 yr.
Anne M.	1 yr.
Maile L.	1 yr.
Susan U.	1 yr.

Steel Magnolias

Karen McG.	20 yrs.
Cynthia P.	18 yrs.
Caren L.	4 yrs.
Terry S.	1 yr.

Taking Steps

Larry S.	6 yrs.
Elizabeth D.	4 yrs.
Traci M.	2 yrs.
Linda W.	2 yrs.

Tuesday New Women's Group

Karen M.	20 yrs.
Caren L.	4 yrs.
Toni M.	1 yr.

Solutions at Noon

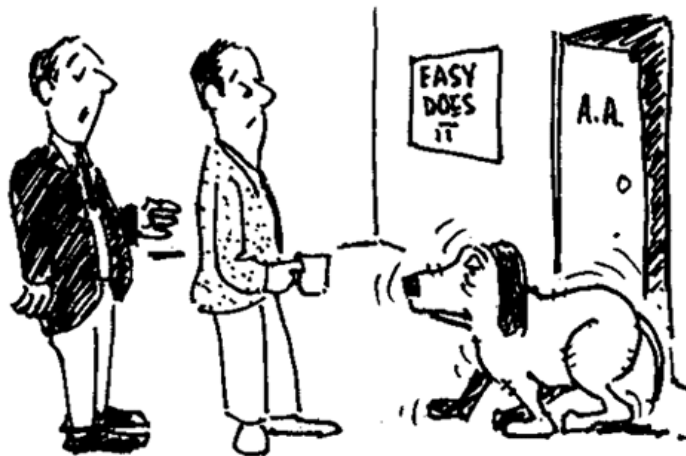
Earline H.	25 yrs.
Scott N.	22 yrs.
Charles B.	19 yrs.
Marlena M.	1 yr.

Walk the Talk

Mike S.	20 yrs.
Sandy A.	14 yrs.
Melissa	11 yrs.
Dean C.	9 yrs.
Joe M.	7 yrs.
Darren	7 yrs.
Ron S.	6 yrs.
Ross S.	6 yrs.
Lee F.	2 yrs.
Angie	1 yr.
Lindsey	1 yr.

Happy Hour Group

Susan L.	22 yrs.
Mark L.	22 yrs.



"Remember, the only requirement is a desire to stop drinking!"

AA~AROUND TOWN

2010 New Years Alcothon

This year's annual New Year's Alcothon took place at Sacred Heart Church. I got there around 6pm and the place was bustling with people. It was held in the main auditorium, with hourly meetings taking place upstairs in one of the classrooms. The decorations were very festive and most everyone was dressed to impress. The buffet style food of turkey, ham, sides, and desserts were one of my favorite parts of the evening. The line wrapped around the room. After food was cleaned up the room was set up for the speaker meetings and sobriety countdown. I was personally excited for my first Al-Anon speaker meeting and was also left blown away by the AA speaker. In between speaker meetings was the sobriety countdown which was in itself reason enough to show up for an AA function like this. Tables were moved and the room was cleaned up for the dance. The DJ was playing requested songs and most of us danced the night away. At midnight we did the countdown and balloons fell from the ceiling. The dance ended around 1 am, we cleaned up, and the 24 hr meetings just kept on going. In the morning there was a breakfast and another speaker meeting. The whole thing wrapped up around noon. I would personally like to thank the program's committee and also the Alcothon committee for putting on a fun and entertaining evening and also providing a safe environment for me to go on New Year's!

Submitted by Kim R.
Pikes Peak Vice-Chairperson



ARCHIVES COMMITTEE WANTS YOU!

The time is near for the current Archives Committee Chair, Curt N. to rotate out. We urge you to step-up and fill this very important service position!

STEP UP INTO SERVICE

The Following Service Positions are currently **OPEN & NEED** to be filled

DCM – District Committee Member – Alternate DCM

Board of Directors – Registrar

Board of Directors – Vice Treasurer

Board of Directors – Member at Large

Archives Committee – Chairperson & Vice Chairperson

Volunteer Coordinator–Vice Chairperson

Corrections Committee – Chairperson & Vice Chairperson

Night Watch has slots OPEN that need to be FILLED

If interested contact Mary Katherine @

Nightwatch@coloradospringsaa.org

Volunteer Hours at the Service Office are available,

If interested contact volunteers@coloradospringsaa.org

The Treatment Committee **NEEDS** volunteers

Contact Casey or Lisa @ treatment@coloradospringsaa.org

NIGHTWATCH NEEDS YOU!



Have the hand of AA be there when the still suffering alcoholic reaches out!

We need volunteers for shifts and we are updating our current database.

If you are a Night Watch volunteer, wish to become one or have any questions, please contact us.

nightwatch@coloradospringsaa.org

Mary Katherine 761-1018

Dana 491-0587

Step 2

Came to believe that a Power greater than ourselves could restore us to sanity.

FAITH IN FULL FLOWER ~ A WEDDING ON THE EVE OF GRIEF

Yesterday was my wedding day. I have been in this relationship for twenty years now, and the decision to finally tie the knot was prompted by the rapid physical decline of my wife's twenty-four-year-old granddaughter. She has cancer and is not expected to live more than a few weeks at best.

The hastily planned ceremony was held in her hospital room, with five generations of immediate family in attendance. A startled but good-naturedly cooperative social worker also got swept up in the celebration, and a camera put in her hands to help record the event for posterity, with its light moments and poignant ones.

The vows and rings were exchanged at the foot of our granddaughter's bed, and her young son got to participate as the ring bearer. At one point, he had to crawl under the bed to retrieve my ring, which my nervous bride had dropped before she could get it on my hand.

After the ceremony, we served a simple cake purchased that morning, and a couple of bottles of sparkling apple cider to toast the marriage. For the toast, I asked my granddaughter to offer a few words. She spoke of how she sometimes felt neglected and angry at Alcoholics Anonymous for all the time we spent at meetings when she was a child, but she was grateful we were sober. She also told us she was glad still to be alive to witness the wedding we had put off for so long.

Somehow, it didn't seem strange to anyone there that the wedding was not held in a church, or a park, or someone's backyard. It seemed perfectly natural to bring together a family for a joyful occasion, even in the midst of preparing for a season of grief.

I tell you all this for a reason. Our book *Twelve Steps and Twelve Traditions* states that "well-grounded AAs seem to have the ability, by God's grace, to take these troubles in stride and turn them into demonstrations of faith."

I am not certain if I have accepted the fact that our granddaughter is about to die, but for some strange reason, I am not afraid. She has a strong faith in God, hopefully as a result of watching us grow spiritually in Alcoholics Anonymous. I believe that, if God ordains that her work is done, we should not try to keep her here. We need to show her that our willingness to accept his will does not apply just to the mundane things in life, but even to the death of a loved one.

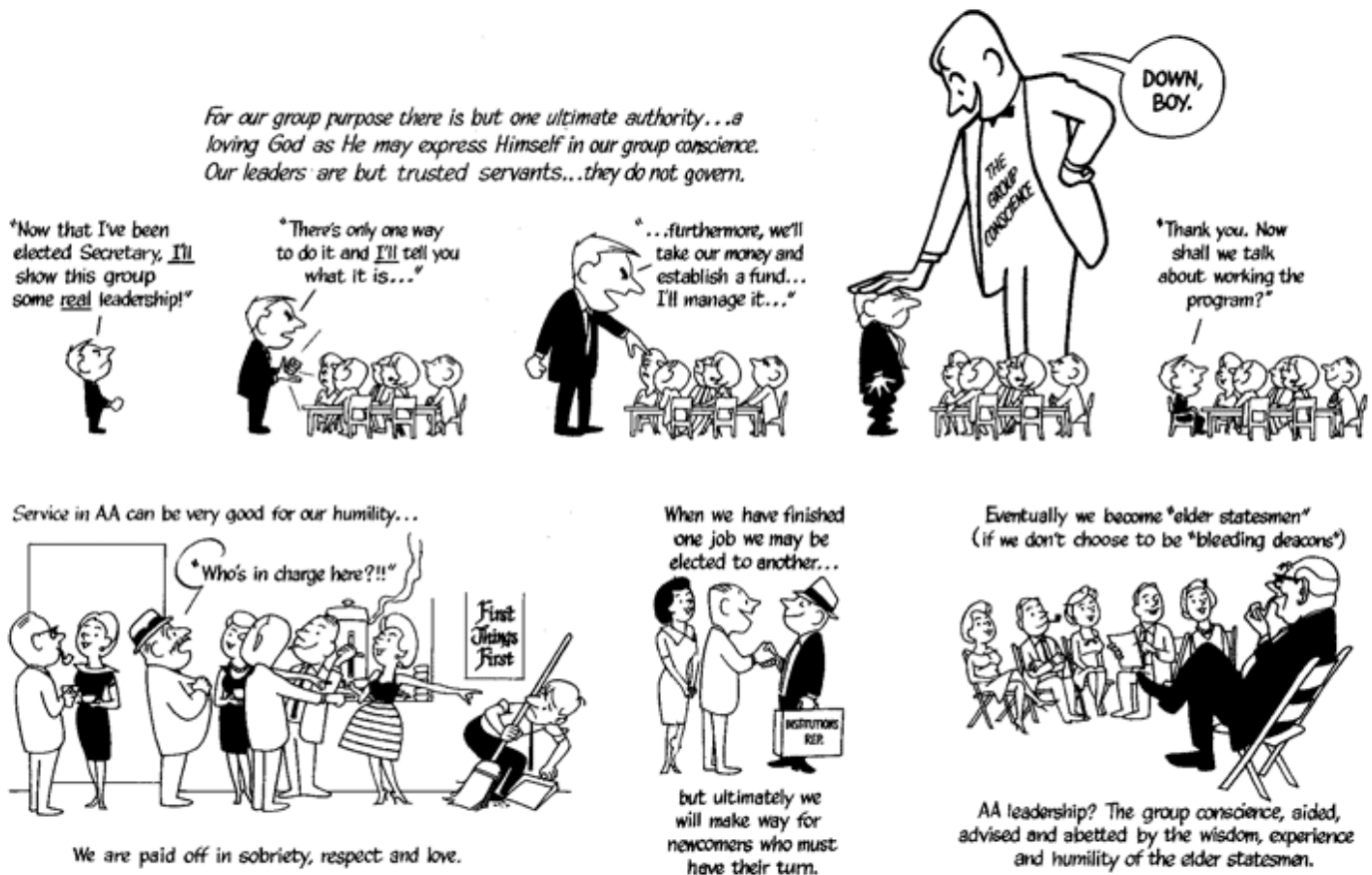
When I was sober a year, my grandmother passed away, and I did not handle it very well. I made some mistakes that have yet to be rectified, and which cost me my relationship with my own mother. I now have many more years' experience trying to "practice these principles," and so hope to do things very differently this time.

Butch M.

San Diego, California

Concept 2

When, in 1955, the A.A. groups confirmed the permanent charter for their General Service Conference, they thereby delegated to the Conference complete authority for the active maintenance of our world services and thereby made the Conference - excepting for any change in the Twelve Traditions or in Article 12 of the Conference Charter - the actual voice and the effective conscience for our whole Society.



Please Submit Nominations to the Intergroup Board by February Intergroup Meeting (02/09/10) for March Elections!!!!

Tradition 2

For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

1. Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Old-timers?
2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibility?
3. Do I look for credit in my AA jobs? Praise for my AA ideas?
4. Do I have to save face in group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?
5. Although I have been sober a few years, am I still willing to serve my turn at AA chores?
6. In group discussions, do I sound off about matters on which I have no experience and little knowledge?

Nightwatch OPEN Slots:

2nd Sunday 4pm - 12 am

1st Monday 9 am – 5pm

(Could be split into (2) 4 hour slots)

AAAt A Glance



February 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Board Meeting 6:30 PM Service Office					Cooperation W/Professional Community Committee 7 E. Bijou 9:00 AM
7	8	9	10	11	12	13
		Intergroup Mtg. 7:00 PM Bethany Lutheran Church 1401 8 th Street, CS (downstairs) Next door to S.O.				Treatment Committee 4:00 PM Pikes Perk 14 S. Tejon St.
14	15	16	17	18	19	20
Happy Valentine's Day		Combined District Meeting Red Cloud 7:30PM	Public Information Committee Meeting 6:00 PM		Submit Milestones to the Pint	Corrections Committee 9:00 AM Sacred Heart Room 6
21	22	23	24	25	26	27
28						
Step UP! Be of Service						

AA Thought for the Day

Faith Is Action - Around the Tables

AROUND THE TABLES, I have claimed, "I have faith that this program of Alcoholics Anonymous works." Then I sit back, wallowing in my character defects, making perhaps one or two meetings a week. "Sure, I have faith that this program really works!" As the phone rings, I quickly think of all the reasons why I can't go out on a Twelfth Step call. "It really works!" But I neglect my daily spiritual growth, my personal inventory; I leave resentments unchecked. "Faith, we must have faith," I cry.

All the faith in the world cannot save me from picking up a drink unless I begin a program of action. Lip service to my problem will not bring growth in dealing with life.

Many who once claimed faith in this program are out there somewhere--without faith, without hope. "It didn't work for me," they say as they raise the glass with trembling hands. "It" doesn't work for us; we work for "it," by developing a pattern of life that allows us "to grow along spiritual lines." Persistent, positive action.

Man's actions, not his words of homage, are the proof of his faith. The program of AA does not live as printed words on a "window shade" display of the Twelve Steps; it lives when a man or a woman *acts* upon faith and practices the principles in the Steps.

P. L.
Rocky Point, New York

Monthly Meetings

- The Board** 6:30 pm 1st Monday, Svc. Office
- Corrections** 9:00 am 3rd Saturday, Sacred Heart, Room 6,
2021 W. Pikes Peak Ave.
- CPC** 9:00 am, 1st Saturday - 7 E. Bijou Street
- Treatment** 4:00 pm 2nd Saturday, Pikes Perk, Tejon St, Downtown
- Public Info.** 6:00pm 3rd Wednesday, St. Francis Hospital, 5th Floor
- Intergroup** 7:00 pm 2nd Tuesday, Bethany Lutheran Church
1401 S. 8th St. CS CO (downstairs)
Located next door to the Service Office

District Monthly Meetings

Red Cloud Serenity Club
8020 W. Highway 24, Cascade
District 7
7:30pm, 3rd Tuesday

The Last Word

A Story About Lyn

When I left the treatment center outside of Denver, I moved into a sober house, in a small town in northern Colorado. Although much improved, I was not in good health. I had regained most of the thirty pounds I was underweight. Whiskey and cigarettes are not a healthy or balanced diet. I was not healthy.

Sitting on the sofa, one day I realized I best accept that I drank away my health and come to terms with it. Then, a God I didn't believe in at the time, intervened with no expectations. We resolved that I would do what I could to get as healthy as I could, so I got on my bicycle. One day, I rode by a group of people sitting on a step. A board behind them had our familiar circle & triangle and said, "Home of the Loveland Group."

That's where I met Lyn. He didn't say much, just sat quietly off to the side, but when he did speak, he would say how thankful he was to say he didn't drink yesterday and how he had somehow stumbled onto a path, which allowed him to weather the storms of life without booze. Unlike me, who was spouting off about how I must be unconditionally incapable of being honest, and how could this spiritual stuff help a boy who had no understanding, and the Chapter to the Agnostics was a sales pitch, and how could I turn my will and life over, bla bla bla ...

A few days after I arrived, he asked me after a meeting, if I had a few minutes. "Well I'm on my bike, looking for work", I said, but OK. He said, "This floor needs cleaning, you fold & stack the chairs, and I'll find a broom." As time went by, I learned that Lyn had gotten sober, in a one horse Texas town, with only one meeting a week. His sponsor would say to him, "I'll pick you up. Try to be sober. If you're not home, I'll know where to look for you." It wasn't about the cotton and the ears. He was told, for the first year all you say is, "My name is Lyndon, and I'm an alcoholic." You don't know anything else.

But the most important thing that happened during that first year was that after the meeting, he was assigned a task. Clean the coffee pot, sweep the floor, wipe the tables, sort and count the literature, stack the chairs. He told me of the day they stuck \$10 in his hand and told him, sure go and get coffee and how he had to go past the liquor store, to get to the Piggly Wiggly, knowing he could get good and drunk on ten dollars.

Lyn had been in the fellowship of AA for thirty-plus year and had a sense of peace and serenity about him. I've met other members with three X's on their coins and they seem to have it too. With the Alcothon just over, his message of service has come back to me. Take a newcomer, wet behind the ears, hand him a coffee pot and a scrub brush. Get him involved in service and A.A. Then watch a few days later, as he and others like him put together an event, as splendid as the Alcothon. Lyn told me, "be willing to be of service, and the opportunities will always present themselves."

I went up to Lyn one day after the meeting and asked if I should stack the chairs. "Naw, this new guy is going to do it." Lyn had given me my two month coin just a few days earlier. "Besides," he said, "You need to go ride your bike."

Submitted by,
Cameron M.

Colorado Springs, CO