



Pikes Peak Pint

May 2010

The Pikes Peak Pint is a monthly AA-oriented newsletter that serves Colorado Springs and the surrounding communities.

Area Meeting Additions, Deletions, and Changes (all meetings are non-smoking)

To include new meetings, changes or cancellations, deliver or email them to our service office.

All Meetings at DOWNTOWN GROUP, 7 E. Bijou, Room 25 PLEASE ENTER AND EXIT THROUGH REAR OF BUILDING!

NEW: Phoenix Group /12:00 PM-Noon / Mon-Fri / Open / 219 E. Bijou- First Presbyterian Church, Room #30 downstairs, ENTER double doors across from playground off Alley on Southside of church- Ring buzzer to be let in

CHANGE: The Oasis Group /7:00 PM / Monday / Big Book Study / Closed / Unity Church of the Rockies, 1945 Mesa Rd, (Mesa & 19th St.)

CHANGE: WTT Wednesday Afternoon Ladies' Meeting /4:00 PM / Wednesday / Discussion/ Open-Handicap Access/ 5975 N Academy Blvd. #210, Erindale Square Shopping Center

DELETE: Great Reality- Pagan Friendly Group/ 6:00PM/ Tuesday / Step study/ Open/ 2502 W. Colorado Ave, Suite 307



Notes from the Editor

Write to The Pint at pint@coloradospringsaa.org

- ✓ Milestones in Sobriety p. 5
- ✓ AA Around Town p. 6
- ✓ Open Service Positions p. 6
- ✓ AA @ A Glance Calendar p. 11

Love IT? Hate IT? Have something to SAY about IT?

Email sobriety anniversaries, announcements, letters to editor and email subscription requests to the Pikes Peak Pint before the 20th of each month:

pint@coloradospringsaa.org
We'd love to hear from you!

Local AA Service Office:

1353 S. 8th Street, Suite 209
Colorado Springs, CO 80905
Phone: 719-573-5020

Email: serviceoffice@coloradospringsaa.org

Website: www.coloradospringsaa.org

INTERGROUP INFORMATION AND CONTRIBUTION ADDRESSES

DISTRICT COMMITTEE CHAIRPERSONS

Standing Committees

Corrections:

Greg N. - Chair
Renee - Vice Chair
corrections@coloradospringsaa.org

Public Information:

Jack - Chair
OPEN - Vice Chair
pi@coloradospringsaa.org

CPC:

Joey - Chair
Larry S. - Vice Chair
cpc@coloradospringsaa.org

Treatment:

Casey C. - Chair
Lisa S. - Vice Chair
treatment@coloradospringsaa.org

INTERGROUP COMMITTEE CHAIRPERSONS

Local Service Committees

(Call the Service Office for committee chair phone numbers)

Program:

Tomas M. - Chair
Megan H. - Vice Chair
programs@coloradospringsaa.org

Pint:

Kim R. - Chair
OPEN - Vice Chair
pint@coloradospringsaa.org

Volunteer:

Cissy - Chair
OPEN - Vice Chair
volunteer@coloradospringsaa.org

Nightwatch:

Dana - Chair
Jessica S. - Vice Chair
nightwatch@coloradospringsaa.org

Web Site:

Bert B. - Chair
OPEN - Vice Chair
webmaster@coloradospringsaa.org

Archives:

Frank - Chair
OPEN - Vice Chair
archives@coloradospringsaa.org

WHERE to SEND CONTRIBUTIONS:

Area Service Office:

Make checks payable to Area Service Office
(Cash OK, but do not mail). Include group name on check.

Send to:
Colorado Springs Area Service Office CSASO
1353 S. 8th Street, Suite 209,
Colorado Springs, CO 80905

GSO:

Make checks payable to General Fund.
Include Group name and number on check.

Send to:
General Service Office
Box 459 Grand Central Station
New York, NY 10163

Area 10:

Make checks payable to Area 10.
Include group name, number, and District #7 on check.

Send to:
Area 10 Treasurer
12081 W. Alameda Pkwy. #418
Lakewood, CO 80228

Districts:

Make checks payable to **DISTRICT 7**
Include Group name, number and District number on check.

Send to Service Office.

Colorado Springs Area Service Office CSASO
1353 S. 8th Street, Suite 209,
Colorado Springs, CO 80905

Pink Can Contributions:

Make check or Money orders to
Area 10 Corrections Committee.
Include Group Name and Number.

Send to:

Pink Can Contributions
P.O. Box 1307
Englewood, CO 80150

*Your Area Service Office and
Intergroup would like you know how
very much we appreciate your
personal contributions!*



In the month of March
we received
7 Grateful Giver contributions
And 1 Birthday contribution!!!

AA~ANIVERSARIES



May



2010

Apex

John O.	14	yrs
Rick L .	9	yrs
Karen R	4	yrs
Tom R.	3	yrs

Happy Hour

Carol J.	11	yrs
Dana	2	yrs
Kathy I.	2	yrs

Monday Night Big Book Action

Dennis F.	30	yrs
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Solutions @ Noon

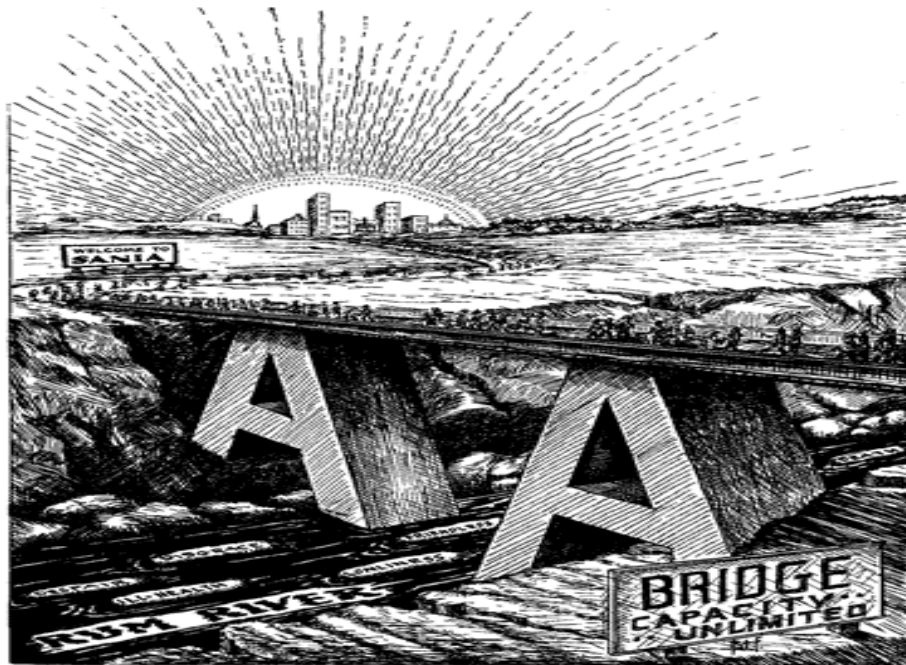
Ed J.	22	yrs
Sandra C.	14	yrs
Thomas W.	5	yrs
Kimberly	4	yrs
Kathy W.	4	yrs
Maureen M.	1	yr

Steel Magnolias

Leah	34	yrs
Annikki	21	yrs
Sandra C.	14	yrs
Nichole R.	2	yrs

Tuesday New Women's Group

Polly W.	27	yrs
Cathie F.	3	yrs
Kathy B.	3	yrs
Mary W.	3	yrs



**CALL FOR LONGTIMERS
18 yrs. Continuous**

We will have more info on how to be included in the Long timer's Dinner SOON!!!!

AA~AROUND TOWN

If you would like to submit a story/article or have suggestions for an upcoming event you'd like to hear about, please let us know!!!!

pint@coloradospringsaa.org

or

Kim 433-1780

To be taken off of the Nightwatch List please contact Dana or Jessica @ nightwatch@coloradospringsaa.org



CPC/PI COMMITTEES WANT YOU!

Both Committees are very busy and have a lot going on and coming up! Please go to either of their monthly meetings to help out and get into Service!!!

STEP UP INTO SERVICE

Alternate DCM

The Following Service Positions are currently **OPEN & NEED** to be filled

Archives Committee –Vice Chairperson

PINT Committee-Vice Chairperson

Volunteer Committee–Vice Chairperson

Corrections Committee –Vice Chairperson

Website Committee-Vice Chairperson

All Nightwatch Positions are filled.

They are always looking for more help.

If interested contact Dana @ Nightwatch@coloradospringsaa.org

Volunteer Hours at the Service Office are filled.

They are always looking for more help.

If interested contact Robin @ serviceoffice@coloradospringsaa.org

The Treatment Committee **NEEDS** volunteers

Contact Casey @ treatment@coloradospringsaa.org



The Service Office has DISHES leftover from the Alcothon and a CAMP CHAIR

Leftover from either the Founder's Day or 4th of July picnic.

Please call the office or come in to claim your belongings





**“I AM RESPONSIBLE
WHEN ANYONE, ANYWHERE, REACHES OUT FOR
HELP, I WANT THE HAND OF A.A. ALWAYS TO BE
THERE,
AND FOR THAT I AM RESPONSIBLE.”**

MOST of the Night Watch shift positions are filled!
Please contact us to be a volunteer to carry the message of Alcoholics Anonymous
and help the alcoholic that still suffers
If you have any questions regarding Night Watch, please contact us .



Jessica S. 719-641-2385
Dana 719-491-0587

Thanks again, your service is appreciated!
nightwatch@coloradospringsaa.org

Step 5

Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

Editorial:

On the 5th Step. . . .

ADMITTING "the nature of our wrongs" to God and ourselves sounds much easier than confessing to another human being. We can do the first in complete privacy. No one is listening, we say. Yet, it's not so easy that we all are able to accomplish this Step in one sweeping confession. Several false starts sometimes are necessary before we find both the courage and the insight to admit even to ourselves the true, unvarnished nature of our wrongs.

One of the obstacles to applying this Step is our deep-rooted habit of refusing to face facts, or admit the truth even to ourselves if and whenever the truth was unpleasant. We are grooved in the pattern of glossing over, covering up, beating around the mulberry bush, sticking our head in the sand--or any of the other old cliches which are simply an indirect and longer way of spelling "l-i-e."

The truth is that during the active drinking period the patient has been doing more lying to himself than to anyone else and even after he has decided to turn to the truth finds the way strange and difficult to follow. After 15 to 20 years of self-deception the truth is not easily recognized.

At first, the application of part of this Step may seem to have been achieved. The newly enlightened patient has had a heart-to-heart talk with himself. He has admitted to himself the nature of his wrongs. Or, has he admitted only part of the nature of his wrongs? Has he spared himself just a little, left just a little of the varnish on the truth? Has he spared himself again in just a bit more self-deception, in just one or two self-pitying reasons or explanations of the wrongs?

Frequently, a second and a third confession, more, is needed before the truth, the whole truth and nothing but the truth is brought to light. Sometimes a great deal of digging is needed to get beneath the many layers of self-deception that have been piled on each other and become virtually petrified over the years.

Courage implemented by searching analysis and perseverance are needed here, the courage to face and admit the truth as it's brought to the surface, and the perseverance to keep digging until it is.

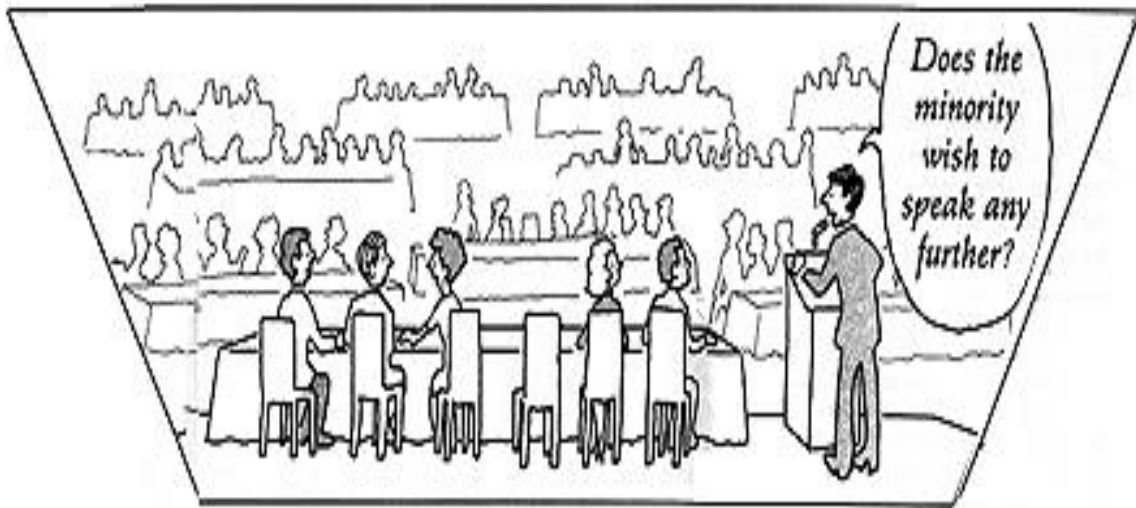
Usually the presence of an audience intensifies the difficulties of admitting self-truths, even when the audience is a sympathetic friend. Sometimes the mere voicing of inner secrets is a wrenching process, especially for anyone who for years has been hiding all unpleasant facts even from himself. Furthermore, one must forgive himself before he is ready to forgive the world of which he has been so resentful.

For these reasons many who have succeeded in the full practice of this Step recommend that it be started with one's own conscience as the sole audience. Better begin there, they say, first to learn what there is to be admitted and, second, to generate the courage to take another into the confidence.

But, all who have practiced the Step successfully are quick to say, too, that the tremendous relief which follows richly compensates for whatever mental pain and labor may be experienced in the beginning. Confession, of course, has eased men all through history. Its rewards have not diminished and are within reach of the A.A. who has advanced to this point in his recovery of a useful and happy way of life.

Concept 5

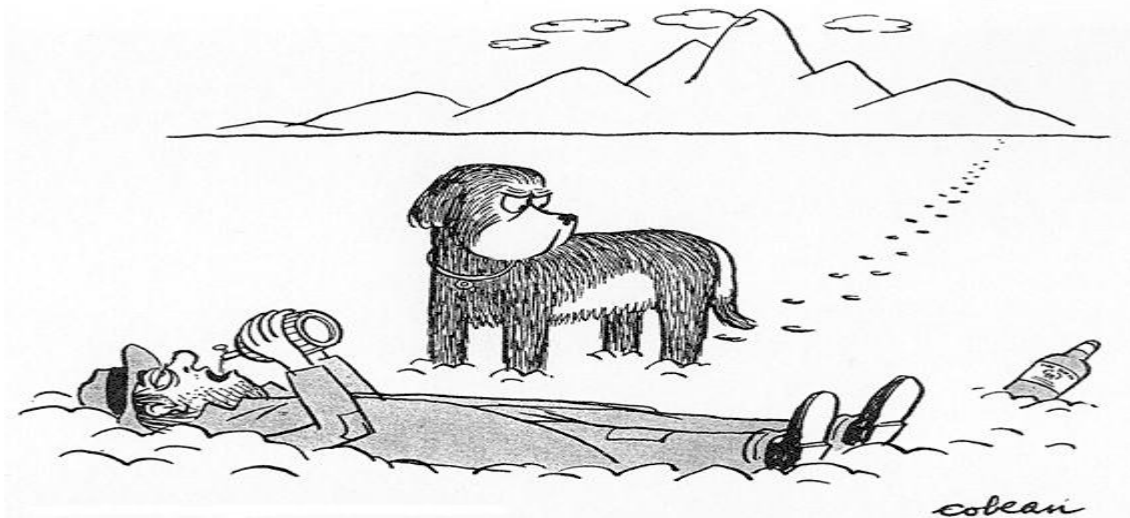
Throughout our world services structure, a traditional "Right of Appeal" ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.



Tradition 5

Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.

1. Do I ever cop out by saying, “I’m not a group, so this or that Tradition doesn’t apply to me”?
2. Am I willing to explain firmly to a newcomer the *limitations* of AA help, even if he gets mad at me for not giving him a loan?
3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
5. Do I help my group in every way I can to fulfill our primary purpose?
6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?



AA At A Glance



May 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						Cooperation W/Professional Community Committee 7 E. Bijou 9:00 AM
2	3	4	5	6	7	8
	Board Meeting 6:30 PM Service Office					Treatment Committee 4:00 PM Pikes Perk 14 S. Tejon St.
9	10	11	12	13	14	15
		Intergroup Mtg. 7:00 PM Bethany Lutheran Church 1401 8 th Street, CS (downstairs) Next door to S.O.			Submit Milestones to the Pint	Corrections Committee 9:00 AM Sacred Heart Room 6
16	17	18	19	20	21	22
		Combined District Meeting Red Cloud 7:30PM	Public Information Committee Meeting 6:00 PM			
23/30	24/31	25	26	27	28	29
	Step UP! Be of Service					

AA Thought for the Day

Quote of the Month

When, therefore, we AAs look to the future, we must always ask ourselves if the **spirit** which now binds us together in our common cause will always be stronger than those personal ambitions and desires which tend to drive us apart. . . Though the individual AA is under no human coercion, is at almost perfect personal liberty, we have, nevertheless, achieved a wonderful unity on vital essentials.

For examples, the Twelve Steps of our AA program are not crammed down anybody's throat. They are not sustained by any human authority. Yet we powerfully unite around them because the truth they contain has saved our lives, has opened the door to a new world

Bill W.

Monthly Meetings

The Board	6:30 pm 1st Monday, Svc. Office
Corrections	9:00 am 3 rd Saturday, Sacred Heart, Rm 6, 2021 W. Pikes Peak Ave.
CPC	9:00 am, 1 st Saturday - 7 E. Bijou Street
Treatment	4:00 pm 2 nd Saturday, Pikes Perk, Tejon St, Downtown
Public Info.	6:00pm 3 rd Wednesday, St. Francis Hospital, 5 th Floor
Intergroup	7:00 pm 2nd Tuesday, Bethany Lutheran Church 1401 S. 8 th St. CS CO (downstairs) Located next door to the Service Office

District Monthly Meetings

Red Cloud Serenity Club
8020 W. Highway 24, Cascade
District 7
7:30pm, 3rd Tuesday

The Last Word

The Anvil of Experience

"When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that: I am responsible." The first time I read those words they brought tears to my eyes. They have come to have real meaning to me.

I wasn't sober long before I wanted to know everything about this wonderful Fellowship--the Steps, Traditions, history--everything. I was hungry for anything that AA had to offer--still am. About the time of my first AA anniversary, I attended a general service workshop that was sponsored by my district. The weather was bad and it was poorly attended, and the man who was chairing the gratitude meeting said, "I hear people in meetings talk about how grateful they are but the people here tonight are the ones who are truly grateful." I knew him; we were members of the same group. This man soon became my second sponsor. One of the first things he told me to do was to shut up and learn to listen so that I could listen to learn. It was one of the most powerful suggestions I have ever taken in AA. I realized that, at a year sober, I had no clue how to live sober. Alcoholics Anonymous didn't need me but I desperately needed Alcoholics Anonymous.

I had been active at the group level from the time I was three months sober--first coffeemaker, then secretary, then treasurer. Now my sponsor suggested that I become active in general service. I became a GSR (general service representative) for my group. I attended district and area meetings, assemblies and conferences, and it took a good year before I was able to actually hear what was going on.

My sponsor now took on a new dimension, and became my service sponsor. In order to serve my group responsibly as a trusted servant, I needed guidance and direction in the Twelve Traditions and the Twelve Concepts for World Service. I trusted that my sponsor's experience in service would provide that. It did and still does. We talk weekly, we write to each other, and we constantly exchange AA information.

When I was three years sober I moved back here to the San Francisco Bay area to be near my family. I continue to be active and serve as delegate to the central office for my home group. Each time I attend a delegate's meeting, I have to ask myself if I am acting responsibly for my group. Do I have the group conscience in mind or do I have my own agenda? If I have my own agenda I cease to be a trusted servant. When I am at my home group I ask myself if we are acting in accordance with the Traditions. That is our responsibility as an AA group.

I found out early on that I couldn't trust my own thinking. I had to become willing to surrender my thinking and replace my ideas and beliefs with the spiritual principles of Alcoholics Anonymous. I am responsible as a trusted servant to be informed--my group expects and deserves that. This responsibility requires me to take action, to do some reading, and to find out what the principles say--not what I think. Simple, not easy. The beautiful thing about AA is that we don't have to reinvent the wheel. We have directions and guidelines that we can follow; they were hammered out on the anvil of experience by those who have gone before us.

I am a free woman today--free from booze. It is my individual responsibility to continue to grow, with the help of a Higher Power, a sponsor, and the principles of Alcoholics Anonymous. It is our responsibility--both individually and collectively--to carry the message of Alcoholics Anonymous (especially the message embodied in the first 164 pages of our Big Book) and to give back that which has so freely been given to us.

I recently said to my sponsor, "How do you pay back something that can't really be repaid?"

"Pass it on," he said, "and help keep this thing together."

Lee J.
San Carlos, California

