



Pikes Peak Pint

June 2011

The Pikes Peak Pint is a monthly AA-oriented newsletter proudly serving Colorado Springs and its surrounding communities.



AREA MEETING CHANGES, DELETIONS, ADDITIONS

- ABOVE THE BAR GROUP (open) Discussion meets at the Community Partnership Family Resource Center. (**ABOVE MC GINTY'S PUB** in Venture Foods lot - NE corner at the Divide light) Divide, CO. Mondays at 7 p.m. and Saturdays at 5 p.m.
- SERENITY SISTERS LIVING SOBER (open,women) is a **NEW MEETING** Thursdays at 6 p.m. that meets at 420 N. Nevada Rm. 135, First United Methodist Church. Children welcome.
- THE GARAGE MEETING at 1919 West Colo.Ave is a **NEW MEETING** that gathers Sundays at 7 p.m.
- THE TREATMENT FACILITIES meeting that gathers at 4 p.m. on the 2nd Saturday of each month at Pikes Perk is **CHANGING ITS MEETING TIME AND LOCATION** to 1 p.m. on the 2nd Saturday at Penrose Main, 2222 N. Nevada in the Volunteer Conference Room.
- THE FOURTH DIMENSIONS GROUP that meets Tuesdays at noon is **CHANGING ITS NAME** to the FELLOWSHIP HALL MEETING (open,handicap access) 3425 Unit I Van Teylingen Dr, west of Academy between Rebecca Lane and Carefree Circle North.
- APEX GROUP (open, handicap access) that meets Fridays at 6 p.m. is **MOVING** to the Central Christian Church, 2002 W. Pikes Peak (off 20th street)
- Daily Reprieve that meets Wednesdays at 2 p.m. at 3425 Unit I Van Teylingen Dr, west of Academy between Rebecca Lane and Carefree Circle North. is cancelled.
- THE FELLOWSHIP HALL **SPEAKER** MEETING (open,handicap access) meets Fridays at 6 p.m. at 3425 Unit I Van Teylingen Dr, west of Academy between Rebecca Lane and Carefree Circle North.
- YOUNG PEOPLE'S CANDLELIGHT (open) **MEETS** Sundays at 8 p.m. 10400 Ute Pass Ave., Green Mountain Falls (across from pond) Red Cloud Serenity Club. **THIS GROUP NEEDS SUPPORT, THANKS!!!**
- SOLUTIONS AT 5:30 **CHANGED ITS NAME** to 1515 MEDIATION GROUP (open), 15 minute meditation and topic discussion that meets Tuesdays at 5:30 at 1515 N. Cascade.



The Grapevine online, www.aagrapevine.org, started a new feature asking readers to suggest the caption for cartoons. What Caption would you suggest? The Pint will print the submissions in the next edition.

Clean and Sober

Service: Our Third Legacy

Service Is What Keeps Us Sober

By Cameron M.

When all else fails, working with another alcoholic will save the day. I was encouraged into service virtually day one and believe the spiritual aspect of service raises the quality of sobriety.

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LOCAL SERVICE OFFICE

Hours: T-F 9 a.m. to 5 p.m.,
SAT 9 a.m. to 12 p.m.

Location: 1353 South 8th Street, Suite 209
Colorado Springs, CO 80905
719-573-5020

E-mail: serviceoffice@coloradospringsaa.org
Web site: www.coloradospringsaa.org

Contact the Service Office for Intergroup Information or Chair phone numbers.

DISTRICT COMMITTEES

CORRECTIONS
Renee J.. - Chair
Stephen P. - Vice Chair
corrections@coloradospringsaa.org

PUBLIC INFORMATION
Beth G. - Chair
OPEN - Vice Chair
pi@coloradospringsaa.org

CPC
(COOPERATION WITH THE PROFESSIONAL COMMUNITY)
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OPEN - Vice Chair
cpc@coloradospringsaa.org

TREATMENT
Mike H. - Chair
OPEN - Vice Chair
treatment@coloradospringsaa.org

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OPEN - Vice Chair
programs@coloradospringsaa.org

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Amiee F - Vice Chair
pint@coloradospringsaa.org

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ARCHIVES
Tony G. - Chair
Rory S. - Vice Chair
archives@coloradospringsaa.org

CONTRIBUTION ADDRESSES*

AREA SERVICE OFFICE
Make check or money order payable to:
Area Service Office
Include Group Name and Number on check.

Send to:
Colorado Springs Area Service Office (CSASO)
1353 South 8th Street, Suite 209
Colorado Springs, CO 80905

GENERAL SERVICE OFFICE
Make check or money order payable to: General Fund
Include Group Name and Number on check.

Send to:
General Service Office (GSO)
PO Box 459, Grand Central Station
New York, NY 10163

AREA 10
Make check or money order payable to: Area 10
Include Group Name, Number, and District #7 on check.

Send to:
Area 10 Treasurer
12081 West Alameda Parkway #418
Lakewood, CO 80228

DISTRICT
Make check or money order payable to: District #7
Include Group Name, Number, and District # on check.

Send to:
District 7
P.O. Box 26252
Colorado Springs, CO 80936-6252

PINK CAN CONTRIBUTIONS
Make check or money order payable to:
Area 10 Corrections Committee
Include Group Name and Number on check.

Send to:
Pink Can Contribution
P.O. Box 1949
Carbondale, CO 81623

**Cash accepted in person only, please do not mail.*

Please e-mail sobriety anniversaries,
announcements, letters to the editor, and e-mail
subscription requests to the Pikes Peak Pint before the
20th of each month!
pint@coloradospringsaa.org

Your Area Service Office and Intergroup would like you to know how very much we appreciate your personal contributions!



Thank You!

In the month of April
we received
2 Grateful Giver contributions &
3 Personal contributions!

GROUP CONTRIBUTIONS - THANK YOU FOR ALL OF YOUR SUPPORT!!!

GROUP NAME (2011-2012)	April	Living Sober	
Above The Bar Group		M.A.G.	
After Hours		Motherlode	
Apex		Natural High	
At The Inn		New Beginners	\$74.73
Back to Basics	\$35.00	New Woman	
Beacon Light		Northwesters	\$10.00
Big Book Action		Not A Glum Lot	
Big Book Study UPH		Oasis Group	\$90.50
Black Forest	\$123.50	Off The Wall	
Breath of Life		Outright Mental Defectives	
Broadmoor	\$50.00	Pass It On	
Brown Baggers		Passed The Bar	
Celebrating Diversity		Pathfinders	
Central		Penrose Discussion	
Clean Air Group		Plug in the Jug	
Don't Worry Be Happy		Pre-Dawn Meeting	
Down By The Creek	\$45.00	Progress Not Perfection	
Downtown Group		Recovery in Action	\$88.86
Drylander's Group		Rule #62	
Old North End Study Group		Saturday Early Morning Mtg.	\$147.00
Easy Does It		Security Eye Opener	
Ellicott Group		Serenity Hour	
Eye Opener		Serenity Riders	\$299.14
1st 164 Pages		Serenity Sisters	
4th Dimension		Silver Key Seniors	
Far North Group		Solutions at 5:30	
Fountain of Sobriety		Solutions at Noon	\$54.17
Foxhall Group	\$68.62	Steel Magnolias	\$25.50
Freedom From Bondage		Stepping Stones	
Friday Night Live	\$150.00	Sunday Morning Speaker	
Friday Women's Group		Sunday Night Big Book Study (Clean Slate)	
Gals of Woodland Park		Sunlight of the Spirit - Women's 12x12 (Monument)	
Gift of the Heart		Taking Steps	
Good Ole Boys		The Doctor's Opinion	
Happy Destiny		Then and Now	
Happy Heathens		Thursday Mens	\$250.00
Happy, Joyous & Free		Thursday Noon--Woodland Park	
Half Pint Group		Ute Pass Breakfast	
Happy Hour		Veterans for AA	
Hilltop AA Meeting		Walk the Talk	\$120.00
High Noon	\$24.00	Walking on Water	\$100.00
H.O.W.		We Are Not Saints	
Hugo Group		Wed. Westside Womens	
Into Action	\$120.00	Westside Eye Opener	\$38.00
Keep it Simple		Womens Step Study-WP	
Keystone to Recovery	\$100.00	Woodland Park Beginners	\$60.00
Lake George Group		Woodland Park Book Study	
Last Chance		Young People	\$335.00
Little Log Group		Totals:	\$2,409.02
Living Free			

Step 6 : Were entirely ready to have God remove all these defects of character.

My name is Rod and I am an alcoholic...

By the time I got to step six I was ready to be rid of my defects. By the time I got to step six I actually knew what they were. By the time I got to step six I had experienced what it was like to be willing. What got me to step six was a written recognition of my character and the shortcomings that plagued me for decades. What got me to step six was talking with a friend about that which I had written. What got me to step six was being willing to push on, searching for my life and the relief I was promised.

The willingness to open up and release all that held me down was monumental, at least to me, and it opened the door to a life of growth I had only heard about. I was truly ready to have God remove my defects of character and I couldn't wait. I wanted them gone and I wanted them gone now. Oh wait, there's one of those darned defects...

Anyway, I was ready and willing so when I asked, I was blessed with the patience to see my shortcomings slowly fade. I was willing to accept this because one of my shortcomings was instant gratification. As the need for instant gratification left me, patience moved in, taking its place and making my life better across the board.

For me, being willing to ask for help and believing it could happen allowed for the patience I needed to counter the defects of my character and the demons of my disease.

For this, I am grateful...

Thanks for letting me share,

Rod Q.
WTT / Colorado Springs

“For me, being willing to ask for help and believing it could happen allowed for the patience I needed to counter the defects of my character and the demons of my disease.”

~Rod Q.

Tradition 6: An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

Concept 6: The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

“God help me become willing to let go of all the things to which I still cling. Help me to be ready to let You remove all of the defects, that Your will and purpose may take their place.”

~Big Book, pg. 76

CPC/PI COMMITTEES WANT YOU!



Both committees are very busy and always have opportunities for service! Please go to either of their monthly meetings to get involved!

Cooperation with the Professional Community meets the first Saturday of every month at 1:30 p.m. at 7 E. Bijou. Public Information meets the 1st Saturday - 2 p.m. - Penrose Main, 2222 N. Nevada Ave., Volunteer Coordinator Conference Room

STEP UP INTO SERVICE!

The following Service Positions are currently OPEN and NEED to be filled! Please contact the Service Office or come to the next Intergroup Meeting Tuesday November 9th to learn how you can become involved!

Co - DCM (District Committee Member)
Public Information Committee - Vice Chairperson

NIGHTWATCH has OPEN POSITIONS!!!
Contact Eric at nightwatch@coloradospringsaa.org

The TREATMENT COMMITTEE NEEDS volunteers!
Contact Michael at treatment@coloradospringsaa.org

To submit your group's sober birthdays to The Pint, please e-mail a list of names and the amount of years each person has to: PINT@COLORADOSPRINGSAA.ORG. Please have birthdays and any other announcements or editorials your group would like to contribute submitted by the 20th of each month to ensure enough time for publishing. Thank you for all of your participation and CONGRATULATIONS to everyone celebrating a MILESTONE OF RECOVERY!

Steel Magnolias		Walk the Talk		Men's Advancement Group	
Robyn S.	29 years	Tacy	2 years	Eric M.	8 years
		Moe	31 years	Mike S.	years
Tuesday New Woman Group		Kris K	4 years	Dave E.	4 years
Connie A.	28 years	Mark R.	1 year	Jason M.	16 years
Harriet O.	4 years	Narda R.	1 year	Rick C.	23 years
Trish S.	31 years	Craig W.	14 years	Dan M.	20 years
Terrie L.	1 year	Colleen	15 years		
		Diane C.	22 years		
Friday Women's		Patty H.	17 years		
Kathy A.	10 years	Bob M.	1 year		
Tricia A.	15 years	Steve R.	9 years		
Alysa S.	4 years	Mike N.	54 years (wow!)		
Ellicott Group					
Skye C.	1 year	Cathie	23 years		

*And congratulations to two birthdays we missed last month: **Maureen M.** for two years and **Dennis D.** for one year from Solutions at noon. **Way to go!***

HAPPY BIRTHDAY!

AA AT A GLANCE ~ MAY 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 CPC(Downtown) 1:30 p.m. PI (Penrose) 2 p.m. Golf Tournament
5	6	7	8	9	10 Founder's Day Movie Night	11 Treatment Committee 1 pm Penrose
12	13	14 Intergroup Meeting 7pm First United Methodist	15	16	17	18 Corrections 9 a.m. Sacred Heart Founder's Day Picnic
19	20 Submit Milestones & Letters to the Editor to The Pint	21	22	23	24	25
26	27	28	29	30		

Monthly Committee Meetings

The Board

1353 S. 8th St. - Suite 209
1st Monday - 6:30 p.m. - Service Office

Corrections

2021 W. Pikes Peak Ave. - Room 6
3rd Saturday - 9 a.m - Sacred Heart

CPC

7 East Bijou St. - Room 205
1st Saturday - 1:30 p.m. - Downtown Group

District 7

420 N. Nevada - Room 135 (access Boulder St.)

Intergroup

3rd Tuesday - 7:30 p.m. - First United Methodist Church

Public Information

1st Saturday - 2 p.m. - Penrose Main, 2222 N. Nevada
Ave., Volunteer Coordinator Conference Room

Treatment

2nd Saturday - 1 p.m. - Penrose Main, 2222 N. Nevada
Ave., Volunteer Coordinator Conference Room

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So here's one for you. Shortly after I got sober I was having a conversation with my mother about the alcoholic mind.

She has known me all my life, believe that if you will, and was as helpless as anyone watching as I became a very low bottom drunk. I accept the physical allergy and mental illness that is alcoholism. I do, or I drink.

Even to one who wants to understand and loves me as

only a mother can, at one point I said, "You know the Big Book of Alcoholics Anonymous talks about the mind of the alcoholic. I will do my best to explain, but you might find a copy in a used book store for a couple of bucks. It will explain things much better than I."

The next time I visited my mom there was a copy on the coffee table. But that's not what this story is about. Mom finished the book, including all the stories, and gave me the copy to pass on should the opportunity ever present itself. It did.

One Sunday night a gal

stumbles into a meeting; a couple of days without a drink and, as so many of us are, broke. She did not have a Big Book and I had two. After a confusing attempt to figure out how to get this book into her hands, I finally said, "be at the Big Book study Monday night and I'll have the book." She did.

I did not see her for over a year, but she's sober. Fast forward six more months: I get laid off from work and visit a noon meeting I'm fond of and there she is. Well, several of us with trucks sign up for work with 'Bill W.'s Moving & Storage' and start the next

morning at 8. After we get her moved into her new place, I see that the shower head is missing. She needs a handheld shower and 8 feet of hose. I remembered one had been given to me as a gift a few years back and I never opened it and "here you go." Her friend installed it and now she has a shower.

"Be willing to be of service and the opportunities will always present themselves." I now have had the rare opportunity in a small way to help someone be *clean* and sober (pun intended). Actually, God is responsible for the sober part, I just helped a bit with the clean.

**Last month's winning caption
from the Grapevine:**



***"Is this anyone's first AA meeting?"
DLW, Bartlett, Tenn.***

**Worshipping At The
Alter of "The Lie"**

At a recent AA conference, I had the pleasure of hearing Bill F. encapsulate his drunk-a-log as "worshipping at the alter of 'The Lie.'" As Bill explained it, "The Lie" is a core feeling that we believe about ourselves; usually instilled at an early age. As alcoholics, we spend the better part of our early years proving the merits of "the lie" and eventually drinking to quiet its voice and dull the consequences of our response to it.

I had never heard anyone pack so much power into one line! It gave me pause to consider how I might "right-size" my long-winded justification for "the dark years." Then it occurred to me: adults don't have to justify! Instead, we learn how to OWN our behavior and chart a new course.

Thank you, Bill F., for inspiring me to venture a little further into adulthood!

*Susan W.
Cripple Creek*

Founders Day Picnic

JUNE 18th 11:00AM - 3:00 PM
EXPERIENCE THE “JOY OF LIVING”

FOUNTAIN CREEK REGIONAL PARK
LARGE PAVILION BY THE LAKE

Lots of Open Space and Beautiful Views

Take I-25 South - Exit Mesa Ridge Pkwy
Take Hwy 85 South .9 miles on your right!

Hamburgers, Hot Dogs, Baked Beans & Drinks Provided.
BRING - Salads, Chips, or Desserts

- ◆ **Speakers - AA History**
- ◆ **Games and Contests for Kids and Adults**
- ◆ **Playground for Kids**
- ◆ **Wheelchair Accessible**
- ◆ **Hiking Trails, Walk around the Lake**
- ◆ **Volleyball, Basketball, Horseshoes**
- ◆ **Bring Frisbees, Kites, Sports Equipment**



For more information contact Program Chairs
Betty A. 633-2534 or Jan I. 686-1244

MOVIE NIGHT MOVIE NIGHT MOVIE NIGHT

FOUNDERS DAY – JUNE 10TH

MY NAME IS BILL W.

When : 9:00 pm – After the 7:00 Beginners Meeting

Where : 7 East Bijou - Downtown Meeting Space, Upstairs Room 200

Why : Because we can! Get together and celebrate your recovery on Founders Day, The fateful day when one alcoholic talked with another one - basically the reason we are all sober!

What : Food, Fun, Fellowship and some history about AA! We will have snacks, sodas, and, of course coffee! Time permitting, we will show the Lois Wilson Story as well!!!

For more information, questions, directions, or to learn more about AA History, please feel free to contact the Colorado Springs Archives Office through,

Tony G. (719)352.4065 or Rory S. (719)432.5315