

# -THE PIKES PEAK PINT-



## MAY

## TWENTY THIRTEEN

*A Newsletter for the Pikes Peak Region of Alcoholics Anonymous*

### • EDITORS NOTE •

I was prepared to introduce our new editor. However as life moves on so do our responsibilities. Amanda has chosen to follow these responsibilities resulting in a rather major move to Oklahoma to care for her dad. Amanda you have my support and I offer my help in any way you may need.

We now have two committee chair positions available for persons wanting to get involved in service. It is time for me to rotate out so we need people with a desire to take on this simple task of assembling the pages of The Pint.

Anyone interested in this service opportunity is encouraged to contact the ASO (the Service Office) or send a message to the Pint at [pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org) with your contact information and then attend the next intergroup meeting the second Tuesday in May.

Thank you,  
\_rod q



SUBMISSIONS for The Pikes Peak Pint including all articles, stories, announcements and flyers along with questions, comments and constructive criticism are always welcomed at [pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org).

You will receive a prompt reply and appropriate consideration for publication. Please note that submissions for publication must be made by the 20<sup>th</sup> of the month prior to the month desired for publication in order to be considered.



*What Caption would you suggest?*

*Send your suggestions to  
[pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org)*

*Last months cartoon on page 13*

### Local Service Office

Hours: Tuesday-Friday 9 a.m. to 6 p.m.

SAT. - SUN. - MON: CLOSED

Location: 1353 South 8th Street, Suite 209

Colorado Springs, CO 80905

719-573-5020

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Web site: [www.coloradospringsaa.org](http://www.coloradospringsaa.org)

Contact the Service Office for Intergroup Information.

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## • GETTING OVER SECRETS •

I think I first heard; “We are only as sick as our secrets,” from the Hazelden book *Keep It Simple*. It advised as an action plan for July 3: “write a list of secrets and share it with your sponsor.”

I didn’t trust my sponsor at the time to share these with him or anyone else. Heck! I wasn’t sure I trusted myself or even knew I had secrets. My habit was to block out the past or justify that I was drunk when I did questionable behaviors, so that it didn’t count. It wasn’t me. Thinking about them shattered my pink cloud of being newly sober. This should have been a flag, but I just kept blocking it out.

Until I started work on my first fourth step, which took me forever, I became comfortable enough with my sponsor and honest enough with myself to share it or just write it. Time was a big help.

**Until I started work on my first fourth step, which took me forever, I became Comfortable enough with my sponsor and honest enough with myself to share it or just write it. Time was a big help.**

It was finally such a relief to share this stuff. But, I held back on some of it. I was embarrassed. Much later I got advice from a gentleman who had some years of sobriety, who told me to freshen up my program with some questions: “look at the sin from my past that I won’t admit, the restitution I won’t make, the person I won’t forgive, and the questionable behavior I won’t give up.” I wrote it down and thought about it for a year. Secrets surrounded the answers. I hadn’t told anybody. This wasn’t stuff to brag about. It was stuff I stashed to make myself feel bad at the very root. I just didn’t know it.

Now, secretive behavior I thought I had left behind by being sober was definitely alive and well when I looked at it.

Little by slowly, I had doled it out with my sponsor in my annual fourth steps. I visited it sometimes in my eleventh step at night, but few actually made it to my annual inventory.

For example, I have picked up and put down smoking cigarettes in sobriety. The lies and denial to people who were close to me gave me a crappy feeling. I realized it the same behavior I had exhibited when I was drinking. I would lie about smoking when I told people I had quit. I hid it with showers, cologne, and brushing my teeth. I felt irritable and discontented. Why couldn’t I just come clean and say

I smoked? Why couldn’t I just be honest?

Money was the same way. I remember pawning the title to one of my cars for money to pay bills. I wouldn’t own up to it. Maybe like when I drank I felt powerful. These people had no right to know this privileged information, or they might disown me as a friend for not managing money correctly.

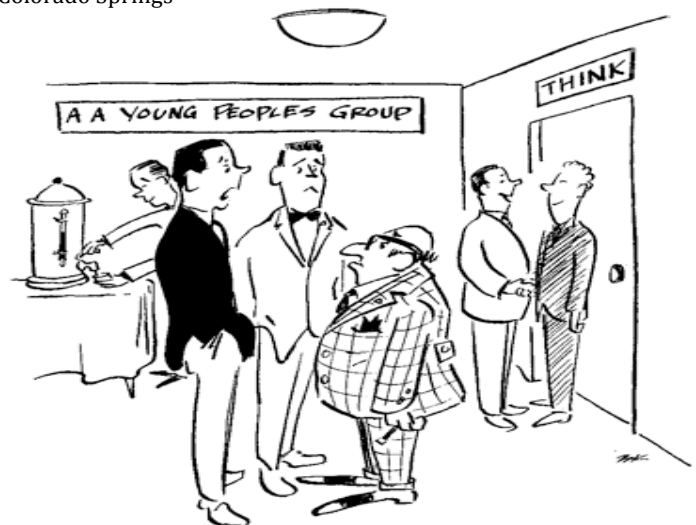
When I drank it was the same deal. I could come to work drunk and people would never know. I would never admit it. Or maybe I just liked the nervousness of “they might find out!” and eventually “I got away with it!”

In lying about it. It was my old alcoholic behavior in full swing in my sobriety! Now, I don’t have to live like that. Honesty is one of the principles I try to practice. I have come to recognize the nervous feeling when I hide stuff. Then I look at that behavior. It feels much better to be an open book.

I was pretty sick in sobriety! When I held back on these secrets, this stuff accumulated. That nervous excitement that someone might find out, I realized, was irritability and discontent that I read about in *The Big Book*. I try to recognize it before it comes up, address it, and find serenity.

I found I can do this by doing my eleventh step inventory at night and an annual set of steps. It beats the alternative.

Rory S.  
Colorado Springs



*“I’m sorry, George, when we formed the group we didn’t exactly mean young at heart!”*

**Concept 5:** Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

# 5

## Step 5:

Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

## Tradition 5:

Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

## TRADITIONS CHECKLIST

### Tradition Five

- 1) Do I ever cop out by saying, “I’m not a group, so this or that Tradition doesn’t apply to me”?
- 2) Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
- 3) Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
- 4) Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
- 5) Do I help my group in every way I can to fulfill our primary purpose?
- 6) Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?



**I am responsible.**  
When anyone, anywhere,  
reaches out for help, I want  
the hand of AA always to be there.  
And for that: **I am responsible.**



## How did my alcoholism lie to me today?

Remember we deal with alcohol, cunning, baffling, powerful.

Every time I hear or read this sentence from How It Works in the Big Book I think baffling heck yeah, that describes pretty much how I always felt the morning after, no more like the entire day, after a night of drinking. I would sit there, where ever there was, and ask myself how did I get THAT drunk again, I didn't want to, what happened, while I searched for any hint of memory. Baffled. Powerful that fits my drinking history quite well: alcohol made it easy to lie, I choose it over family and friends, I lied to myself that it would be just one drink, just two... Powerful.

I seemed to skip cunning, I would hear it in the sentence, but at most I would think cunning: I'm not really sure what that means, but ok.

When I did Step 11 with my sponsor she gave me a sheet of paper with a bunch of questions and suggested that I answer them each night after meditation. I have really found this sheet of questions helpful and do my best still to pull a copy out at least once a week. It shows me a small picture of where I am in my recovery, my program, my spiritual health, and my connection with my Higher Power for that day. The last question is "How did my alcoholism lie to me today?" for a while I found myself with nothing to write down. Finally I asked my sponsor about the question feeling that having nothing to write down was a bad sign. She gave me some examples of how her alcoholism has lied to her, told me it was on there to help me be aware but not to get wrapped up if I didn't have an answer every time.

Cunning, hidden so well, I don't see how my alcoholism deceives me, how my alcoholism can disguise its motives, how my alcoholism can seem on the surface to be the right direction, and sometimes even my Higher Power "helping" me through a situation, but in fact I find I was obsessing over finding an answer and letting everything else fall aside. Alcohol, cunning that is the trickiest one for this alcoholic. Now a days I am a little faster noticing when my alcoholism is lying to me, I have answers to that question "How did my alcoholism lie to me today" Sometimes it is a simple thought like; it's ok to miss a meeting I planned on going to but quickly realizing that is not a good idea, or when I had the sudden idea that I needed to change my cell phone number because my number linked me to my alcoholic past a number I have had for over 10 years, a number that everyone I care about in my life has. What an irrational off the cuff idea that one was and I am grateful I became aware it was my alcoholism making trouble instead of calling the cell company that very moment and getting rid of the number. Sometimes it is a whole day or two of obsessing over something like a weekend when I tried to "cure" my inability to focus. I focused on focusing, yup. Cunning, Baffling, Powerful. How did your alcoholism lie to you today?

With Love,  
Simplietob  
Colorado Springs

The tremendous fact for everyone of us is that we have discovered a common solution.  
(BB pg. 17)



*"Well, what is it this time? Lust, pride, anger, envy, gluttony, greed, or sloth?"*

## 5<sup>th</sup> Step Work

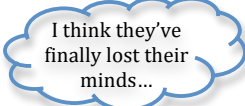
Here is the step we all looked at when we came in the doors of A.A. and said "I ain't doin' that"!!!! Thankfully, at least for this alcoholic my views on step 5 changed as I moved along in the program. When I came in to A.A, I didn't trust anyone. I didn't even trust myself! This had to change if I was going to get and stay sober. After working steps two and three with my sponsor this trust had increased immensely. Trusting in my Higher Power and my fellow alcoholics was a huge step to being able to complete my 5<sup>th</sup> step. While sharing my "to the grave" secrets with my sponsor he was able to comfort me and make the process much easier than I imagined. He shared stories of his own, further increasing the trust I had in him. The terrible things I had to share didn't seem as dreadful when I was done, and knowing that I did not have to be that man ever again was freeing!

As good as it felt to get those secrets off my chest it is no comparison to how good it feels to be on the other side of the table. In the years I have been a member of A.A. I have been blessed to hear many 5<sup>th</sup> steps. As a sponsor, there is no greater honor than to have another person trust you enough to share their deepest secrets. It is a bond you are creating with another individual based on a common disease, one that wants to kill us! The closest friends I have are in this program and all of them have taken the same journey I have taken. It has created a tie that can only be broken by alcohol and today, I don't have to take that first drink no matter what!

Marc R.  
Colorado Springs

**MEETING ADDITIONS - DELETIONS - CHANGES**

Wednesday Westside Women's: **CHANGED** to - Women Of Grace - Open - Wednesday 6:00 pm  
 Grace and St. Stephens Episcopal Church - 601 N. Tejon, enter through west facing door.  
 Friday Women Beginners Meeting: **NEW** - Open Discussion - Friday at Noon meets until 12:45pm  
 Central SDA Church - 1305 N. Union, Enter South Side of Church.  
 The Meeting: **NEW** - Open - Topic /Big Book - Tuesday at 5:30 pm - Clayhouse Church  
 5620 Dublin Blvd. - Interesction of Dublin and Powers - meets for an hour and a half.  
 Central Dirty Nine-Thirty: **CHANGED** - All meetings are now 'Discussion' meetings daily at 9:30 pm.



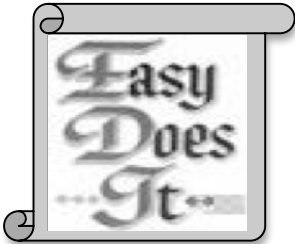
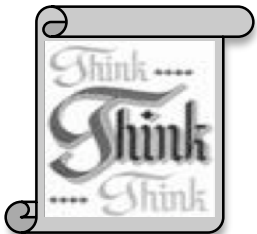
The Service Office is offering DISCOUNTS ON  
 HC BIG BOOK PURCHASES of five or more..!

**TURNING POINT GROUP  
 SATURDAY SPEAKER LINE-UP**

May. 4:  
 May. 11:  
 May. 18:  
 May. 25:

**WALK THE TALK GROUP  
 SATURDAY SPEAKER LINE-UP**

May. 4: Richard - Deaf Speaker  
 May. 11: Sherri S.  
 May. 18: Patty H. Barbara  
 May. 25: Annikki



**CENTRAL GROUP  
 TUESDAY SPEAKER LINE-UP**

May. 4:  
 May. 11:  
 May. 18:  
 May. 25:

**DOWNTOWN GROUP  
 SATURDAY SPEAKER LINE-UP**

May. 4:  
 May. 11:  
 May. 18:  
 May. 25:

~ MAY BIRTHDAY MILESTONES ~					
SOLUTIONS		NEW WOMAN GROUP		WALK THE TALK	
Dennis D.	3 yrs.	Polly W.	30 yrs.	Robyn C.	5 yrs.
Don S.	1 yr.	Kathy B.	6 yrs.	Jim R.	2 yrs.
Ed	25 yrs.	Jeri	1 yr.	Lori M.	2 yrs.
Jason G.	2 yrs.	Kate	10 yr.	Terry C.	8 yrs.
Kathy B.	6 yrs.	Trisha K.	13 yrs.	Patty A.	1 yr.
Kathy W.	7 yrs.	Carrie B.	1 yr.	Betty W.	1 yr.
Kimberly	7 yrs.	FRIDAY WOMEN'S		Dave B.	7 yrs.
Laurie A	2 yrs.	Marykatherine M.	31 yrs.	Allison	2 yrs.
Mike	3 yrs.	Annikki H.	24 yrs.	Karen B.	8 yrs.
Mo M.	4 yrs.	Mary	6 yrs.	Frank W.	7 yrs.
Rob G.	13 yrs.	Nichole R.	5 yrs.	Alan L.	6 yrs.
Sandra C.	17 yrs.	DiAnne B.	21 yrs.	Liz F.	2 yrs.
Steve F.	1 yr.	Emily R.	4 yrs.	Kleth H.	2 yrs.
Thomas W.	8 yrs.	STEEL MAGNOLIAS		Debbie T	2 yrs.
HAPPY HOUR GROUP		Leah R.	37 yrs.	Kathy P.	1 yr.
Carol J.	14 yrs.	YOUNG PEOPLES		Loren A.	22 yrs.
Dana E.	5 yrs.	Sabrina	1 yr.	Matt	1 yr.
Kathy I.	5 yrs.	ELLCOTT GROUP			
		Mark W.	3 yrs.		
* Equals total years reported from our local groups. To have your group years added please submit your milestones to <a href="mailto:pint@coloradospringsaa.org">pint@coloradospringsaa.org</a>					
<b>May</b>					
<b>* Total Years 395 yrs.</b>					



...don't  
 stumble over  
 another  
 service  
 opportunity...  
**Be a  
 Nightwatch  
 Night Owl**  
 and help us  
 answer the  
 phones!

Please join us in Denver on August 30-31, September 1, 2013 for a great time with speakers, meetings, workshops, a banquet, a dance, social times and other adventures in AA fellowship.



For more information go to <http://www.a10conv.org/>

In the month of March the Service Office received  
**7 Grateful Giver contributions,**  
**2 Birthday contribution &**  
**2 Personal contributions!!**



Thank You!!

We very much appreciate your support!

**Need something to do? Want to get involved with your group? Looking for a Service Opportunity? Then gather your group's milestone birthdays and speaker line-ups and send them in to the Pint!**

**~ Shout Out ~**

~ • ~

**Foxhole Group**

*Open Meeting*

**3685 Jeanine Dr.**

**West side of Academy next to Wendy's Community For Spiritual Living Church**

**Wednesday at 7:00 pm**

(last Wednesday of the month is a speaker meeting)

Help support this and all the groups or meetings in our fellowship. Be adventuresome and attend a meeting other than your home group and take a friend or two. It's a great way to serve, meet new people and add some depth to your sobriety.

Once more: The alcoholic at certain times has no effective mental defense against the first drink. Except in a few rare cases, neither he nor any other human being can provide such a defense. His defense must come from a Higher Power.

School Of



Advanced Studies  
On The Lower Floor

There is a way out...

**Easy Does It AA Group**

3760 Astrozon Boulevard, in the Astrozon Plaza  
 (next to Thai Massage)

Meetings every day and night

9 am, 12 noon, 4 pm 7 pm and 10 pm

Parking on the Islands, or in the Back only!

• CONTRIBUTION ADDRESSES •

~ AREA SERVICE OFFICE ~

Colorado Springs Area Service Office  
1353 South 8<sup>th</sup> St., Suite 209  
Colorado Springs, CO 80905  
(Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

P.O. Box 459 - Grand Central Station  
New York, NY 10163  
(Include group name and number on check)

~ AREA 10 ~

Area 10 Treasurer  
12081 West Alameda Parkway #418  
Lakewood, CO 80228  
(Include group name, number and District 7 on check)

~ DISTRICT 7 ~

District 7  
P.O. Box 26252  
Colorado Springs, CO 80936  
(Include group name, number and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Pink Can Contributions  
P.O. Box 40368  
Denver, CO 80204  
(Make checks payable to Area 10 Corrections Committee)  
(Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •



*"I'm not powerless over alcohol. I just can't get up."*

• COMMITTEE INFORMATION •

Public Information:

Committee Meeting: 1<sup>st</sup> Saturday, 2:00 p.m., 1<sup>st</sup> floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

Cooperation with the Professional Community:

Committee Meeting: 5:30 p.m., 2<sup>nd</sup> Sunday of the month at the Downtown Group, 210 N. Corona St.

Corrections:

Committee Meeting: 9:00 am-10:00 am, 3<sup>rd</sup> Saturday of the month, Sacred Heart Catholic Church 2021 West Pikes Peak Ave, Room #6, Colorado Springs, CO 80904

District 7:

Committee Meeting: 7:30 pm, 3<sup>rd</sup> Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

Treatment:

Committee Meeting: 12-1 pm, 2<sup>nd</sup> Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

Nightwatch:

Night Owls Committee Meetings: 7:00 p.m., 1<sup>st</sup> Tuesday of the month at Sacred Heart Parish, 21<sup>st</sup> and Pikes Peak Room 10 - Following the New Beginners meeting.

**For more committee information including intergroup committees please go to [coloradospringsaa.org](http://coloradospringsaa.org)**

Area Service Office  
books Books BOOKS  
Hard Cover BIG BOOKS  
ON SALE!

We are pleased to announce that if you buy **FIVE or more Hardcover Big Books** from the Area Service Office you will receive a **10% discount!**

*That's right folks, ten percent on five or more!*

...and since your stopping in anyway you may as well visit with our highly trained staff and peruse the rest of the quality reading material we have in stock.

If you can't find us, CALL...

*If you can't stop in, wave as you go by!*

# GROUP CONTRIBUTIONS

GROUP NAME (2012-2013)	Fiscal Yr. to date	March	GROUP NAME (2012-2013)	Fiscal Yr. to date	March
Above the Bar Group	\$230.38		Northwesters	\$600.00	\$200.00
Apex	\$488.29	\$60.27	Oasis Group	\$50.00	
Back to Basics	\$820.57	\$100.00	Off The Wall	\$206.44	
Big Book Action	\$322.01		Old North End Study Group	\$343.50	
Big Book Study UPH	\$534.35		Penrose Discussion	\$89.80	
Black Forest	\$311.65		Plug in the Jug	\$206.85	\$206.85
Broadmoor	\$0.00		Pre-Dawn Meeting	\$277.00	
Brown Baggers	\$345.00		Primary Purpose Men's Group	\$133.00	
Central	\$0.00		Progress Not Perfection	\$474.17	\$26.50
Clean Air Group	\$374.63		Recovery in Action	\$436.40	\$46.00
Don't Worry Be Happy	\$591.35	\$150.00	Saturday Early Morning Mtg.	\$354.40	
Down By The Creek	\$36.68		Security Eye Opener	\$273.60	
Downtown Group	\$2,001.83		Serenity Hour	\$350.00	\$50.00
Drylander's Group	\$122.53		Serenity Riders	\$349.46	
Easy Does It	\$225.00		Serenity Sisters	\$583.78	
Ellicott Group	\$191.50		Sobriety of Fountain	\$64.00	
Eye Opener	\$88.00		Solutions at Noon	\$564.09	\$47.11
1515 Meditation Group	\$50.00		Steel Magnolias	\$367.38	
Foxhall Group	\$178.56		Stepping Stones	\$178.32	
Friday Night Live	\$450.00		Sunday Morning Speaker	\$1,238.91	\$432.96
Friday Women's Group	\$448.81		Sunday Night Big Book Study (Clean Slate)	\$0.00	
Garage Meeting	\$425.00	\$100.00	Sunlight of the Spirit - Women's 12x12 (Monument)	\$156.94	
Good Ole Boys	\$500.00		Taking Steps	\$708.62	\$400.00
Half Pint Group	\$120.00		The Doctor's Opinion	\$300.00	
Happy Destiny	\$319.51	\$160.00	The Sober Jokers	\$200.00	
Happy, Joyous & Free	\$148.00		Then and Now	\$191.00	
Happy Heathens	\$364.00		Thursday Mens	\$1,500.00	
Happy Hour	\$859.05	\$240.00	Thursday Noon--Woodland Park	\$100.00	
High Noon	\$264.50		Turning Point	\$38.50	
H.O.W.	\$78.72		Ute Pass Breakfast Group	\$90.00	
Into Action	\$456.00		Veterans for AA	\$0.00	
Keystone to Recovery	\$100.00		Walk the Talk	\$4,350.00	\$340.00
Lake George Group	\$332.59	\$144.20	Walking on Water	\$200.00	
Living Free	\$168.92		We Are Not Saints	\$2,145.01	\$342.44
Living Sober	\$208.00		Wed. Westside Womens	\$234.56	
Living Sober South	\$249.44	\$13.00	Westside Eye Opener	\$424.23	
M.A.G.	\$881.02		Woodland Park Beginners	\$170.00	
Natural High	\$122.00		Woodland Park Book Study	\$198.20	
New Beginners	\$875.56	\$215.00	Young People	\$1,086.98	
New Woman	\$968.95		Totals:	\$34,487.54	\$3,274.33





# Nightwatch Night Owls News



Hello friends from Tom S.,

Crystal made an announcement during an AA meeting concerning Nightwatch and the need for additional volunteers mid 2012. I attended the next Nightwatch meeting and found a group that was fulfilling the AA Steps and Traditions by reaching out for and being available to those are looking for information or meetings and those whose lives have taken them to the point of recognizing their desperate condition and truly seek help. As a result, I've also found a fellowship within the AA Fellowship that understands our service to others is also a service to our sobriety and ourselves.

I came to AA on April 28th, 2007, having offended many if not all of my friends, damaged my marriage and found shortening my workday to make time for drinking to be a path I no longer desired to follow. That's being polite! In reality, I was picking up speed quickly to an end I could only visualize after beginning my recovery with the support of the AA Fellowship and new friends.

As vice chair for Crystal, we want to express our appreciation to Gina for a great job the pasts years for this committee and know she'll continue to support Nightwatch and volunteer for a schedule spot. Crystal has a vision for Nightwatch, committee members to continue their great work and meet on occasion to share information, concerns and discuss improvements that will make Nightwatch even more effective for those calling.

We are planning an afternoon BBQ on Sunday, June 2nd, 4 pm for Nightwatch committee members, past and present. Invitations will be given during the next Nightwatch meeting on May 7. As an added incentive for Nightwatch members, we'll have a prize drawing for those present at our monthly meetings.

Nightwatch makes a difference; Nightwatch members make that difference to those in need and make their lives better. It's an honor being a part of the committee and hope I can live up to its traditions and image.

~ • ~

Hello friends from Crystal S.,

Hello everyone, I am excited to be your Nightwatch Chair. I am here to do my best for the next suffering alcoholic. I have Elected Tom S as Vice Chair.

Tom and I are very dedicated to making this a smooth process for all, volunteers and callers alike.

Gina has worked very hard and I have big shoes to fill.

A little about me, I got sober in Washington state July 22, 2006. I have been doing service work since I was 40 days sober. I have been on many committees, and my commitment is important to me. I moved to the Springs September 2010. I

started with Nightwatch here in the Springs, March 2012.

I am open for all input from anyone. I hope that you will give Tom and I any ideas you may have, to make Nightwatch successful.

We would really love to see more of our volunteers getting involved with our committee meeting each month. We would love to have new ideas from all.

I committed myself to Nightwatch for a good reason; I believe that we are the first impression, of AA, that a person may get. I was really scared coming into AA and didn't know what AA was about.

Our committee meeting is the "how to". Learning together to answer questions and give information to the caller that will help that person or family member get the help they need.

I take my commitment very seriously; I want Nightwatch to be a good experience for all that encounter it. I know in the past, when we had the answering service, that alcoholics were slipping through the cracks some may have even died from this disease. I know that we can't save everyone, BUT if a person calls and talks with a fellow Alcoholic they have a better chance of finding AA, and the possibilities of them surviving are greater.

So PLEASE if you are any part of Nightwatch come attend our monthly committee meeting and share your experience, strength, and hope with us so that TOGETHER we can help the next suffering Alcoholic.

Thank you for your service,  
Crystal S. and Tom S.  
Colorado Springs, CO

I would like to introduce myself. Most of you know me as Bree and I have been given the opportunity to be the Secretary (Night Owl) for NightWatch. I got involved in Nightwatch in Oct 2012 and was given a shift in November 2012 after reaching my 6 months of Sober Living. Nightwatch has been an incredible experience for me and when I was asked to be Secretary I jumped at the opportunity to be even more involved with this amazing part of AA here in Colorado Springs. I hope to step in to the Co-Chair Service Committee position next year, one day at a time.

Sabrina  
Colorado Springs, CO

