



THE PIKES PEAK PINT

June 2019

A newsletter for the Pikes Peak Region of Alcoholics Anonymous

Because of “you people”...

My name is Justin, and I’m proud to be one of “you people.” This month I will be celebrating three years of sobriety. My journey in recovery started in early 2008 when I earned two DUIs in 32 days. I was put into DUI court with a deferred sentence. I completed probation, treatment, etc. I was talked into moving into a sober house to help me stay sober. At that time, it was infested with bed bugs and I shared a room with two other guys in the “fish tank”.

I managed to eventually move into a different room but shortly thereafter I was kicked out for smoking pot. My initial thought was, “At least I didn’t drink.” I served a few days for failing a UA and managed to not drink for almost 92 days. Then I did. I had to serve the remainder of my 200 days and got off probation the easy way.

Because I had failed in DUI court, I had never completed my Level II education and therapy. I didn’t drive, save for a few times around the lake, for about

10 years. Fast forward to 2016. I was at a point that I was losing jobs after a few months and relying on my parents to help me. If I didn’t have a drink for a few hours I would violently shake and suffer from DTs. One time I voluntarily went to detox and was refused because they thought I would have seizures. I went to the Memorial E.R. and told them I was detoxing. It felt like the entire waiting room was watching me while I was sweating, shivering, convulsing and crying. I hurt so badly. I knew if only I could have a drink, or ten, I would be okay. I had been nursing these symptoms for some time now. After a night in the detox tent, I knew if I continued to drink, I would end up the same way. Did it matter? Nope. After about two weeks I was trying again to “control” my drinking.

See Because of “You People”, page 3

Thank you to Mary for her service as Editor of The Pint! While she is ready to rotate out of the position, we are excited to take on the role of Editors of The Pint! We look forward to working together to make The Pint an uplifting, hopeful, and informative publication for the Pikes Peak Region.

We’d love for you to be a part of this endeavor and welcome any stories, quotes, or other inspirational thoughts that personalize The Pint to our local community members. Please send your submissions to pint@coloradospringsaa.org.

If you would be interested in joining The Pint committee, please email us and let us know! We’d love to have you on our team! We meet on the 3rd Thursday of every month at 5:30pm at the Service Office.

We are grateful for the opportunity to serve you and look forward to bringing you encouragement along your journey in sobriety!

—Whitney and Pam

HAPPY BIRTHDAY!

Serenity Riders

Debra W.	6/18/18
Sanna E.	6/3/13
Adrian W.	6/17/18
Duffy P.	6/1/93
Jim H.	6/30/87
Mike L.	6/26/06
Danette F.	6/21/94
Donna B.	6/21/11
Kaye P.	6/2/16
Kevin F.	6/2/16

Walk the Talk

Sue M.	6/28/18
Mandi W.	6/25/16
Deb B.	6/10/99
Travis S.	6/08/05
Patty H.	6/06/94
Kristina B.	6/10/16
Jen F.	6/05/14
Bob C.	6/10/90
Sue R.	6/10/14
Kristi H.	6/20/12
Kyra	6/26/91

Easy Does It

Carolyn H. 9 years

New Woman

Connie A.	36 years
Harriet O.	12 years
Ellen C.	7 years
Sue H.	23 years
Terrie L.	3 years
Brandy S.	3 years
Lisa S.	4 years
Mary B.	1 year
Sarah G.	1 year
Mary M.	1 year
Sarah G.	1 year

Happy Heathens

Cathie S. 31 years

Steel Magnolias

Ali P.	21 years
Debra W.	1 year
Jo Jo	1 year
Adrienne	7 years

A few months later I did some stupid stuff while drinking and ended up with a three-and-a-half-month unpaid vacation, courtesy of El Paso County. After drying out, I was convinced that things had to change. I was getting evicted from my apartment. I had to leave the toxic relationship I felt trapped in. I didn't even know if I still had a job when I got out. I took a plea deal and was released on three years of probation and treatment classes.

Luckily, I still had a job, provided I stayed sober. I had help from a lady in a mental health program when I was released and found my way into a sober house that was a bit different than the one I had known years earlier.

This recovery home was much better than the last one. The owners were both in the program and strived to help clients in their recovery path. I found a sponsor and worked the steps. I stuck it out because I was challenged by a few old-timers that if I did the work for a year, they would refund my misery, plus interest! One even told me he would buy my first bottle. I'm pretty hard-headed sometimes, but something made me tackle this challenge head-on. I put on my boots, dug in my heels, and held on for dear life. It was the best decision I have ever made.

Through the work of the twelve steps, guidance from my sponsor, and the help of my Higher Power, I have a life that I enjoy living. I have become a productive member of society again. I am excelling in school, I have an excellent job in a career I have loved since I was a teenager, and I have a driver's license again after ten years. I have a wonderful family through A.A. and The Phoenix. I have found from being involved in The Phoenix sober active community that I enjoy rock climbing. I enjoy hiking and mountain biking and camping with other people in recovery, not just A.A. The Phoenix has been the cherry on top of my sobriety sundae.

I have tried to live my life using the guidance of the twelve steps, my friends in A.A., The Phoenix, my sponsor who walked me through the hardest first few months and continues to help me. It has paid off tremendously. Thanks to "you people" I have a life worth living. Because of "you people", I am in a service position and show up when I am supposed to. Because of "you people", I am happy, joyous, and free. I plan to continue living this way. Thank you.

—Justin A.

JOY vs. HAPPINESS

The chief difference between joy and happiness is that happiness is circumstantial. You are happy when all is going well. However, we know that life does not always go well.

True joy comes from inside. It is your response, your attitude, your perspective...your choice.

Choose Joy Today!



"Joy gives us wings! In times of joy our strength is more vital, our intellect keener, and our understanding less clouded."

--Abdul Baha



Founder's Day Picnic

Sunday, June 9th 2019

Bear Creek Nature Area

Pavilion 4 & 5/ 1950 S. 21st Street

Noon - ???



What to expect:

- ✓ Burgers & Dogs... yummy!
- ✓ Please bring side dishes & dessert! 😊
- ✓ AA SPEAKER- TBD
- ✓ Volleyball
- ✓ FELLOWSHIP



Please bring your friends & family to share in this wonderful day of fellowship & recovery!

STEP 6:

Were entirely ready to have God remove all these defects of character.



CONCEPT 6:

The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

TRADITION 6:

An AA Group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

TRADITION 6 CHECKLIST:

- ♦ Why is it important that we not get involved in outside enterprises?
- ♦ Is it ever wise for a group to lease a small building or endorse an outside event?
- ♦ Are all the officers and members of our local clubhouse familiar with “Guidelines on Clubs,” which is available free from GSO?
- ♦ Should the secretary of our group serve on the mayor’s advisory committee on alcoholism?
- ♦ Our groups landlord is raising money to pay for a new roof on the building.. Should the group make a contribution? What if the landlord specifically asks the group to make a contribution?

Announcements



dreamstime.com

Meeting changes



Meeting Guide

Meeting guide goes with you

The app that helps people attempting to get and stay sober is available free to anyone. Just go to the app store and search for “meeting guide,” and click to download it. It is free and awesome. When the app is opened, it defaults to the nearest next AA meeting to wherever the phone is anywhere in the world. Tap on the name of the meeting and it will say what type of meeting it is, along with the directions of how to get there and more.

June Speakers at Walk the Talk

June 1: Ling M.
June 8: Scott A.
June 15: Sonny T.
June 22: John O.
June 29: Keith H.

Check out a new, **OUTDOOR** meeting on **Saturdays at 10:00 am** at Fountain Creek Park. It is located on Willow Spring Road in Fountain.

The Falcon meeting on **Wednesdays at 9:30 am** is now cancelled.

The Clean Slate meeting on Saturday mornings is now an **OPEN** meeting.

A new meeting in Falcon is located at:
6475 E. Blanez (Cornerstone Community Church) on
Mondays at 9:30 am

Silver Linings is a new meeting located at:
2365 Patriot Heights (Brookdale at Skyline) on
Saturdays at 4:30 pm.

TAKE NOTE! There is **NO LONGER** an open women’s meeting at Comcor on Tuesdays.

Meet the new Intergroup Board Members!

Chairperson	Jeremiah
Vice Chairperson	Melissa
Registrar	Ashley
Treasurer	Joe
Vice Treasurer	Scott
Member at Large	Bev
Secretary	Sarah

Email: board@coloradospringsaa.org



Reminder

If you have a meeting change and would like to see it reflected in The Pint, please email **ALL** of the meeting information to: pint@coloradospringsaa.org no later than the 17th of each month.

GROUP NAME	Fiscal YTD	April 1-30	May 1-15	GROUP NAME	Fiscal YTD	April 1-30	May 1-15
12 steps from the morgue				One Six Four Group			
A Common Solution	\$79.88		\$79.88	Pre-Dawn Group			
Apex				Primary Purpose			
Back to Basics	\$167.21	\$167.21		Progress Not Perfection			
Beacon Light Group				Recovery in Action	\$422.00	\$422.00	
Big Book Action				Recovery, Unity, Service Group			
Big Book Study UPH				Rule 62, Victor			
Black Forest				Saturday Early Morning Mtg.			
Broadmoor				Saturday Morning Anonymous			
Brown Baggers				Security Eye Opener			
Central				Serenity Hour	\$100.00	\$75.00	\$25.00
Clean Air Group				Serenity Riders			
Don't Worry Be Happy				Serenity Sisters			
Down By The Creek				Sober Sisters			
Downtown Group				Solutions at Noon			
Drylander's Group				Sought Through Prayer & Meditation			
Early Saturday AM				Steel Magnolias	\$118.90	\$118.90	
Easy Does It	\$145.56		\$145.56	Stepping Stones			
Ellicott Group	\$390.00		\$390.00	Sunday Morning Speaker			
Foxhall Group				Sunlight of the Spirit			
Friday Night Live	\$50.00		\$50.00	Taking Steps			
Friday Women's Group				The Doctor's Opinion			
Good Ole Boys	\$50.00	\$50.00		The Living Room Group			
Grace PPG Book Study Group				The Garage Meeting			
Happy Destiny	\$134.51		\$134.51	Then and Now			
Happy Heathens	\$116.50	\$116.50		Thursday Men's Group	\$260.00	\$260.00	
Happy Hour				Thursday Noon--Woodland Park			
Happy, Joyous & Free				Tuesday Night Book Study			
High Noon				Traditions Only			
H.O.W.	\$44.00		\$44.00	Treating The Illness			
Into Action				Turning Point			
Keystone to Recovery				Ute Pass Breakfast Group	\$37.00	\$37.00	
Lake George Group				Veterans for AA	\$25.00		\$25.00
Limon AA				Walk the Talk	\$850.00	\$425.00	\$425.00
Little Log Church Group	\$70.00	\$70.00		Walking on Water			
Living Free				We Are Not Saints	\$191.35	\$191.35	
Living Sober South				Westside Eye Opener			
M.A.G.	\$154.00	\$154.00		Women of Grace			
Meditation Group - Tues. 5:30				Woodland Park Beginners			
Natural High				Woodland Park Thursday Noon Group	\$45.00	\$45.00	
New Beginners	\$250.76		\$250.76	Woodland Park Book Study	\$141.00	\$141.00	
New Woman	\$180.08	\$180.08		WOW Group			
Northwesters				Women's Step Study Woodland Park			
Off The Wall				Young People	\$199.19		\$199.19
One Day at a Time	\$25.20	\$25.20		Totals:		\$2,478.24	\$1,768.90
Old North End Study Group				Total	\$4,247.14		

LOCAL SERVICE OFFICE

Open: Tuesday - Friday 9 a.m. to 5 p.m.

Closed: Saturday - Monday

1353 South 8th Street, Suite 209

Colorado Springs, CO 80905

719.573.5020

Email: serviceoffice@coloradospringsaa.org

Web: www.coloradospringsaa.org

COMMITTEE MEETINGS

CORRECTIONS:

9 a.m., 3rd Saturday of the month Sacred Heart Parish Room 10, southeast corner of 21st & Colorado Ave.

PI (PUBLIC INFORMATION):

1 p.m., 4th Saturday of the month Sand Creek Library, 1821 S. Academy Blvd. large study room This group meets with CPC.

CPC (PROFESSIONAL COMMUNITY):

1 p.m., 4th Saturday of the month Sand Creek Library, 1821 S. Academy Blvd. large study room. This group meets with PI.

PROGRAMS:

6 p.m., 4th Thursday of the month, Colorado Springs Area Service Office, 1353 S. 8th St., Suite 209.

TREATMENT:

5:30 p.m., 3rd Thursday of the month, Penrose Main Hospital, 2222 N. Nevada Ave., board room

NIGHTWATCH:

7 p.m., 1st Tuesday of the month Sacred Heart Parish, 21st and Pikes Peak Ave. Room 10, following the New Beginners' meeting

DISTRICT 7:

7 p.m., 3rd Tuesday of the month First United Methodist Church, 420 N. Nevada, Room 135 (Boulder Street access)

WHERE TO SEND CONTRIBUTIONS

Please include your group name and group number on the check

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs Area Service Office
1353 South 8th St., Suite 209
Colorado Springs, CO 80905

~ GENERAL SERVICE OFFICE ~

Payable to: GSO
P.O. Box 459/Grand Central Station
New York, NY 10163

~ AREA 10 ~

Payable to: Area 10 Treasurer
12081 W. Alameda Parkway, #418
Lakewood, CO 80228

~ DISTRICT 7 ~

Payable to: District 7,
P.O. Box 26252,
Colorado Springs, CO 80936

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee
P.O. Box 40368,
Denver, CO 80204

• CASH ACCEPTED IN PERSON ONLY •

How much did *YOU* spend on a drink?

Please help others

Consider throwing \$2 into the basket when it comes around. Also, once a year, donate \$1 for each year of sobriety to the General Service Office, the Area Service Office, or both. It costs money to spread the hope of a new life worth living through AA.

Please see coloradospringsaa.org