



THE PIKES PEAK PINT

October 2019

A newsletter for the Pikes Peak Region of Alcoholics Anonymous

The Gig Was Up

I remember clear as day the first time I drank alcohol; I was 12. I made plans to spend the night at my best friend's house. Her parents were "cool". They would allow us to drink under the supervision of her older sister and her boyfriend (only 16 at the time). So there I was.....in the cool basement of my best friend's house on a hot summer night. The four of us sat and drank. No epic party, no amazing plans, no real purpose except to simply get drunk. And we did. I didn't understand it at the time, but today I know that that night I experienced the phenomenon of craving. One by one everyone went to bed....they all at some point abruptly stopped drinking. I didn't

understand. Why didn't they want to stay up and finish what we had started? Looking at the 2 inches of booze left in the bottle made my skin crawl.....I had to have more. That night was the beginning of an alcoholic torture I'd endure for the next 16 years.

I continued to have these little sleep overs at my friend's house for the next few years. But by age 16 I started to drift away from friends and family. I HAD to have booze and surrounded myself with a crowd that supported that. As time went

See The Gig Was Up, page 3

*God, Grant me the serenity to
accept the things I cannot change,
courage to change the things I can,
and wisdom to know the difference.*



HAPPY BIRTHDAY!

Walk the Talk

Kevin G.	10/11/17
Todd M.	10/28/18
Susan H.	10/01/17
Dan "the man" P.	10/08/17
Timbo	10/09/17
Cheyenne	10/01/16
Thea	10/27/07
Kevin S.	10/01/18
Veronica	10/06/11
Michelle A.	10/07/09

Serenity Riders

Paul H.	10/19/97
Tonia Sue R.	10/10/09
Adison G.	10/17/17
Amanda L.	10/18/18
Jessica H.	10/25/17
Kimberly R.	10/21/18
Peggy B.	10/18/90
Dan L.	10/18/03
Everett L.	10/08/82
Richard B.	10/10/78
Rob P.	10/03/17

Steel Magnolias

Becky J. 26 years

New Woman Group

Kathy F.	42 years
Mariellyn M.	47 years
Peggy C.	41 years

Happy Heathens

Tim H. 4 years

The Gig Was Up, cont

on, the steady progress of my illness was punctuated by life threatening and utterly humiliating situations. I wanted to stop, but I just couldn't on my own. So what was my bottom?

Fast forward to age 28. My grandma was on her death bed in the same house she raised me in. It was agony to watch her slip away. And it was equally agonizing to not have a drink to warm and comfort me. I couldn't stop the obsession to drink...I had to have it. My grandma passed and another spree began. The fact that I showed up to her burial site with liquor on my breath was absolutely humiliating. My spree would continue for another two weeks. Thanks to a loving family friend, I was introduced to the fellowship of Alcoholics Anonymous.

Not being fully convinced I was an alcoholic I attended an Al Anon meeting where I admitted that I couldn't stop drinking but promptly blamed it on those around me who also drank. The kind woman in that meeting asked if I had ever attended an AA meeting. I was shocked! "ME!.....an alcoholic!". But I knew.....the gig was up.

I attended my first AA meeting. With each share I became more convinced I was alcoholic. So I made a beginning. I got a sponsor who took me through the steps, found a home group, got into action on being of service, continued to take the suggestions given by my fellows and found a conscious contact with my higher power. Today I am so grateful to be freed from the awful obsession to drink.

-Elyssa



*This month's
"Pint Piece"*

*for your
personal reflection...*

"When we saw others solve their problems by a simple reliance upon the Spirit of the Universe, we had to stop doubting the power of God. Our ideas did not work. But the idea of God did."

*-Alcoholics Anonymous, page 52
Chapter 4 "We Agnostics"*

A Spiritual Democracy

Early in my sobriety, my sponsor had me take on a lot of different service positions. I was an alternate GSR, an archives co-chair, and a constantly rotating chair at my home group. Currently, I serve as the Intergroup rep for my home group. I was never a big fan of the slow moving and seemingly rigid process which things seemed to progress within Intergroup. The guy who was going for our group decided to not go so much and then drop out. Not to be the total bleeding deacon but trying to help, I knew I could show up and at least report back to the group. I work quite a few hours and I'm not always cheerful to sit through a meeting patiently. Unfortunately it's kind of difficult for me to get there on time since work ends when the meeting begins so I am usually a hair late. I tried to hold my tongue and my eye rolls. But once I made a negative comment to the group, about the group. I apologized for that, as I had a long day and was lacking a filter. So I got to sit through some patience, practice some humility and write a small article to the Pint.

I truly like Intergroup. For all my grumpy old man-ery. I appreciate seeing representatives from all the different groups and hearing what they have to say. I like to see conflict resolution in action. It's always interesting to see a group of alcoholics who don't always storm out when they don't get their way up to hold hands and pray together at the end of the meeting or heated discussions. I like listening to the minority vote. I like watching votes get swayed. I like the prickliness of old timers and the tumultuous fire from the newcomer. I like seeing what other groups are doing and where they stand on certain issues. And I like to be part of the spiritual democracy that we enjoy in AA. Although I complain about having to go, I truly like Intergroup. It certainly teaches me patience and reminds me to be open minded. Without it I would not be able to experience community. So I guess I'll complain less. Appreciate more. And realize that I get to learn something when I forget to show restraint of tongue in a poor attempt to make people laugh. It leads me to the spot where I can say to my peers, "Thanks for your service."

-Rory S



STEP 10:

Continued to take personal inventory and when we were wrong promptly admitted it.



TRADITION 10:

“Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”

CONCEPT 10:

Every service responsibility should be matched by an equal service authority— the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.

TRADITION 10 CHECKLIST:

- ◆ Do I ever give the impression that there really IS an “AA opinion” on Antabuse? On Tranquilizers? Doctors? Physchiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
- ◆ Can I honestly share my own personal experience concerning any of those without giving the impression I am giving “AA opinion”?
- ◆ What in AA history gave rise to our Tenth Tradition?
- ◆ Have I had a similar experience in my own AA life?
- ◆ What would AA be without this Tradition? Where would I be?
- ◆ Do I b reach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
- ◆ How can I manifest the spirit of this Tradition in my personal life outside of AA? Inside of AA?

Announcements



New Meetings & Changes



Meeting Guide

Looking for a meeting fast?

The meeting guide goes with you! The app that helps people get and stay sober is available FREE to anyone! Just go to the app store and search for “meeting guide.” Download this app and find a meeting near you at various times of day!

Take Note on the following changes, cancellations, and NEW meetings!

CANCELLATION:

Big Book Study at The Phoenix
on Tuesdays at 7:00 pm

Step House Meeting
On Wednesdays at 6:00 pm at
1910 N. Chestnut

All About Recovery
Saturdays 7:00 pm at
Cedarwood Health Care Center

NEW NAME:

“We Agnostics” on Tuesdays at 7:00 pm at
Clean Slate is now called
“Conscious Apostates.”

Hey Pint Readers...

This is your newsletter! Tell us what you would like to see included each month. What encourages you? Or, share your journey by writing your story to encourage others (try to keep it between 400-600 words) and email it to us at:

pint@coloradospringsaa.org

*Have a question for the
Intergroup Board?*

Email: board@coloradospringsaa.org

Walk the Talk Speakers:

October 5– Michael W.

October 12– Tim B.

October 19– Bob O.

October 26– Jodie H.

Reminder

If you have a meeting change, a new post to advertise, sobriety celebrations from your home group, or ANY other announcements you would like to see printed in the Pint, please send an email with all of the information to pint@coloradospringsaa.org
PRIOR TO THE 17th OF EACH MONTH!

LOCAL SERVICE OFFICE

Open: Tuesday - Friday 9 a.m. to 5 p.m.

Closed: Saturday - Monday

1353 South 8th Street, Suite 209

Colorado Springs, CO 80905

719.573.5020

Email: serviceoffice@coloradospringsaa.org

Web: www.coloradospringsaa.org

JOIN A COMMITTEE MEETING!

BRIDGING THE GAP:

7:00 pm, 4th Tuesday of the month, Area Service Office
1353 South 8th Street, Suite 209, Colorado Springs

PIKES PEAK PINT:

7:00 pm, 3rd Thursday of the month, Area Service Office,
1353 South 8th Street, Suite 209, Colorado Springs,

CORRECTIONS:

9 a.m., 3rd Saturday of the month Sacred Heart Parish Room
10, southeast corner of 21st & Colorado Ave.

PI (PUBLIC INFORMATION):

9 am 2nd Saturday of month
4360 Montebello #700

CPC (PROFESSIONAL COMMUNITY):

1 p.m., 4th Saturday of the month
Sand Creek Library, 1821 S. Academy Blvd.
large study room. This group meets with PI.

PROGRAMS:

6 p.m., 4th Thursday of the month, Colorado Springs Area
Service Office, 1353 S. 8th St., Suite 209.

NIGHTWATCH:

7 p.m., 1st Tuesday of the month
Sacred Heart Parish, 21st and Pikes Peak Ave.
Room 10, following the New Beginners' meeting

DISTRICT 7:

7 p.m., 3rd Tuesday of the month
First United Methodist Church,
420 N. Nevada, Room 135 (Boulder Street access)

WHERE TO SEND CONTRIBUTIONS

Please include your group name and group number
on the check

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs
Area Service Office
1353 South 8th St., Suite 209
Colorado Springs, CO 80905

~ GENERAL SERVICE OFFICE ~

Payable to: GSO
P.O. Box 459/Grand Central Station
New York, NY 10163

~ AREA 10 ~

Payable to: Area 10 Treasurer
12081 W. Alameda Parkway, #418
Lakewood, CO 80228

~ DISTRICT 7 ~

Payable to: District 7,
P.O. Box 26252,
Colorado Springs, CO 80936

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee
P.O. Box 40368,
Denver, CO 80204

• **CASH ACCEPTED IN PERSON ONLY** •

How much did *YOU* spend on a drink?

Please help others

Consider throwing \$2 into the basket when
it comes around. Also, once a year, donate
\$1 for each year of sobriety to the General
Service Office, the Area Service Office, or
both. It costs money to spread the hope
of a new life worth living through AA.

Please see coloradospringsaa.org

September 2019 YTD Group Contributions

GROUP NAME 2019-2020	Fiscal Yr. to date	April	May	June	July	August	September
A Common Solution	\$79.88		\$79.88				
12 Steps From The Morgue	\$100.00		\$100.00				
164 Group	\$205.00		\$205.00				
Apex	\$140.70			\$140.70			
Back to Basics	\$851.76	\$167.21	\$138.26	\$159.89	\$134.66	\$105.47	\$146.27
Big Book Action	\$350.00				\$350.00		
Big Book Study UPH	\$150.00				\$150.00		
Broadmoor Step Study	\$200.00						\$200.00
Central	\$50.00			\$50.00			
Cripple Creek	\$50.00						\$50.00
Don't Worry Be Happy	\$519.41				\$519.41		
Downtown Group	\$1,134.00		\$693.00		\$441.00		
Easy Does It	\$477.48		\$145.56		\$331.92		
Ellicott Group	\$390.00		\$390.00				
Florissant Brown Baggers	\$250.00						\$250.00
Foxhall Group	\$275.00					\$150.00	\$125.00
Friday Night Live	\$100.00		\$50.00			\$50.00	
Friday Women's Group	\$283.00		\$148.00			\$135.00	
Good Ole Boys	\$50.00	\$50.00					
Happy Destiny	\$247.69		\$134.51			\$113.18	
Happy Heathens	\$334.00	\$116.50		\$56.25	\$57.00	\$48.75	\$55.50
High Nooners	\$75.00				\$75.00		
H.O.W.	\$44.00		\$44.00				
Into Action Group	\$399.00				\$399.00		
Keystone to Recovery	\$150.00		\$150.00				
Little Log Church Group	\$205.00	\$70.00					\$135.00
Living Sober South	\$152.61			\$93.86	\$58.75		
M.A.G.	\$404.00	\$154.00			\$250.00		
New Beginners	\$486.76		\$250.76				\$236.00
New Woman	\$320.41	\$180.08			\$140.33		
No Rules Only Suggestions Meeting	\$246.83				\$78.89	\$54.75	\$113.19
Northwesters	\$300.00			\$300.00			
Off The Wall	\$81.15			\$40.65		\$40.50	
Old North End Study Group	\$141.50						\$141.50
One Day at a Time	\$25.20	\$25.20					
Pre-Dawn Group	\$300.00		\$300.00				
Recovery in Action	\$690.00	\$422.00				\$268.00	
Saturday Early Morning Mtg.	\$312.60				\$152.40		\$160.20
Serenity Hour	\$250.00	\$75.00	\$50.00	\$25.00	\$50.00	\$25.00	\$25.00
Serenity Riders	\$316.08					\$316.08	
Sober Sisters	\$86.66			\$42.92	\$43.74		
Sought Through Prayer & Meditation	\$103.43			\$72.87		\$30.56	
Steel Magnolias	\$196.88	\$118.90				\$77.98	
Sunday Morning Speaker Meeting	\$1,525.00						\$1,525.00
Sunlight of the Spirit	\$135.00			\$135.00			
There is a Solution	\$40.00			\$15.00		\$15.00	\$10.00
Thursday Noon Group	\$51.75				\$51.75		
Thursday Men's Group	\$1,260.00	\$260.00			\$1,000.00		
Turning Point	\$40.00				\$40.00		
Ute Pass Breakfast Group	\$75.00	\$37.00			\$38.00		
Veterans for AA	\$100.00		\$25.00	\$25.00	\$25.00	\$25.00	
Walk the Talk	\$2,550.00	\$425.00	\$425.00	\$425.00	\$425.00	\$425.00	\$425.00
We Are Not Saints	\$744.56	\$191.35			\$553.21		
Women of Grace	\$160.00						\$160.00
Woodland Park Thursday Noon	\$45.00	\$45.00					
Woodland Park Book Study	\$326.57	\$141.00			\$185.57		
WOW Group	\$150.00					\$150.00	
Young People	\$393.32		\$199.19			\$194.13	
Monthly Totals:		\$2,478.24	\$3,528.16	\$1,582.14	\$5,550.63	\$2,224.40	\$3,757.66
YTD Total of All Groups	\$19,121.23						



It's time for...

Clean Slate's Second Annual

OCTSOBERFEST!!!

When: Saturday, Oct. 5 from 3:30 – 5:00

Where: Here at Clean Slate

We'll be serving:

Brats and Burgers ~with all the fixings~
Pulled Pork Barbeque
German and Other Potato Salads
Seasonal Salads
Dessert

This is NOT a Pot Luck;
no donations (food or money) necessary.

Come and help us celebrate
the beginning of a sober
holiday season!

Speaker meeting follows at 5:30...

Corrections Workshop



October 5, 2019

Sacred Heart Catholic Church Gymnasium

2021 West Pikes Peak Avenue

Area 10 Committee Meeting 9—10 a.m.

Brunch: 10—10:30 a.m.

Volunteer Workshop 10:30—1:00 p.m.

Presentations, Panels, Q&A, Fun, Food (please bring a side dish) and Fellowship as we explore service in Corrections.



MEN'S ADVANCEMENT GROUP

Cordially invites you and your Family to:

Annual Speaker Meeting and Pot Luck Dinner

OCTOBER 17, 2019

6:00 PM Dinner (chicken provided)

7:30 PM Speaker Meeting (Josh B.)

Beth-El Mennonite Church
4625 Ranch Dr.
Colorado Springs, CO 80918

All Family Members are Welcome!



Where:
Sacred Heart
Catholic Church
2021 W. Pikes
Peak Ave

Nov. 9
6 - 8 pm

Speaker:
Jack Mc.
7 - 8 p.m.

\$10
Suggested
Contribution...
NO one will be
turned away.

Gratitude Dinner

Menu

Meat Lasagna
Veggie Lasagne
Gluten Free Spaghetti
Italian Salad
Garlic Bread
* Bring a Dessert Pls



2 0 2 0
COLORADO
STATE CONVENTION



GROWING
A L O N G
S P I R I T U A L
L I N E S
SEPTEMBER 4, 5, 6
COLORADO SPRINGS

AREA 10 ALCOHOLICS ANONYMOUS
PRESENTS

AT THE

HOTEL ELEGANTE
2886 SOUTH CIRCLE DRIVE
COLORADO SPRINGS, COLORADO

SEPTEMBER 4 - 6, 2020

ACTIVITIES AND EVENTS BASED ON
"GROWING ALONG SPIRITUAL LINES", INCLUDING:

SPEAKERS, LUNCHEON,
DINNER, DANCING, ICE CREAM
WORKSHOPS, AND CONTINUOUS MEETINGS
(IN ENGLISH AND SPANISH)

AA SPEAKERS:

ASHLEE M. (DENVER, CO) - FRIDAY
BOB D. (LAS VEGAS, NV) - SATURDAY
KENT C. (SANDUSKY, OH) - SUNDAY

AL-ANON SPEAKER:

SARAH R. (PHOENIX, AZ) - SATURDAY

FOR INFORMATION, PLEASE VISIT

CONVENTION.COLORADOAA.ORG

FOR REGISTRATION INFORMATION, CONTACT ERIC H. AT
720-940-3060 (LEAVE MESSAGE) OR EMAIL AT
A10CONVENTION@HOTMAIL.COM

HOTEL ELEGANTE

2886 SOUTH CIRCLE DRIVE
COLORADO SPRINGS, CO 80906

FOR ONLINE RESERVATIONS, GO TO HOTELELEGANTE.COM

GROUP RATE \$125/NIGHT

IF RESERVED BY 08/21/2020

PHONE 1-800-981-4012 FOR RESERVATIONS
MENTION AREA 10 MEMBER OR
GROUP RATE CODE 1971276

REGISTER ONLINE AT CONVENTION.COLORADOAA.ORG, OR COMPLETE THE FORM BELOW AND MAKE CHECKS PAYABLE TO: AREA 10 CONVENTION
MAIL TO: PO BOX 38597 COLORADO SPRINGS, CO 80937 POSTMARKED BY AUGUST 21, 2020

PRE-REGISTRATION \$30; ON-SITE REGISTRATION \$35

- AA AL-ANON OTHER
 SATURDAY NIGHT DANCE \$5 included in registration if postmarked by 08/21/2020
 SATURDAY NIGHT BANQUET \$51
 SATURDAY AL-ANON LUNCHEON \$37
 ICE CREAM SOCIAL \$13
 BOTTOMLESS COFFEE MUG \$20
 DISCOUNTED PACKAGE PRICE \$126 (INCLUDES REGISTRATION!)
 SPONSOR an ATTENDEE \$ _____
(HELP A MEMBER WHO CAN'T AFFORD TO GO)

TOTAL ENCLOSED: \$ _____

MEMBER REGISTRATION INFORMATION

NAME ON BADGE _____
HOME GROUP _____
NAME _____
ADDRESS _____
CITY _____ STATE _____
ZIP _____ PHONE (____) _____ - _____
E-MAIL _____

I'D LIKE TO VOLUNTEER!

For special needs consideration, please email
a10convention@hotmail.com

Every effort will be made to accommodate your needs!

ONSITE REGISTRATION WILL BE OPEN FRIDAY, SEPTEMBER 4TH, 2020 AND SATURDAY, SEPTEMBER 5TH, 2020

PRESENTED BY AREA 10 ALCOHOLICS ANONYMOUS IN COOPERATION WITH AREA 5 AL-ANON FAMILY GROUPS