

A Newsletter for the Pikes Peak Region of Alcoholics Anonymous Intergroup is looking for a Secretary.

Please attend the next meeting if you are interested.

<u>Please remember the Area Service Office is open only</u> <u>because of your continued financial support.</u>

Our Primary purpose is to stay sober and help other alcoholics achieve sobriety.

Contributions can be made on the homepage of our CSASO website: www.coloradospringsaa.org or mailed or dropped off at the Area Service Office located at 1353 S 8th Street Suite 209, Colorado Springs, CO 80905 Or feel free to call the office and we can take your contributions over the telephone and charge manually whatever amount you wish to your debit or credit



Step Twelbe

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

When coming into the rooms, it was made clear to me, very early on, that our primary purpose was to give away what was, so freely, given to me. The amount of time and effort, freely given, to guide me through the steps, by men who did not know me, was astonishing. Why would these men, I do not know, want to help a drunk like me: someone who destroyed the lives of so many people; people I cared about; people who trusted me; people whom I betrayed. I was a person who was going to drink again, no matter what.

I was hopeless and broken many times before walking into that hospital on May 4th. I often spent many hours dreading the next tragedy that was going to be tossed onto my lap. Most days, the supreme sacrifice seemed like the only way I was ever going to find anything better. I often cried out for someone to just tell me how to fix my life. I spent lots of lonely nights drinking and trying to figure out how I was going to fix what had become of myself. At the time, I had no hope whatsoever. I was lost. I wanted to run away, from myself, from my life. I wanted to die. Then, someone offered me a message of depth and weight. Someone who I knew had been to the places I had been. Little did I know at that moment that this man was not going to tell me how to fix my life. He was going to show me a practical plan of action that I could make to help me solve the problem that had haunted me for so long. When those groups came into the rehab I was in and spoke to us, they said things that inspired and brought me hope.

Looking back on it now, means more to me than ever. Because of this man and his friends who were kind enough to bring us a meeting, I have choices. I find it important to be that hope for someone else in the rooms. I owe AA at least that for the amazing life that I'm starting to build. This brings me to step 12. The step that has saved me from myself many times.

When I was first told to go out and find someone to work with, there was a lot of doubt. I would often think to myself "I'm going to kill whatever poor fellow ends up working with me. I don't know what I'm doing" It's a scary proposition. My sponsor, when faced with statements like these, would reassure me that as long as I'm doing the best I can that's all that matters. That If I take them through the book, and from the book like he is taking me, all will work out the way it's supposed to. I found out way later that I'm not responsible for other people's sobriety. That's between them and God. I was under the impression that sponsoring people was about me helping keep them sober. It's not. It's about us working together to stay sober.

Honestly, I think that the people I sponsor have helped me more than I have helped them. This statement from the big book has been an absolute in my life: "I was not too well at the time, and was plagued by waves of self-pity and resentment. This sometimes nearly drove me back to drink. I soon found that when all other measures failed, work with another alcoholic would save the day." I don't know how to think responsibly. When I'm thinking of others, how I can help, and the newcomer, I'm not stuck in my head. My head is truly not a safe place. My alcoholism wants to kill me. The 12th step is one of the "rubber meets the road" tools that has saved me over and over.

Growing up in Colorado Springs AA, I have had the chance to meet and be around some amazing members of Alcoholics Anonymous. They have set great examples of what to do if you want to stay sober and are teaching me how to put these principals into practice. Practicing these principles in all my affairs means that I will always try to implement these steps to improve my conscious contact with my higher power. In order to do this, I need to work them all daily. I don't stay sober on yesterday's work. I still need to look at myself, examine my shortcomings, identify them, give them to my higher power, right my wrongs and pray and mediate.

Tradition Twelve

"Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities."

Long Form: And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice a genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.

This is the principle, it is only through the power of *The God of our understanding*, that these things are possible. Never forget that we have recovered from a hopeless state of mind and body, **NOT through our own devices**, but rather through grace and a Higher Power.

I was able to do many things while drinking and using, some I even did pretty well, the program is very clear, and my experience reinforces the fact that, "Our human resources, as marshaled by the will, were not sufficient; they failed utterly. Lack of power was our dilemma."

Tradition twelve is a reminder to give credit where credit is due. No matter how much work, how many steps, or how many people we sponsor our sobriety is still a Miracle!

This is the priciple we should put above our own personality and the personality of others!

Intergroup Committees

INTERGROUPMEETING7:00 PMDOWNTOWN MEE	ETING ROOM 210 N. CORONA				
TREATMENTCOMMITTEE10:00 AMBLACK BEAR CO	DFFEE SHOP 6550 S. ACADEMY BLVD.				
DISTRICT 7 MEETING 7:00 PM LEGACY WESLEY/ ZOOM: MEETING ID 741 762	AN CHURCH 502 N. WALNUT STREET 25 8437 PASS 928 532				
	COMMUNITY1st&3rd SundayJFFICE1353 S. 8TH STREET SUITE 209				
CORRECTIONSCOMMITTEE10:00 AMAREA SERVICE	E4TH SATURDAYJFFICE1353 S. 8TH STREET SUITE 209				
PUBLIC INFORMATION2:30 PMAREA SERVICE C	ZND SATURDAYJFFICE1353 S. 8TH STREET SUITE 209				
BRIDGING THE GAP	PLEASE FILL OUT THE FORM UNDER INTERGROUP Committees				
NIGHTWATCH	PLEASE CALL THE SERVICE OFFICE				

December 2021

Happy A.A. Birthday!

Walk The Talk	
Noah E.	2018
Mike H. Joni M.	2014 2018
Tiina S	2003
Delaine	2020
Brian	1986

Friday	Women's
Connie W.	4 yrs
Nanci J.	24 yrs
Tina S.	12 yrs

New Woman's Group

Ashley C. Ginny M-R

28 yrs 27 yrs

The 12th Step Promises

"Your job now is to be at the place where you may be of maximum helpfulness to others, so never hesitate to go anywhere if you can be helpful. You should not hesitate to visit the most sordid spot on earth on such an errand. Keep on the firing line of life with these motives and God will keep you unharmed." Page 102.

ease send your groups birthdays to: pint@coloradospringsaa.org

Step Twelbe

I wanted relief and I knew where it was said to be found.

"Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

Somehow or another, I knew I needed to work all 12 steps. I needed to get to the 12th step, so the elusive peace and ease I always sought through oblivion, could be mine again. I needed it, because surely living fully conscious, leaving my bedroom, and trying to find a way to live, was going to require much more than I have.

I had worked the steps when I first got sober in 1995. Well, kinda. I worked them the best I could or would, but honestly, it really wasn't enough. I know that is a discouraging statement, but it's true. Working the steps the best I could or would was a far cry from honestly and thoroughly. I had left some of the worst items in stock. I ended up relapsing after 5 years of "kinda" working the steps.

So I knew what was missing. All twelve steps. I knew very well I had unfinished inventory and as long as I did, that spiritual awakening was going to remain veiled, seen, but not mine, not really.

So I got down to business. I found a gal who was patient and kind and very very smart. Those are not requirements, but it sure helped me. I needed a lot of help and she seemed to know how to get through my foggy thinking and insecure vision of life, and she helped through every step. Thoughtfully. Fully. In order.

Ahhhhhhh - peace and ease. Well no, of course it didn't last forever, permanently fixed as a promise to never suffer again. Nope. But it was a taste and an experience of a place that was not created by me, but for me. I know it exists. It's a place where I have no ideas to get in the way of myself and God. It's a place where I see other alcoholics and I'm not afraid to share my path to get there. It's a place where my experience is what I have to share and I don't have to wonder if it's right. It may not be, but it's how I got here.

Sometimes I discover some of what I have doesn't work anymore. It might have got me here or maybe just stowed away, impersonating a virtue or some genuine trait of my character, that is actually a scoundrel still loose in my thoughts. Twisted emotions that discolored my personality, still hum low in places.

Thank God for all 12 steps. Thank God for Alcoholics Anonymous. After all these 24 hrs, I spent a large part of my day struggling to see where anything has ever been right, how anything will ever be right again. Sometimes life is like that. Things go swimmingly for a time, and then difficulties arise. Today I despaired, but tiny glimpses of my program consoled me and urged me onward.

It's important for me to remember what my problem is and what the solution is. I have big problems, but I have a program that has given me a thousand memories of surviving it all so far, of God helping me to learn as I go, and a hope found along a path that actually has numbers to mark my way, lest I veer to much: The 12 Steps.

Onward, PA

LOCAL SERVICE OFFICE

Open: Tuesday - Friday 9 a.m. to 5 p.m. Closed: Saturday - Monday 1353 South 8th Street, Suite 209

New Preamble approved June 2021

A.A. PREAMBLE©

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are selfsupporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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WHERE TO SEND CONTRIBUTIONS

December 2021

Please include your group name and group number on the check

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs Area Service Office 1353 South 8th St., Suite 209 Colorado Springs, CO 80905

GENERAL SERVICE OFFICE ~

Payable to: GSO P.O. Box 459/Grand Central Station New York, NY 10163

~ <u>AREA 10</u> ~

Payable to: Area 10 Treasurer 12081 W. Alameda Parkway, #418 Lakewood, CO 80228

[~] <u>DISTRICT 7</u> [~]

Payable to: District 7, P.O. Box 26252, Colorado Springs, CO 80936

PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee P.O. Box 40368, Denver, CO 80204

How much did YOU spend on a drink?

Please help others.....

Consider putting \$2 in a jar/cup/basket each time you log onto a Zoom Meeting. Then consider splitting the money accumulated and give 1/2 to your group when they begin meeting again, and 1/2 to your Service Office.

Contribute Here coloradospringsaa.org

	A	В	С	D	E	F	G	Н	1 1	1
1	2021-2022 Groups	Fiscal YTI		May	June	July	Aug	Sept	Oct	Nov
2	A Common Solution	\$276				\$108	- Aug	Cope	\$168	
3	APEX	\$665		<u> </u>	\$302				\$363	
4	Back to Basics	\$1,152	\$106	\$81		\$303	\$232		\$320	
5	Beacon Light	+ = , = = =	FROD				<u> </u>		\$100	
6	Big Book Action	\$750	·		+	\$500		+	\$250	
7	Black Forest Group	\$397	and the second		\$217		+		\$180	
8	Central	\$100			1 4227	-	\$100		1 9100	
9	Clean Air	\$90				\$38	\$52			
10	District 7	\$1,278	\$1,278		1			+		
11	DWBH	\$1,672	\$229		\$406	\$110	\$110		\$590	\$227
12	Downtown	\$3,000	\$1,000	ł	9400		\$2,000		\$330	<i>Ş221</i>
		\$1,907	<i></i>	\$1,427			\$480	+		
	Florissant Brown Baggers	\$1,507	\$120	Ş1,427			Ş400	+		
	Fountain 2.0	\$226	\$226	1				+		
	Foxhall	\$150	\$150		1					
	Friday Night Live	\$50								\$50
18	Friday Night Living Free	\$100		\$100						
	Friday Women's	\$1,107		\$529			\$247			\$331
	Girl's Night Out	\$137					\$80		\$32	\$25
_	Good Ole Boys	\$100			650	650		\$100		
	Happy Heathens	\$100 \$330		<u> </u>	\$50	\$50		675		
	High Noon H.O.W.	\$330 \$100			\$50	\$75	\$65	\$75	\$100	\$65
COLUMN TWO IS NOT	Keystone to Recovery	\$100					\$100		\$100	
	Into Action	\$646		\$180		\$124	1 3100		\$342	
the second s	Little Log Cabin	\$533	\$200	+====	1		\$91		\$242	
28	Living Sober	\$35							\$35	
	One Six Four	\$334		\$81		\$94		\$159		
	MAG	\$557			\$310					
	Men's Anonymous	\$2,169	Andrew Andrew and Andre		\$265	\$307	\$400	\$952		\$245
32	Morning Trudge	\$659			\$210				\$449	
	Natural High New Beginners	\$80	taca	ļ	+	4011			\$80	
35	New Woman	\$616 \$681	\$161 \$264			\$214	620C		\$241	¢244
	Northwester's	\$205	Ş204				\$206		\$205	\$211
	Old North End	\$223		<u> </u>	1		\$223	+	\$205	
38	Palmer Lake Group	\$316			1		7220		\$316	
39	Pre-Dawn	\$500			\$500		1	1	1	
	Recovery in Action	\$510			\$176			1	\$252	\$82
	Red Cloud Meeting	\$175			\$25		\$150			
42	Saturday Early Morning	\$378		\$156			\$222			
	Serenity Hour	\$150				\$25	\$25	\$50	\$25	\$25
44	Serenity Riders Sober Sisters	\$660 \$125	\$24			\$360	ć42		<u> </u>	\$300
	Steel Magnolias	\$125	\$24 \$71				\$43		<u> </u>	\$58
	Sunday am Speaker	\$250	Ψ.Τ					+		\$146 \$250
	Sunlight of the Spirit	\$790	\$150				\$400		\$240	
49	Sunset Sobriety	\$359			1	1	\$159	1		\$200
50	Taking Steps	\$200							\$200	
	Thursday Mens Group	\$500					\$500			
	Tues 5:30 Meditation	\$235				\$100			\$135	
53	Twelve Steps from the Morgue	\$322	\$145		4.00	\$101			\$76	
55	Walk on Water Walk the Talk	\$250		ć 405	\$100		4000	1 4000	\$75	\$75
56	We are Here	\$2,075 \$301	\$102	\$425	\$425	\$425 \$110	\$200	\$200	\$200	\$200
	We are not Saints	\$1,890	910Z			\$110	+	+	\$89 \$1,016	
	Woodland Park Study	\$425						+	\$1,010	\$425
59	Woodland Park Tues	\$240	\$120		1		1	+	\$120	J+LJ
60						1		1		
	Monthly Totals	\$31,512	\$4,345	\$2,979	\$3,036	\$3,918	\$6,085	\$1,536	\$6,441	\$2,915
62										
63									1	

2021-2022 Group Contributions

Alcothon

Sacred Heart Gym 2021 W Pikes Peak Avenue Colorado Springs, CO 80904

December 31, 2021 - January 1, 2022 Noon to Noon

24 Hours of Meetings

Surprise Raffle

Child Monitoring

None this year due to COVID

Chess Tournament

3-5 p.m. New Year's'Eve

Holiday Dinner

Dec. 31st at 6 p.m. Please feel free to bring a cold side or dessert to share

Dance Music and Dancing 9 p.m.

Breakfast New Years Day 9 a.m. **\$10** Suggested registration for 24 hours of fellowship and fun!

NO ONE will be turned away!!!!



AlAnon Speaker Kara A.

7 p.m. New Year's Eve

AA Speaker Dean H.

10 a.m. New Year's Day



Volunteers Needed: Please Contact: Niels H. 719.217.8222 or Kimberly H. 719.492.1238