

February 2025
The Pikes Peak Pint



Step 2

*Came to believe that a power greater
than ourselves could restore us to sanity.*



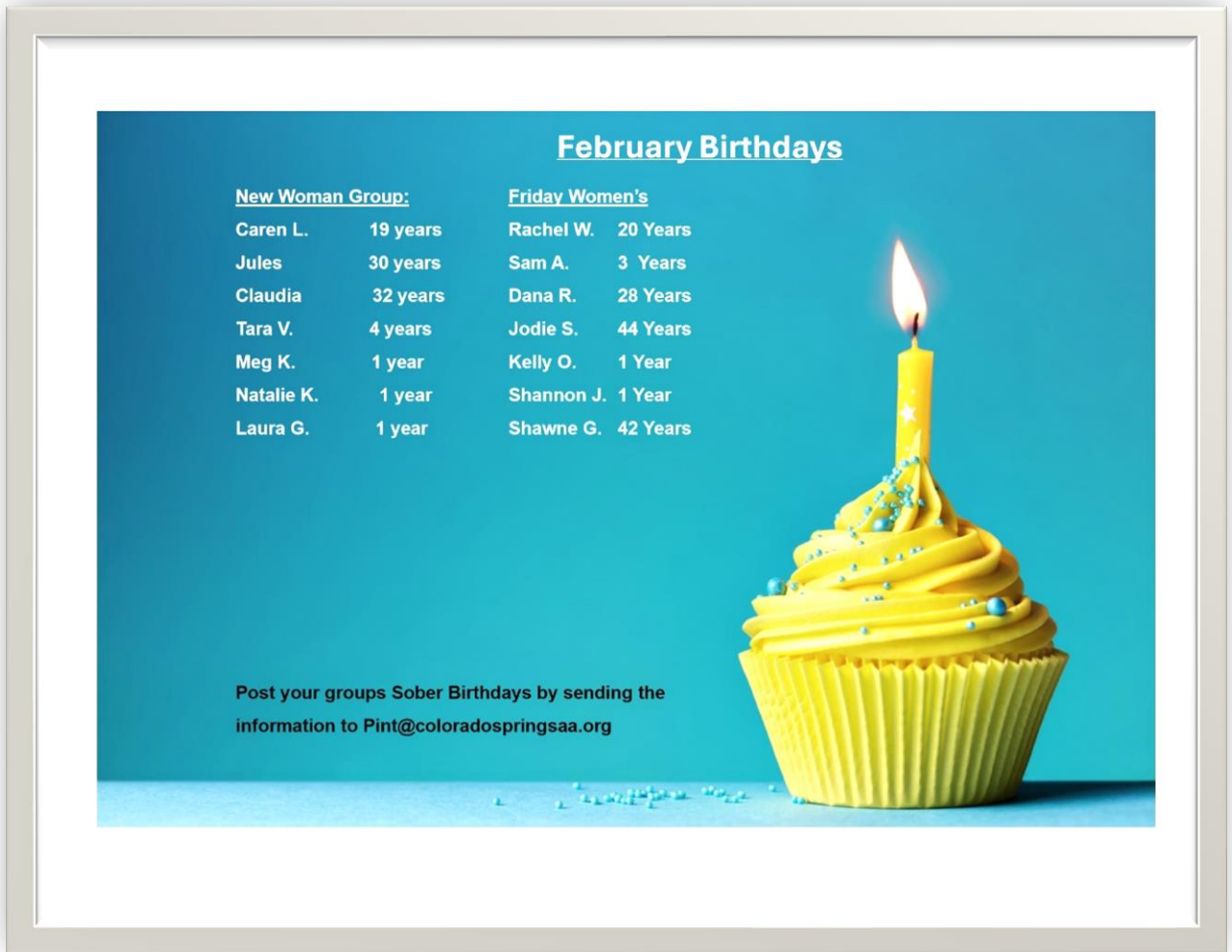
Doctor Bob's Prescription:

Doctor Bob summarized the Twelve Steps nicely as Trust God, Clean House and Help Others. What a simple way of looking at this great program Just a brief reminder to help you carry this Prescription with you as you trudge the path of Happy Destiny.

"Trust God, Clean House, Help Others" is a phrase often used in the Alcoholics Anonymous (AA) program. It summarizes the three main principles that members of AA follow in their journey of recovery from alcoholism.

1. **Trust God:** This principle encourages AA members to develop a relationship with a higher power, which can provide them with the strength and guidance they need to overcome their addiction. Many AA members find comfort and support in their faith, and they rely on their beliefs to help them stay sober.
2. **Clean House:** This principle refers to the process of taking inventory of one's past actions and making amends for any harm caused to others. It also means to remove any negative influences and focus on self-improvement.
3. **Help Others:** This principle encourages AA members to give back to the community by helping other alcoholics achieve and maintain sobriety. Members often find that helping others is a powerful way to stay sober themselves, and that the support of the community is crucial to their recovery.

By following these principles, members of AA are able to rebuild their lives and find lasting sobriety.



1353 S. 8th Street, Suite 209

Hours: Tuesday - Saturday 10am - 2pm

Area Service Office Manager: Jeanette

Open Service Office volunteer positions:

If you are interested in one of these times please call.
A minimum of 6 months of sobriety is suggested.

For more information contact (719) 573-5020 or email: serviceoffice@coloradospringsaa.org

UPCOMING ACTIVITIES

**Save
the
Date!**

AA.org/International-Convention

2025 A.A. International Convention
July 3-6, 2025



Scan here!



Language of the Heart
Lenguaje del corazón
Le langage du cœur





SERVICE IN ACTION

WORKSHOP ON AA'S 12 CONCEPTS FOR WORLD SERVICE

Learn about the 12 Concepts with Area 10 Delegate, Martha M.
Discover local service opportunities from District 21 Committees

Coffee, Tea, & Light Refreshments Provided
Feel free to bring snacks to share!

Sunday, Feb 16, 2025

2 - 4:30 pm

Council Tree Covenant Church

4825 S Lemay Ave | Fort Collins, CO 80525

OR

Join via Zoom at <http://bit.ly/4eXCZXU>

For questions, email District21Lauren@gmail.com



13TH Annual Burlington Carousel of Recovery



Saturday Feb 22, 2025

Come join us for a day of Recovery, Speakers and great Fellowship... and of course... delicious Chili!

Location: Burlington Community Building- 340 S. 14th Street Burlington, CO 80807.

Friday night: We usually have a "meet the speakers" supper followed by an open AA/Alanon meeting. Contact for more information.

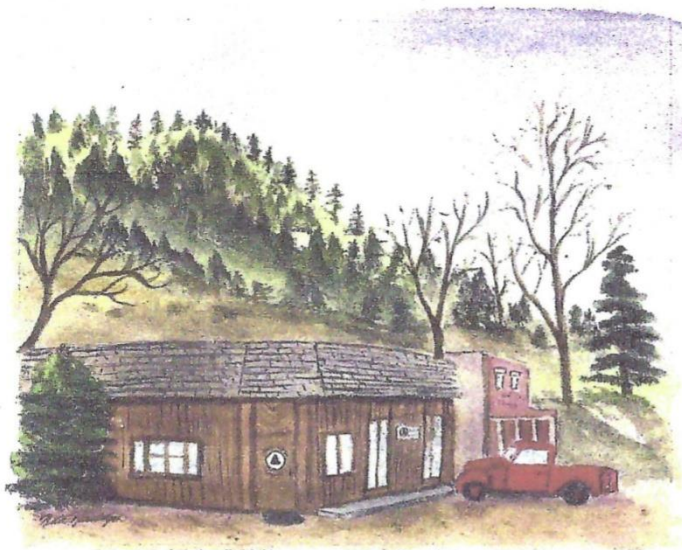
Saturday: Registration begins at 9:00 am MST followed by AA and Alanon speakers, raffle, silent auction, sobriety countdown, and the Annual Chili Contest with prizes awarded for the best chili and the best table presentation.

Scheduled Speakers: AA speakers: Sara M - Limon, CO and Patrick M - Ft Collins

Alanon speaker: Sharon B - Norton, KS

Please bring your best chili or a side dish / dessert to share along with auction and raffle items.

For more information contact: Mark E : 719-342-0436 or Tiffany C : 719-342-9984



Red Cloud Serenity Club

10040 Ute Pass Ave
Green Mountain Falls, CO
(across from Lake/Gazebo)

Please join us for a meeting!

Meeting Schedule	
Monday	Noon (Burger Monday!) Daily Reflections/Open -6pm Newcomers/Open
Tuesday	Noon As Bill Sees It/Open 6pm Big Book
Wednesday	Noon Open Discussion 6pm Open Discussion
Thursday	Noon 12 X 12 Open 6pm Open Discussion
Friday	Noon Prayer & Meditation/Open- 6pm PASTA Night! Open Discussion
Sat 7:30 AM	Early Saturday Morning AA Group- 9am Mens Meeting- Noon Open Discussion 6pm First Saturday of month -Potluck @6pm- Speaker @7pm (Other Saturdays-6pm-Open Discussion)
Sunday	9am-Ute Pass Group-Noon-Big Book-open- 6pm open discussion

SPECIAL EVENTS!

*Burger Monday - Noon meeting

*Pasta Fridays - 6pm Friday Meeting

*Potluck and Speaker Meeting - First Saturday of the month, 6pm (Best Potluck in town!)

The RED Cloud Group will be Hosting THANKSGIVING Dinner.. all are welcome, bring a dish to share, more info to come!

Red Cloud Serenity Club would love to host other 12 step groups - reach out for info
Take a beautiful ride up Ute Pass and join us! Support the Red Cloud!

CCYPAA 2025 • DENVER, CO • MAY 2-4, 2025



**"WE HAVE COME TO BELIEVE HE WOULD LIKE US TO KEEP OUR HEAD IN THE CLOUDS WITH HIM,
BUT THAT OUR FEET OUGHT TO BE FIRMLY PLANTED ON EARTH." - BB PG. 130**

Area 10 Colorado AA

SPRING ASSEMBLY 2025

March 21-23, 2025

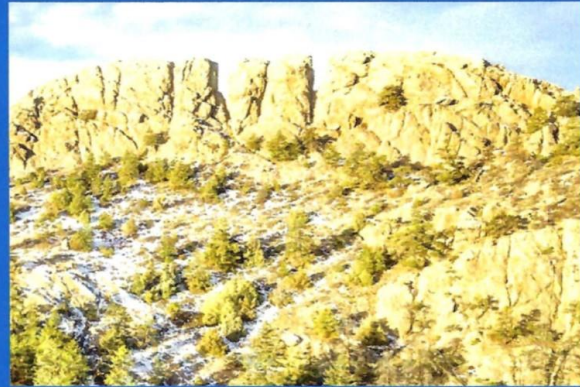
**FORT
COLLINS**

Hilton Hotel
425 W Prospect Rd
Fort Collins, CO 80526
(970) 482-2626

*Hotel rooms with a Friday arrival
are available at the block rate of
\$129 per night.
Book your room at*

<https://www.hilton.com/en/attend-my-event/2025-colorado-aa-area-assembly/>

*Or call 800-768-0605 and ask for the
2025 Colorado AA Area Assembly
with the booking code **90J**. Parking
is free for hotel guests. Non-guests
pay a \$15.00 parking fee*



Open Meetings:

Friday night 9pm
Saturday Morning 7am
Sunday Morning 7am

Saturday Evening Speakers

Al-Anon Speaker at 7pm,
AA Speaker at 8pm

Lunch Taco Bar
Ice Cream Social

Saturday Noon \$25
Saturday Night \$15

Coffee will be available for purchase

Cash and Venmo payments will be accepted on site

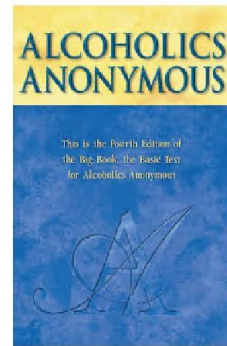
Hosted by District 21

Contact Haley Mead mmead@sandiego.edu

CLEAN SLATE MEN'S Meeting

**Saturdays
9 a.m.**

1769 S. 8th Street



GOLDEN SLIPPERS WORKSHOP

Annual 12-Step Workshop at the Downtown Club
Great for beginners and a great tool for sponsors.

STARTS: Tuesday, February 18, 2025

Time: 6:00 PM to 7:00 PM

**LOCATION: DOWNTOWN CLUB
210 North Corona**



BRING YOUR OWN BIG BOOK

southwestern area conference of young people in alcoholics anonymous



July 17-20, 2025

Loews Ventana Canyon

Tucson, Arizona



registration

\$30



hotel

2025 Theme... Adapt | Connect | Protect: Building the A.A. Technology Toolbox

SAVE THE DATE

11th Annual National A.A. Technology Workshop

November 7-9, 2025



Grass Roots Of Manitou Springs Group



Wednesdays 7pm
All are welcome
Open Meeting

Community Congregational Church of Manitou Springs
103 Pawnee Ave, Manitou Springs, CO 80829



Ample parking in lot behind church located off of High St.
Enter through Kitchen door on east side of building facing
parking lot. Head down the stairs, through the café area,
meeting located in the North Room to the left.

**Please contact Sara P. (913) 306-4097
& Bob B. (719) 306-4005 for more information**



Stories Needed!!

We are looking for stories from people who have been helped by Professionals in their AA journey as well as stories from those who have done CPC work!

Want to share?

How to share with us

- email your story to cpc@coloradoaa.org
- fill out the form at <https://tinyurl.com/talesofcpc> or scan the QR code
- Write your story and give it to us at the CPC table at any Area Assembly





News and Notes from the General Service Office of A.A.®

www.aa.org

Your New Box 4-5-9 is Now Available!

Dear Reader,

The e-mail subscription that you registered for ensures that you will receive each new issue of **Box 4-5-9**, published four times a year with news from GSO New York.

Thank you for subscribing to GSO's Digital Delivery Service!

Click here for your current issue of [Box 4-5-9](#).

Happy Heathens

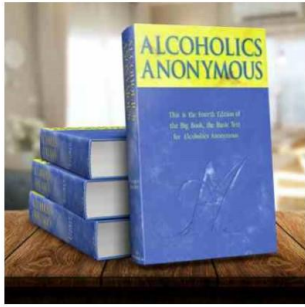
Downtown Club
210 North Corona Street
Colorado Springs, CO 80903

Monday 7:00 - 8:00 PM

Open, discussion, secular meeting of Alcoholics Anonymous

We welcome and respect everyone's beliefs.
Our mutual experience has shown alcoholics can find
sobriety in A.A. without having to accept anyone else's
beliefs or deny their own.

Happy Heathens reflects the inclusiveness of the "big tent" ideal GSO reminds us of is a goal of Alcoholics Anonymous. We believe we have found ways to meet the needs of our diverse community. We don't open or close our meetings with a prayer. Our discussions are focused on personal recovery. We are not a forum for argument over belief or non-belief.



Please help us find a new location
So we can better serve Our Groups!



Storage - Meeting Room

Office - Retail

Central Location

800-1000 sqft



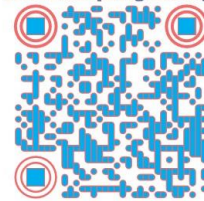
The Colorado Springs AA
Service Office
Is Considering a Move
Sometime in 2025!



1353 S. 8th Street, Suite 209
Colorado Springs, CO 80905
719-573-5020

Serviceoffice@coloradospringsaa.org

coloradospringsaa.org



2025 Colorado State Convention

Presented by Area 10 Alcoholics Anonymous in Cooperation with
 Area 5 Al-Anon Family Groups
 Embassy Suites Loveland, CO ~ August 29th, 30th, and 31st, 2025

Speakers & Events:

Friday Night AA Speaker: Stephanie B, Oklahoma City
 Friday Night Ice Cream Social
 Saturday Al-Anon Luncheon Speaker: TBD
 Saturday Evening Banquet Dinner
 Saturday Night Al-Anon Speaker: TBD
 Saturday Night AA Speaker: Troy B, Houston
 Sunday Morning AA Speaker: Sarah M, Boulder

Workshops, Continuous Meetings & Fellowship
 All Weekend Long

PLEASE JOIN US!

The convention runs from 3pm Friday to 12pm Sunday



For Updated Information, Lodging and Preliminary Program

Go Online: <https://convention.coloradoaa.org/> or

Email Registration Chair at 25stateconvention@gmail.com

Embassy Suites
 4705 Clydesdale Parkway
 Loveland, Colorado 80538
 1-800-362-2779

Use code A10 to book lodging in the room block
 Questions: Aaron R (720) 878-3234
25stateconvention@gmail.com

Register online at <https://www.convention.coloradoaa.org>

or send completed form with payment and MAKE CHECKS PAYABLE TO: Area 10 Convention

Mail To: Area 10 Convention | PO Box 36092 | Denver, CO 80236-0092 *One person per form, please.*

AA Al-Anon Alateen Other

- Registration \$35.00
- Friday Night Ice Cream Social \$20.00
- Saturday Al-Anon Luncheon \$40.00
- Saturday Evening Banquet Dinner \$65.00
- Saturday Night Entertainment \$5.00
- Bottomless Coffee Mug \$30.00
- Discounted Full Package Price \$175.00
 (\$20 Savings Limited Quantity Available)

Total Enclosed \$ _____

Member Registration Information:

Name on _____
 Badge _____
 Home Group _____
 Name _____
 Address _____
 City _____ State _____
 Zip Code _____ Phone (____) _____
 Email _____

I'd like to volunteer!

For accessibility needs, please email Aaron R:
25stateconvention@gmail.com
 Every effort will be made to accommodate requests.

On-site registration will be open from 3pm to 9pm on Friday, August 29th
 and from 8am to 8pm on Saturday, August 30th, 2025

AREA SERVICE OFFICE

What is the Area Service Office (ASO)? There are approximately 300 individual AA meeting groups in the El Paso County and Teller County area, also known as District 7.

The ASO strives to make AA books, literature, medallions, and other materials available for purchase by local groups. The ASO also operates *Night Watch*, which fields phone calls around the clock during non ASO operating hours. The ASO maintains the online website, meeting schedule, as well as facilitating Zoom meetings.

Please contact the ASO with any changes to your meeting's schedule or for help setting up a new meeting.

The "Programs" subcommittee of ASO puts on several area events each year, including the Long-timers Luncheon, Founders' Day Picnic, the annual Gratitude Dinner, and every New Year's Eve the "Alcathon," to provide an alcohol-free News Year's Eve and New Year's Day celebration involving meetings each hour of the event, as well as food and speaker sessions.

**Intergroup & District 7
Service Committee and
General Representative
Meetings**

PI (Public Information)

3rd Saturday Monthly at 2:30 p.m.
Area Service Office
1353 S. 8th St., Suite 209
pi@coloradospringsaa.org

Intergroup Members Meetings

2nd Tuesday Monthly at 7:00 p.m.
community)
Downtown Meeting Place,
210 N. Corona St
serviceoffice@coloradospringsaa.org

District 7 Meetings

3rd Tuesday Monthly at 7:00 p.m.
Freedom Hall, 3026 N. El Paso St.
Zoom ID: 846 3514 8421, Passcode: 040589
d7secretary@coloradospringsaa.org

Treatment Committee

2nd Wednesday Monthly at 5:30 p.m.
ONLINE via Zoom; email for details.
treatment@coloradospringsaa.org

CPC Committee (Cooperation with the Professional

3rd Sunday Monthly at 3:30 p.m.
Walk the Talk Meeting Place 2334
Vickers Dr. cpc@coloradospringsaa.org

Corrections Committee

4th Sunday 5:00 p.m. via ZOOM
ONLINE ONLY Email for details
corrections@coloradospringsaa.org

Have a Smartphone?

Download the free Meeting Guide!

Google Play or Apple App Store Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.



<https://www.aa.org/meeting-guide-app>

AA Nightwatch needs volunteers! This is for the 24 hour AA phone line.

Monday 1pm-5pm

Tuesday 9am-10am

Tuesday 2pm-5pm

Wednesday 9am-10am

Friday 9am-10am

Friday 2pm-5pm

Sunday 6pm-11:59pm

Sunday 8am-4pm

Text Emily at 719-741-1877 with your name and the time slot that you want!

I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.

District Announcements:

Treatment Committee needs groups to volunteer & take meetings into various local facilities. Please contact via email for more information treatment@coloradospringsaa.org
Corrections Committee in need of volunteers to sign up; please see local website for details on how to apply and bring the A.A. message of hope to jails & prisons.

- **Next District 7 meeting will be held Tuesday February 18th, 2025, at Freedom Hall. 3026 N. El Paso St. Colorado Springs, CO 80907**
- Group Contributions: Please include full group name & group #.
- **Vacant District 7 Positions:** Corrections Chair, CPC Chair, Archives Chair. Please reach out to D7 Co-DCMs if interested.
- Survey Monkey survey - Convention/survey. Please email dcmjordan@coloradospringsaa.org if you would like to be sent the survey. Unknown when the survey closes.
- 2025 Area 10 Spring Assembly. March 21-23rd, 2025. Hilton Hotel 425 W Prospect Rd. Fort Collins, CO 80526. Please see coloradoaa.org under events or <https://www.hilton.com/en/attend-my-event/2025-colorado-aa-area-assembly/> to book a room for the Spring Assembly.
- 2025 Area 10 Annual Corrections Conference. April 12, 2025, 8-4pm. Steamboat Springs Community Center. 1605 Lincoln Ave. Steamboat Springs, CO 80487
- 2025 CCYPAA "Head in the Clouds" May 2-4th, 2025. 7801 E Orchard Rd. Greenwood Village, CO www.ccytaa.com
- 2025 International Convention July 3-6th, 2025. Vancouver, BC, Canada <https://www.aa.org/international-convention>
- 2025 Area 10 Summer Assembly. July 18th-20th, 2025. DoubleTree by Hilton. 425 Prospect Rd. Grand Junction, CO 81506 <https://coloradoaa.org/assemblies/>
- 2025 Colorado State Convention Aug 29-31st, 2025. Embassy Suites, 4705 Clydesdale Pkwy, Loveland, CO 80538. <http://convention.coloradoaa.org/>

2024-25 Groups	FYE	April	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar
164 Group	\$0												
A Common Solution	\$150			\$150									
Altruistic Group	\$150						\$150						
Anonymous Group	\$721				\$253	\$114					\$354		
APEX	\$393			\$44			\$155			\$110	\$84		
Back to Basics	\$2,728	\$1,030	\$316		\$210	\$92	\$130	\$145	\$158	\$158	\$166	\$323	
Beacon Light	\$0												
Big Book Action	\$300							\$300					
Black Forest Group	\$797	\$132			\$89			\$385			\$191		
Central	\$0												
Clean Air	\$0												
Clean Slate Noon	\$0												
Don't Worry Be Happy	\$197				\$153					\$44			
Downtown	\$0												
Easy Does It	\$600	\$600											
Ellicot Group	\$149								\$149				
Florissant Brown Baggers	\$0												
Florissant Step Study	\$0												
Fountain 2.0	\$0												
Foxhall	\$119						\$119						
Friday Night Live	\$50								\$50				
Friday Night Living Free	\$0												
Friday Women's	\$2,246		\$407		\$800	\$374			\$303	\$156	\$206		
Girl's Night Out	\$0												
Golden Slippers	\$0												
Good Ole Boys	\$200			\$100						\$100			
Grace PPG	\$0												
Happy Destiny	\$168						\$133			\$35			
Happy Heathens	\$100				\$100								
Happy Hour	\$0												
High Noon	\$250		\$50			\$50		\$50			\$100		
H.O.W.	\$0												
Keystone to Recovery	\$0												
Into Action	\$666				\$180			\$240			\$246		
Little Log Cabin Group	\$1,416	\$267	\$159	\$146							\$844		
Living Sober South	\$0												
One Six Four	\$0												
MAG	\$0												
Morning Trudge	\$0												
Natural High	\$0												
New Beginners	\$888	\$206			\$192			\$286			\$204		
New Woman	\$1,339	\$283			\$257			\$248	\$90	\$202	\$259		
North 40	\$302								\$302				
Northwester's	\$0												
Old North End	\$506				\$200				\$131		\$175		

AA Group Announcements!

- **The Downtown Group @ 210 North Corona Street** has space if a meeting or a group is looking to gather somewhere. Contact John O. 719-291-3240 for further information.
- **Apex Group @ 2021 W. Pikes Peak Avenue** needs support! Apex Group meets Fridays at 6pm, at the Sacred Heart Church in room 10.

Does your group have important announcements?

- Send announcements, flyers, and information to: pint@coloradospringsaa.org
- To subscribe, visit <https://www.coloradospringsaa.org/news-events/news/>
- The Pint is published monthly, with release dates approximately the first of each month.. Send your information within four days of the end of each month, to ensure inclusion in the following Pint edition.

CONTRIBUTIONS

While contributions cover each group's rent and other expenses, the Seventh Tradition is essential to all areas of A.A. service. It is both a privilege and a responsibility for groups and members to ensure that not only their group, but also their intergroup/central office, local services, district, area, and the General Service Office remain self-supporting. The General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the group's expenses have been taken care of the group may decide to further carry the message by sending money to the following A.A. service entities:

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies, and serving as a link between the area delegates and the G.S.R.s.
- The area committee, which coordinates vital A.A. activities over a broad geographic area; sends a delegate to the annual General Service Conference; holds area assemblies to determine the needs of the Fellowship; and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries; coordinates group activities; and facilitates A.A. literature sales, institutions work, public information, and cooperation with the professional community activities.
- A.A.'s General Service Office, which functions as a storehouse of A.A. information, communicating with members and groups around the world; publishes A.A.'s literature; and supplies information and experience to professionals and others interested.

Where to Send Contributions:

** Please include Group Name and Group Number on check, money order, or app transaction**

Area Service Office

Payable to: Colorado Springs Area Service Office
1353 S. 8th Street, STE 209
Colorado Springs, CO 80905

District 7

Payable to: District 7
PO Box 26252
Colorado Springs, CO 80936

Area 10

Payable to: Area 10 Treasurer
12081 W. Alameda Parkway, #418
Lakewood, CO 80228

General Service Office (UPDATE)

Payable to: General Service Board
Post Office Box 2407
James A. Farley Station
New York, NY 10116-2407



APRIL 12, 2025 AREA 10 ANNUAL CORRECTIONS CONFERENCE

THE PURPOSE OF THE AREA 10 CORRECTIONS CONFERENCE IS TO SERVE BOTH AS AN EDUCATIONAL TOOL AND AS AN EXCHANGE OF INFORMATION, BETWEEN A.A. MEMBERS AND CORRECTIONS RELATED PROFESSIONALS, AS WELL AS THOSE INTERESTED IN BECOMING INVOLVED IN THIS REWARDING AREA OF SERVICE WORK.



HOSTED BY
DISTRICT 1

PROGRAM &
SPEAKER
INFORMATION TBD

BREAKFAST MEAL
PROVIDED & CHILI
POTLUCK LUNCH

\$12 REGISTRATION
AT THE DOOR. CASH
& VENMO ACCEPTED

STEAMBOAT SPRINGS
COMMUNITY CENTER

1605 LINCOLN AVE.
STEAMBOAT SPRINGS, CO

RYAN M. 970-875-4329

8AM – 4PM